

Introduction to the Basics and History of Genetics

Abdel Abdellaoui



dr_appie



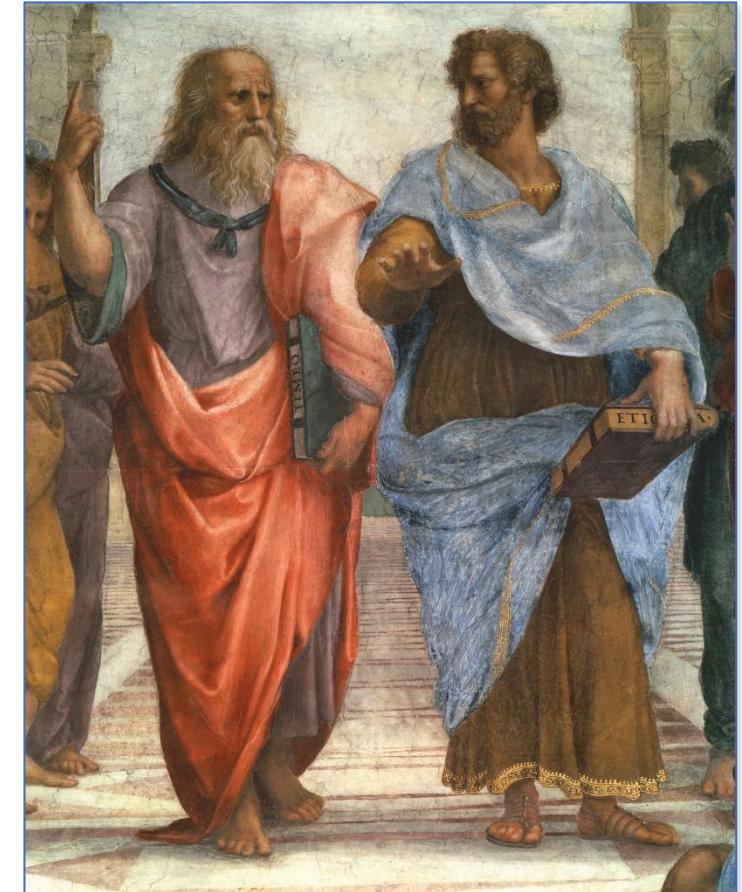
a.abdellaoui@amsterdamumc.nl

Where do similarities and differences between living organisms come from?



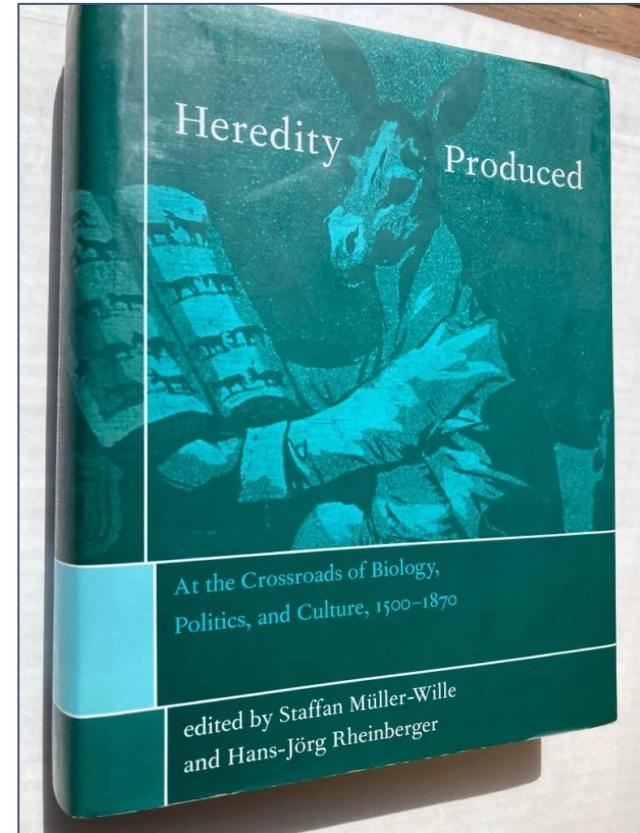
Pythagoras: father supplies essential characteristics (“form”), mother supplies material building blocks

Aristotle: children are made from purified blood (semen) and menstrual blood



Heredity

The development of the concept of biological **heredity** in the 16th century was based on legal concepts of inheritance of **property** and **wealth**.



- Scientists show in animals that “like breeds like” & that all female organisms produce eggs
- Two Dutch scientists see sperm cells and claim there were little human beings inside of sperm cells.

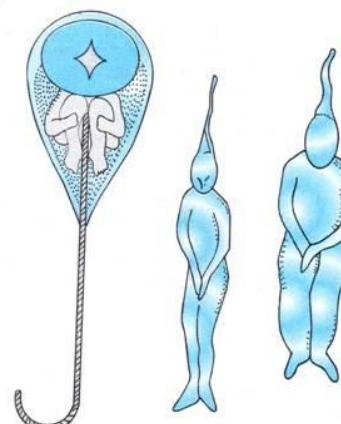
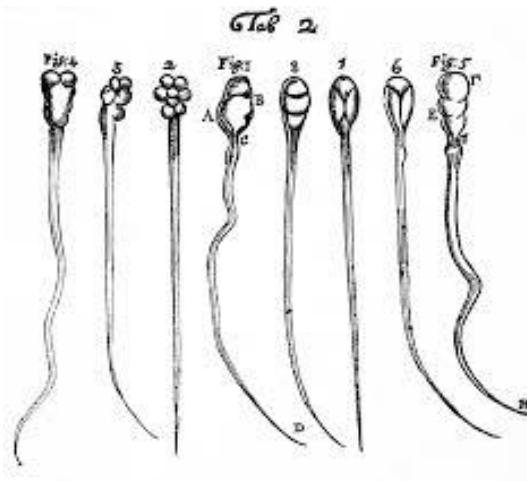
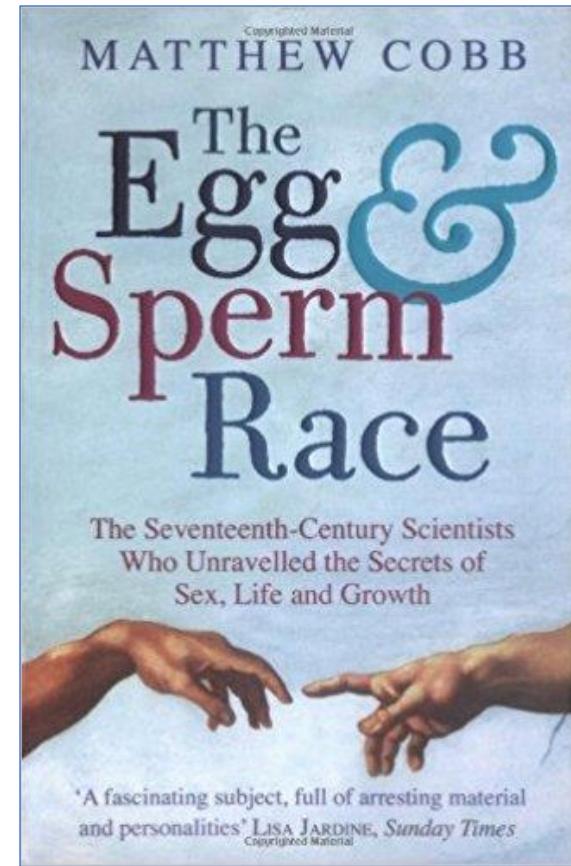
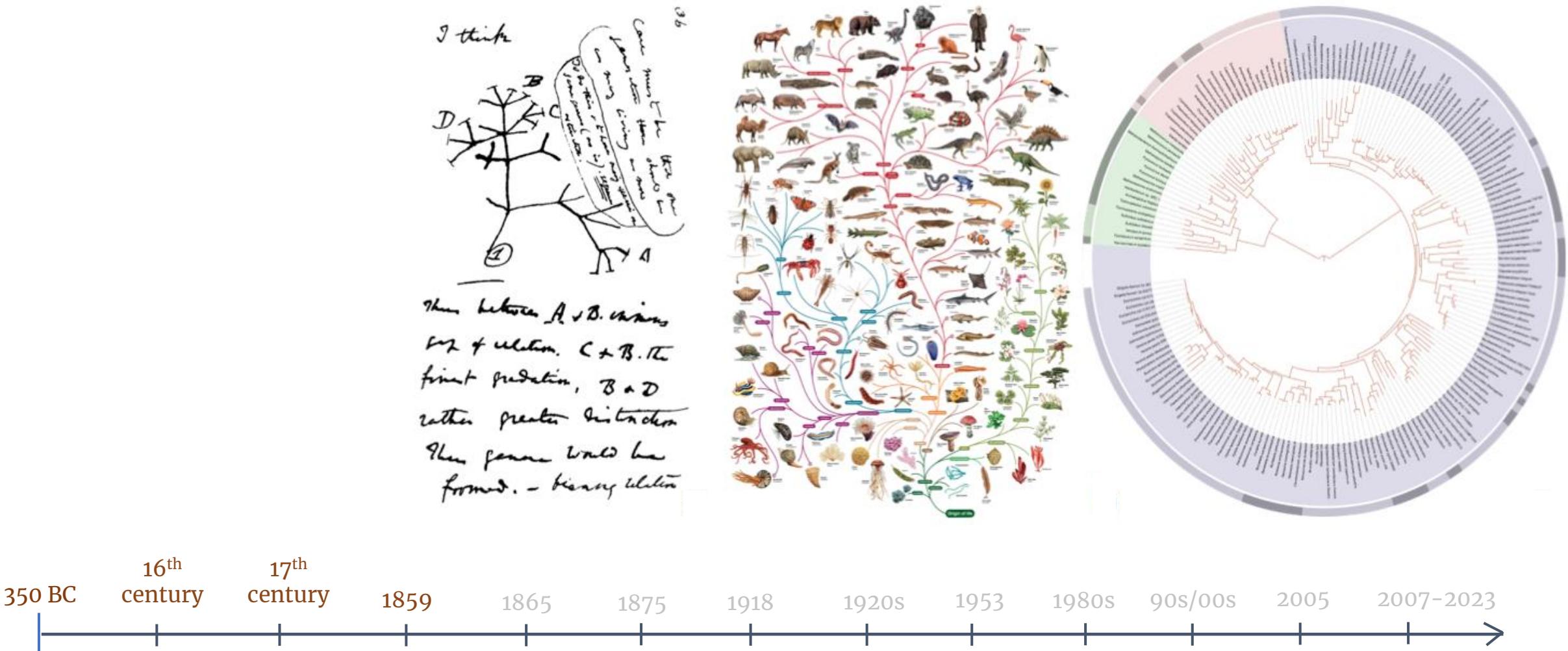


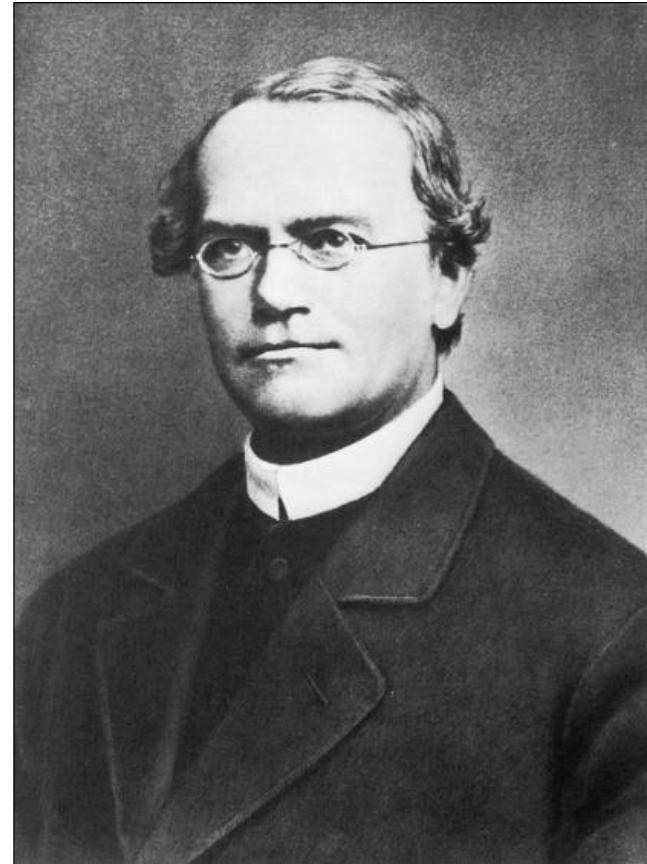
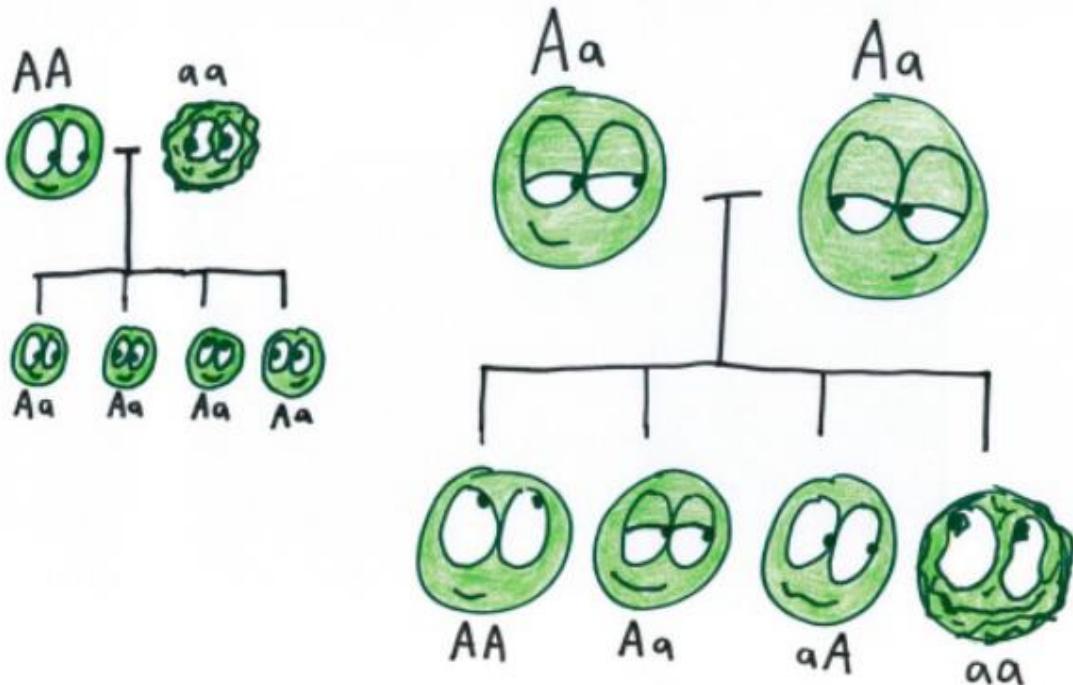
Fig. 5.2. 'Homunculus' "little man in a sperm cell"
(From *Journal des Scavans*, Feb. 7, 1695).



Theory of Evolution

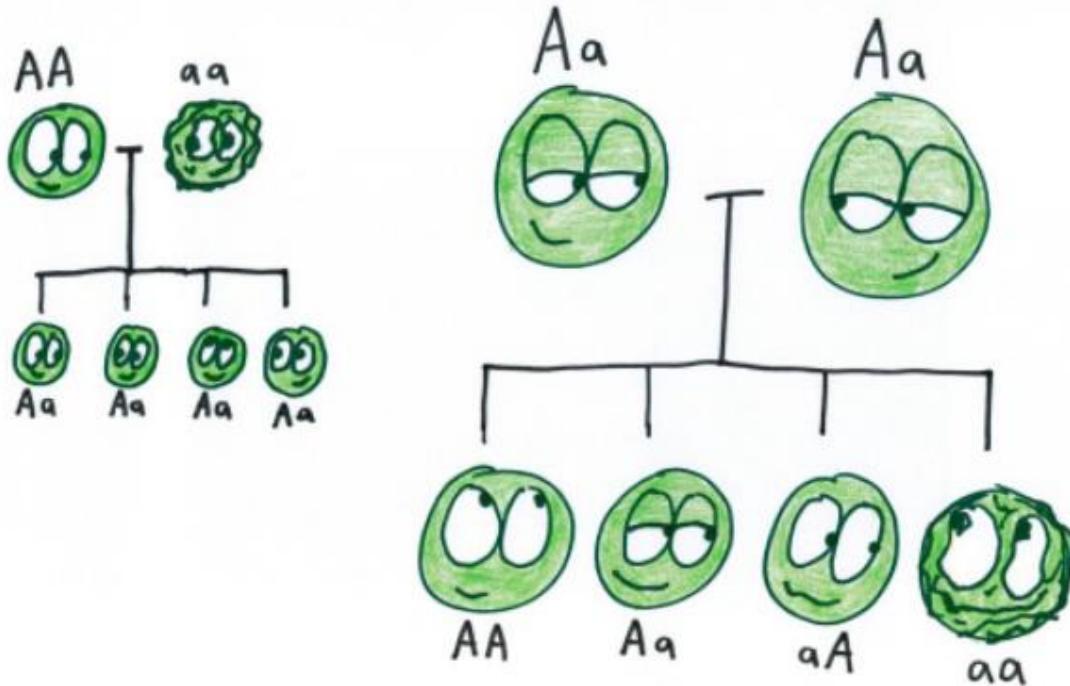


Laws of Mendel

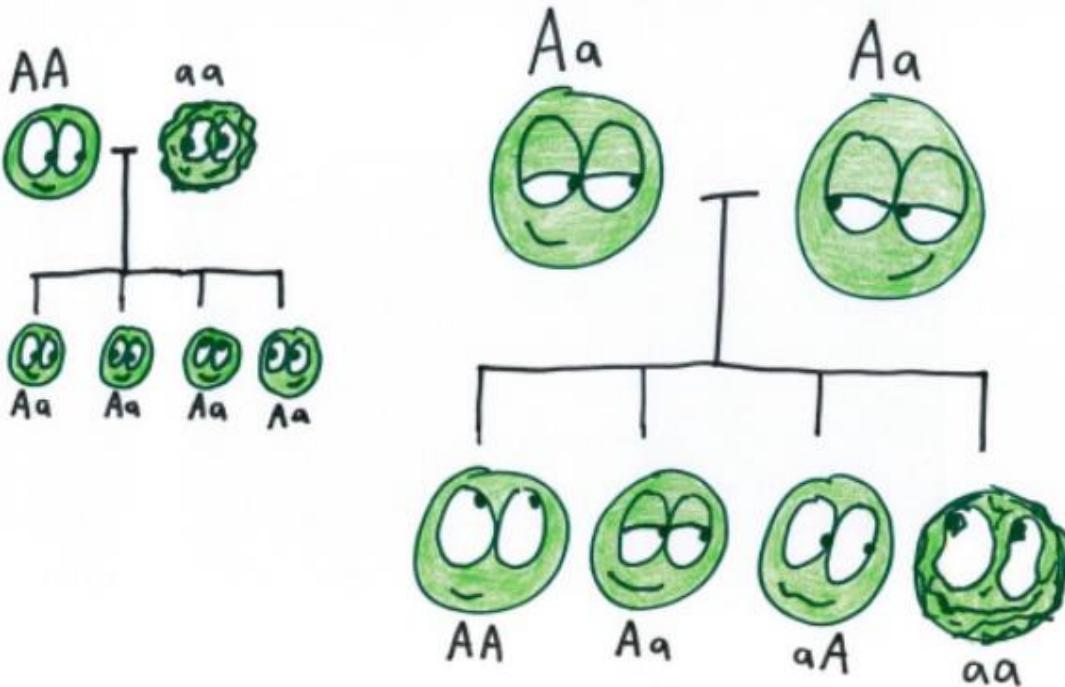


Laws of Mendel

- Law of segregation:
 - One out of two alleles is passed down by each parent



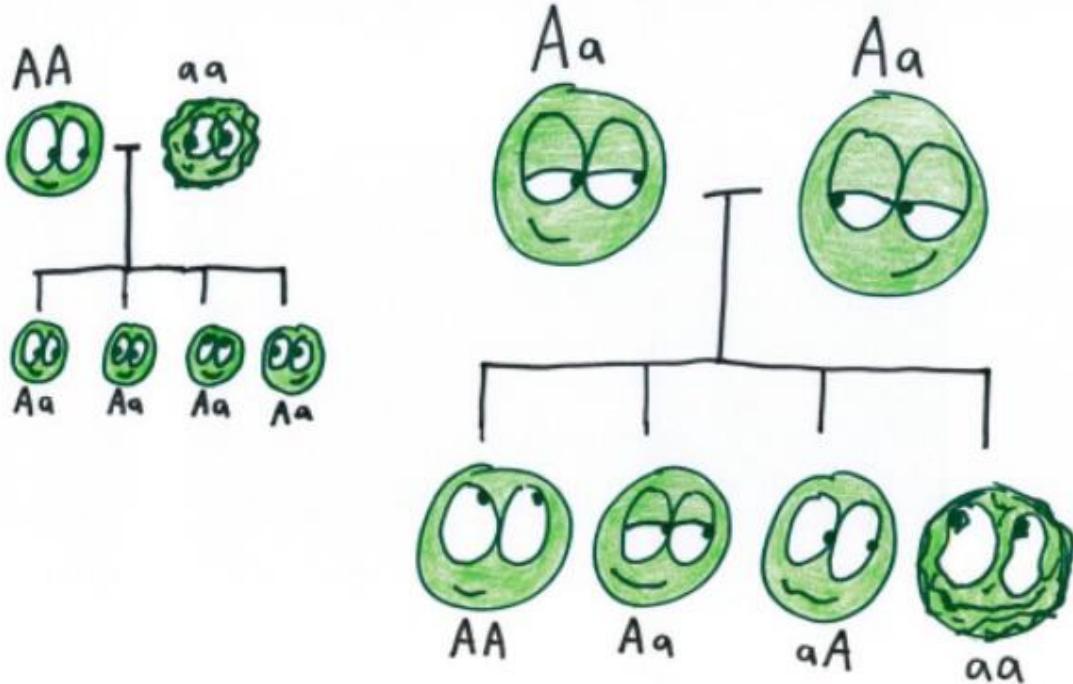
Laws of Mendel



- Law of segregation:
 - One out of two alleles is passed down by each parent
- Law of dominance:
 - Some alleles are dominant or recessive. An organism with at least one dominant allele will display the effect of the dominant allele



Laws of Mendel



- Law of segregation:
 - One out of two alleles is passed down by each parent
- Law of dominance:
 - Some alleles are dominant or recessive. An organism with at least one dominant allele will display the effect of the dominant allele
- Law of independent assortment:
 - Genes for different traits are passed down independently from each other

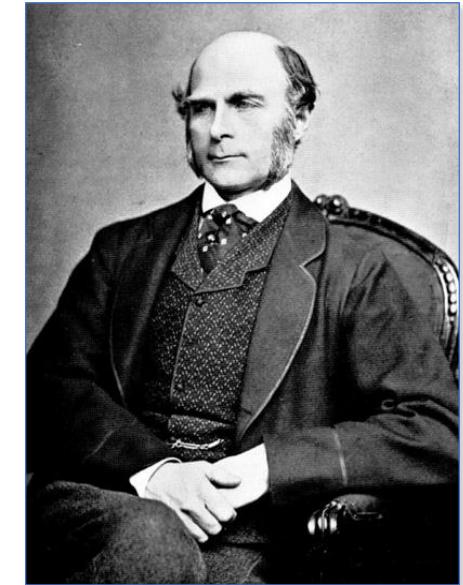


Galton used twins to study the power of the environment to change twins.

He did not compare identical and fraternal twins to estimate heritability.

THE HISTORY OF TWINS, AS A CRITERION OF THE
RELATIVE POWERS OF NATURE AND NURTURE.¹

By FRANCIS GALTON, F.R.S.



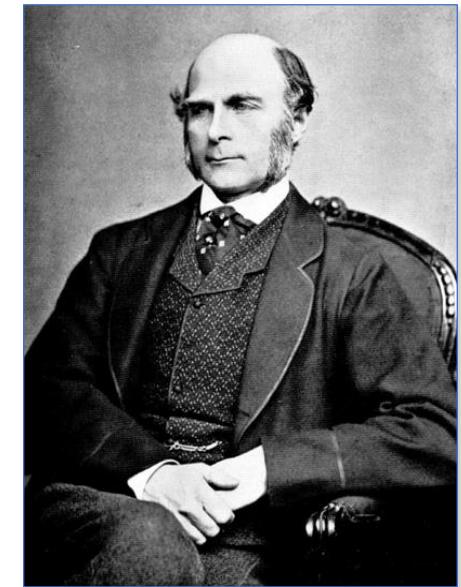
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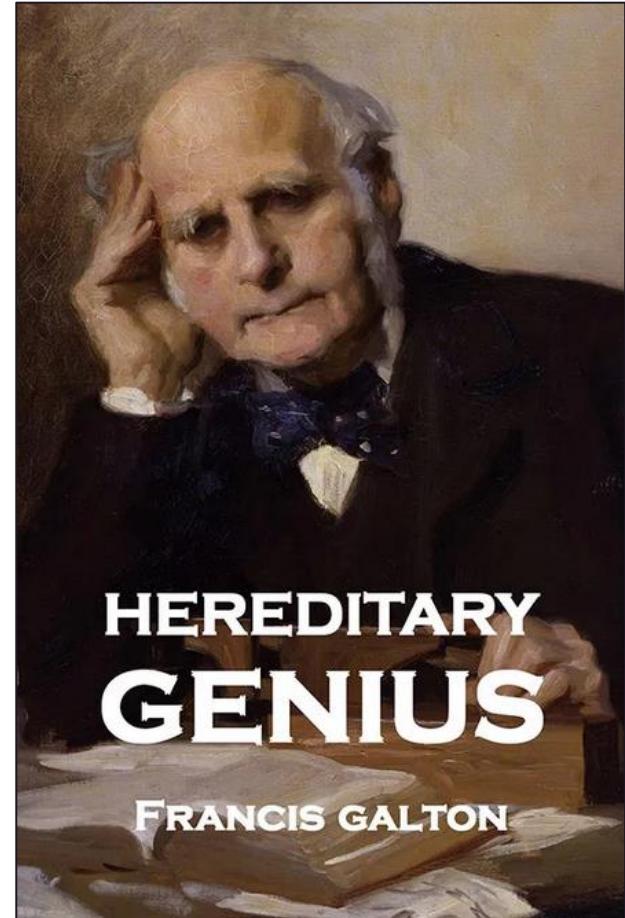
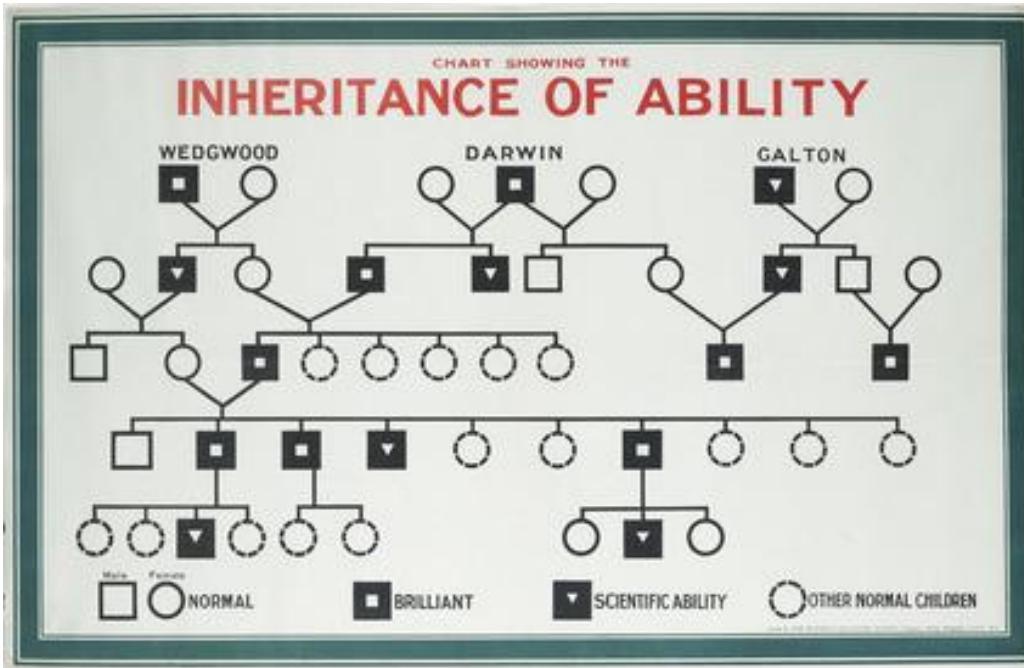
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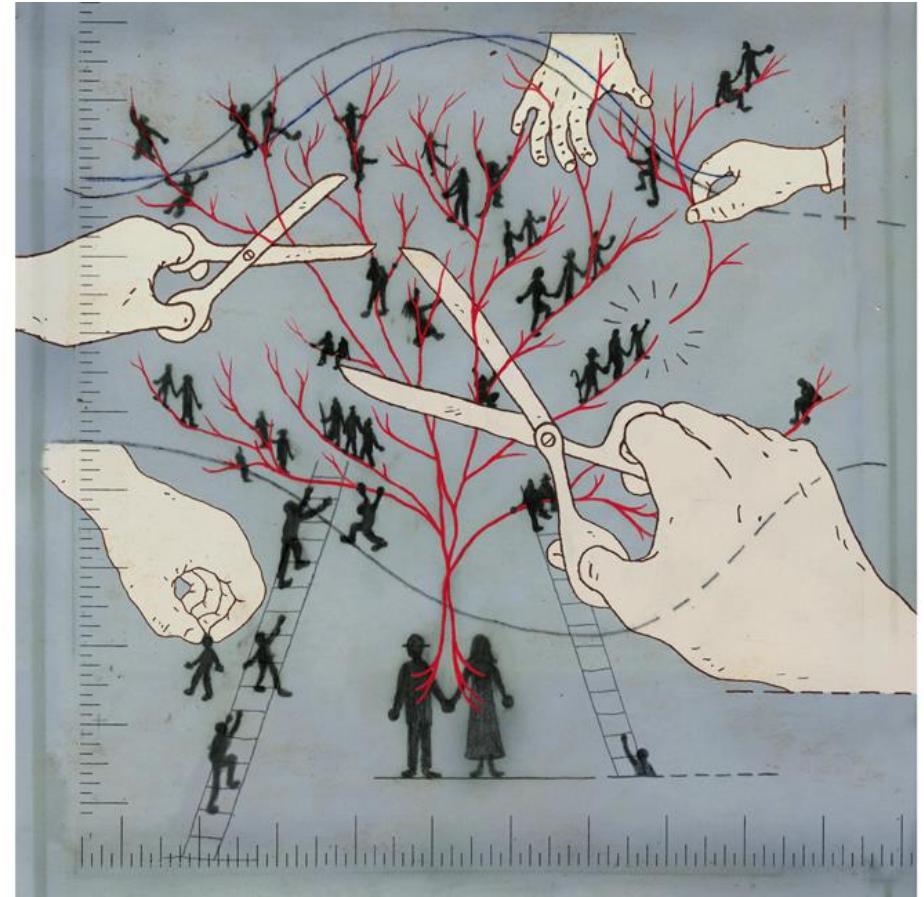
“There are twins of the same sex so alike in body and mind that not even their own mothers can distinguish them. Their features, voice, and expressions are similar; they see things in the same light, and their ideas follow the same laws of association.”



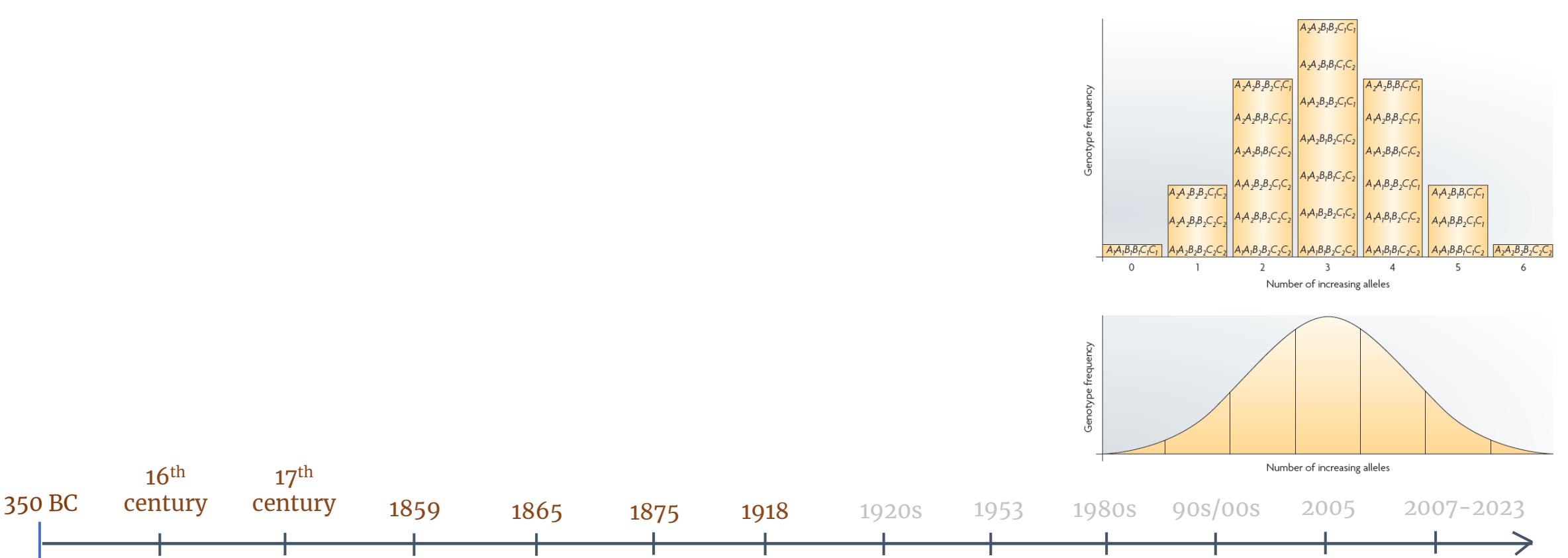
In *Hereditary Genius* (1869), Francis Galton applied statistics to show that offspring of “eminent” figures were more likely to succeed in high-profile professions.



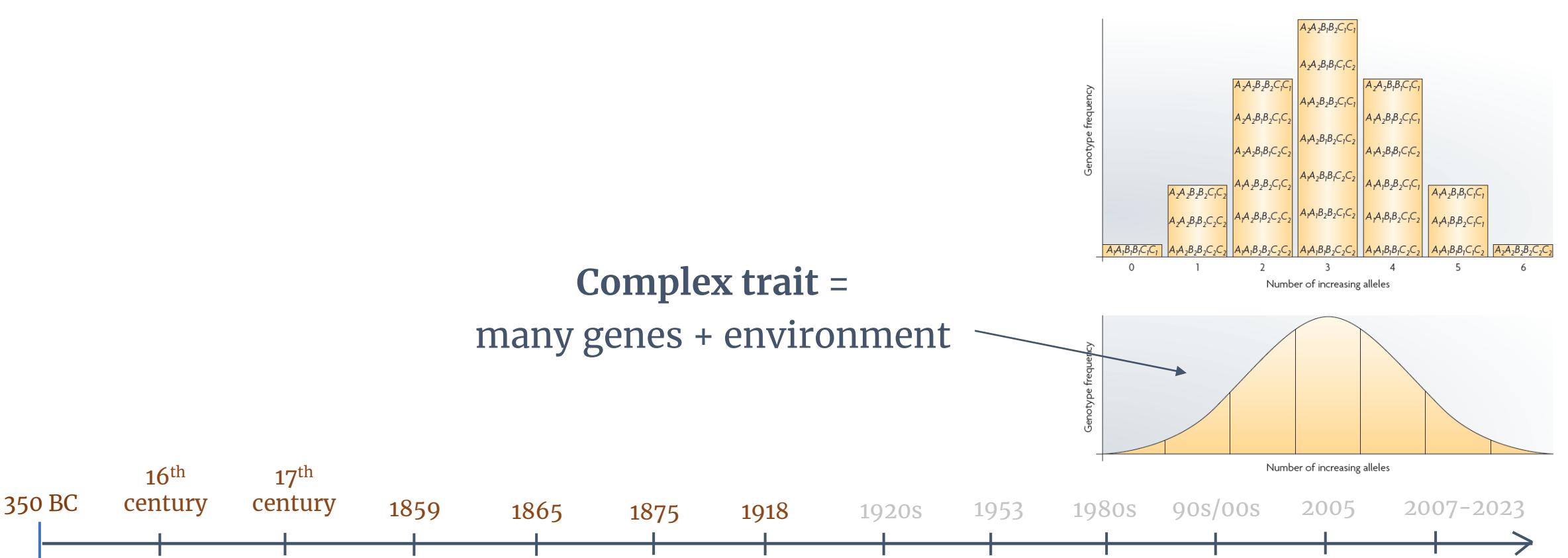
Galton also invented Eugenics:
Improving the “genetic quality” of the
population through selective parenthood.



Ronald Fisher reconciles Mendel's laws & quantitative traits



Ronald Fisher reconciles Mendel's laws & quantitative traits

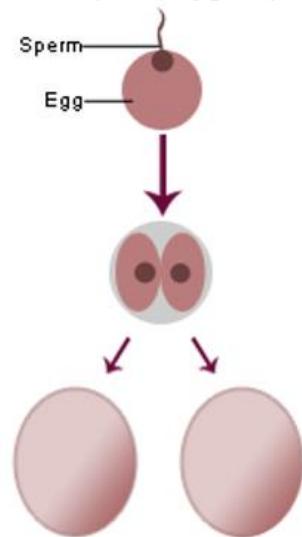


Complex trait =
many genes + environment

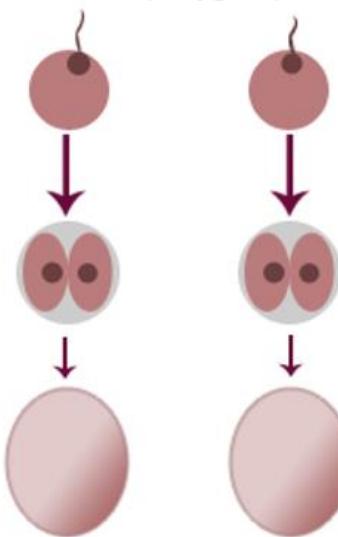
First classical twin studies (monozygotic [MZ] vs dizygotic [DZ] twins) were done in the late 1920s on intelligence.

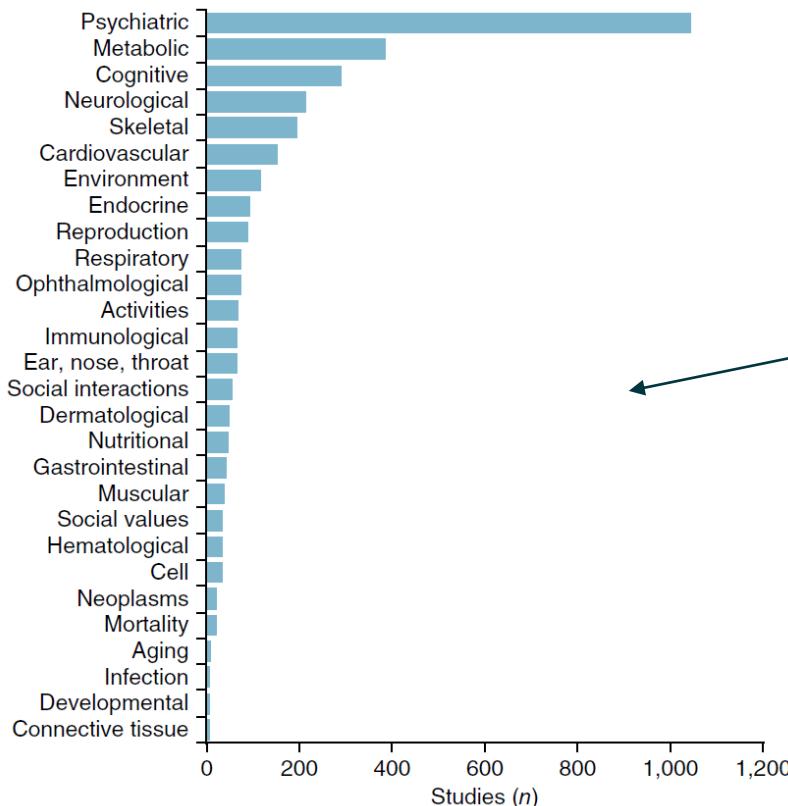


Identical (Monozygotic) Twins

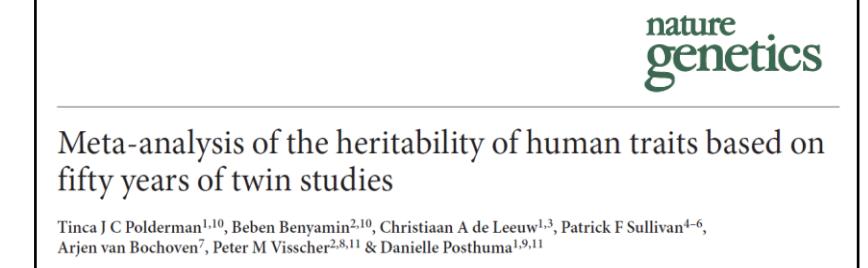
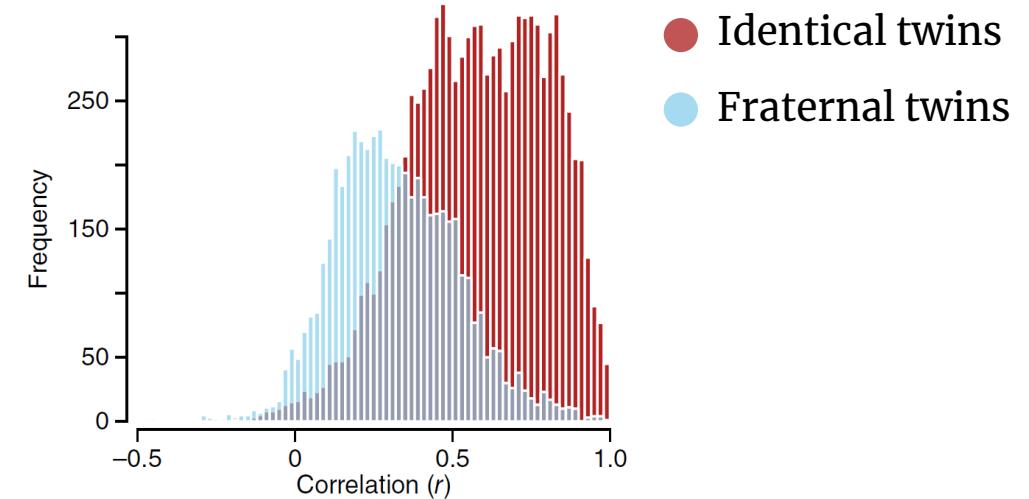


Fraternal (Dizygotic) Twins



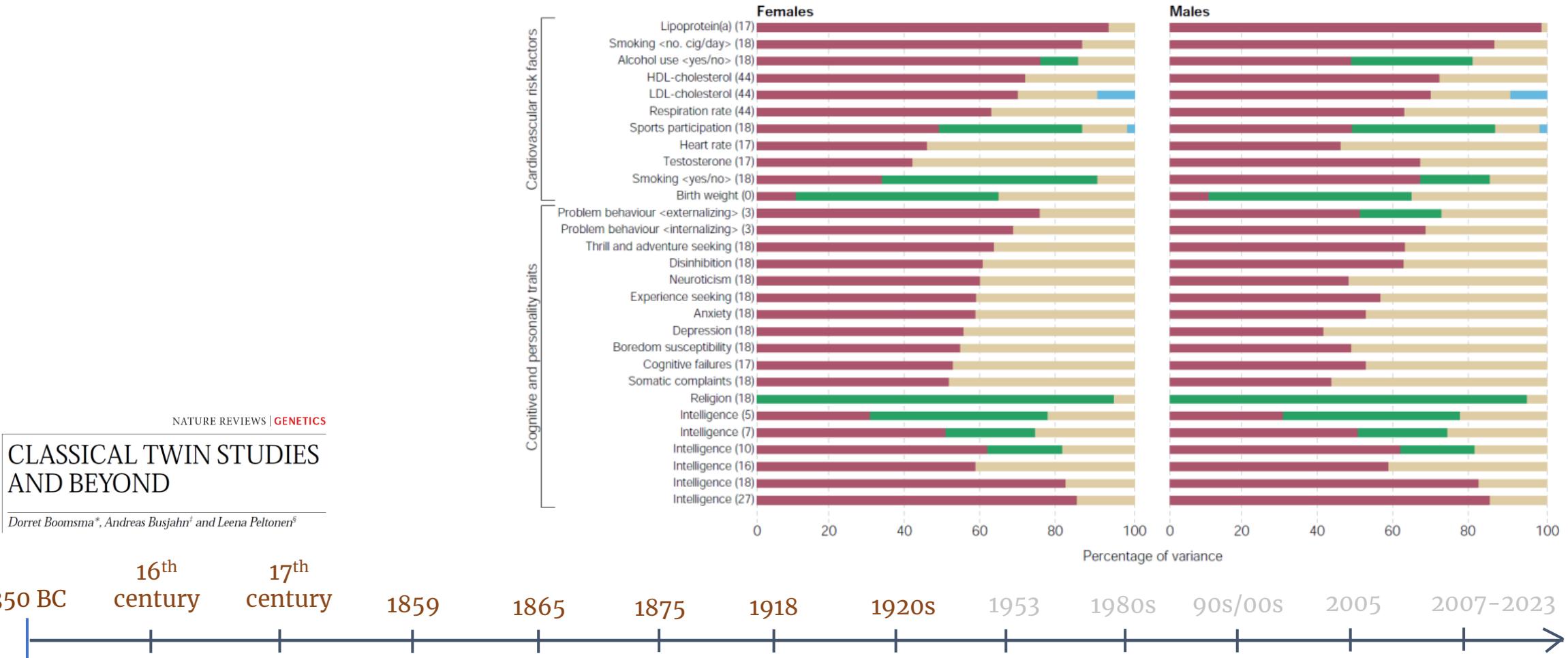


All twin studies
between 1958
& 2012

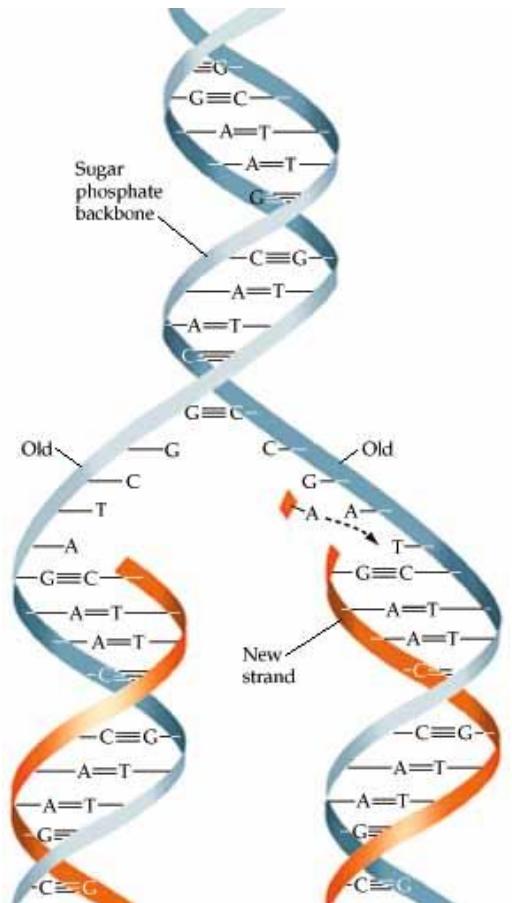
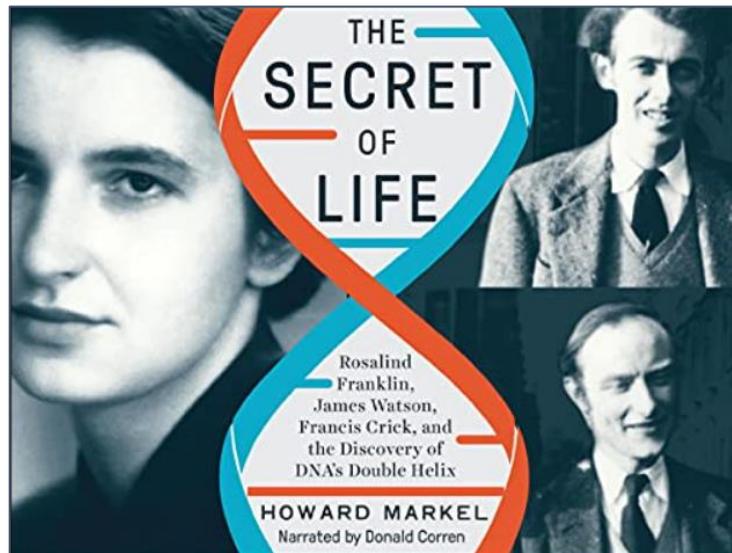


“First law of behavior genetics”: All human behavioral traits are heritable.

Genetic influences
 Shared environmental influences
 Unique environmental influences



DNA = double helix!



No. 4356 April 25, 1953 NATURE

MOLECULAR STRUCTURE OF NUCLEIC ACIDS

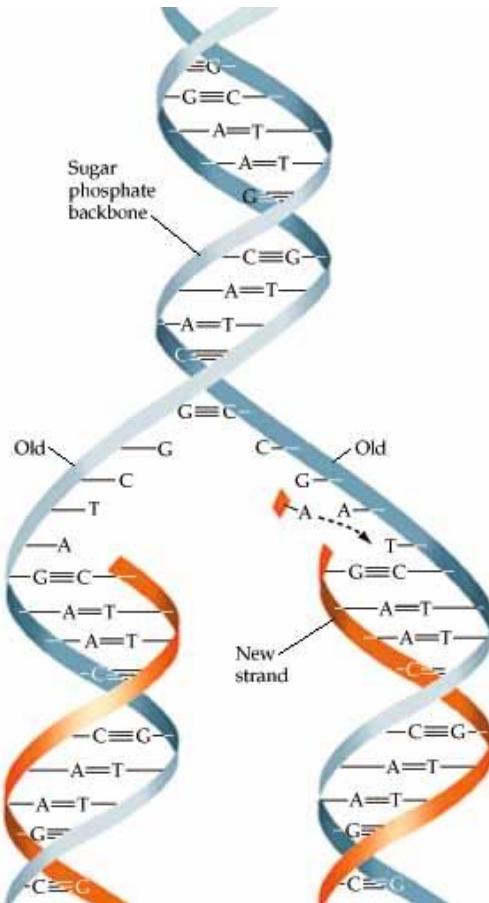
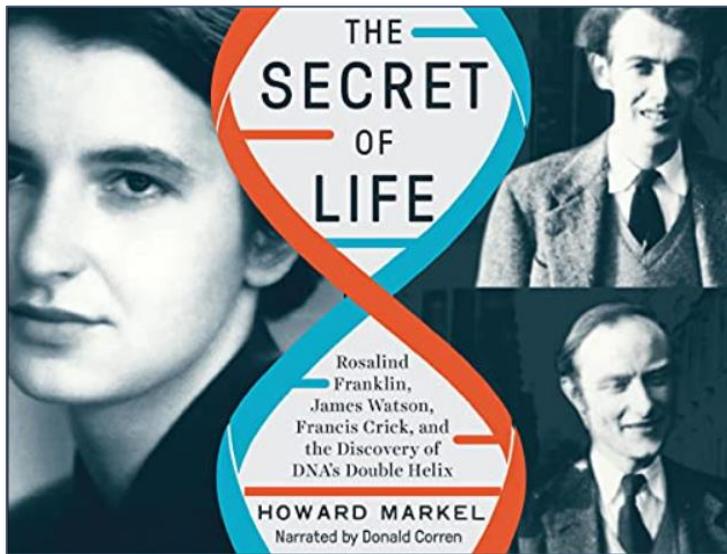
A Structure for Deoxyribose Nucleic Acid



J. D. WATSON
F. H. C. CRICK

Medical Research Council Unit for the
Study of the Molecular Structure of
Biological Systems,
Cavendish Laboratory, Cambridge,
April 2.

DNA = double helix!

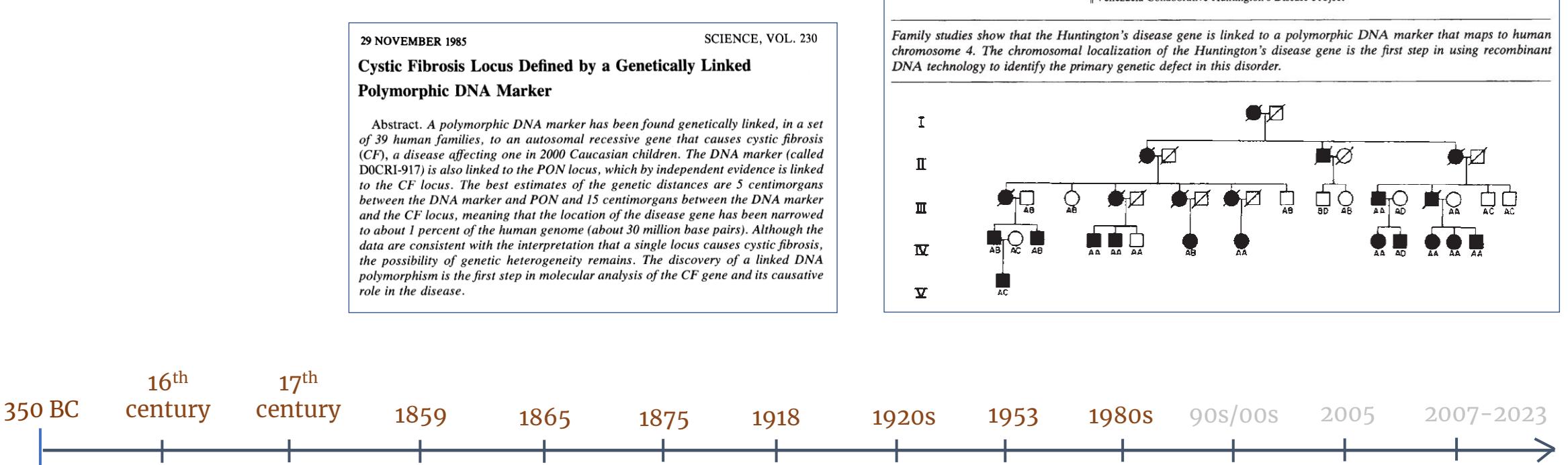


second base in codon					
T	C	A	G	third base in codon	
T	TTT Phe	TCT Ser	TAT Tyr	TGT Cys	T
C	TTC Phe	TCC Ser	TAC Tyr	TGC Cys	C
	TTA Leu	TCA Ser	TAA stop	TGA stop	A
	TTG Leu	TCG Ser	TAG stop	TGG Trp	G
	CTT Leu	CCT Pro	CAT His	CGT Arg	
C	CTC Leu	CCC Pro	CAC His	CGC Arg	T
	CTA Leu	CCA Pro	CAA Gln	CGA Arg	C
	CTG Leu	CCG Pro	CAG Gln	CGG Arg	A
	ATT Ile	ACT Thr	AAT Asn	AGT Ser	G
A	ATC Ile	ACC Thr	AAC Asn	AGC Ser	
	ATA Ile	ACA Thr	AAA Lys	AGA Arg	T
	ATG Met	ACG Thr	AAG Lys	AGG Arg	C
	GTT Val	GCT Ala	GAT Asp	GGT Gly	A
G	GTC Val	GCC Ala	GAC Asp	GGC Gly	G
	GTA Val	GCA Ala	GAA Glu	GGA Gly	
	GTG Val	GCG Ala	GAG Glu	GGG Gly	T
					C

There are 20 amino-acids coded for in three letter words called “codons”

Linkage studies

Only work for very big effects



29 NOVEMBER 1985

SCIENCE, VOL. 230

Cystic Fibrosis Locus Defined by a Genetically Linked Polymorphic DNA Marker

Abstract. A polymorphic DNA marker has been found genetically linked, in a set of 39 human families, to an autosomal recessive gene that causes cystic fibrosis (CF), a disease affecting one in 2000 Caucasian children. The DNA marker (called D0CRI-917) is also linked to the PON locus, which by independent evidence is linked to the CF locus. The best estimates of the genetic distances are 5 centimorgans between the DNA marker and PON and 15 centimorgans between the DNA marker and the CF locus, meaning that the location of the disease gene has been narrowed to about 1 percent of the human genome (about 30 million base pairs). Although the data are consistent with the interpretation that a single locus causes cystic fibrosis, the possibility of genetic heterogeneity remains. The discovery of a linked DNA polymorphism is the first step in molecular analysis of the CF gene and its causative role in the disease.

NATURE VOL. 306 17 NOVEMBER 1983

A polymorphic DNA marker genetically linked to Huntington's disease

James F. Gusella*, Nancy S. Wexler†, P. Michael Conneally†, Susan L. Naylor‡,
Mary Anne Anderson*, Rudolph E. Tanzi*, Paul C. Watkins*, Kathleen Ottina*,
Margaret R. Wallace†, Alan Y. Sakaguchi§, Anne B. Young†, Ira Shoulson*,
Ernesto Bonilla|| & Joseph B. Martin*

* Neurology Department and Genetics Unit, Massachusetts General Hospital and Harvard Medical School, Boston, Massachusetts 02114, USA

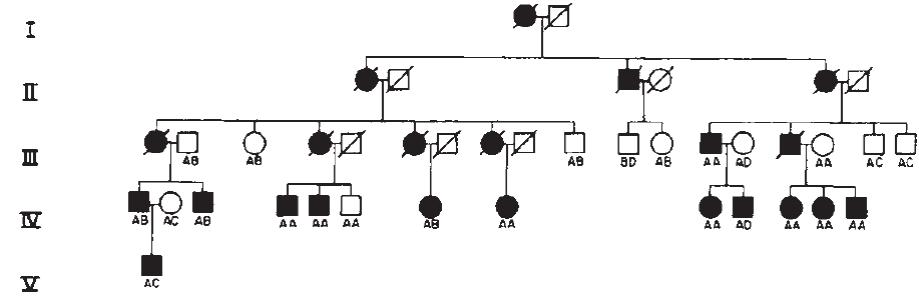
† Hereditary Disease Foundation, 9701 Wilshire Blvd, Beverly Hills, California 90212, USA

‡ Department of Medical Genetics, Indiana University Medical Center, Indianapolis, Indiana 46223, USA

§ Department of Human Genetics, Roswell Park Memorial Institute, Buffalo, New York 14263, USA

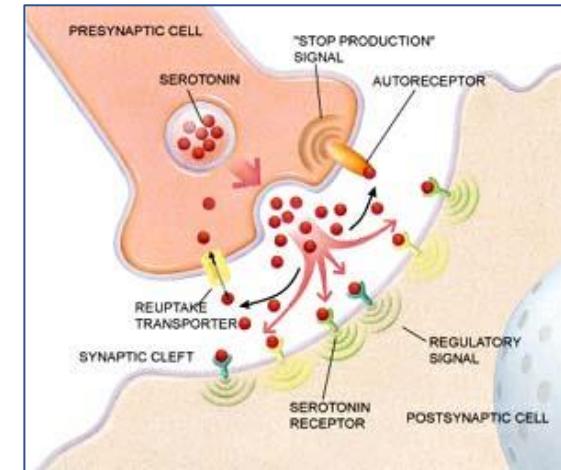
|| Venezuela Collaborative Huntington's Disease Project*

Family studies show that the Huntington's disease gene is linked to a polymorphic DNA marker that maps to human chromosome 4. The chromosomal localization of the Huntington's disease gene is the first step in using recombinant DNA technology to identify the primary genetic defect in this disorder.

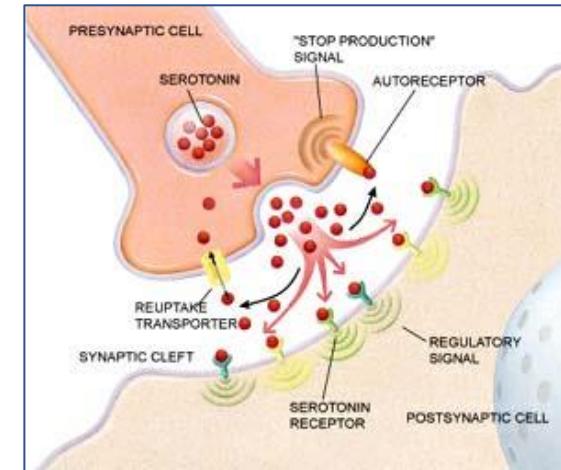
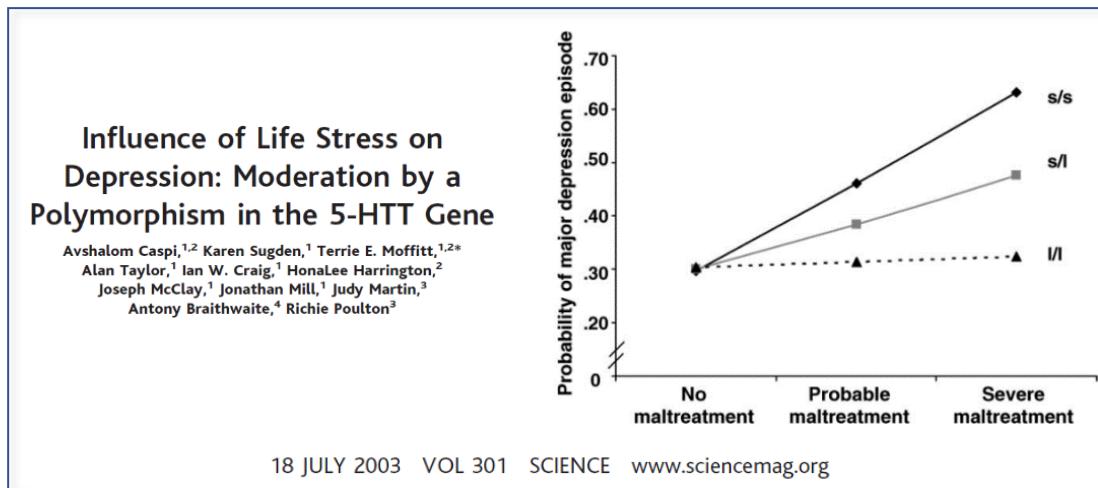


Candidate Gene Studies

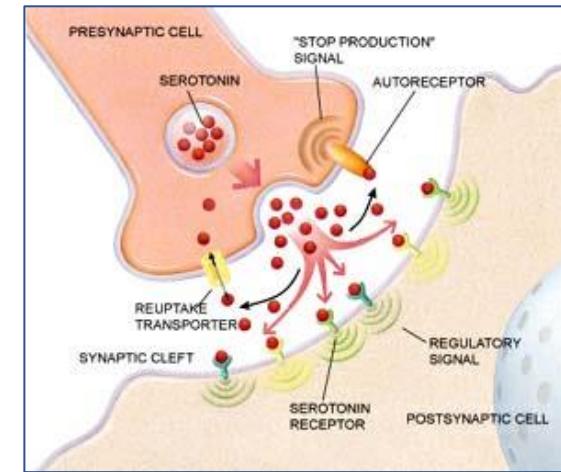
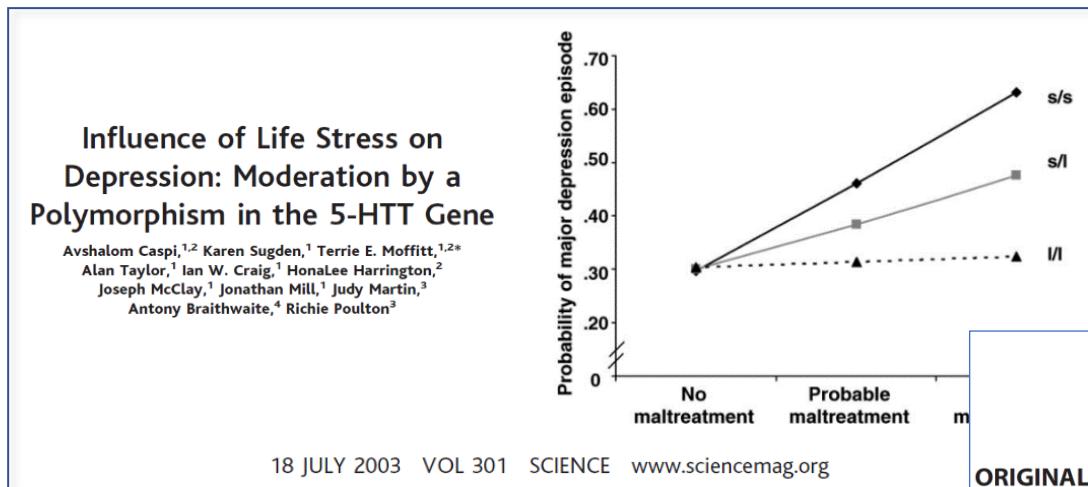
- **Serotonin transporter** transports **serotonin** from synaptic cleft to presynaptic neuron
- Serotonin affects mood, sleep, appetite, memory, and more



Candidate Gene Studies



Candidate Gene Studies



Molecular Psychiatry (2017) 00, 1–10
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www.nature.com/mp

ORIGINAL ARTICLE

Collaborative meta-analysis finds no evidence of a strong interaction between stress and 5-HTTLPR genotype contributing to the development of depression

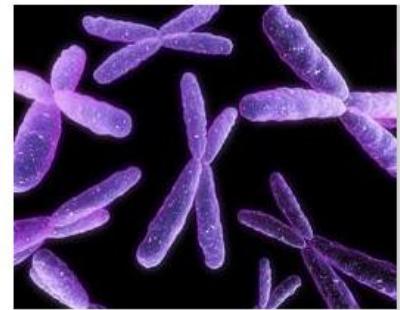


Lighter sentence for murderer with 'bad genes'

Italian court reduces jail term after tests identify genes linked to violent behaviour.

Emiliano Feresin

An Italian court has cut the sentence given to a convicted murderer by a year because he has genes linked to violent behaviour — the first time that behavioural genetics has affected a sentence passed by a European court. But researchers contacted by *Nature* have questioned whether the decision was based on sound science.

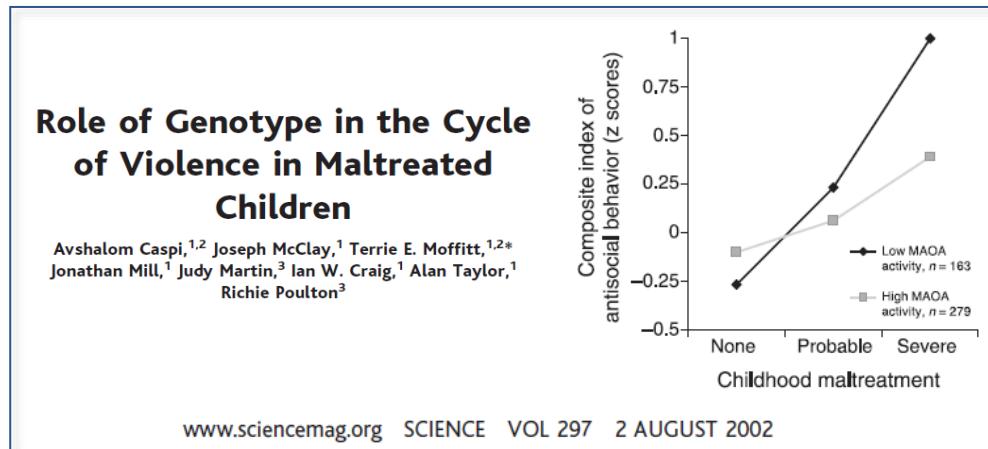


A court in Italy has cut a prisoner's jail term because he has genes associated with aggressive behaviour.

Ingram Publishing

Candidate Gene Studies

Mono-amine oxidase (MAO-A): an enzyme that degrades noradrenaline, adrenaline, serotonin, and dopamine.



Human Genome Project

- Planning in 1984, launch in 1990, completion in 2003
- Goal: map all 3 billion nucleotides of the human genome
- Costs: **3 billion dollars**



Human Genome Project



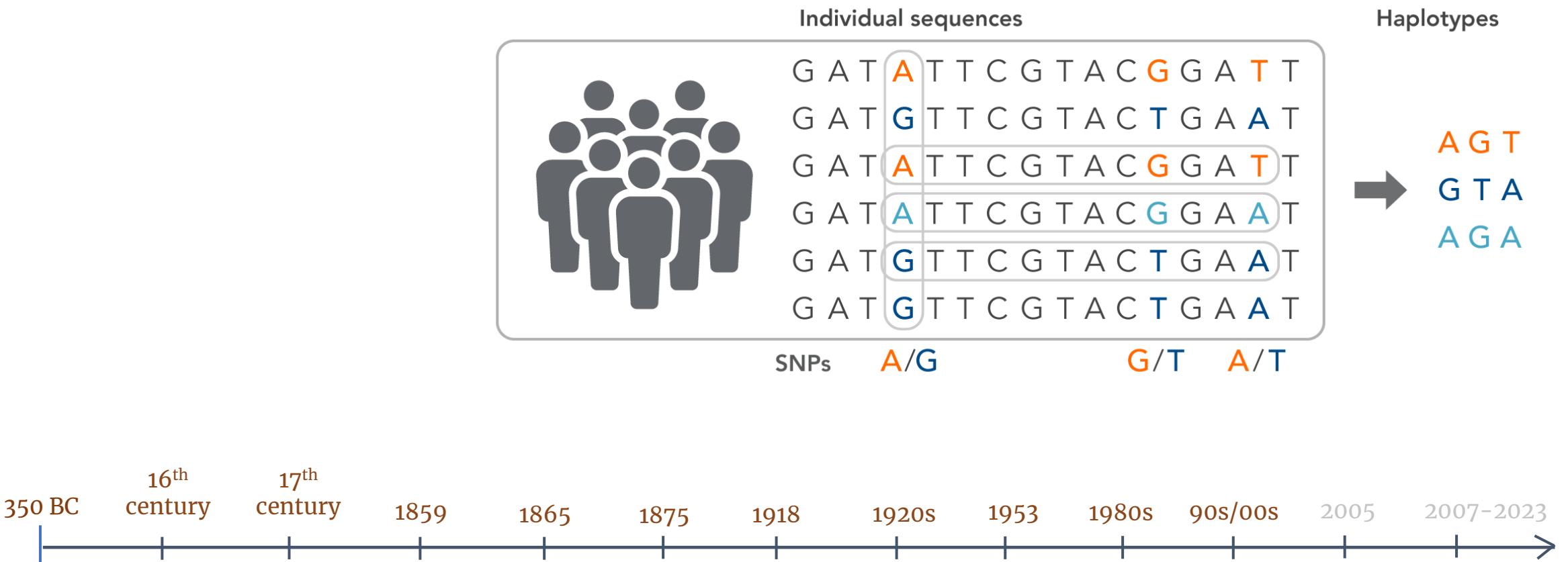
“

“We are here to celebrate the completion of the first survey of the entire human genome. Without a doubt, this is the most important, most wondrous map ever produced by humankind.”

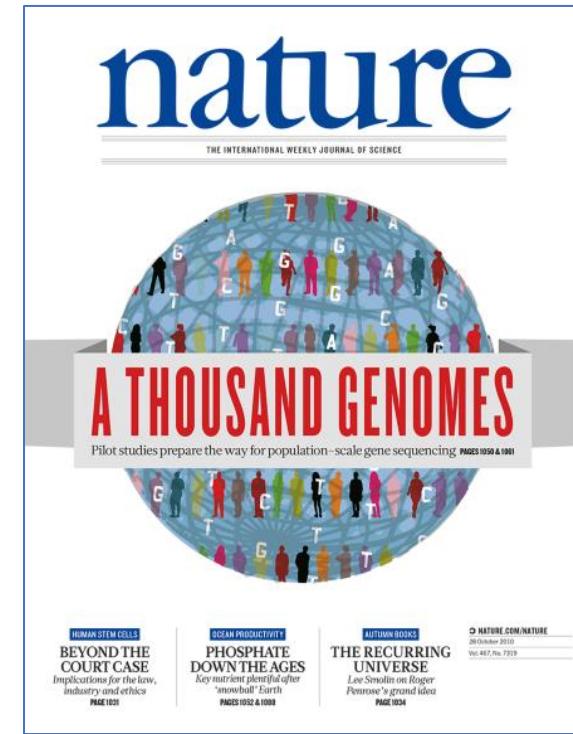
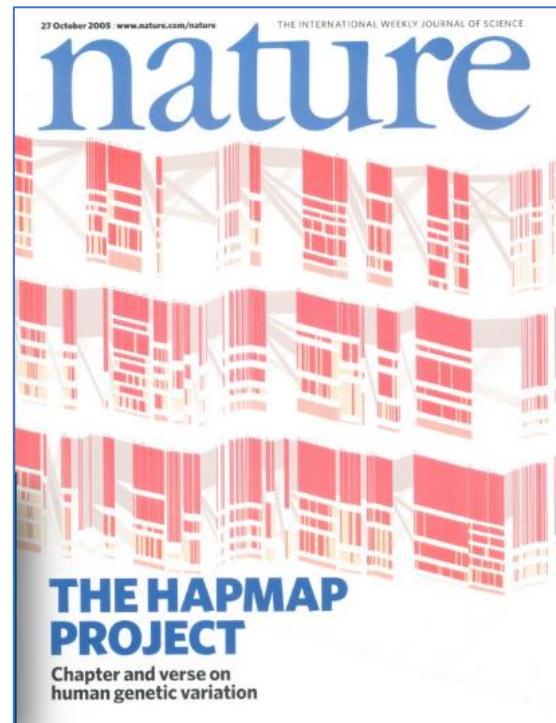
- President Bill Clinton, 26-06-2000, the White House



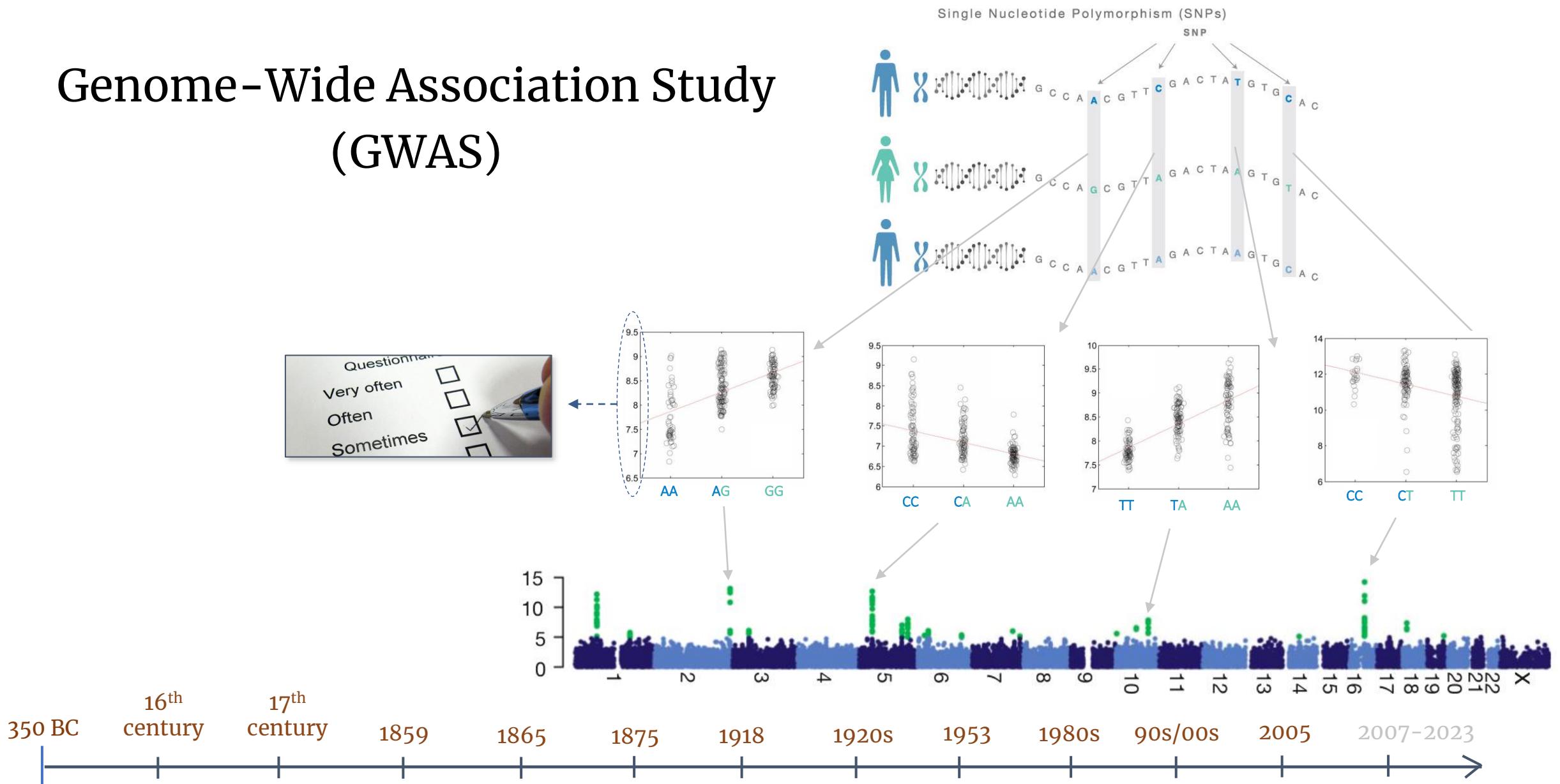
Next step: Make haplotype maps

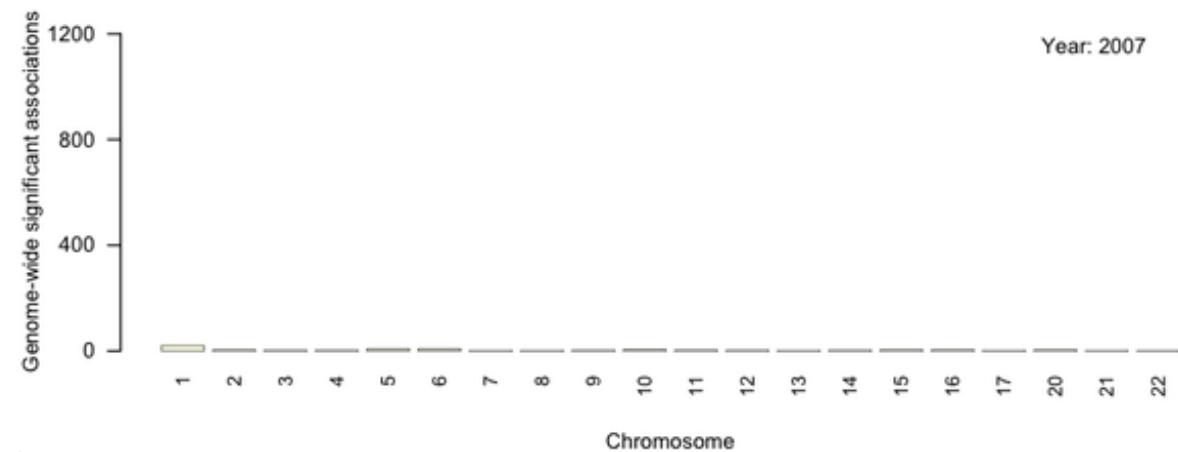
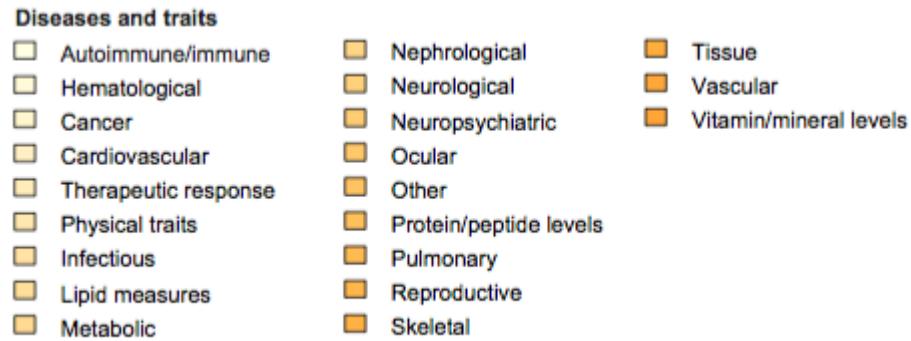


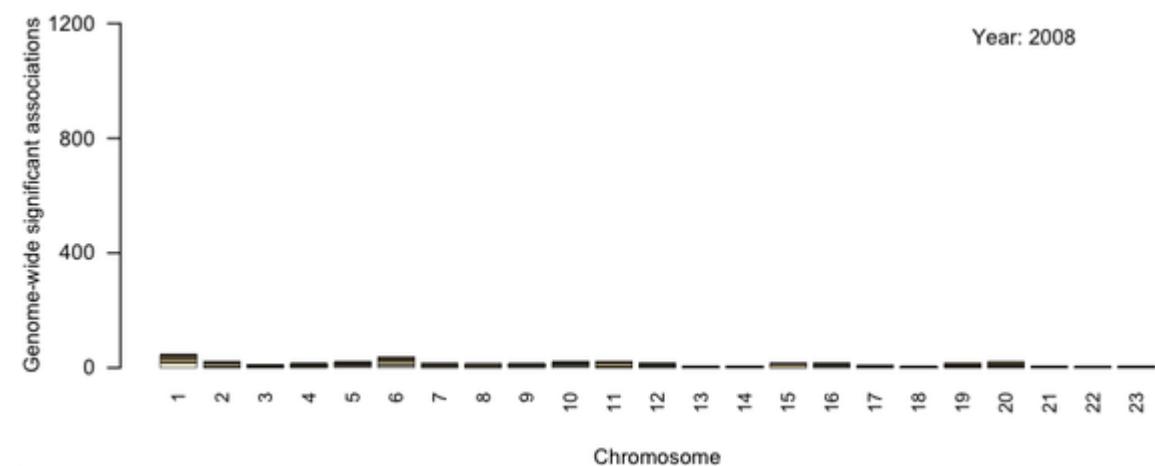
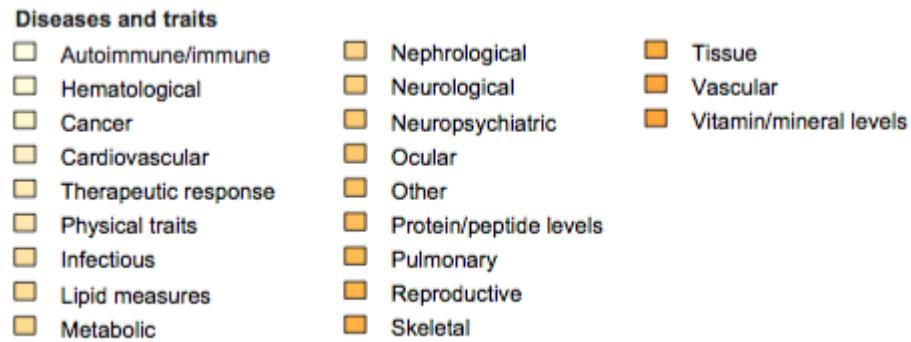
Next step:
Make *haplotype maps*

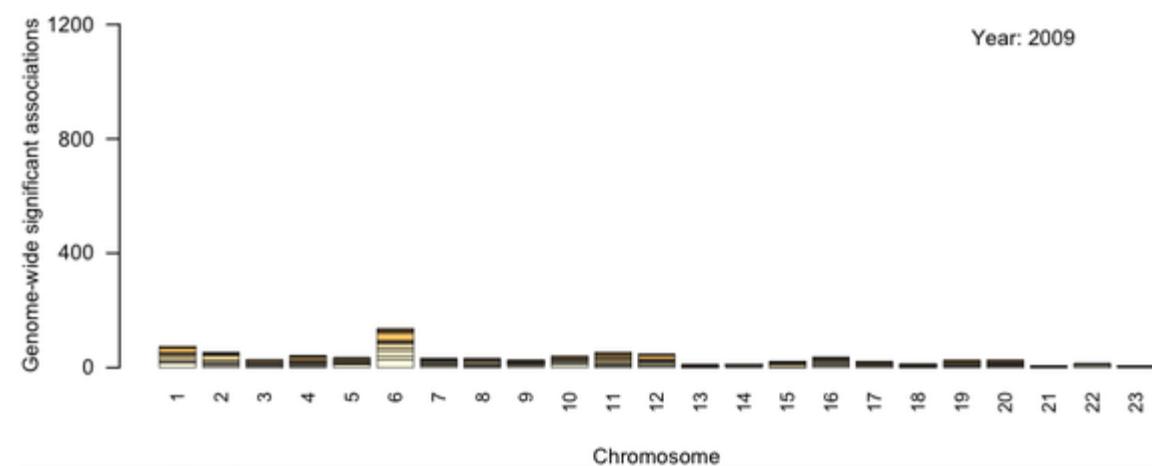
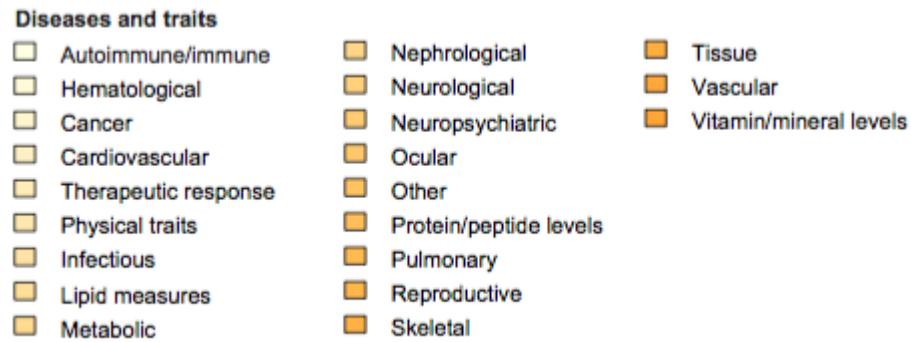


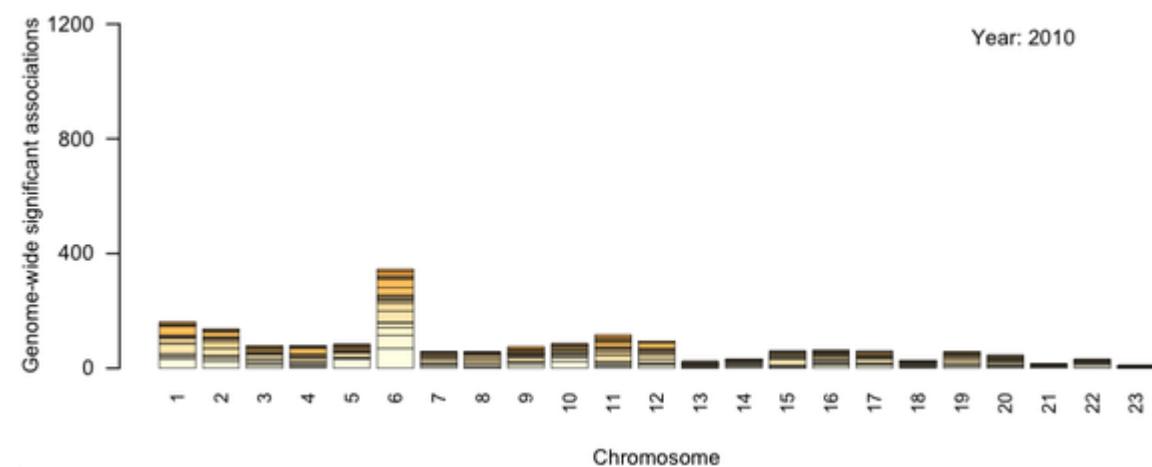
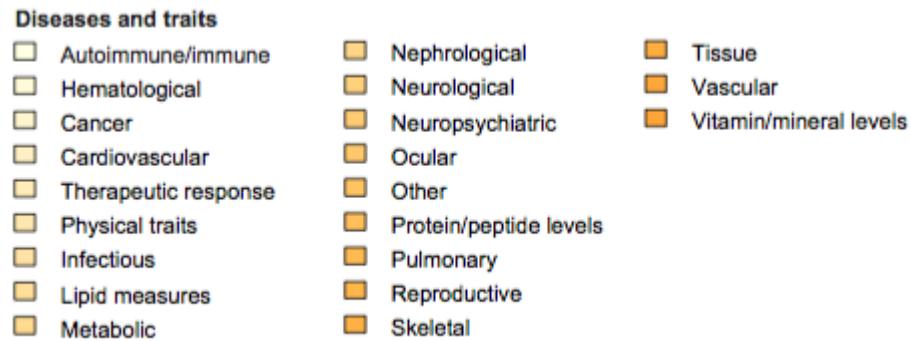
Genome-Wide Association Study (GWAS)

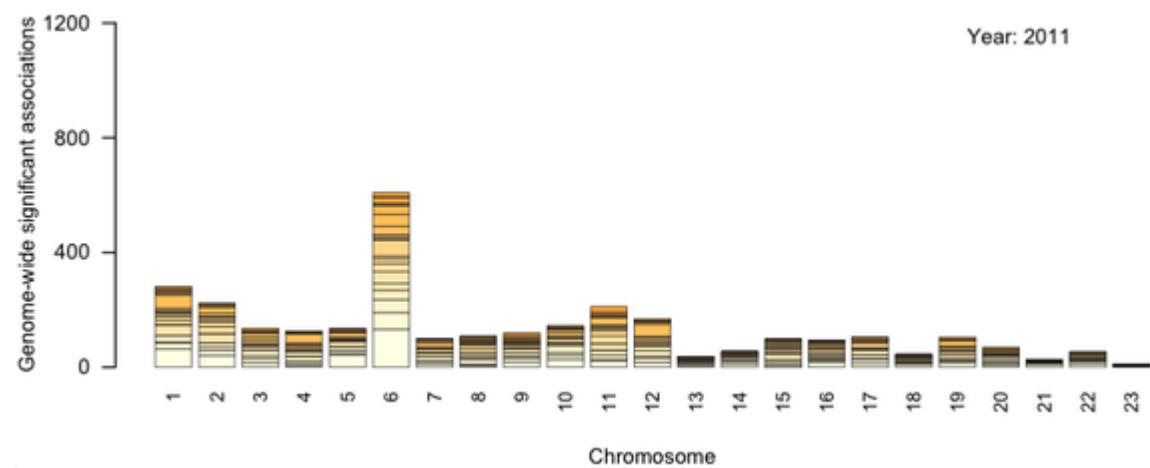
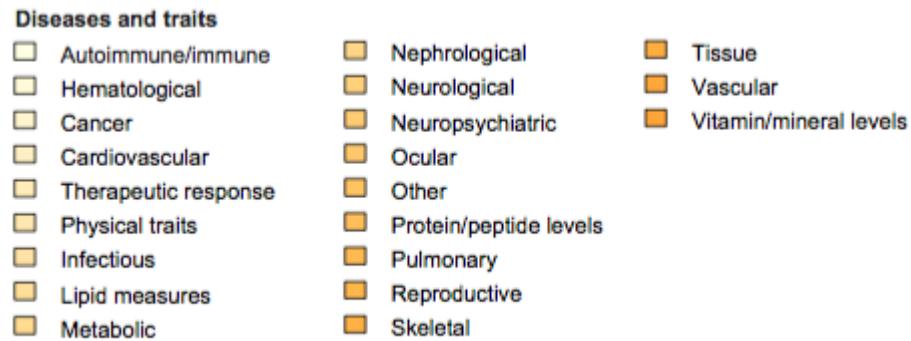


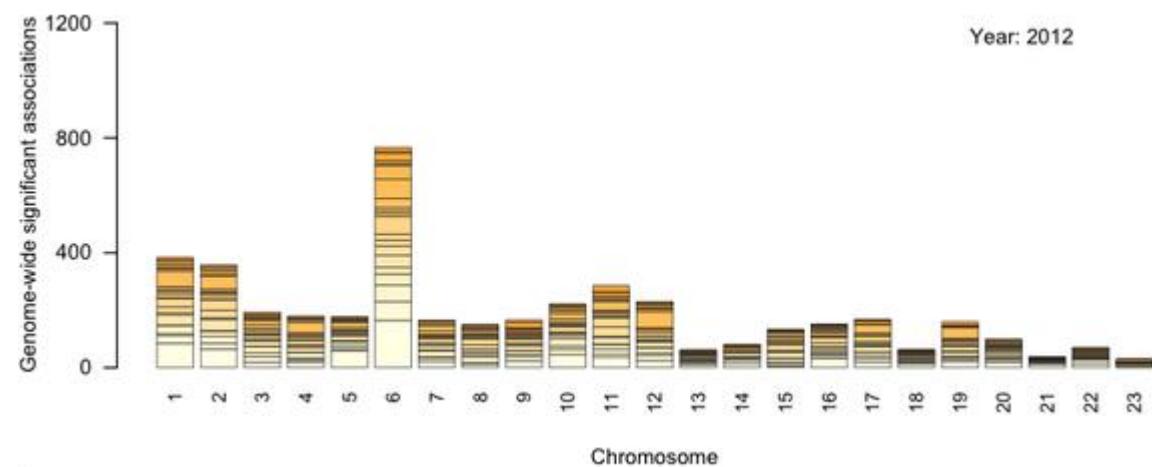
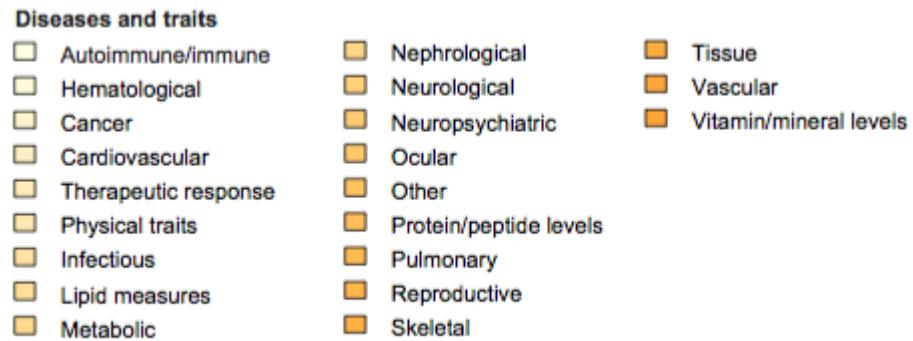


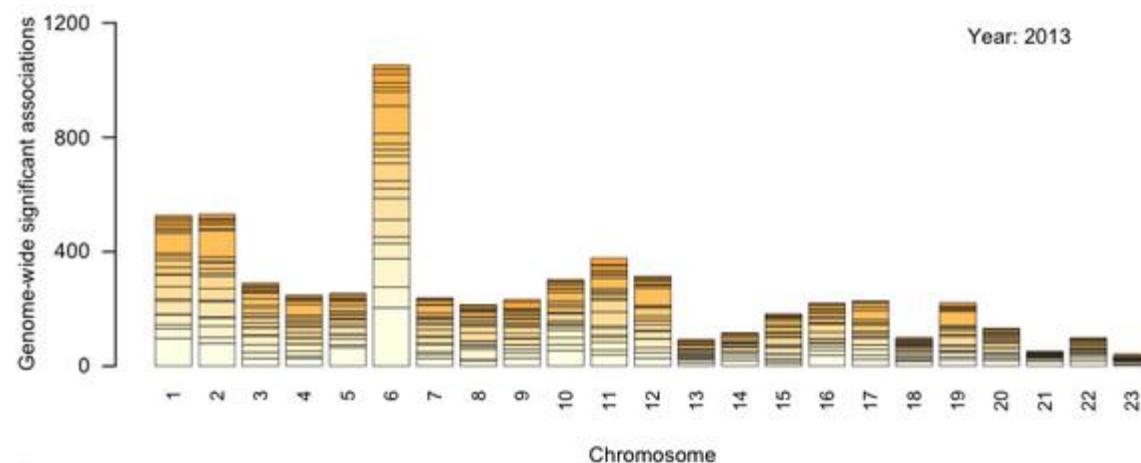
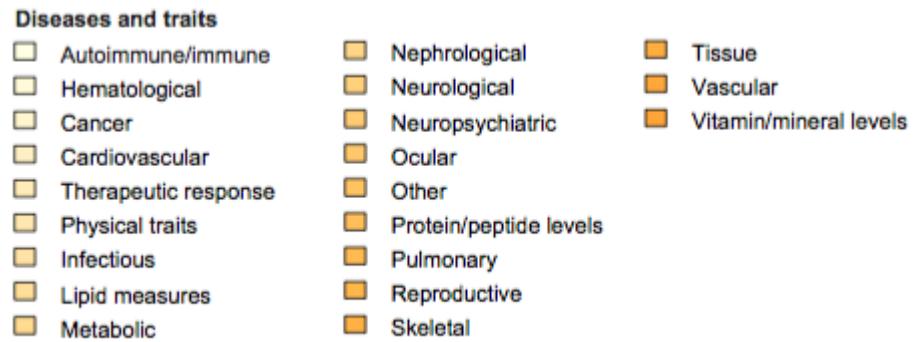


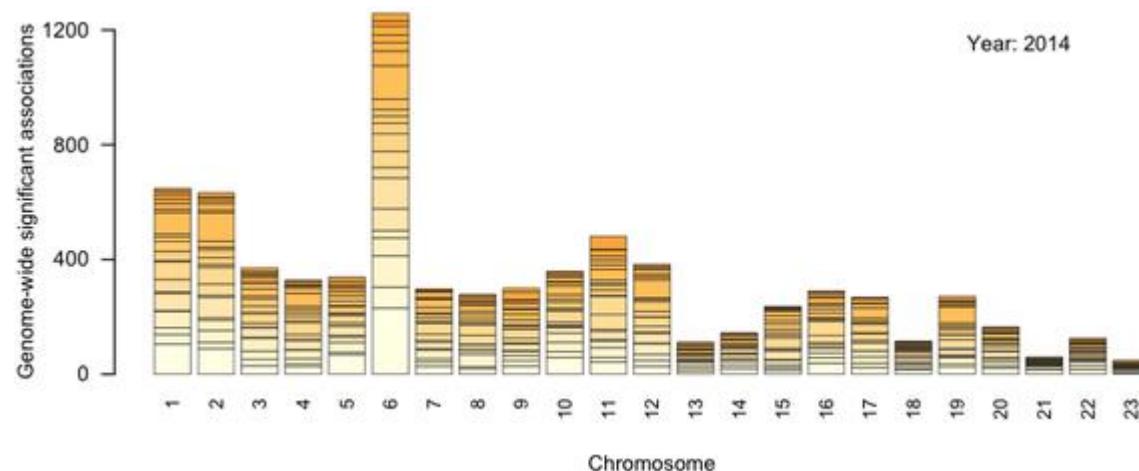
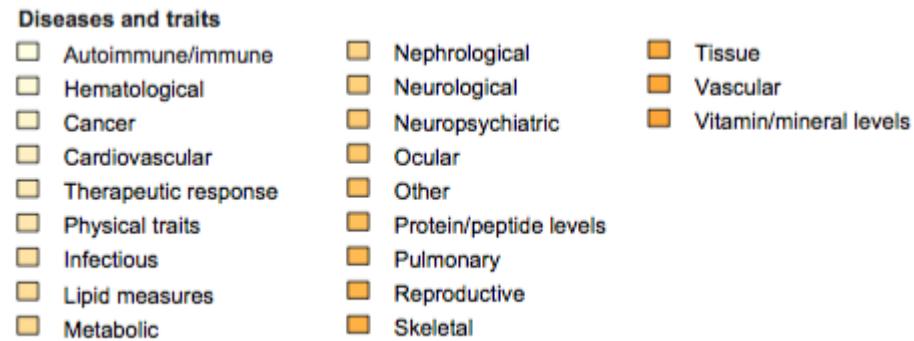


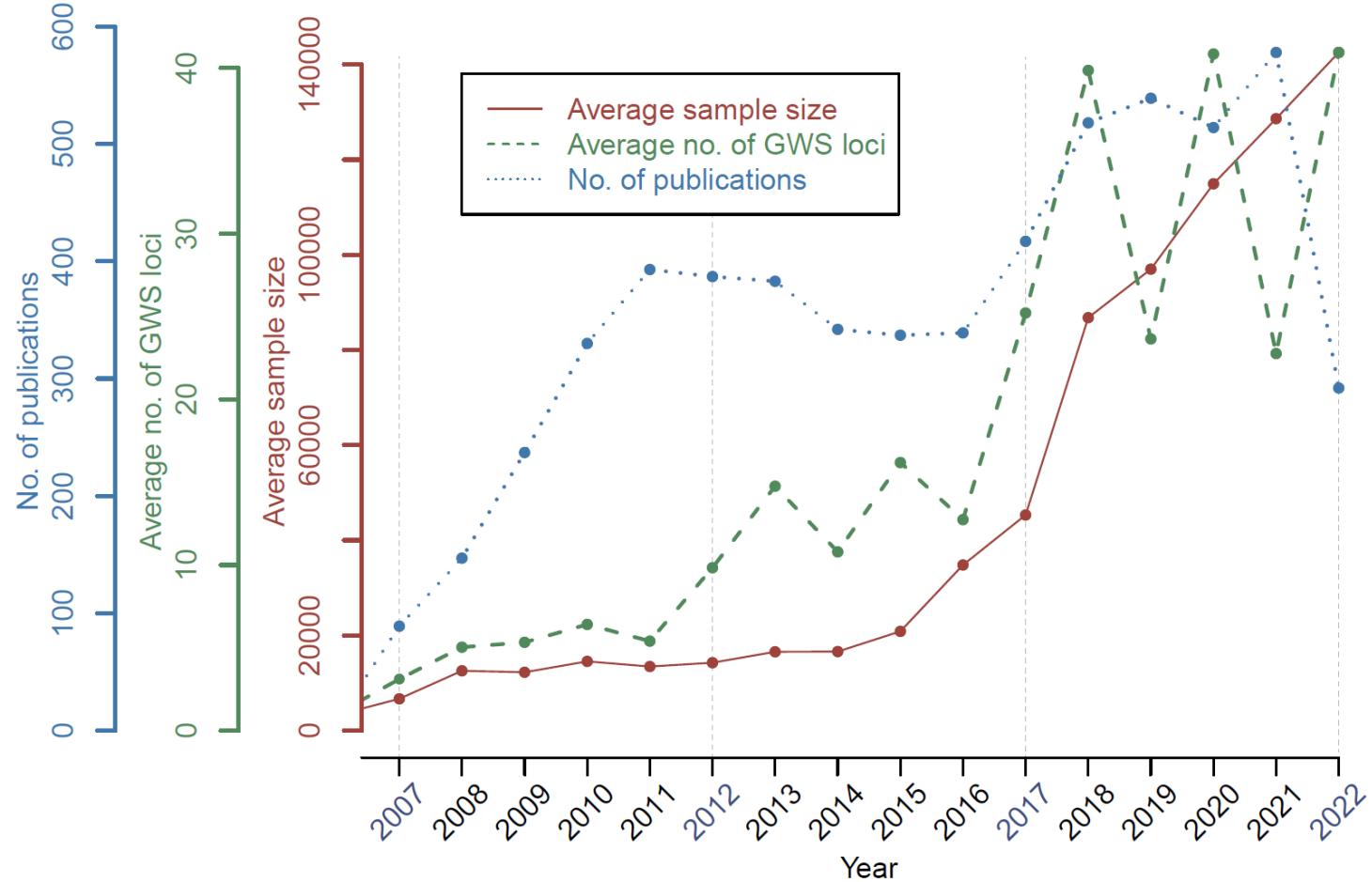












The American Journal of Human Genetics

REVIEW

15 years of GWAS discovery: Realizing the promise

Abdel Abdellaoui,^{1,*} Loic Yengo,² Karin J.H. Verweij,¹ and Peter M. Visscher²

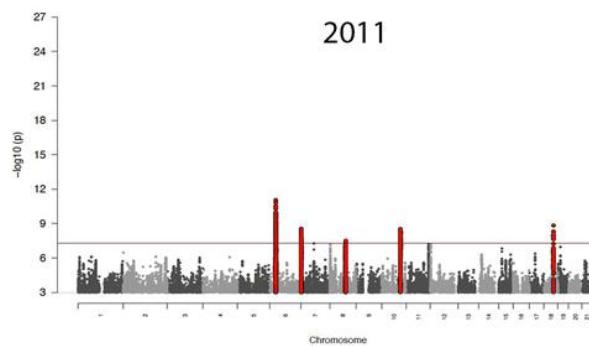


Psychiatric Genomics Consortium



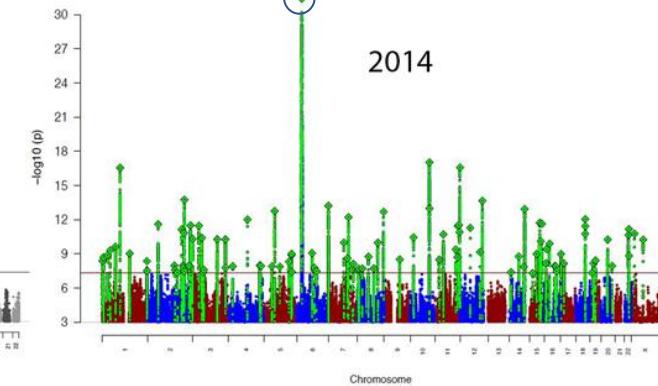
PRESS RELEASES / 01.26.16

Genetic study provides first-ever insight into biological origin of schizophrenia



N ~50,000

2011



N ~150,000

2016

ARTICLE

doi:10.1038/nature16549

Schizophrenia risk from complex variation of complement component 4

Aswin Sekar^{1,2,3}, Allison R. Blaha^{4,5}, Heather de Rivera^{1,2}, Avery Davis^{1,2}, Timothy R. Hammond^{1,4}, Nolan Kamitaki^{1,2}, Katherine Tooley^{1,2}, Jessy Presumey³, Mathew Baum^{1,2,3,4}, Vanessa Van Doren³, Giulio Genovese^{1,2}, Samuel A. Rose³, Robert E. Handsaker^{1,2}, Schizophrenia Working Group of the Psychiatric Genomics Consortium⁴, Mark J. Daly^{1,2}, Michael C. Carroll^{1,2}, Beth Stevens^{3,6} & Steven A. McCarroll^{1,2}

Schizophrenia is a heritable brain illness with unknown pathogenic mechanisms. Schizophrenia's strongest genetic associations are with the complement system, but the specific genes and molecular mechanisms accounting for this have been challenging to identify. Here we show that this association arises in part from many structurally diverse alleles of the complement component 4 (C4) genes. We found that these alleles generated widely varying levels of C4A and C4B expression in the brain, with each common C4 allele associating with schizophrenia in proportion to its tendency to generate greater expression of C4A. Human C4 protein localized to neuronal synapses, dendrites, axons, and cell bodies. In mice, C4 mediated synapse elimination during postnatal development. These results implicate excessive complement activity in the development of schizophrenia and may help explain the reduced numbers of synapses in the brains of individuals with schizophrenia.

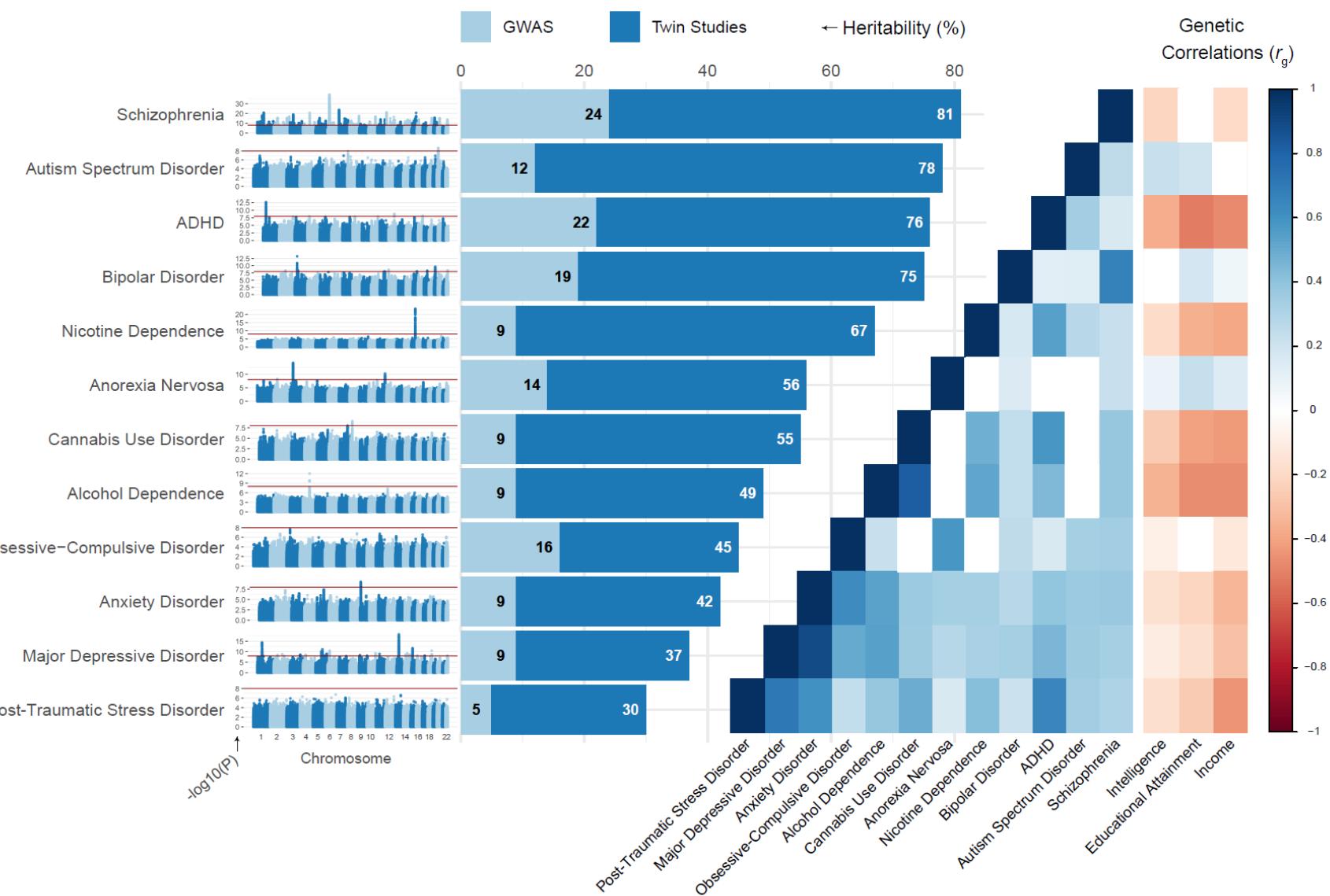
Influences "synaptic pruning" –
the elimination of connections
between neurons

Genetica en psychiatrie

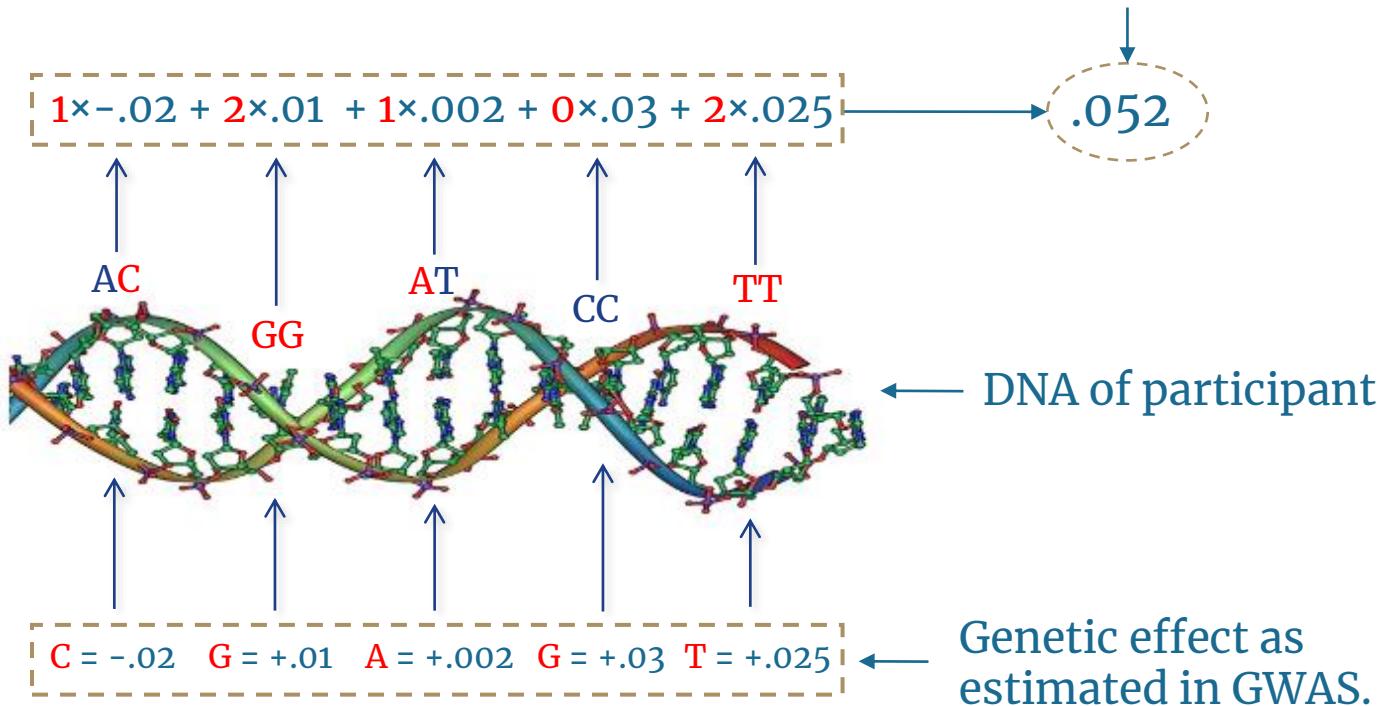
A. Abdellaoui, K.J.H. Verweij



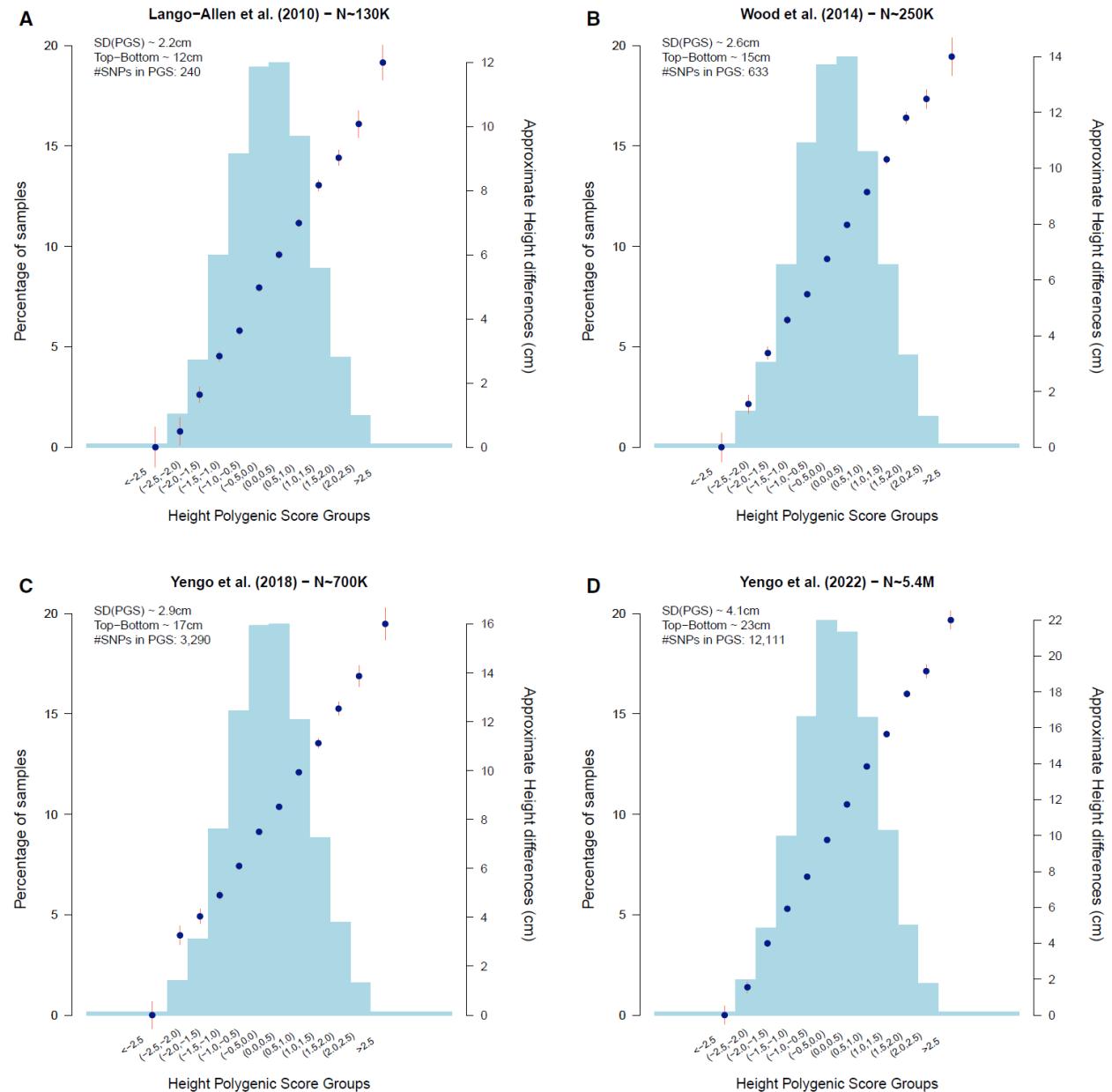
Psychiatric Genomics Consortium



Polygenic Score / Polygenic Index



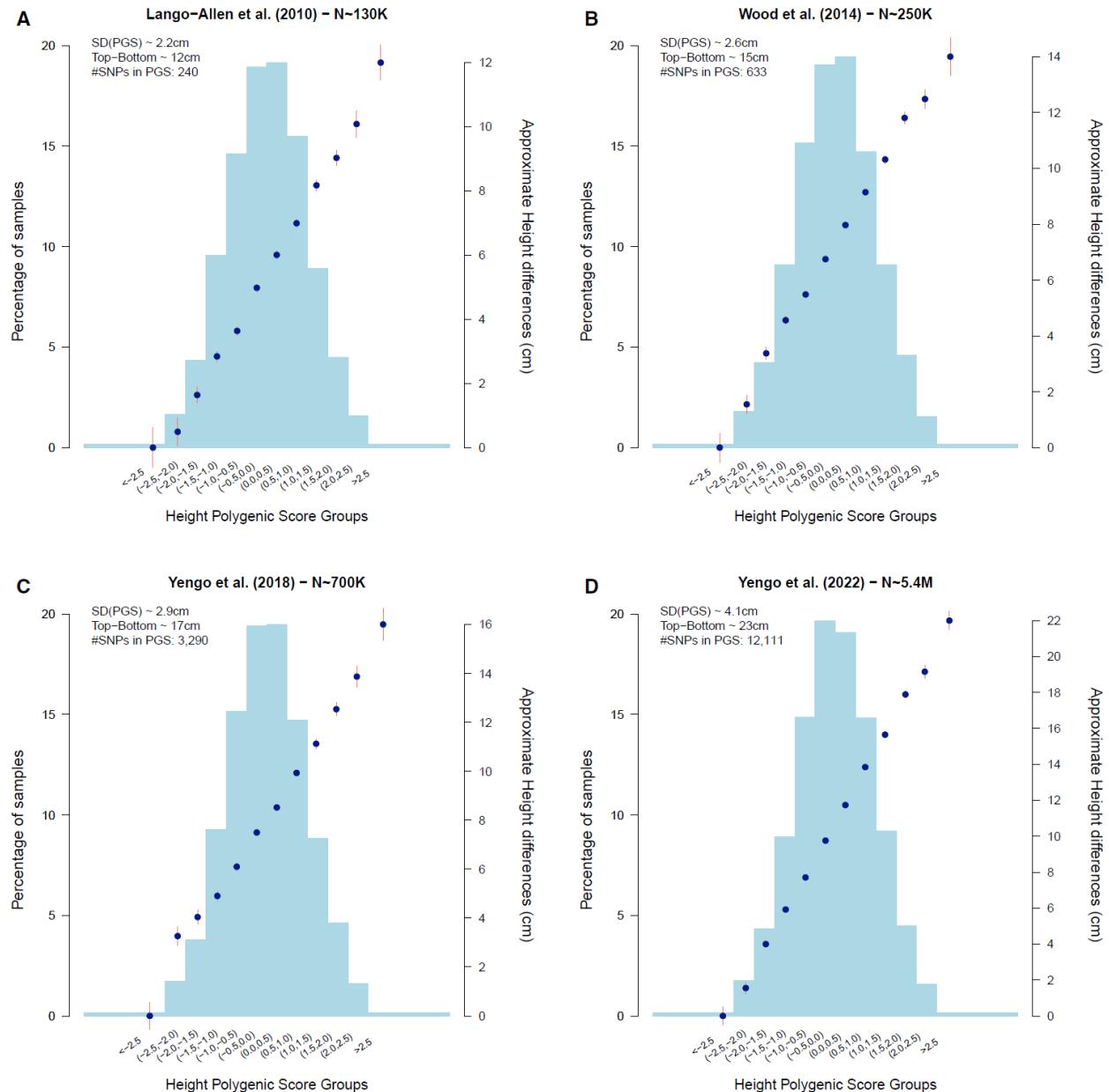
Polygenic Score Prediction



Polygenic Score Prediction

SD of outcome around the prediction:

$$\sigma_Y \sqrt{1 - R^2}$$



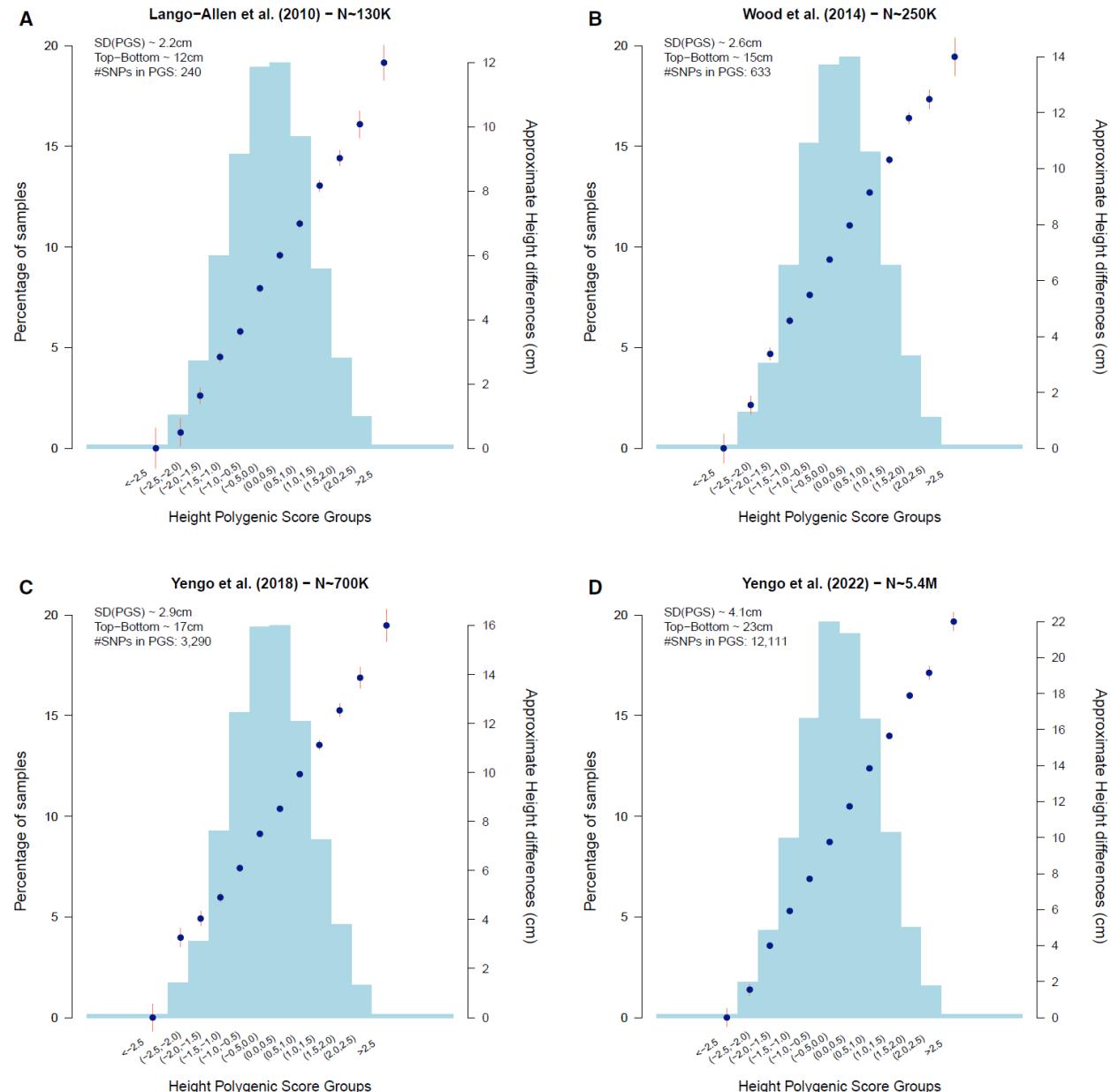
Polygenic Score Prediction

SD of outcome around the prediction:

$$\sigma_Y \sqrt{1 - R^2}$$

Upper bound (maximum predictive power):

$$\sigma_Y \sqrt{1 - h^2}$$



Polygenic Score Prediction

SD of outcome around the prediction:

$$\sigma_Y \sqrt{1 - R^2}$$

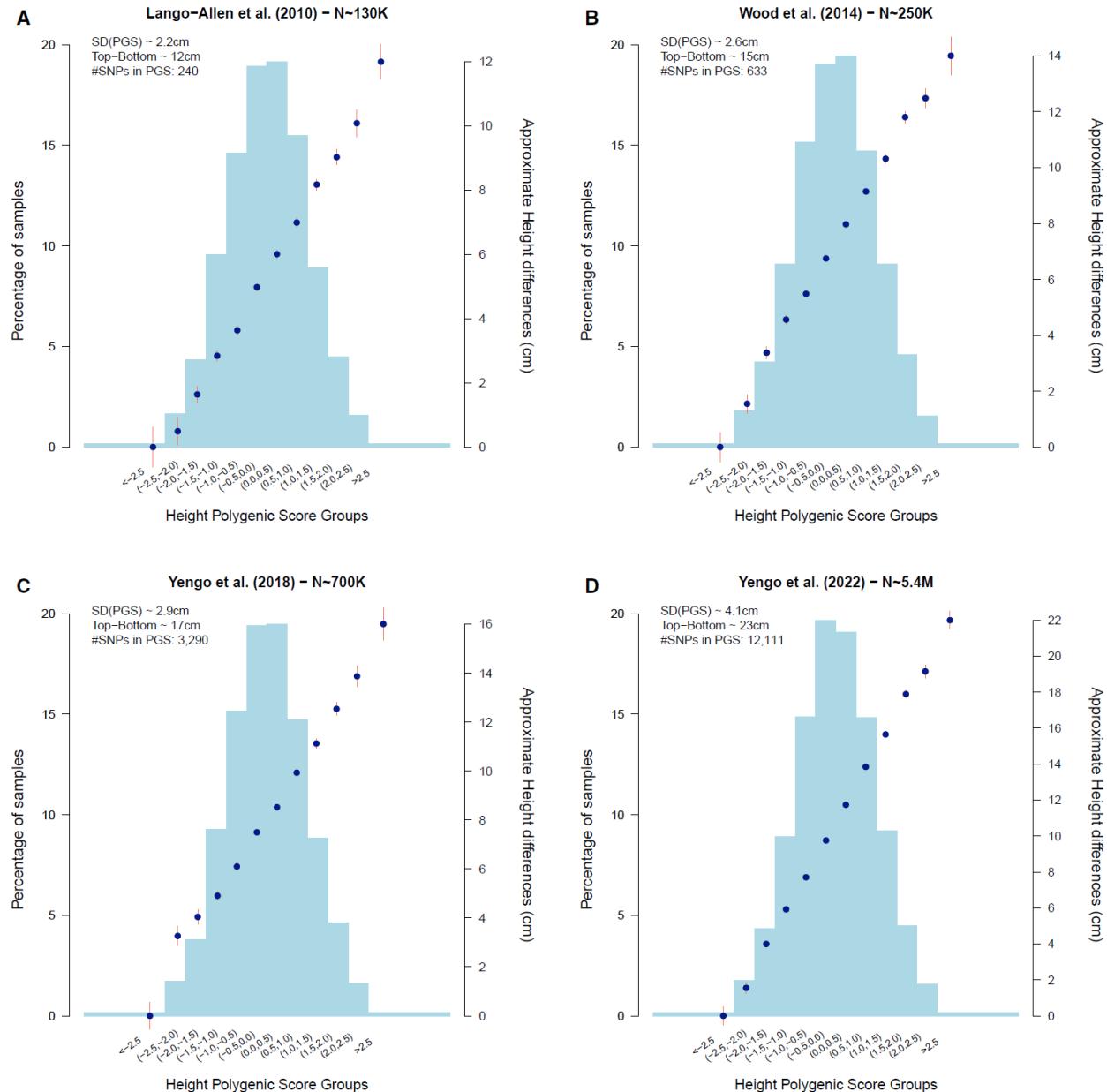
Upper bound (maximum predictive power):

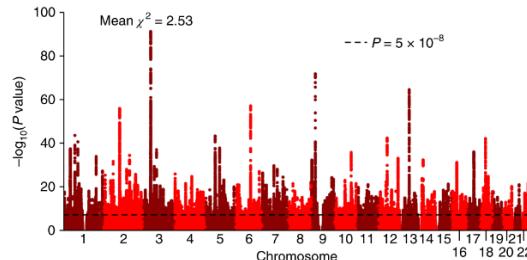
$$\sigma_Y \sqrt{1 - h^2}$$

Height has heritability of ~0.8 and standard deviation of ~6.5 cm

$$6.5\text{cm} \times \sqrt{1 - 0.8} \approx 3\text{cm}$$

Equivalent to 95% confidence interval of ~12cm



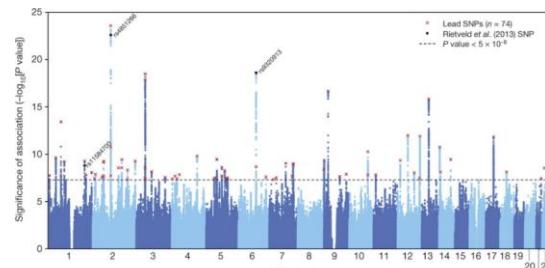


2018 – N = 1,131,881

ARTICLES
<https://doi.org/10.1038/s41588-018-0147-3>

Gene discovery and polygenic prediction from a genome-wide association study of educational attainment in 1.1 million individuals

nature genetics

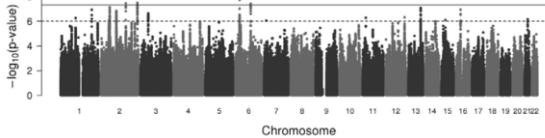


2016 – N = 293,723

LETTER
doi:10.1038/nature17671

Genome-wide association study identifies 74 loci associated with educational attainment

26 MAY 2016 | VOL 533 | NATURE

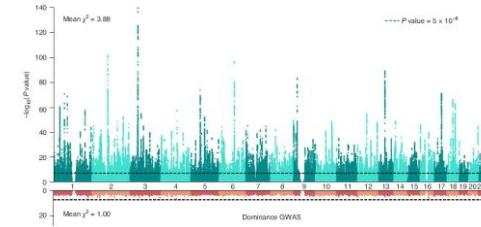


2013 – N = 126,559

SCIENCE VOL 340 21 JUNE 2013

GWAS of 126,559 Individuals Identifies Genetic Variants Associated with Educational Attainment

Educational Attainment

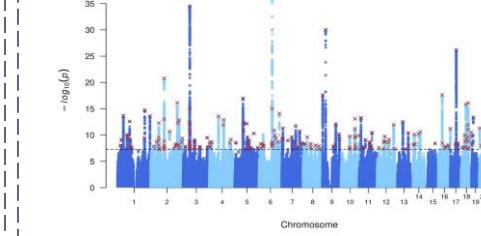


2022 – N = 3,037,499

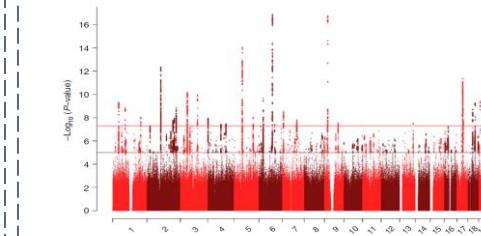
ARTICLES
<https://doi.org/10.1038/s41588-022-01016-z>

OPEN
Polygenic prediction of educational attainment within and between families from genome-wide association analyses in 3 million individuals

nature genetics



2023 – N = 668,288



2019 – N = 286,301

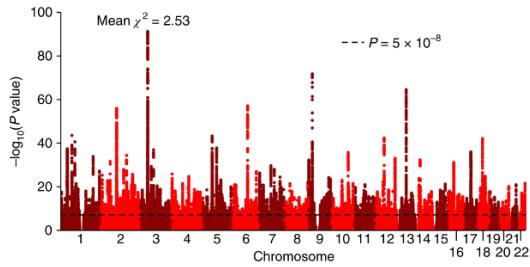
Manuscript in preparation...

ARTICLE
<https://doi.org/10.1038/s41467-019-13585-5>

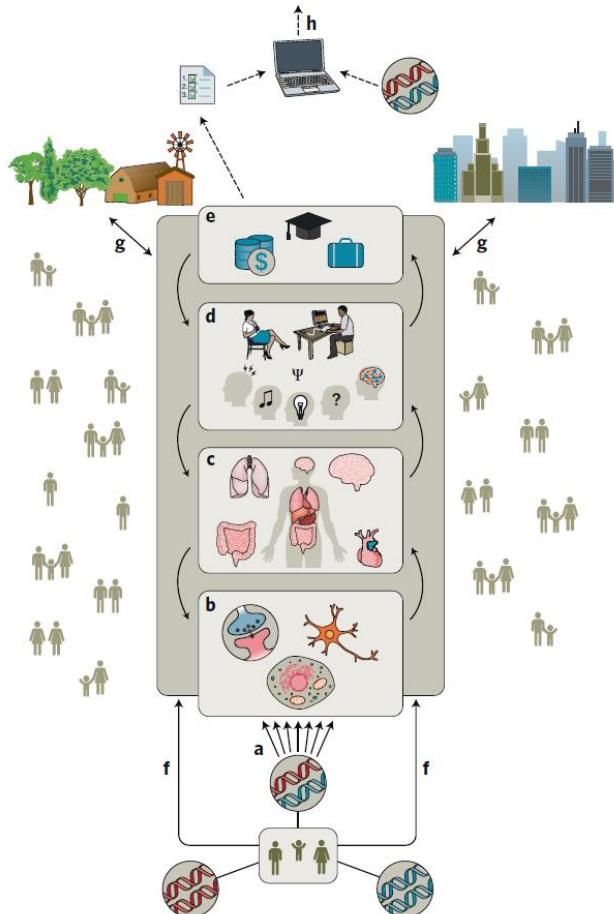
OPEN
Genome-wide analysis identifies molecular systems and 149 genetic loci associated with income

nature COMMUNICATIONS

Income



GWASs on behavioural traits contain signals from correlated traits and the environment

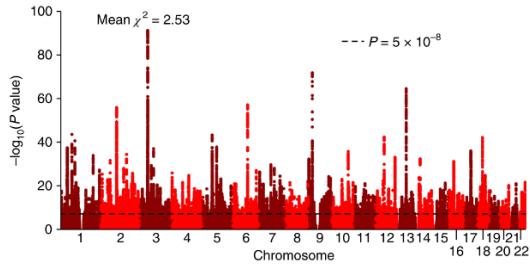


**nature
human behaviour**

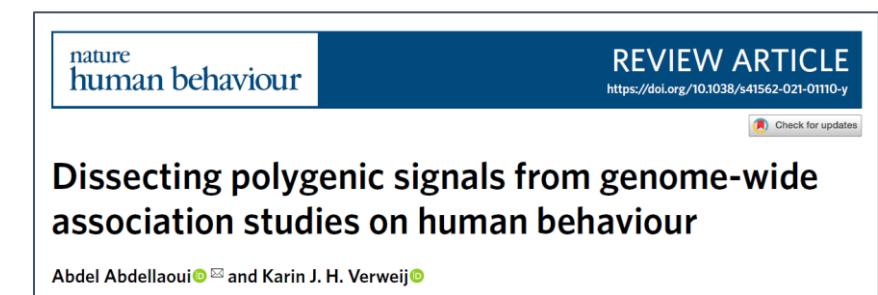
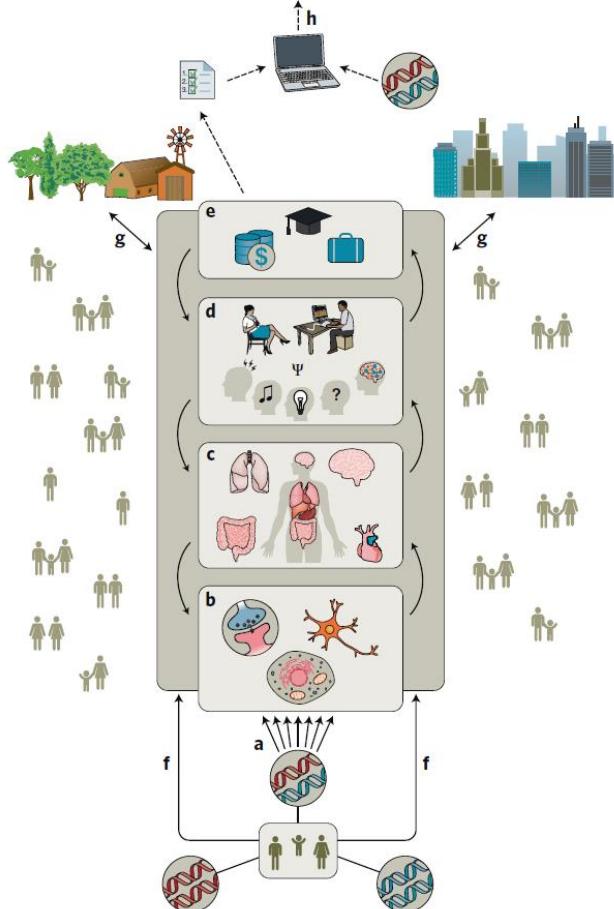
REVIEW ARTICLE
<https://doi.org/10.1038/s41562-021-01110-y>

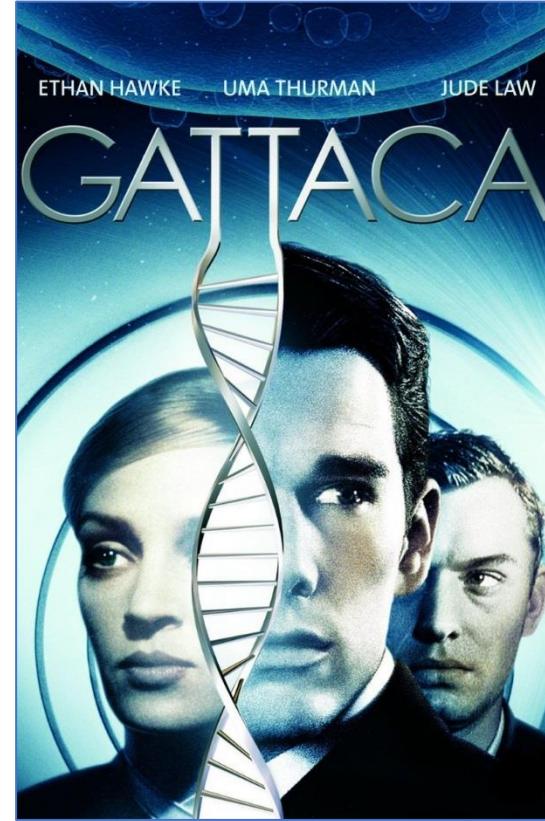
Dissecting polygenic signals from genome-wide association studies on human behaviour

Abdel Abdellaoui and Karin J. H. Verweij



“When the nature of the predictive ability of polygenic scores for behavioural traits is not fully understood, applying them in either scientific research or the clinic can lead to incorrect interpretations and conclusions.”





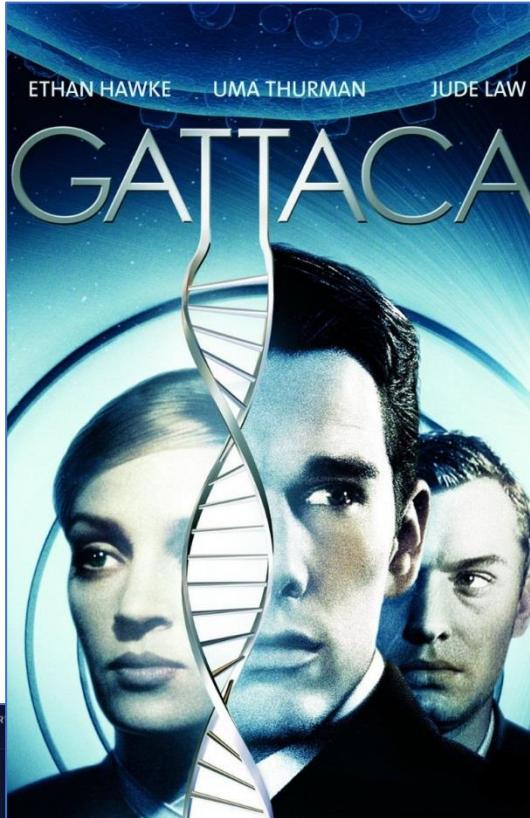
BIOTECHNOLOGY

The world's first Gattaca baby tests are finally here

The DNA test claims to let prospective parents weed out IVF embryos with a high risk of disease or low intelligence.

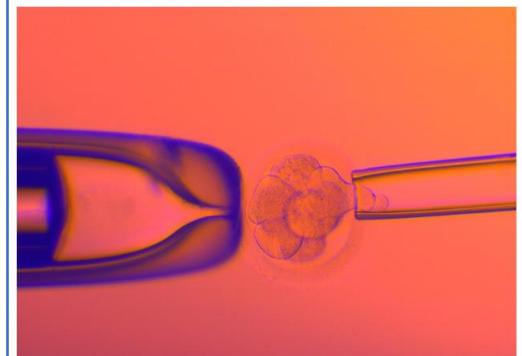
By Antonio Regalado

November 8, 2019



The alarming rise of complex genetic testing in human embryo selection

Companies are marketing polygenic risk scores as part of IVF well ahead of a full understanding of the potential benefits – or dangers.



The image contains two parts. The top part shows a digital 'Embryo report card' with a table. The table has columns for 'Trait' and 'Grade'. One row shows 'Diabetes' with a grade of 'F' in a red circle. Another row shows 'Diabetes' with a grade of 'A'. The bottom part is an advertisement for 'ORCHID' featuring a stylized embryo and the text 'Identify your healthiest embryo' and 'Mitigate your family's genetic predispositions with advanced genetic screening for your embryos'.

WIRED Genetic Screening Now Lets Parents Pick the Healthiest Embryos

AT 18 MONTHS old, Aurea Yenmai Smigrodzki is inquisitive like any other toddler. She likes peanut butter, the beach, and mobile phones—or any toys that look like phones. She likes to copy her mum and dad, Thuy and Rafal, when they are using theirs. Aurea doesn't know it yet, but her birth was very special: She is the world's first PGT-P baby, meaning she is statistically less likely than the rest of us to develop a genetic disease or disorder throughout her life.

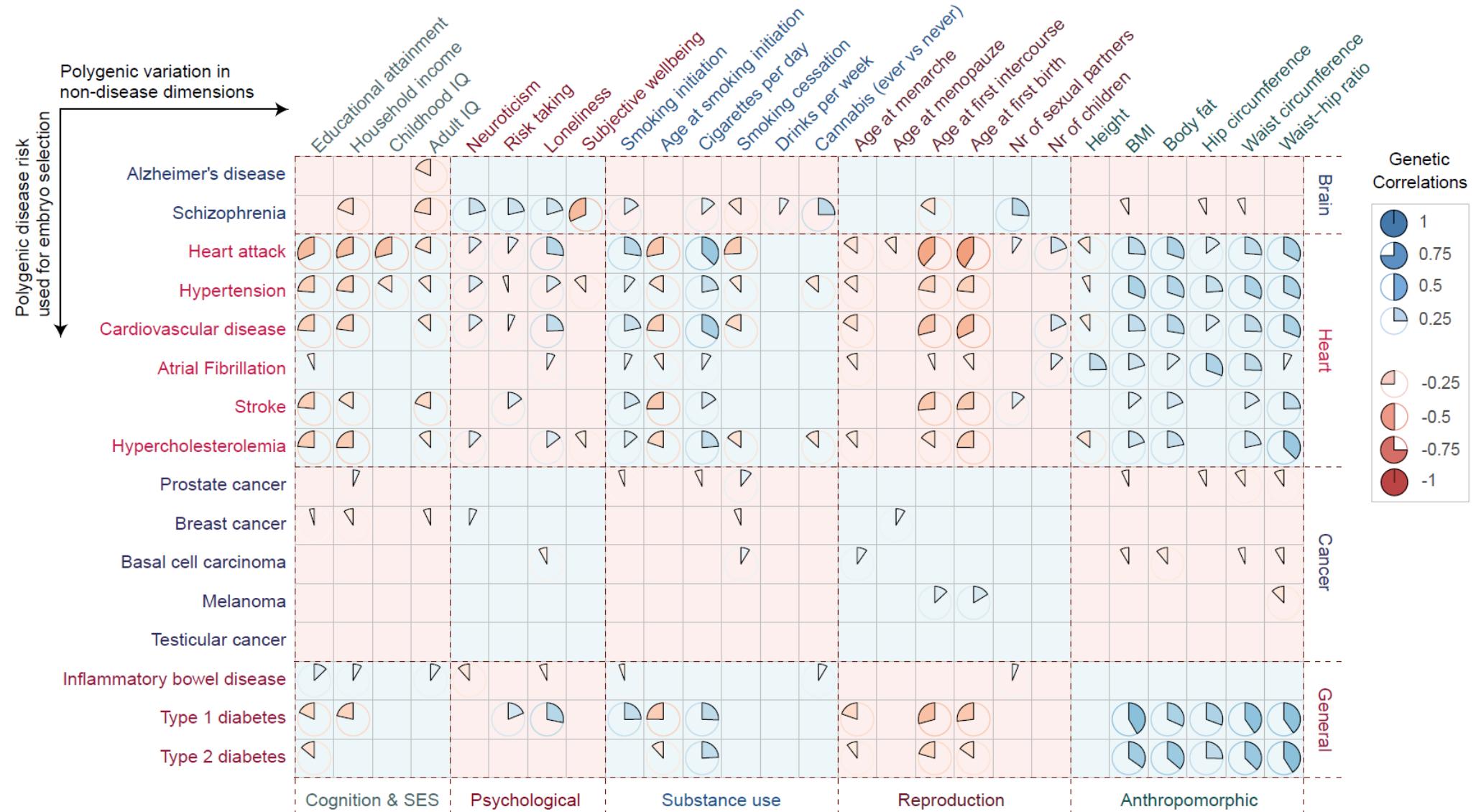


4.2 Does Genomic Prediction screen purely cosmetic traits?

No, we only provide risk scores for polygenic traits related to diseases, not for purely cosmetic traits such as hair color and eye color. Our goal is to provide improved health to IVF families.

4.3 Does Genomic Prediction Clinical Laboratory screen embryos for increased intelligence i.e. high IQ?

No.



Unpublished results

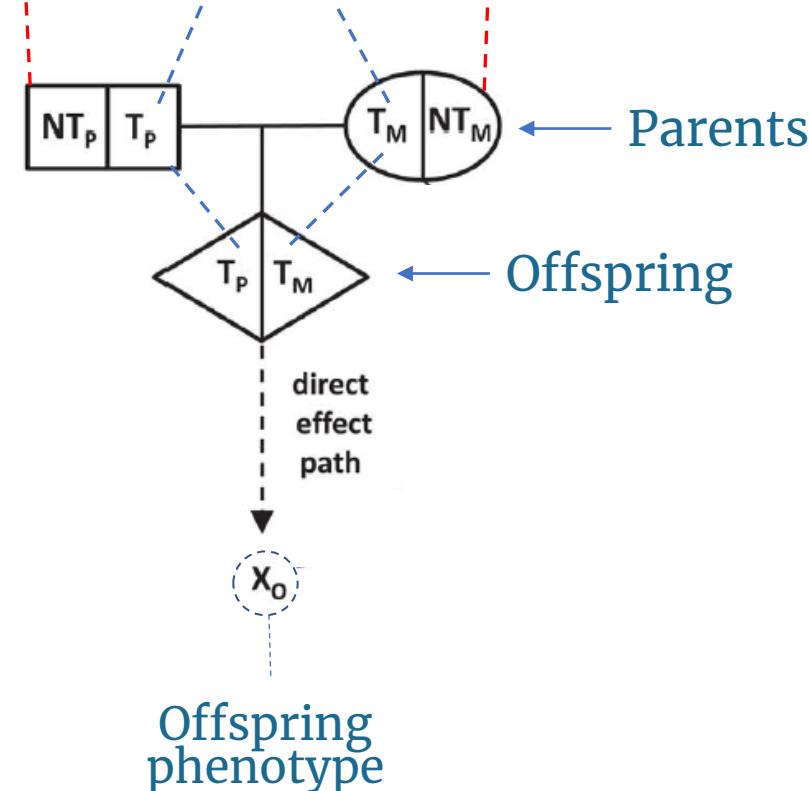
Gene-Environment Correlations - Families

The nature of nurture: Effects of parental genotypes

Augustine Kong,^{1,2,3*} Gudmar Thorleifsson,¹ Michael L. Frigge,¹
Bjarni J. Vilhjalmsson,^{4,5} Alexander I. Young,^{1,2,6} Thorgeir E. Thorgeirsson,¹
Stefania Benonisdottir,¹ Asmundur Oddsson,¹ Bjarni V. Halldorsson,¹ Gisli Masson,¹
Daniel F. Gudbjartsson,^{1,3} Agnar Helgason,^{1,7} Gyda Bjornsdottir,¹
Unnur Thorsteinsdottir,^{1,8} Kari Stefansson^{1,8*}

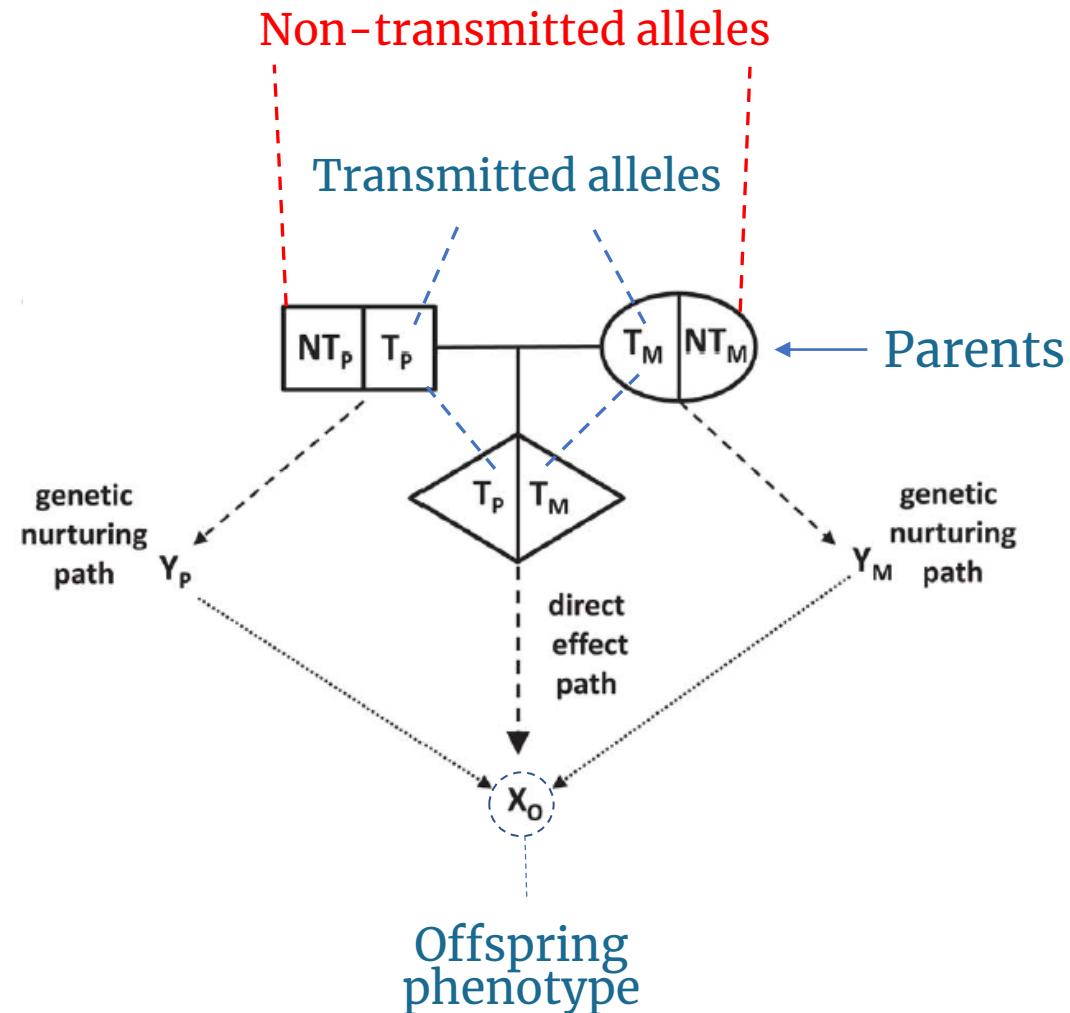
Non-transmitted alleles

Transmitted alleles



The nature of nurture: Effects of parental genotypes

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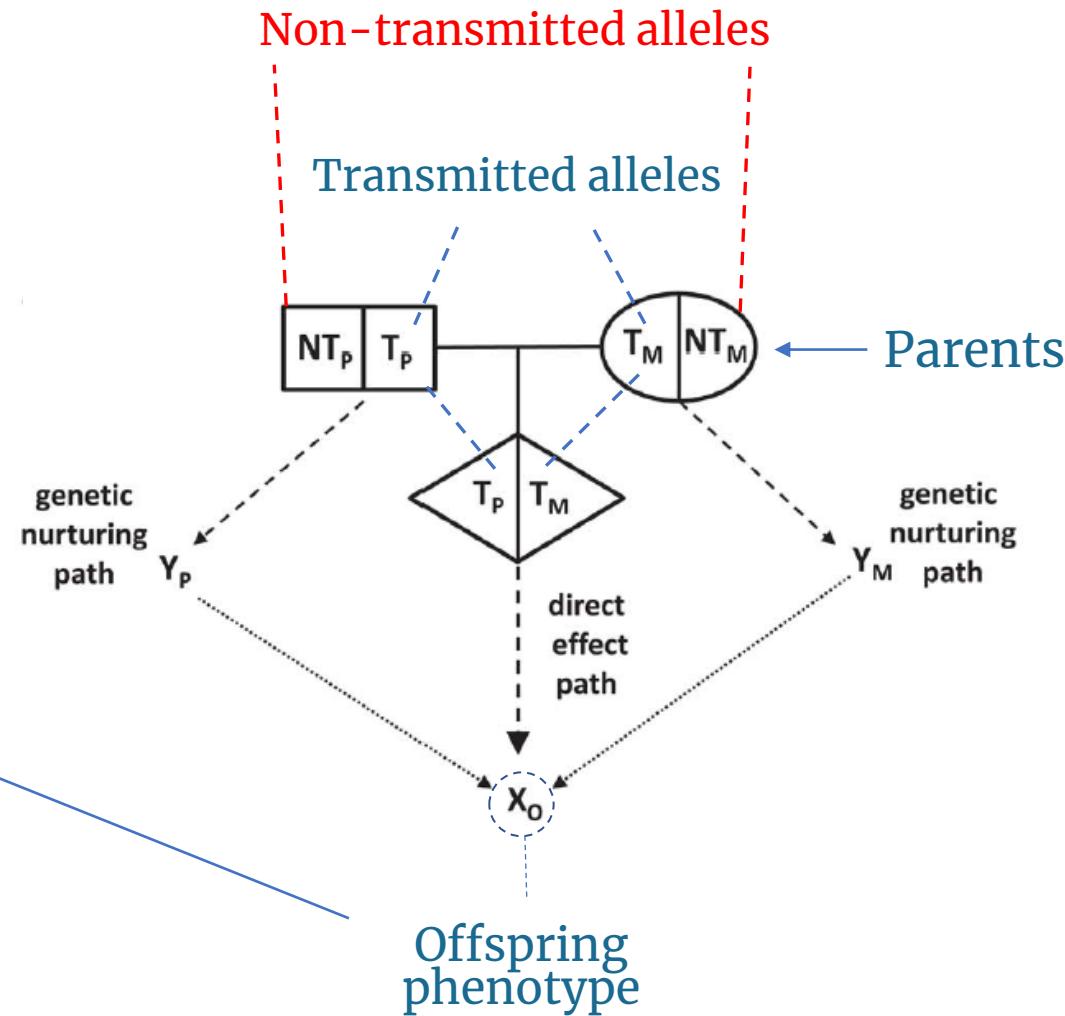


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Non-transmitted educational attainment alleles are associated with:

- Educational attainment
- Age at first child
- High-density lipoprotein (HDL)
- BMI
- Fasting glucose level
- Height
- Cigarettes per day
- Overall health



Research Article

Comparison of Adopted and Nonadopted Individuals Reveals Gene-Environment Interplay for Education in the UK Biobank

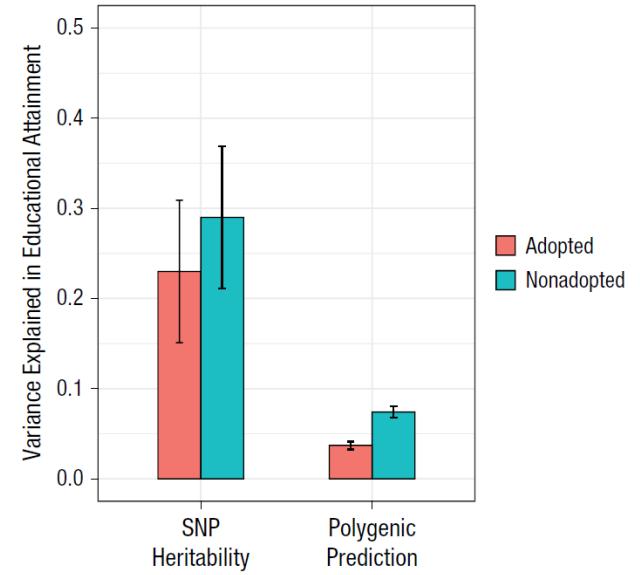
Rosa Cheesman¹ , Avina Hunjan^{1,2}, Jonathan R. I. Coleman^{1,2},
Yasmin Ahmadzadeh¹, Robert Plomin¹, Tom A. McAdams¹,
Thalia C. Eley^{1,2}, and Jerome Breen^{1,2}



Psychological Science
2020, Vol. 31(5) 582-591
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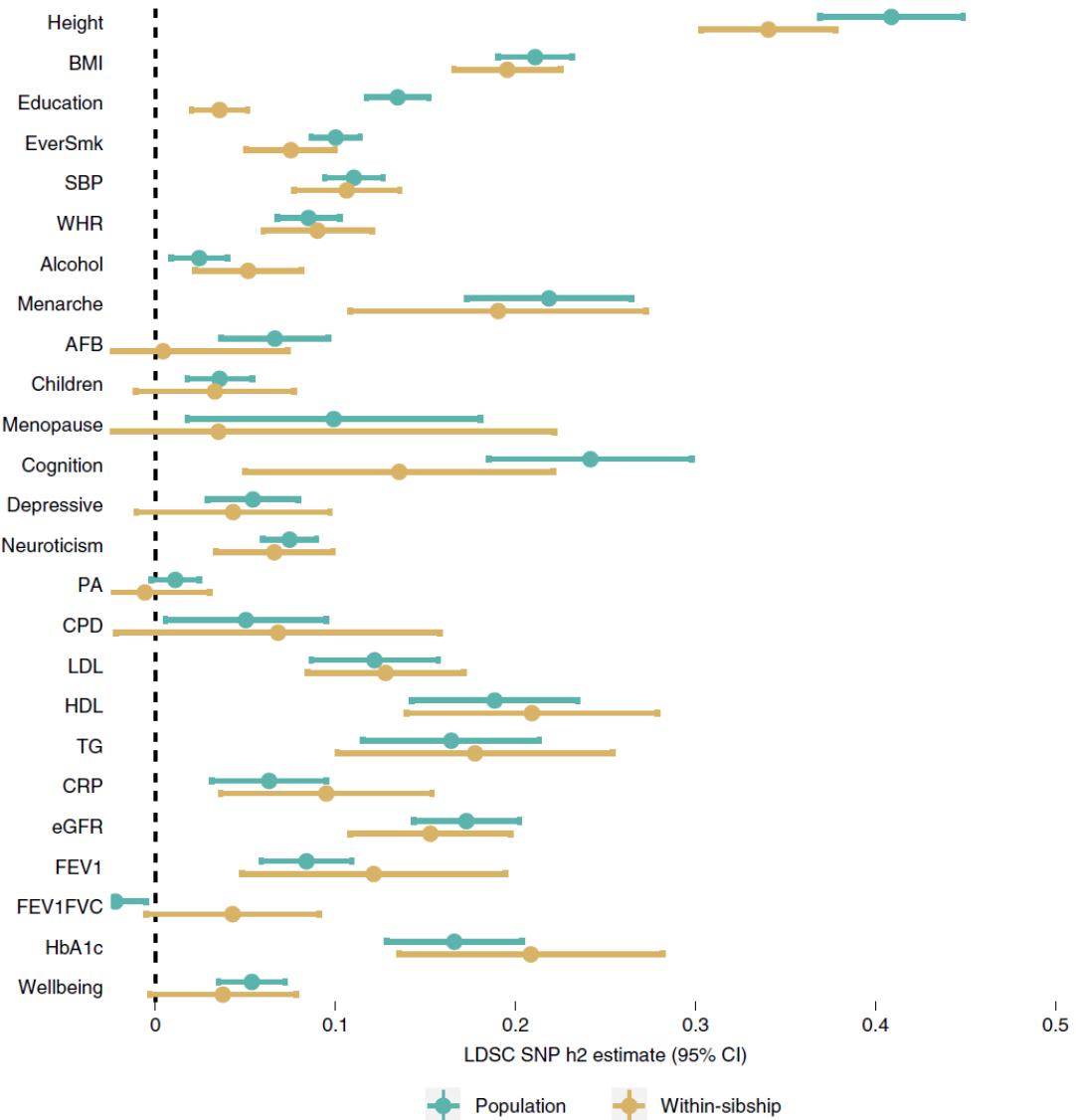


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www.psychologicalscience.org/PS



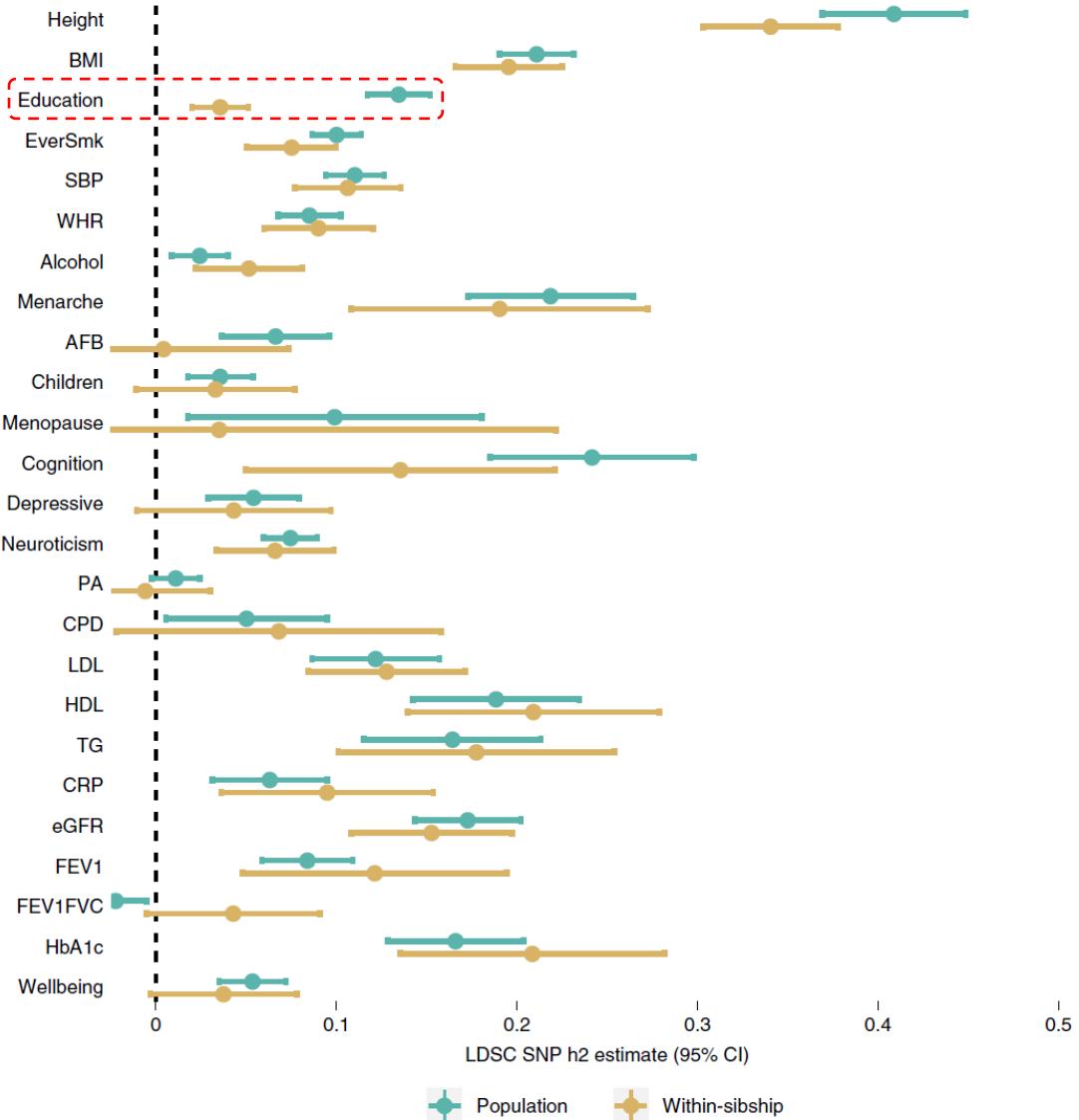
OPEN

Within-sibship genome-wide association analyses decrease bias in estimates of direct genetic effects



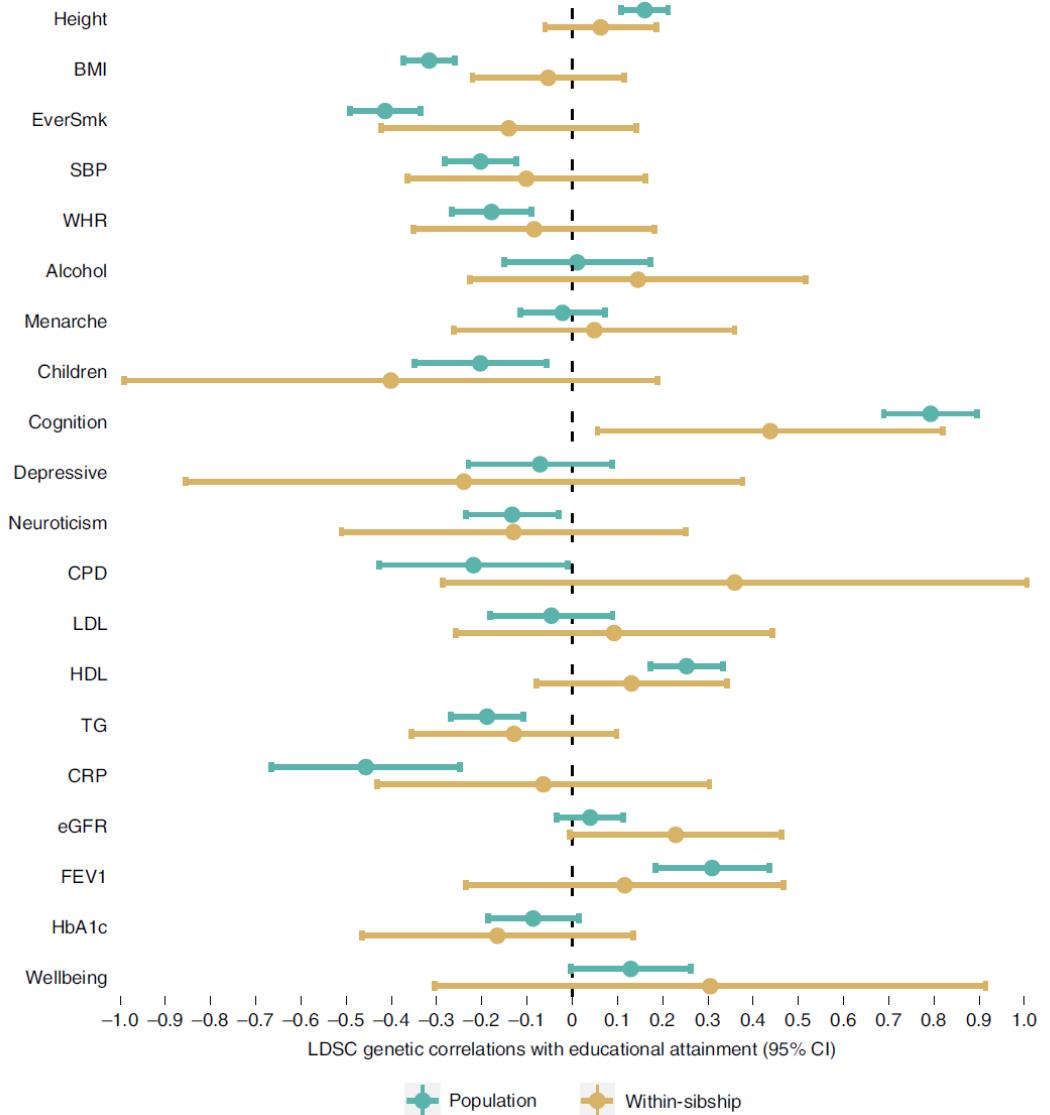
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Within-sibship genome-wide association analyses decrease bias in estimates of direct genetic effects



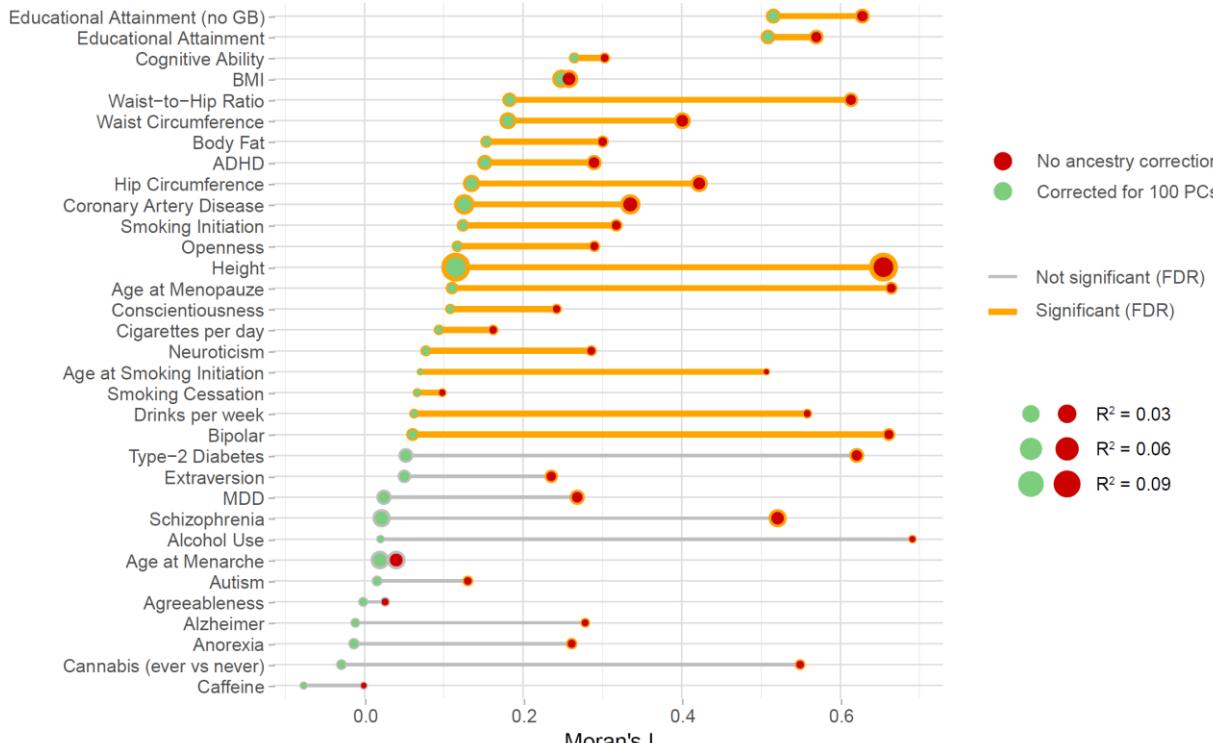
OPEN

Within-sibship genome-wide association analyses decrease bias in estimates of direct genetic effects



Gene-Environment Correlations - Geographic

Geography & Polygenic Scores



Moran's I = measure for geographic clustering

ARTICLES

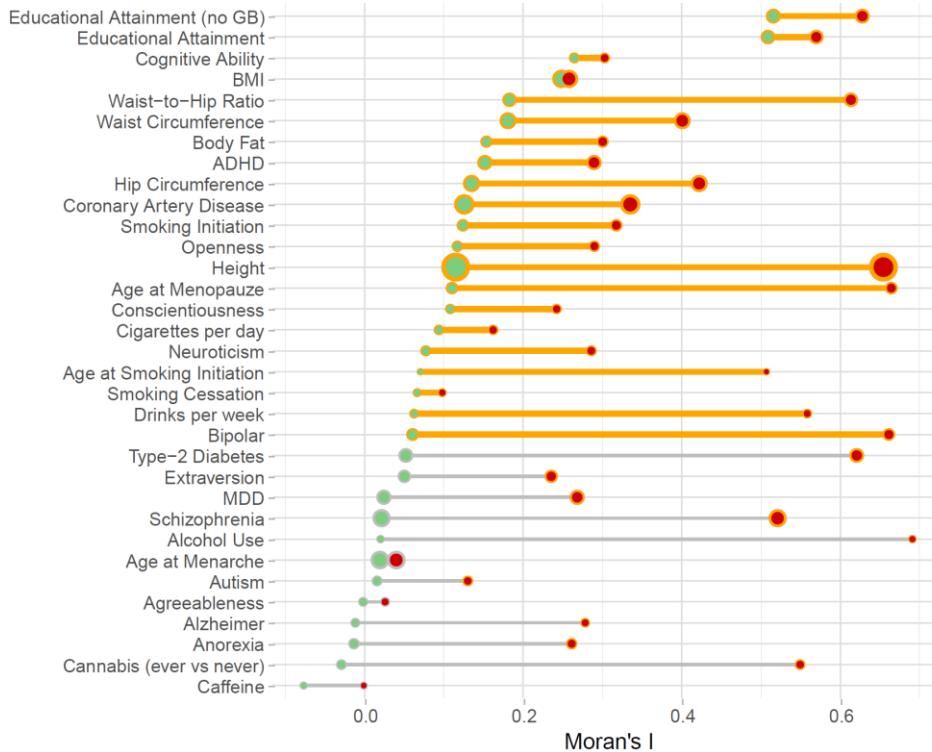
<https://doi.org/10.1038/s41562-019-0757-5>

nature
human behaviour

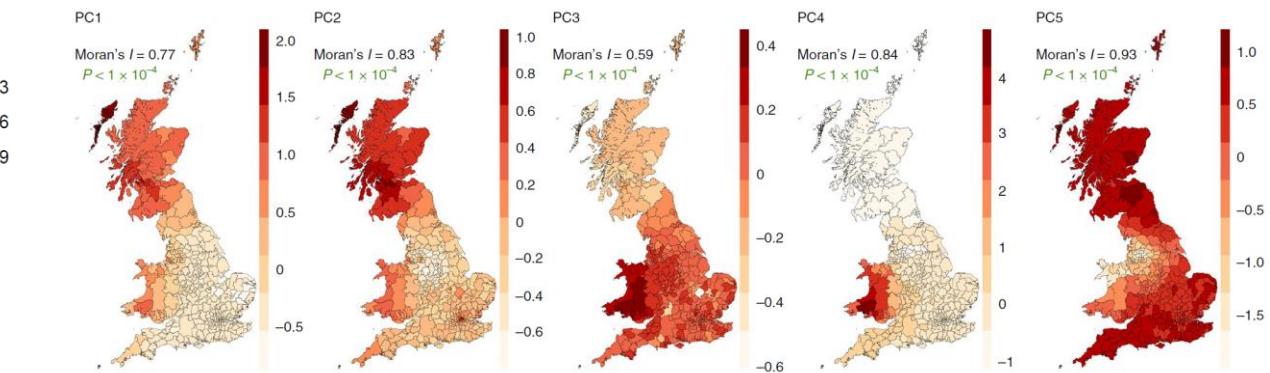
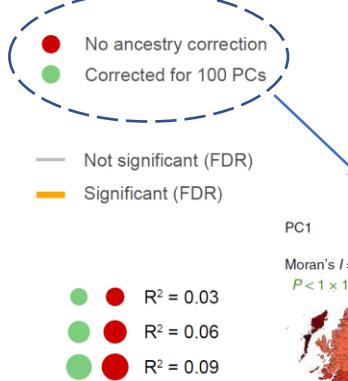
Genetic correlates of social stratification in Great Britain

Abdel Abdellaoui¹*, David Hugh-Jones², Loic Yengo³, Kathryn E. Kemper², Michel G. Nivard², Laura Veul¹, Yan Holtz³, Brendan P. Zietsch⁵, Timothy M. Frayling⁶, Naomi R. Wray^{3,7}, Jian Yang^{3,7}, Karin J. H. Verweij¹ and Peter M. Visscher^{1,3,7*}

Geography & Polygenic Scores



Moran's I = measure for geographic clustering



ARTICLES

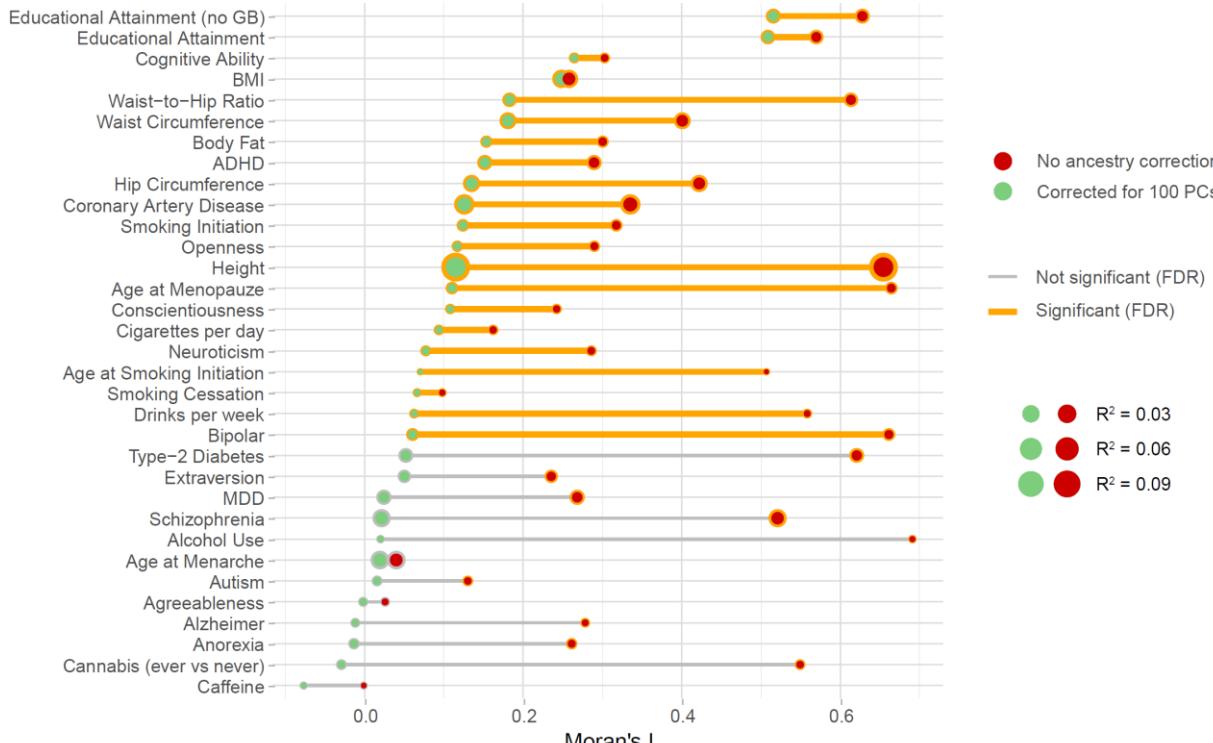
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Geography & Polygenic Scores



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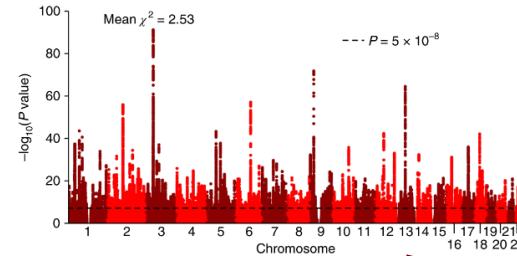
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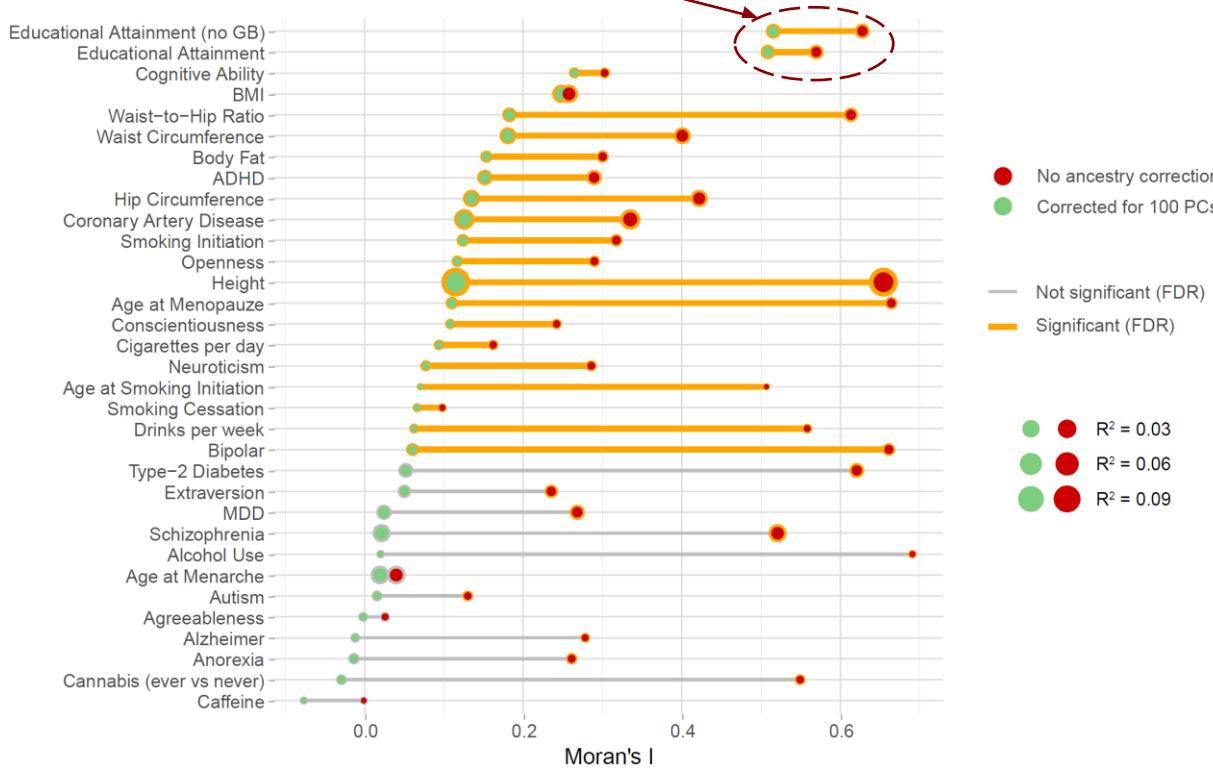
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Geography & Polygenic Scores



Moran's I = measure for geographic clustering

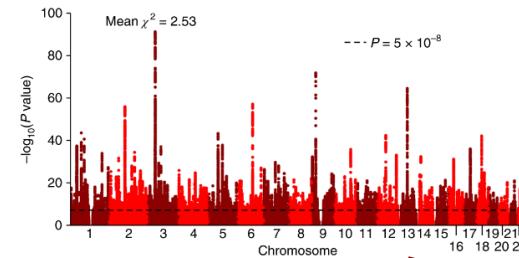
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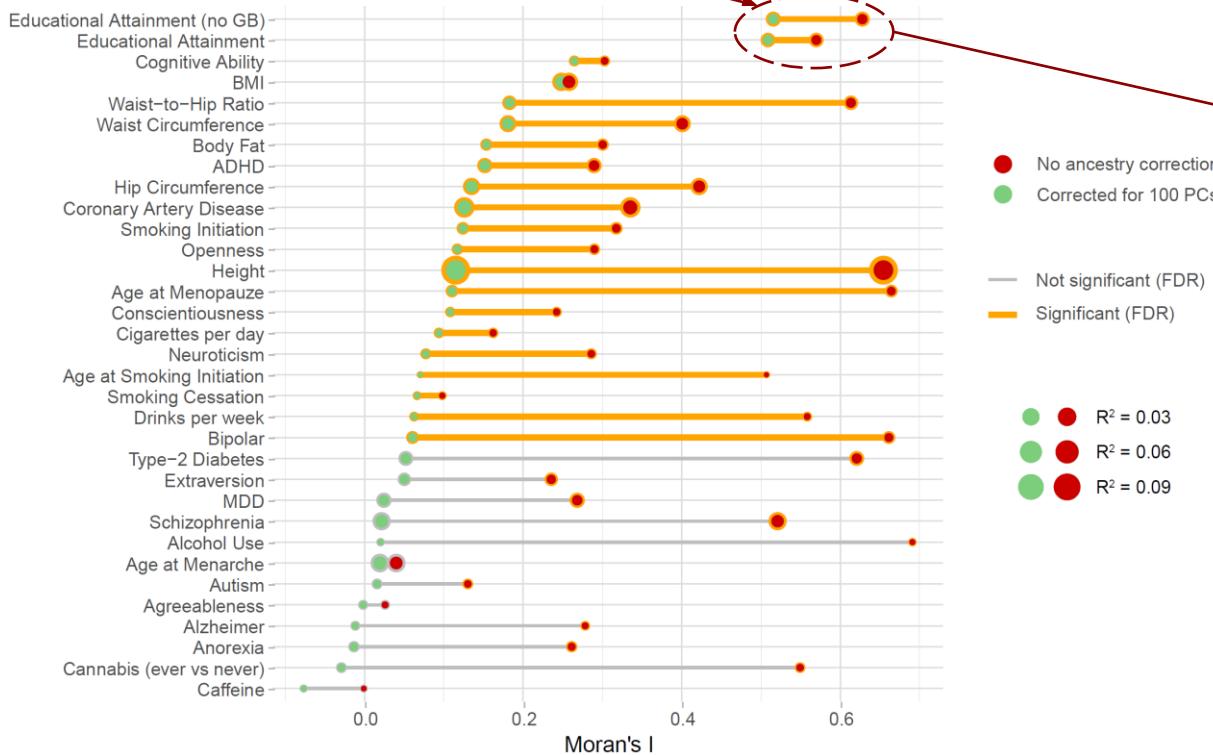
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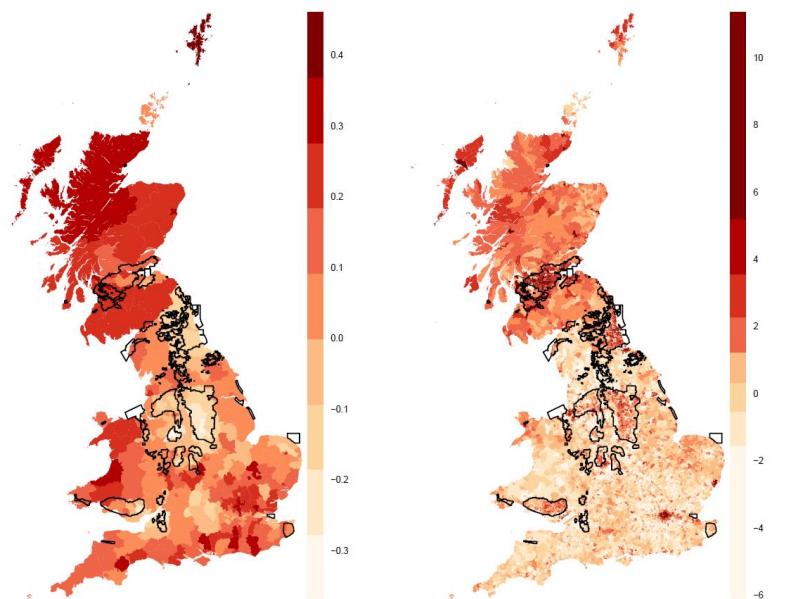
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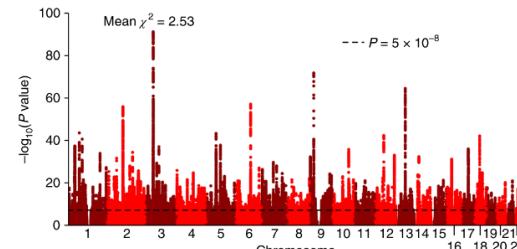
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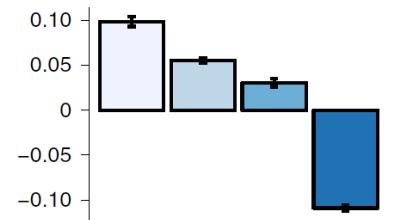
Educational Attainment Polygenic Score

Townsend Index (measure of economic deprivation)

black lines = coal regions



Educational
Attainment
Polygenic Score



- Moved away from coal field
- Stayed out of coal field
- Moved to coal field
- Stayed in coal field

Migration & SES

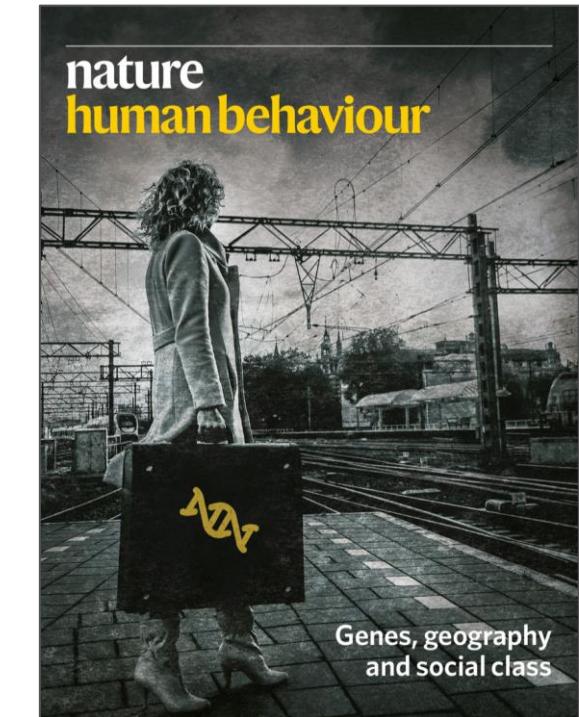
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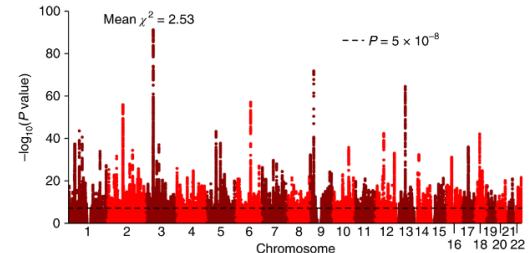
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nature
human behaviour

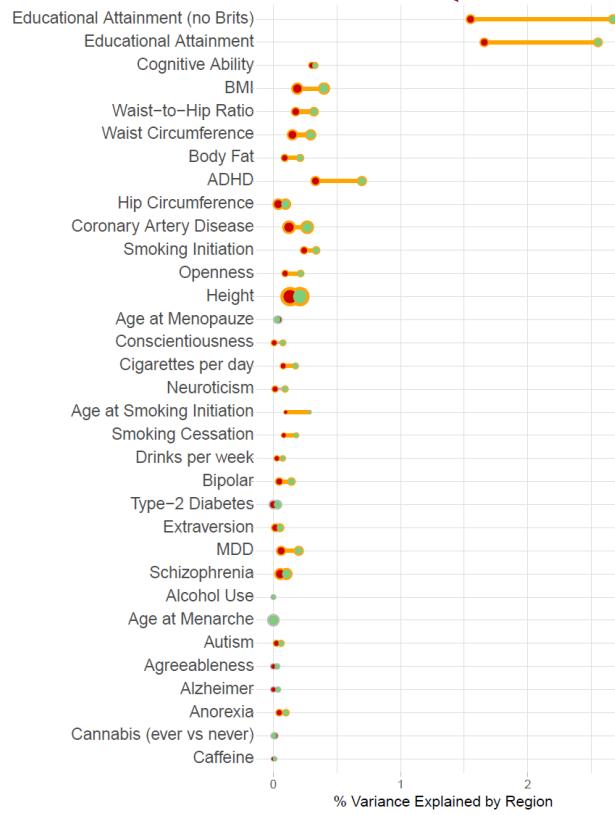
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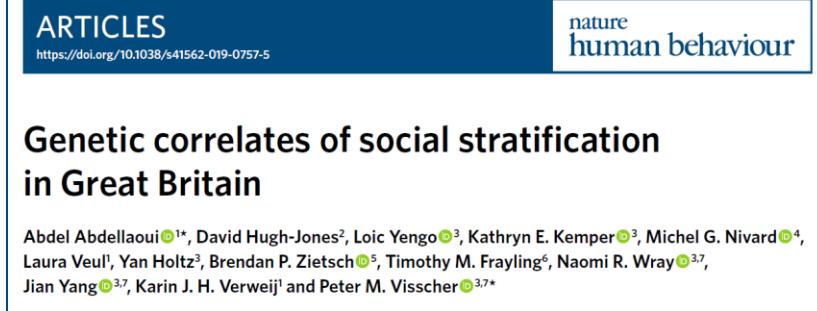
Migration & SES

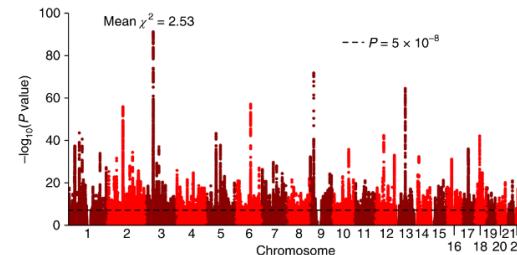


← Polygenic Scores

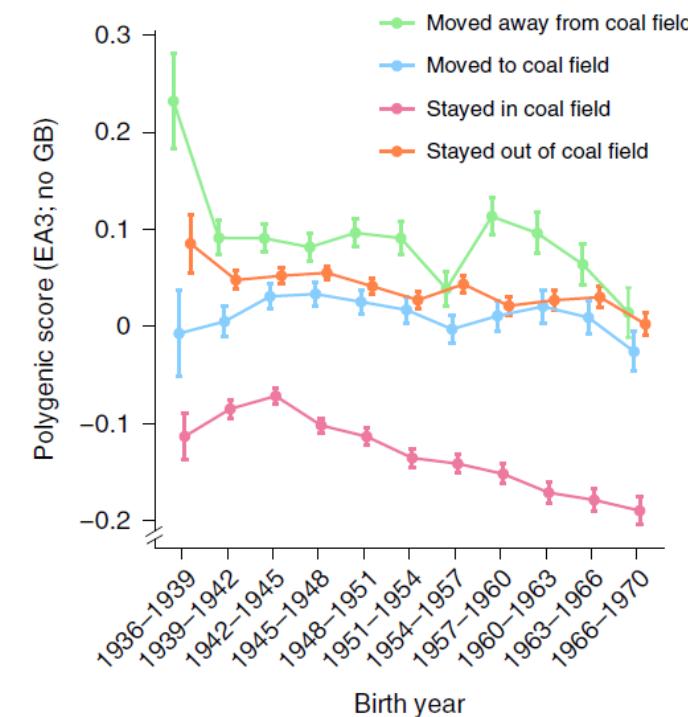
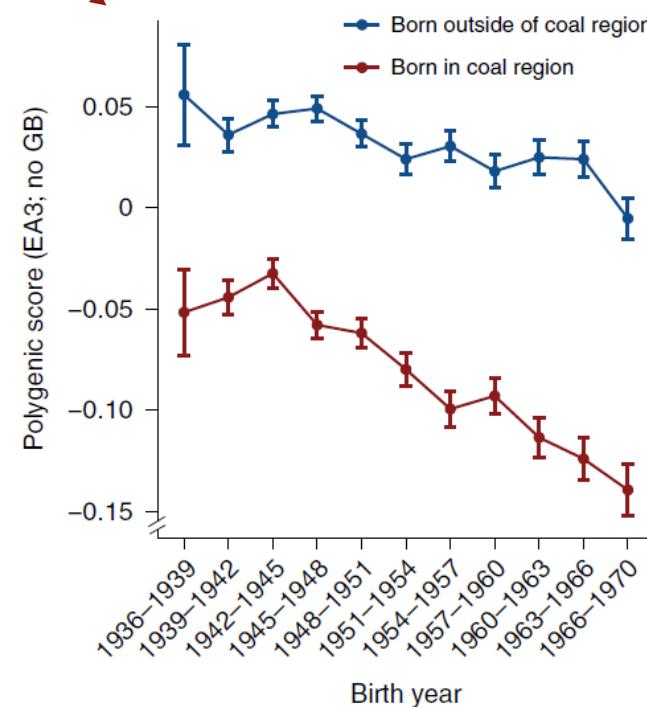
→ PCs

- Birthplace
- Current Address
- Not significant (FDR)
- Significant (FDR)





Migration & SES



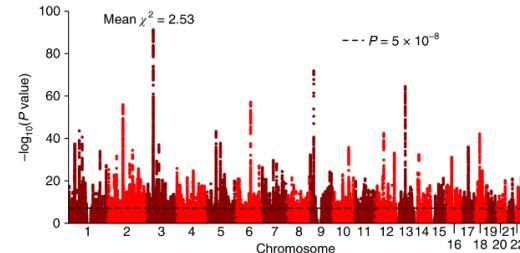
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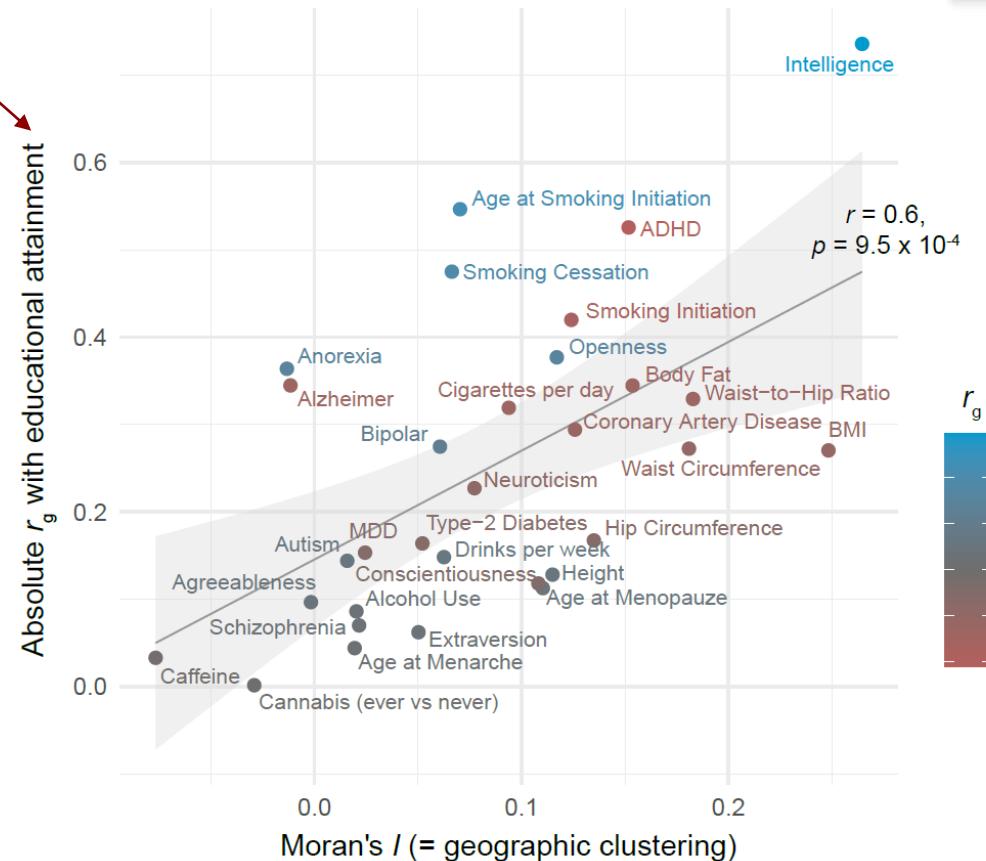
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Sharing more genetic effects with EA = stronger geographic clustering



ARTICLES

<https://doi.org/10.1038/s41562-019-0757-5>

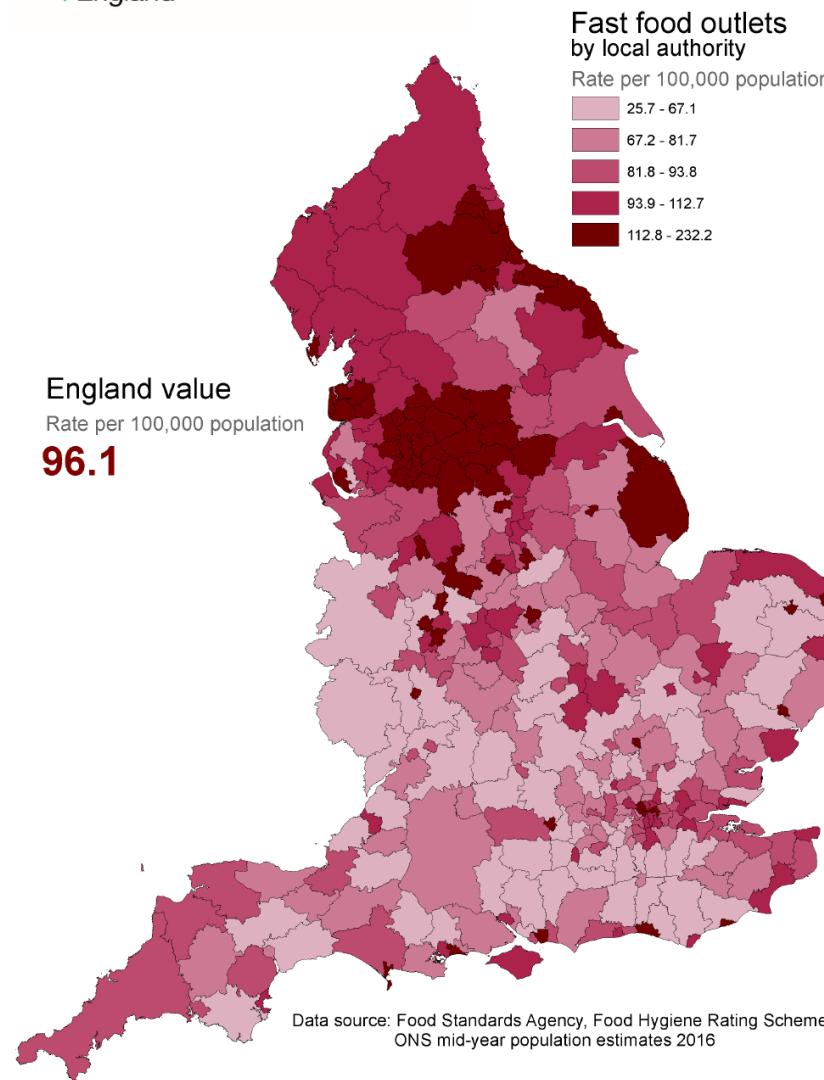
nature
human behaviour

Genetic correlates of social stratification in Great Britain

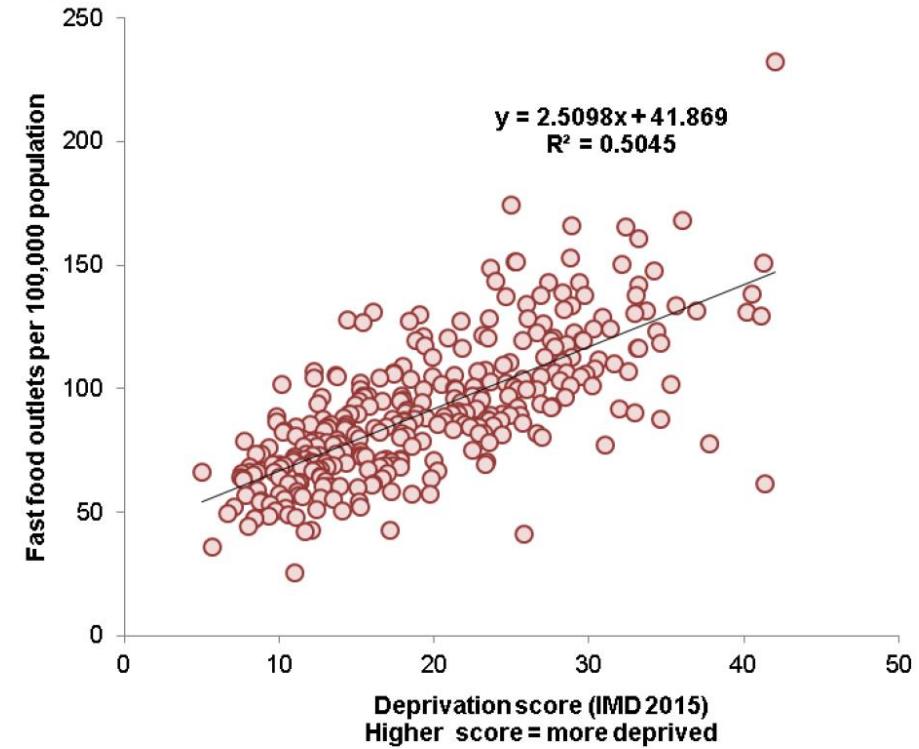
Abdel Abdellaoui¹*, David Hugh-Jones², Loic Yengo³, Kathryn E. Kemper³, Michel G. Nivard³, Laura Veul¹, Yan Holtz³, Brendan P. Zietsch⁵, Timothy M. Frayling⁶, Naomi R. Wray^{3,7}, Jian Yang^{3,7}, Karin J. H. Verweij¹ and Peter M. Visscher^{1,3,7*}

Obesity and the environment

Density of fast food outlets at 31/12/2017



Relationship between density of fast food outlets and deprivation by local authority*





OPEN

Gene-environment correlations across geographic regions affect genome-wide association studies

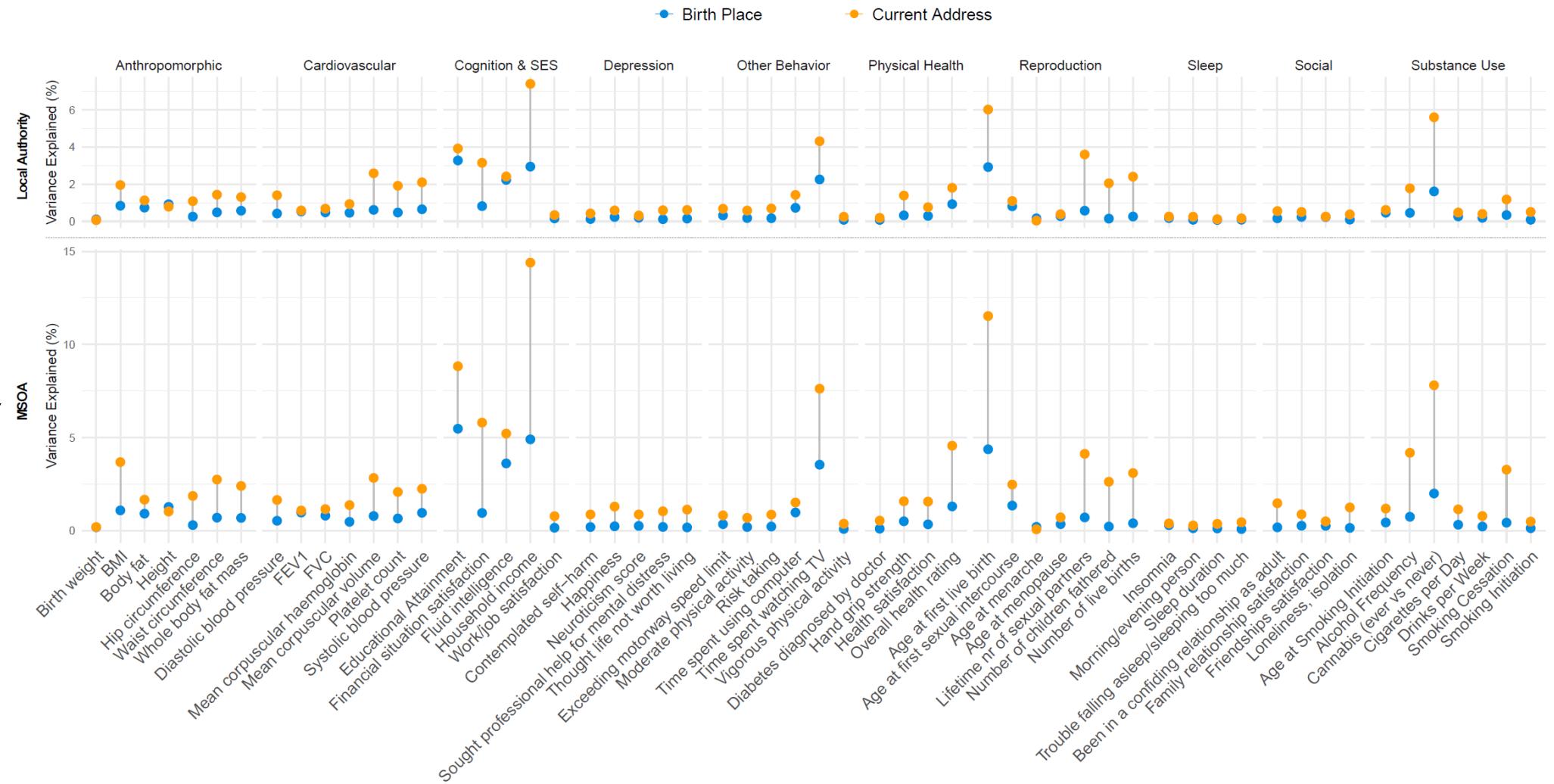
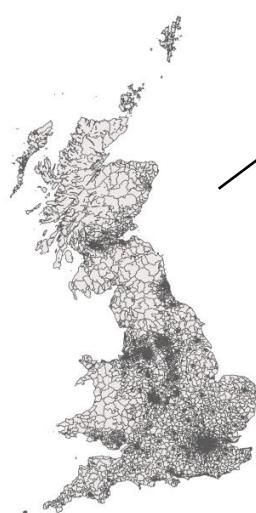
Abdel Abdellaoui¹✉, Conor V. Dolan², Karin J. H. Verweij¹ and Michel G. Nivard¹²

The paper consists of two parts:

- **Part 1:** detecting gene-environment correlations using polygenic scores in up to 43,516 siblings
- **Part 2:** controlling for gene-environment correlations in GWASs in up to 254,387 participants

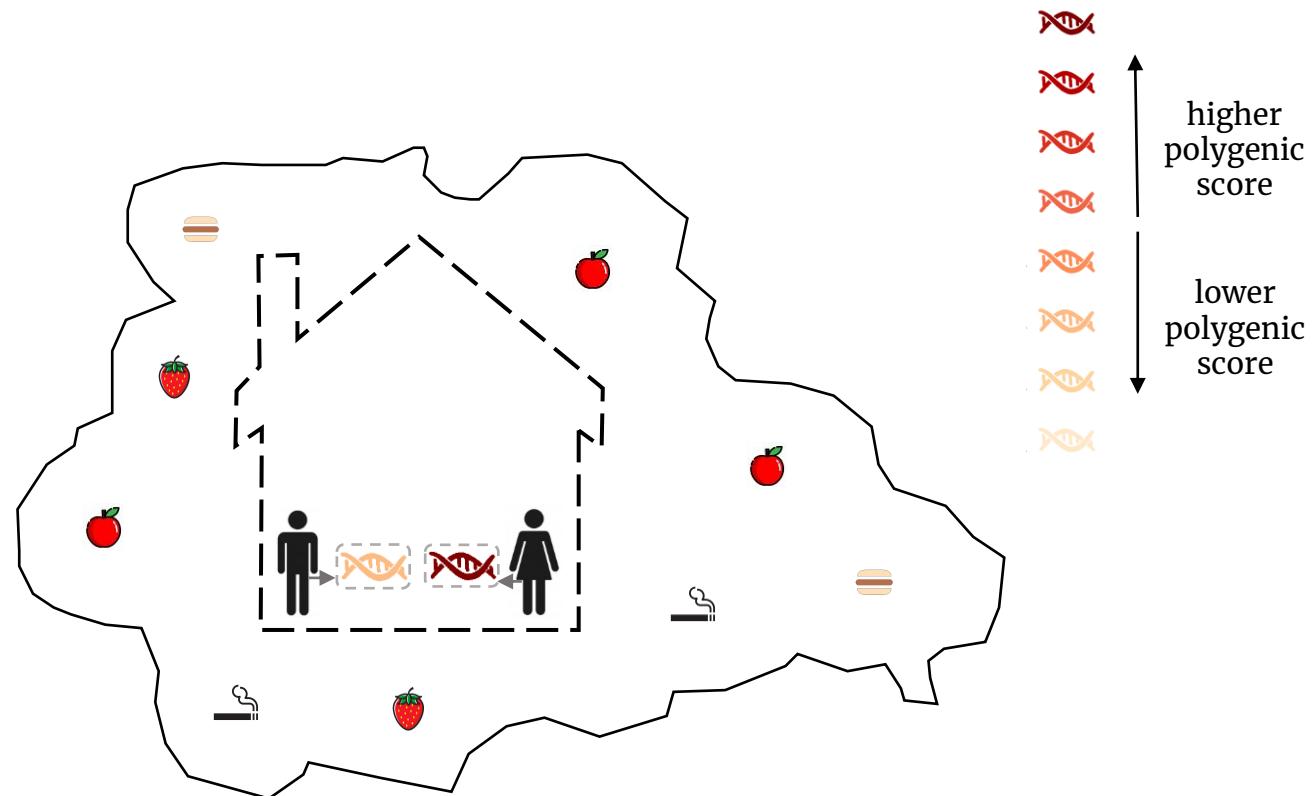


Variance explained by region:

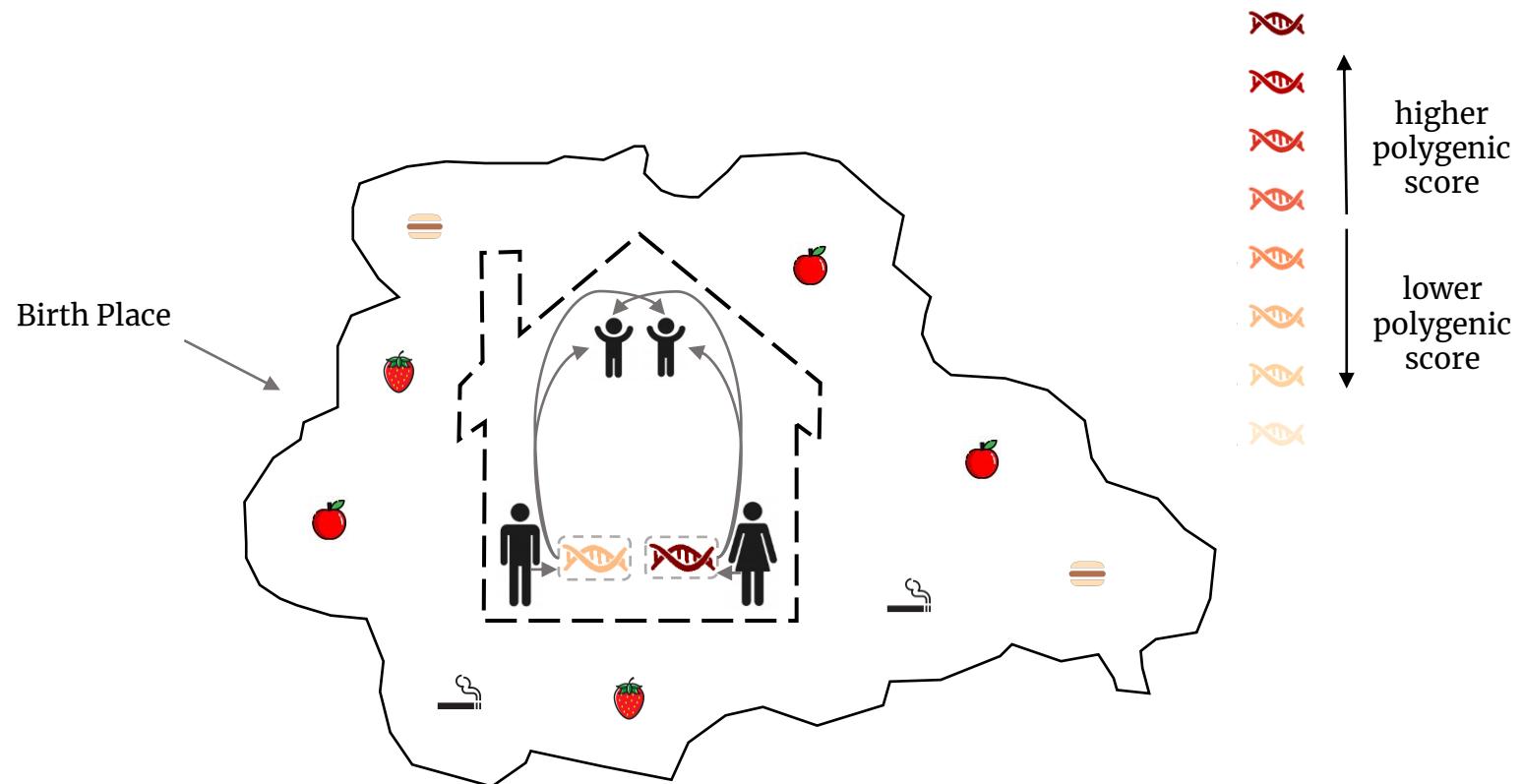


Polygenic Scores in Siblings

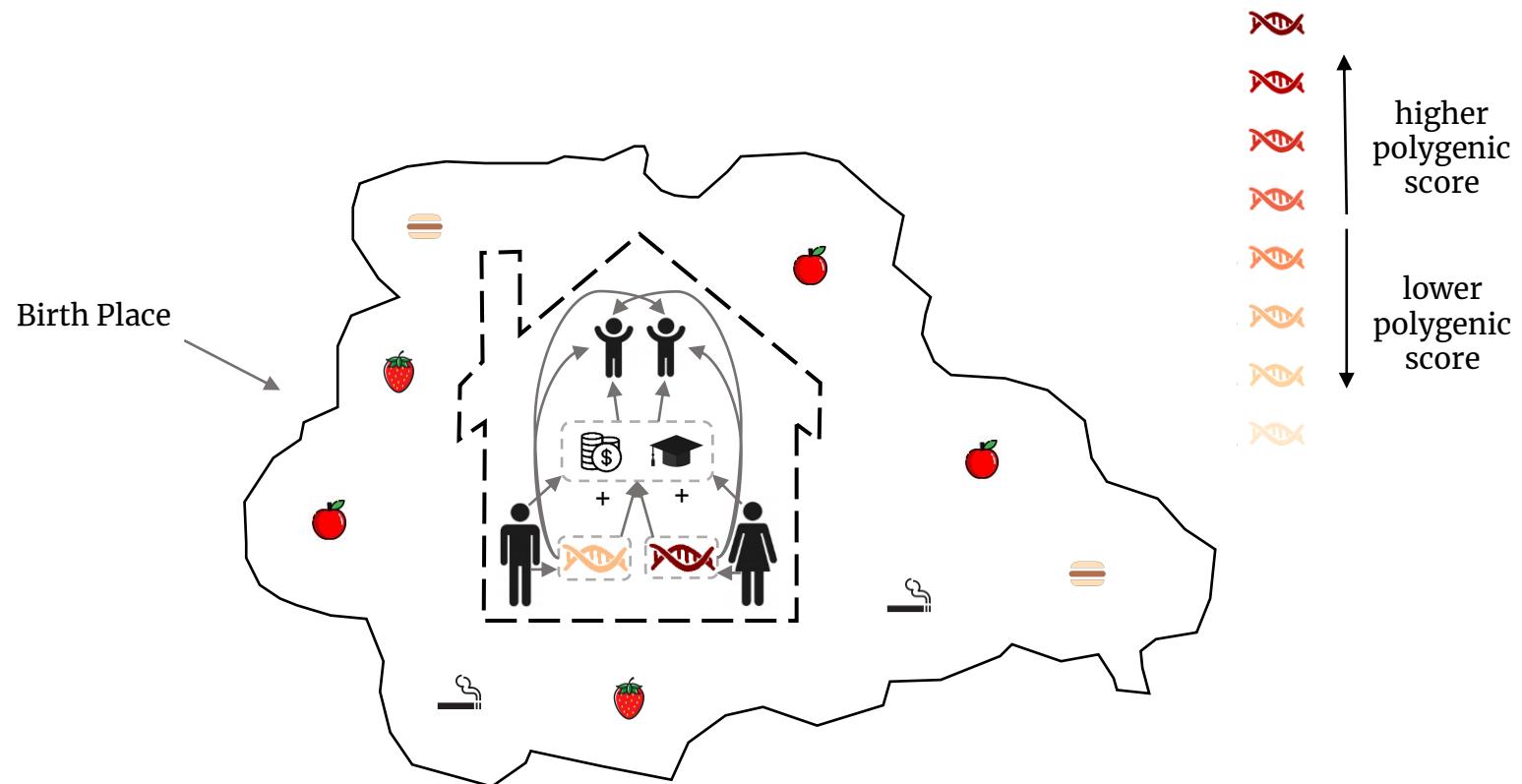
🍓🍎 = healthy environmental influences
🚬🍔 = unhealthy environmental influences



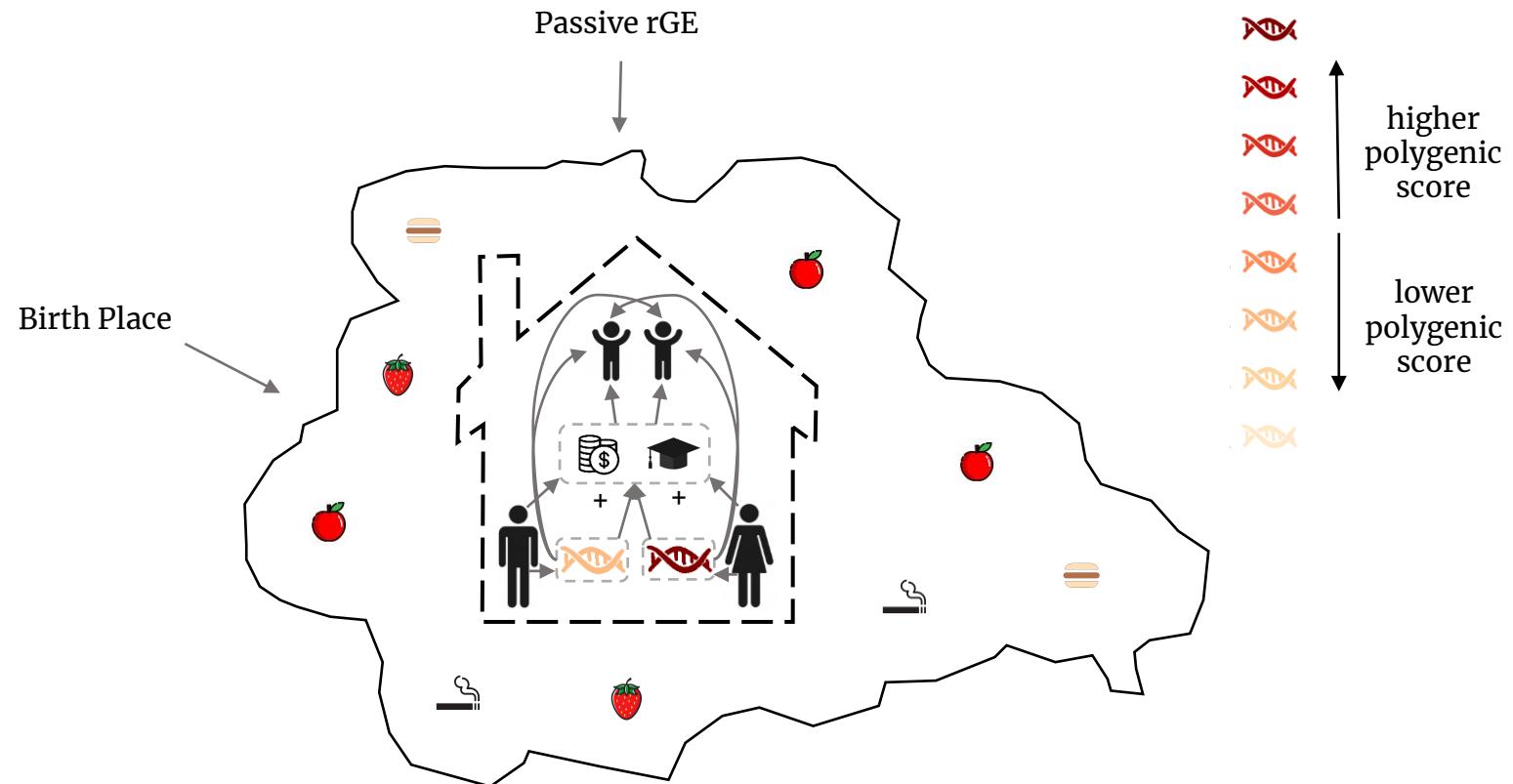
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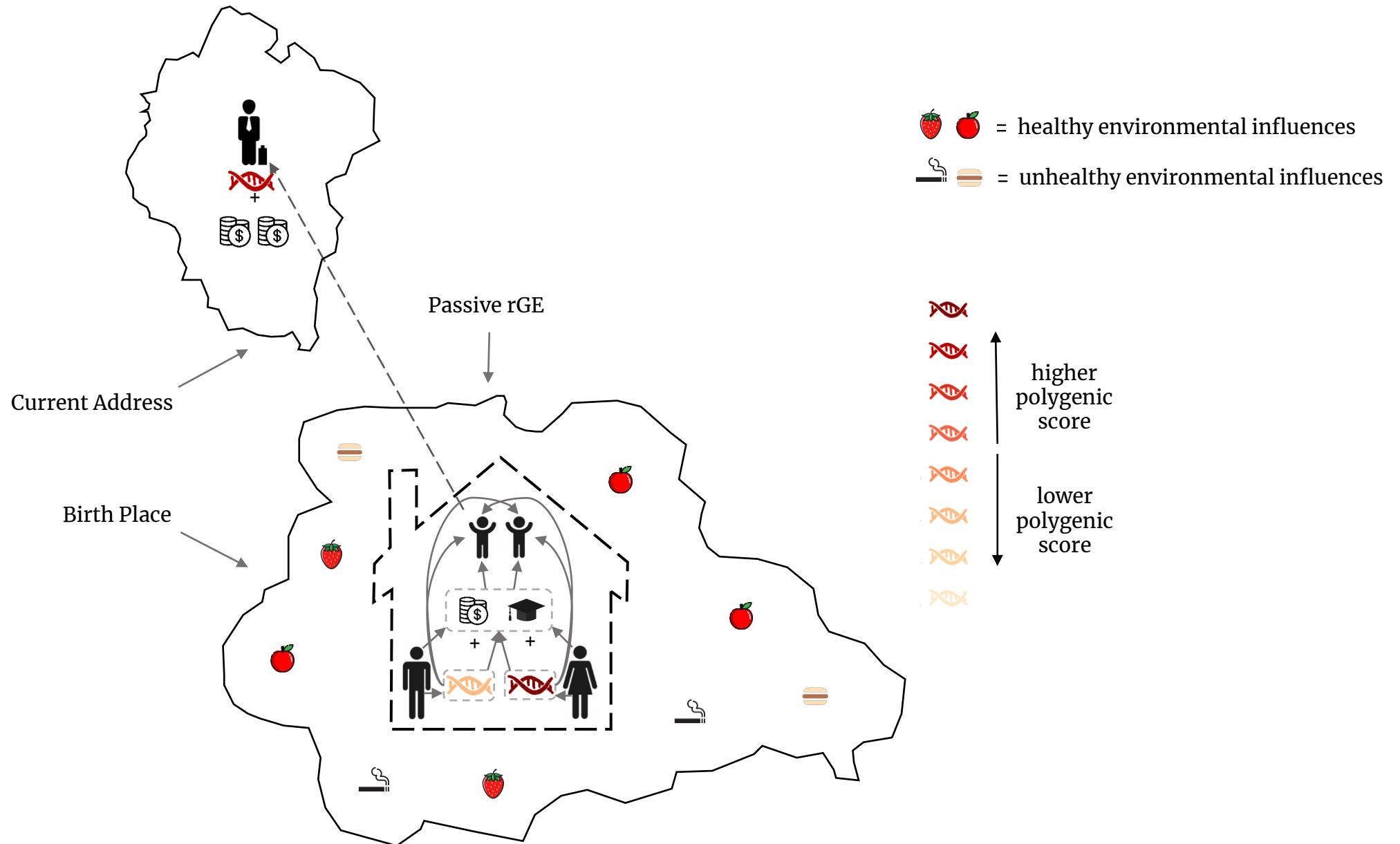


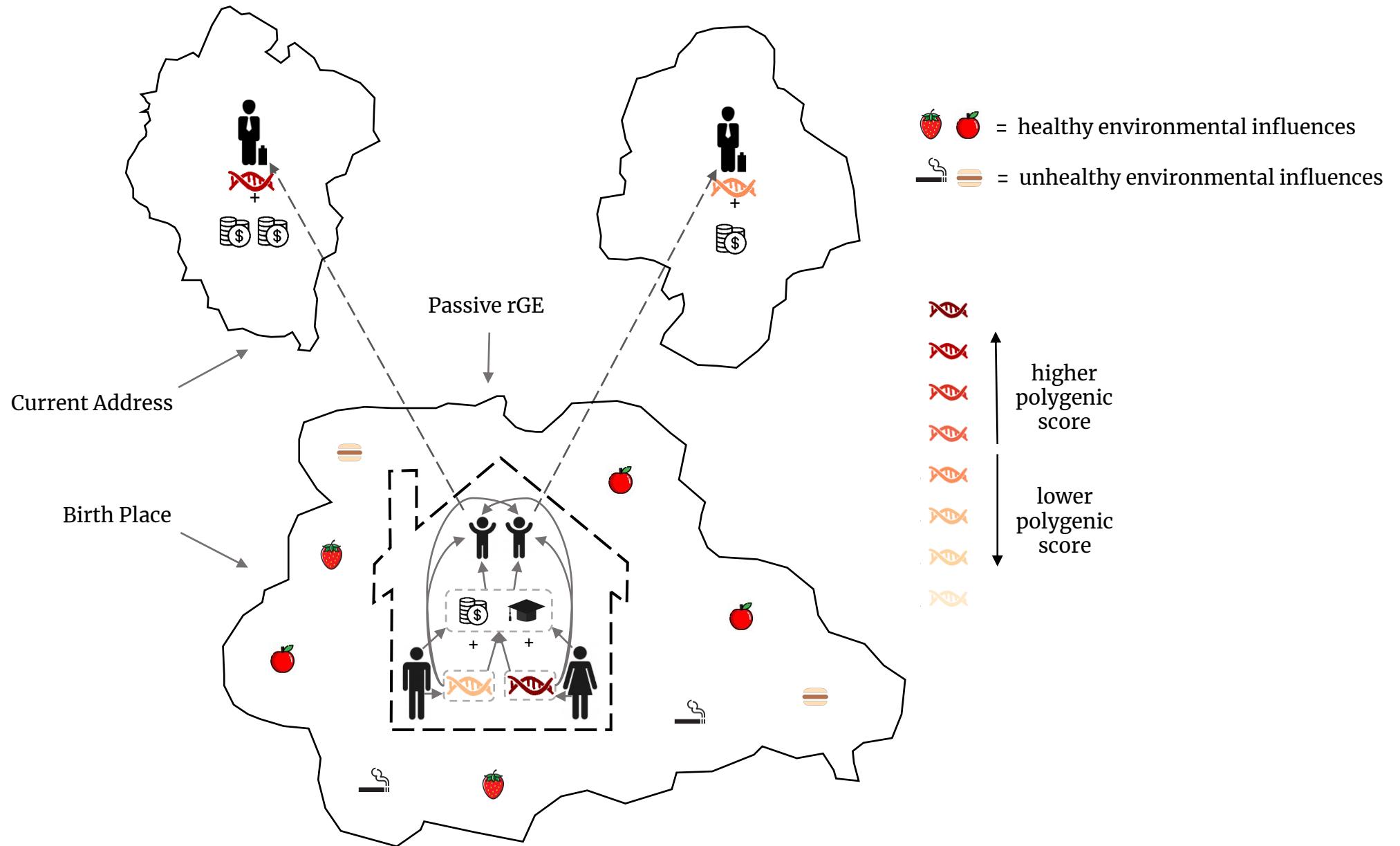
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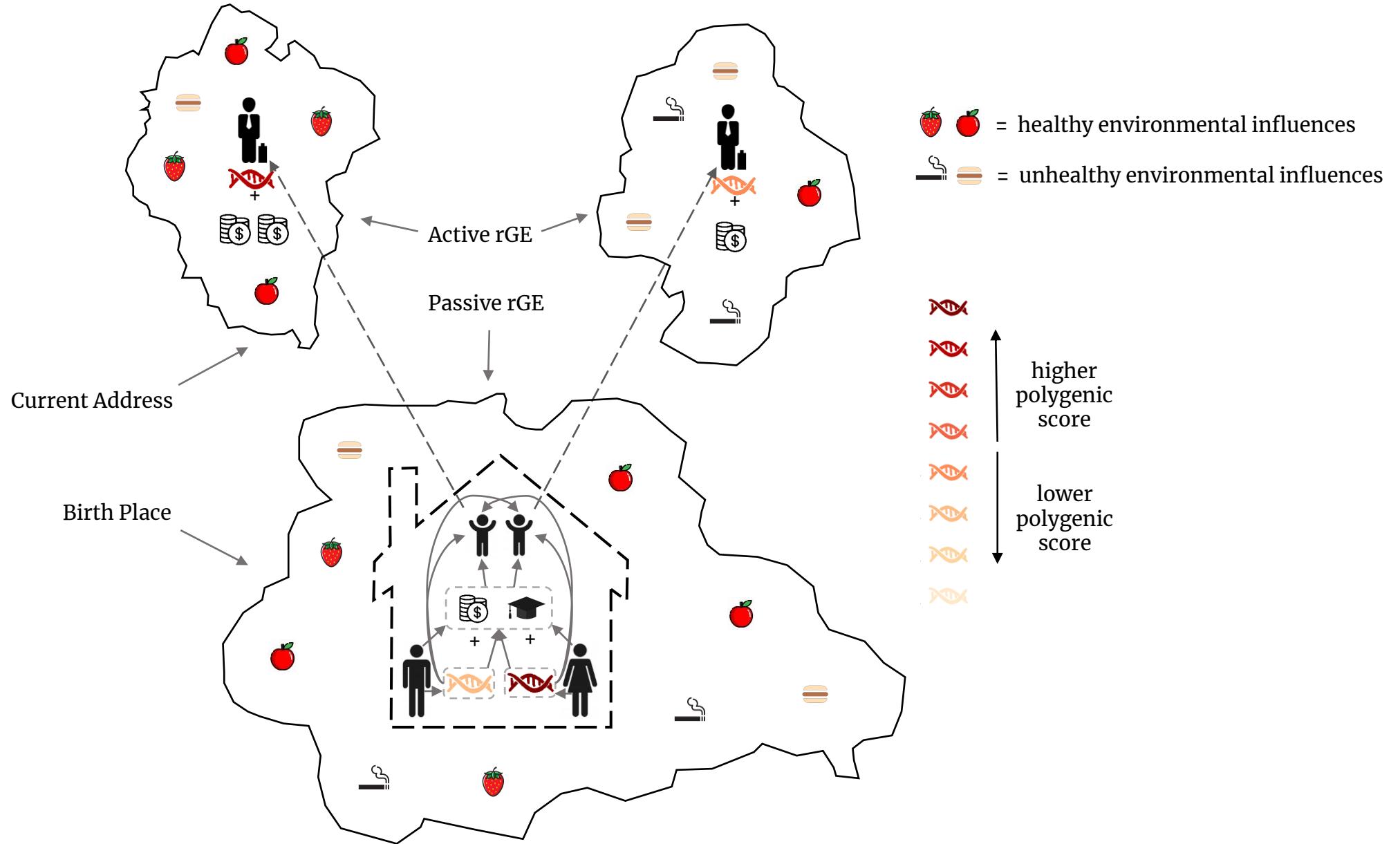


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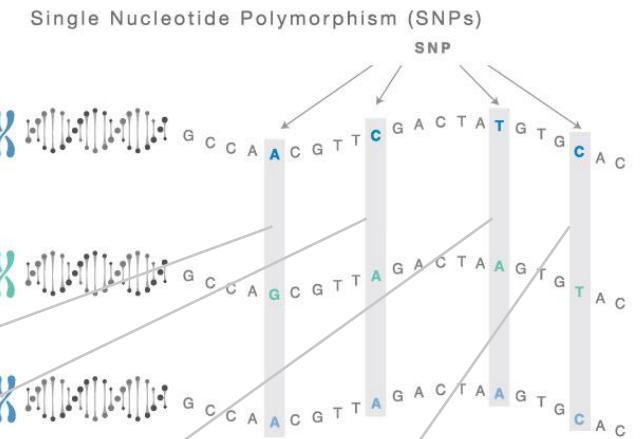
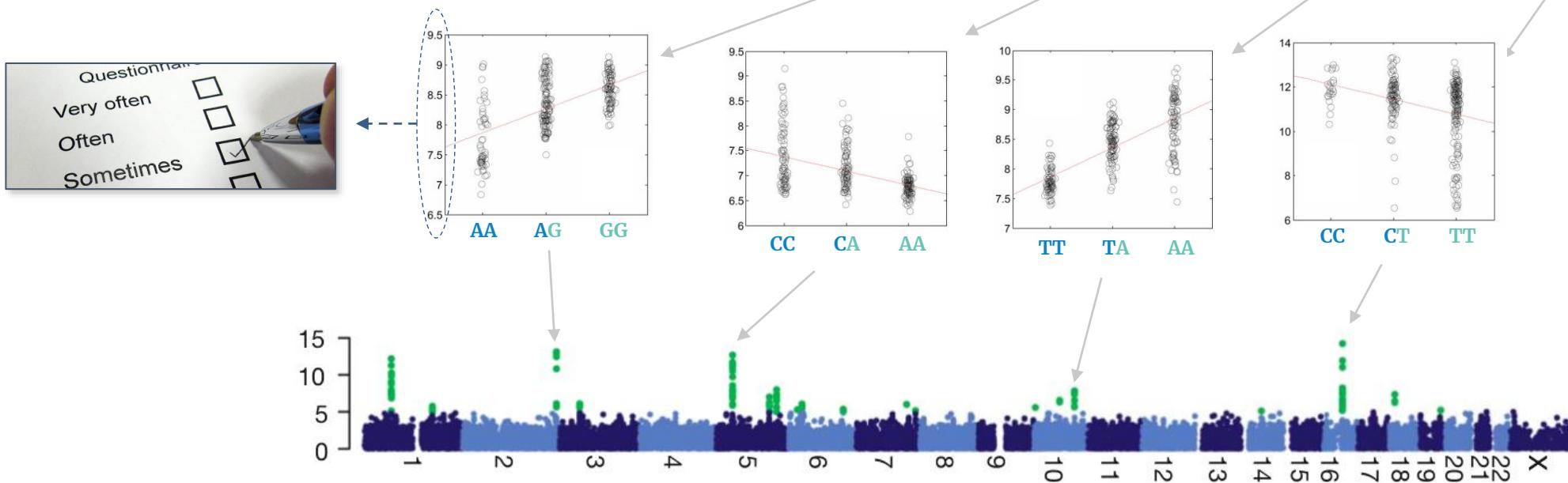




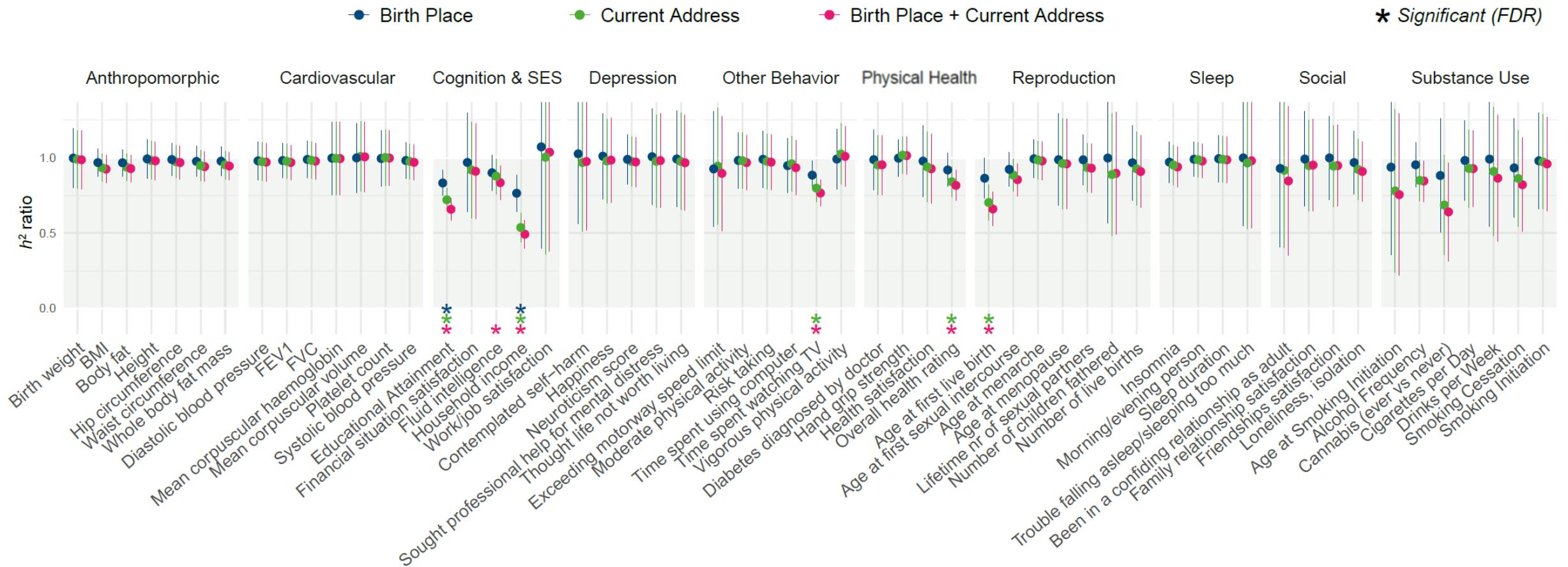
GWASs Controlled for Geography

Genome-Wide Association Study (GWAS)

- We conducted GWASs on 56 complex traits, with and without controlling for geography.



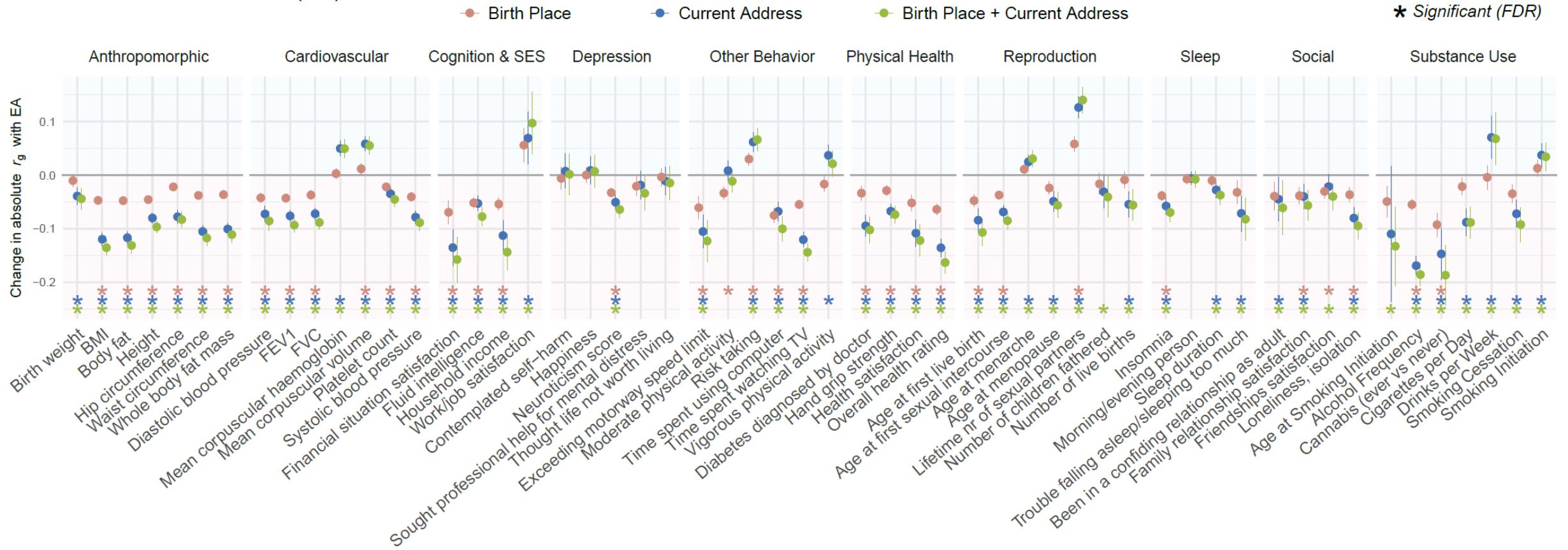
Changes in SNP-based heritability



Changes in genetic correlation with SES - Educational Attainment



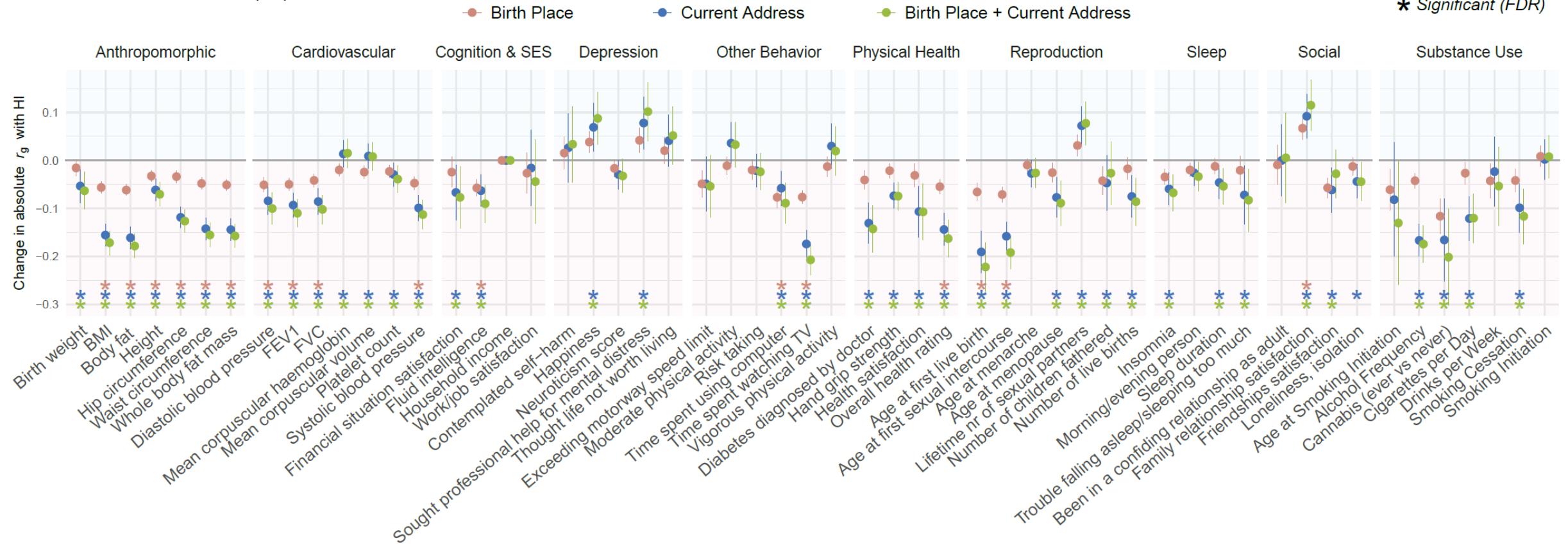
Educational Attainment (EA)



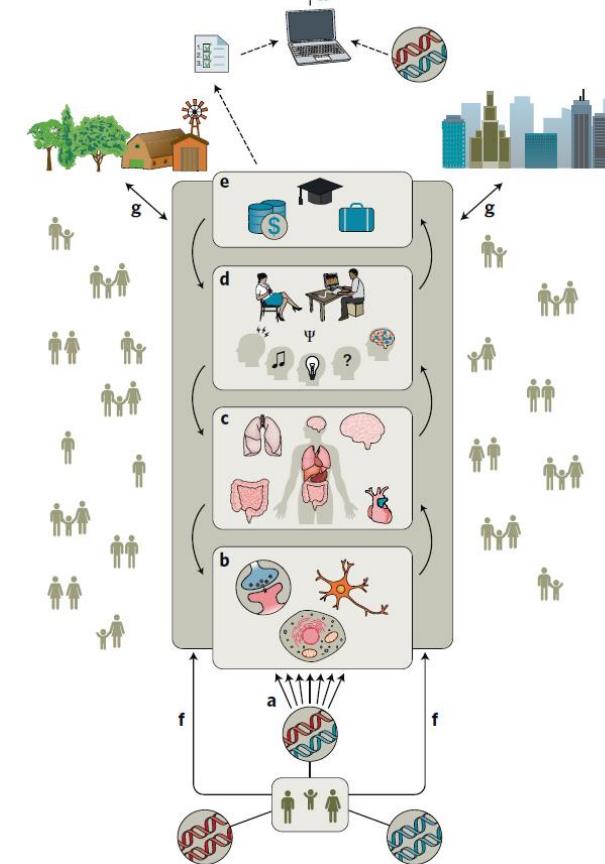
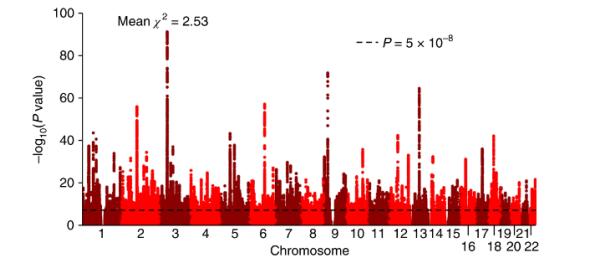
Changes in genetic correlation with SES - Household Income



Household Income (HI)

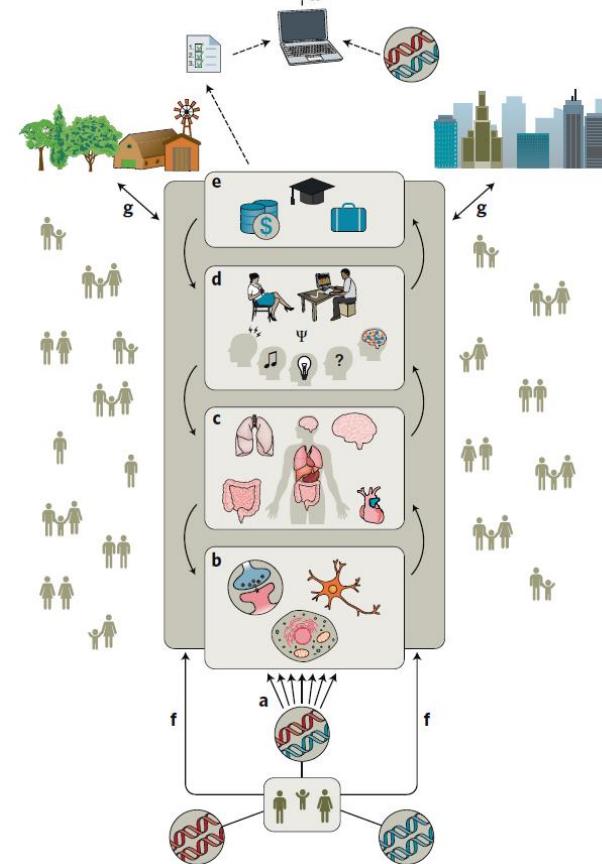
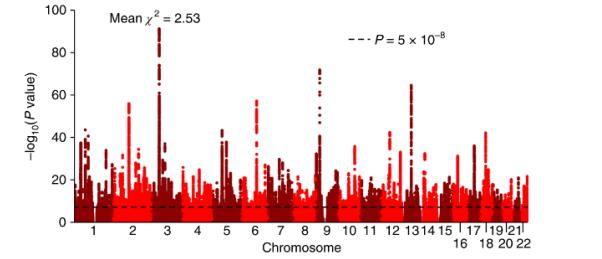


Society makes genetic effects stronger.



Society makes genetic effects stronger.

We reward certain genetic propensities with a better environment, and “punish” the lack of those propensities with a worse environment.

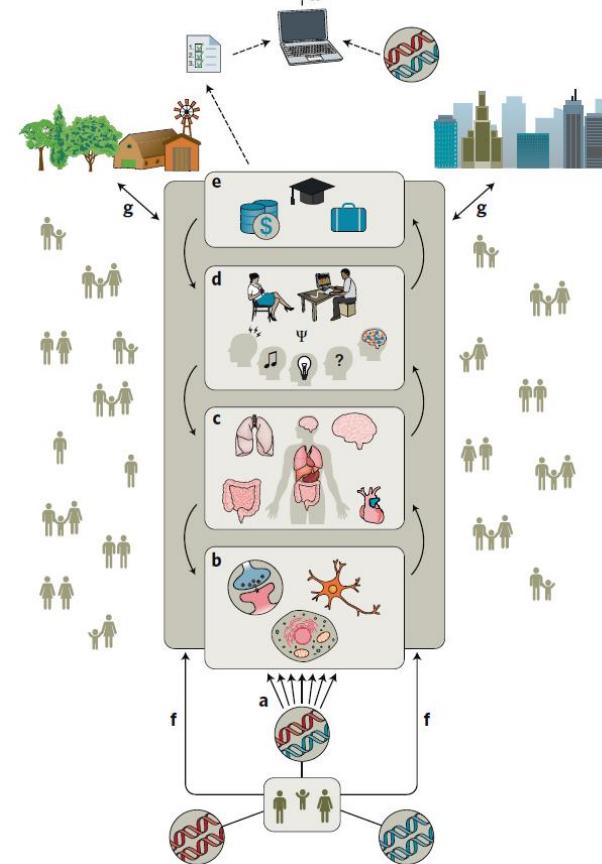
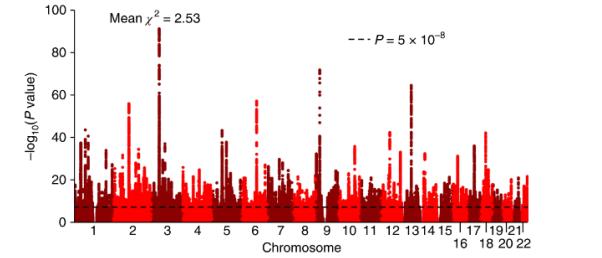


Society makes genetic effects stronger.

We reward certain genetic propensities with a better environment, and “punish” the lack of those propensities with a worse environment.

This makes society more unequal.

This makes studying genetics more difficult.



Thank you!