

Introduction to the Basics and History of Genetics

Abdel Abdellaoui



dr_appie



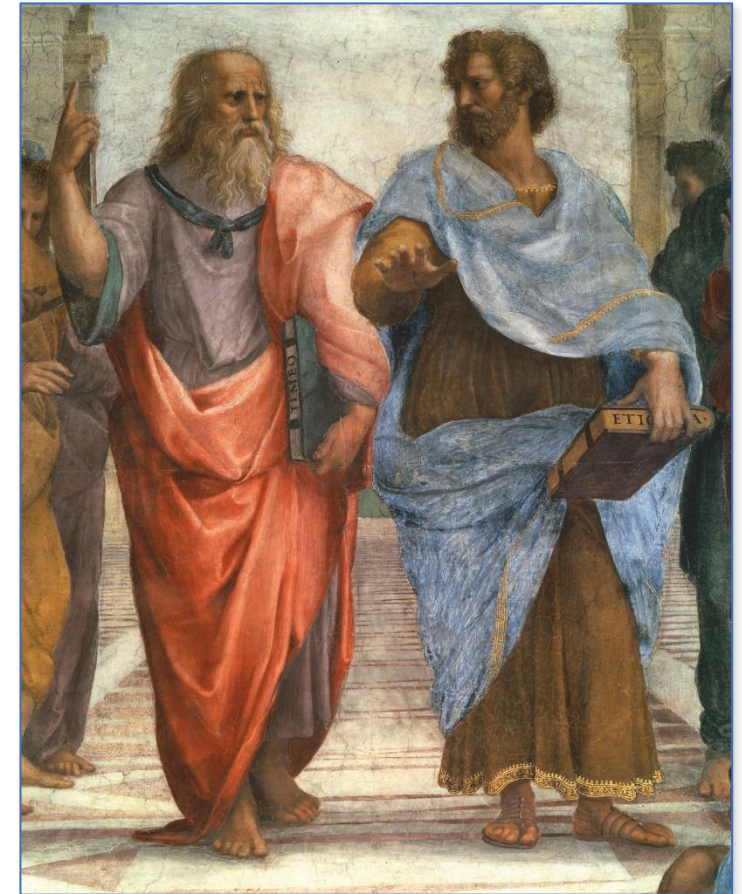
a.abdellaoui@amsterdamumc.nl

Where do similarities and differences between living organisms come from?



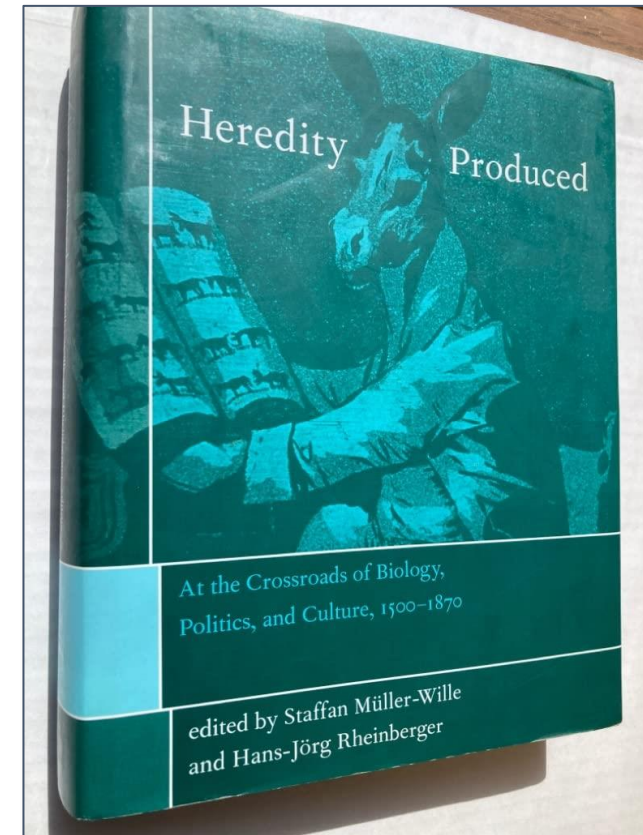
Pythagoras: father supplies essential characteristics (“**form**”), mother supplies material building blocks

Aristotle: children are made from purified blood (semen) and menstrual blood



Heredity

The development of the concept of biological **heredity** in the 16th century was based on legal concepts of inheritance of **property** and **wealth**.



- Scientists show in animals that “like breeds like” & that all female organisms produce eggs
- Two Dutch scientists see sperm cells and claim there were little human beings inside of sperm cells.

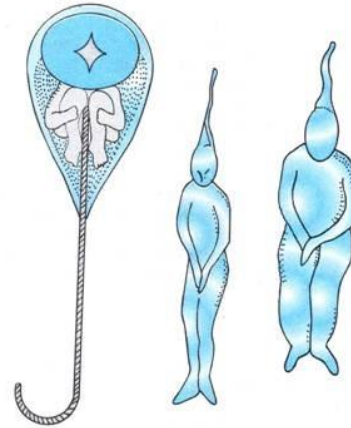
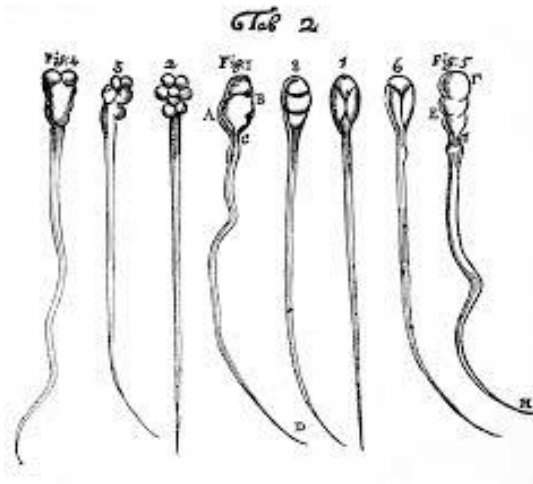
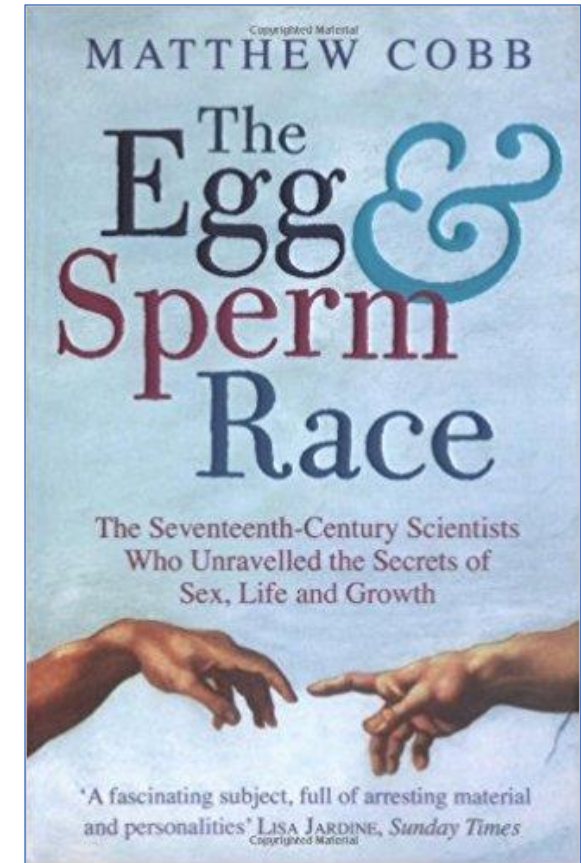
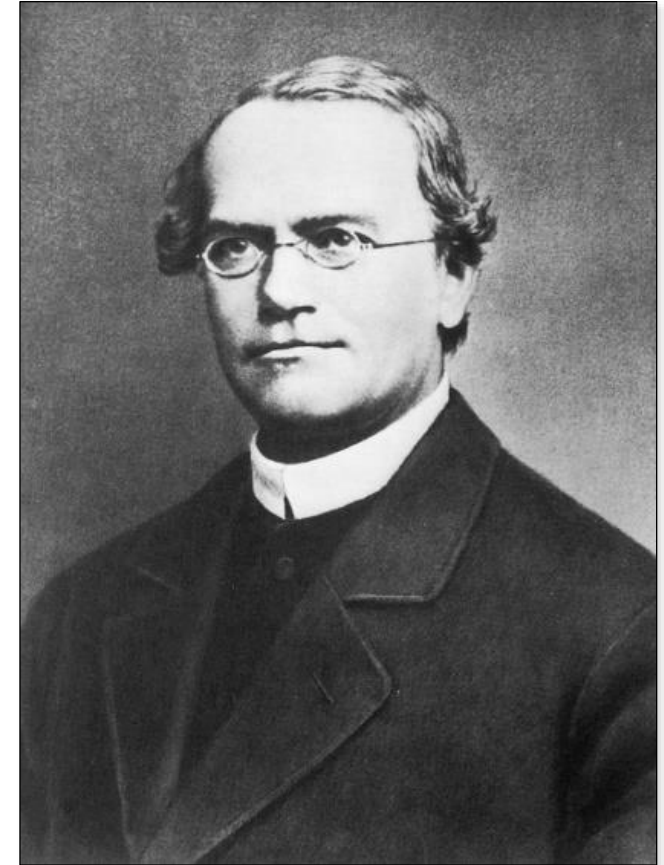
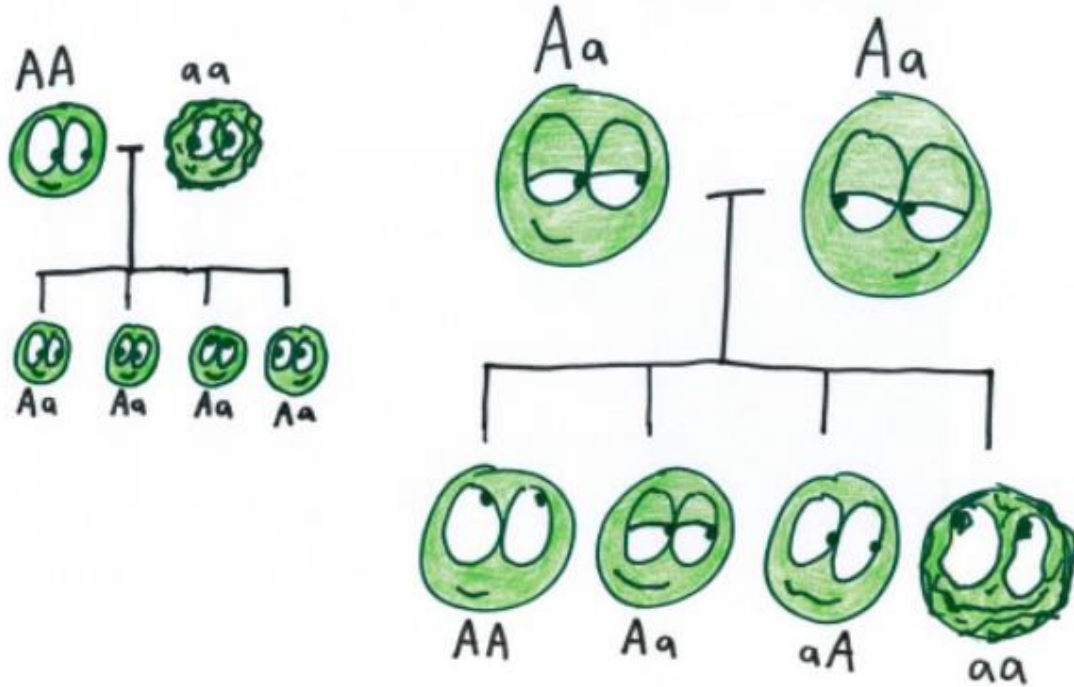


Fig. 5.2. 'Homunculus' "little man in a sperm cell"
(From journal des Scavans, Feb. 7, 1695).

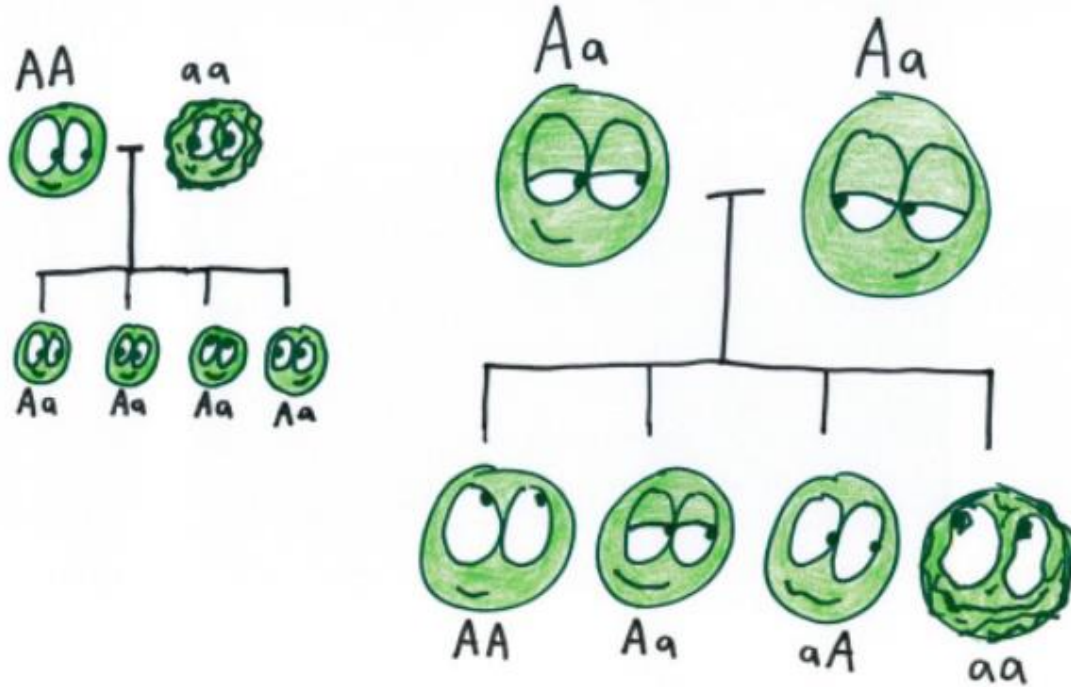


Laws of Mendel



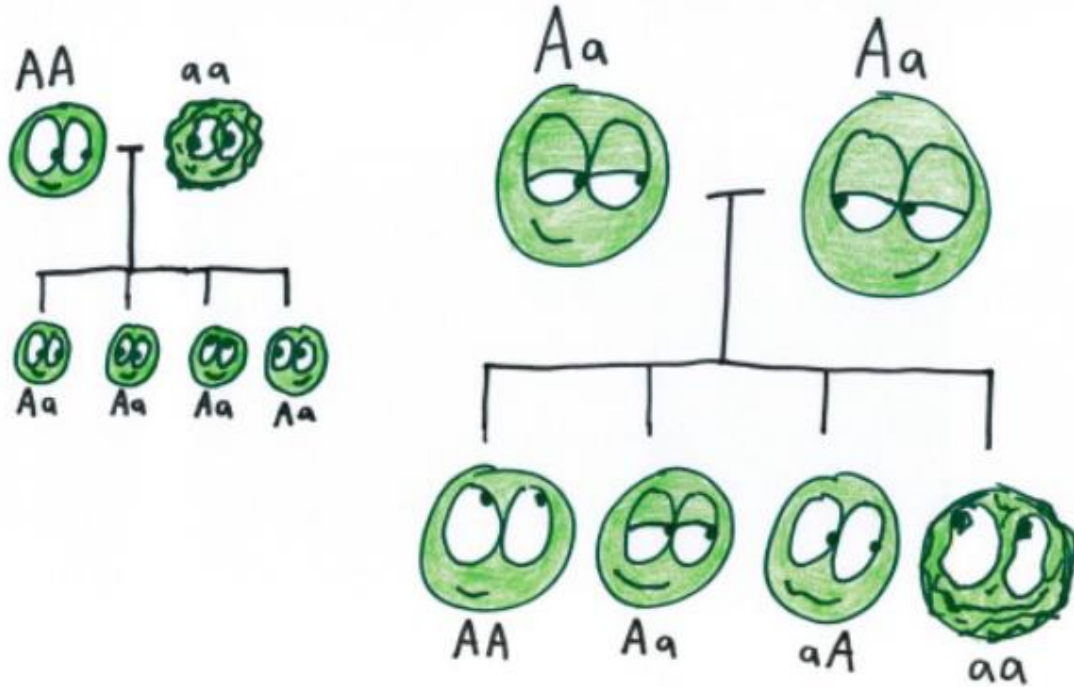
Laws of Mendel

- Law of segregation:
 - One out of two alleles is passed down by each parent

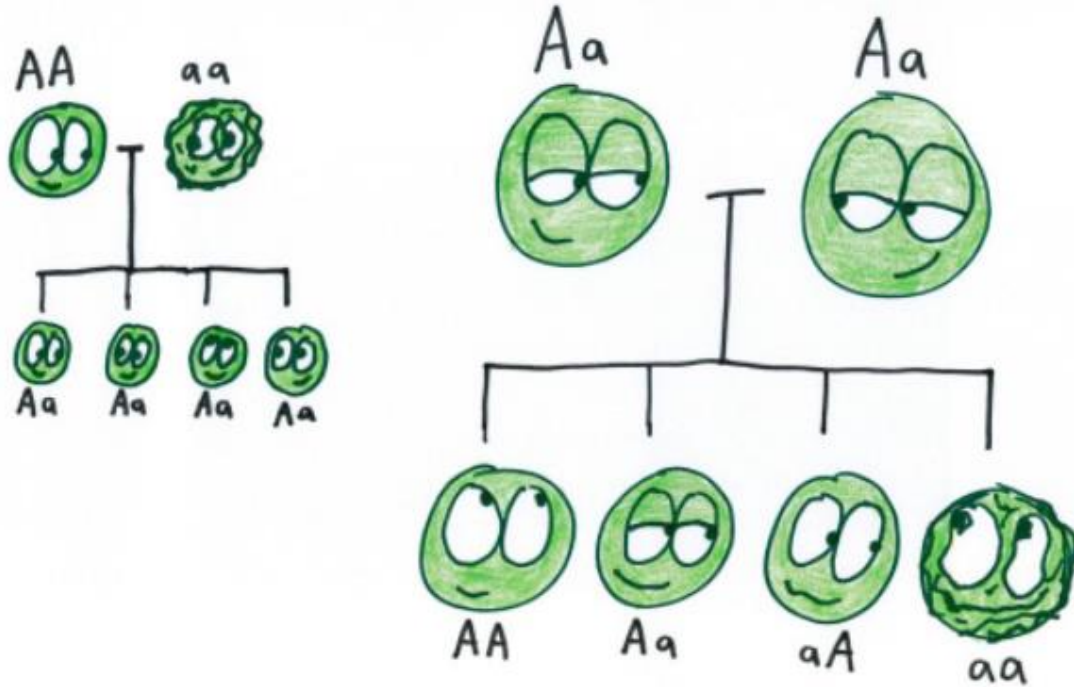


Laws of Mendel

- Law of segregation:
 - One out of two alleles is passed down by each parent
- Law of dominance:
 - Some alleles are dominant or recessive. An organism with at least one dominant allele will display the effect of the dominant allele



Laws of Mendel



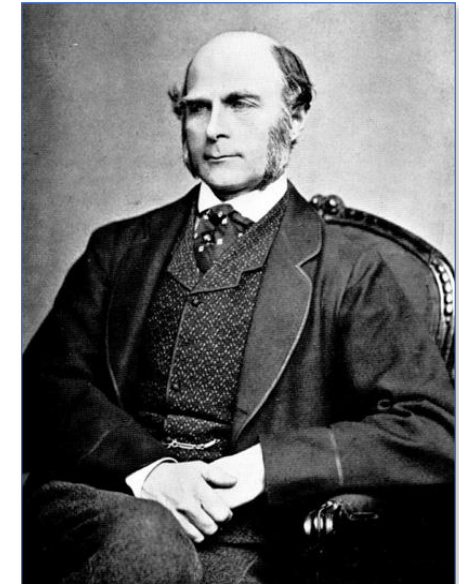
- Law of segregation:
 - One out of two alleles is passed down by each parent
- Law of dominance:
 - Some alleles are dominant or recessive. An organism with at least one dominant allele will display the effect of the dominant allele
- Law of independent assortment:
 - Genes for different traits are passed down independently from each other



Galton used twins to study the power of the environment to change twins.
He did not compare identical and fraternal twins to estimate heritability.

THE HISTORY OF TWINS, AS A CRITERION OF THE
RELATIVE POWERS OF NATURE AND NURTURE.¹

By FRANCIS GALTON, F.R.S.

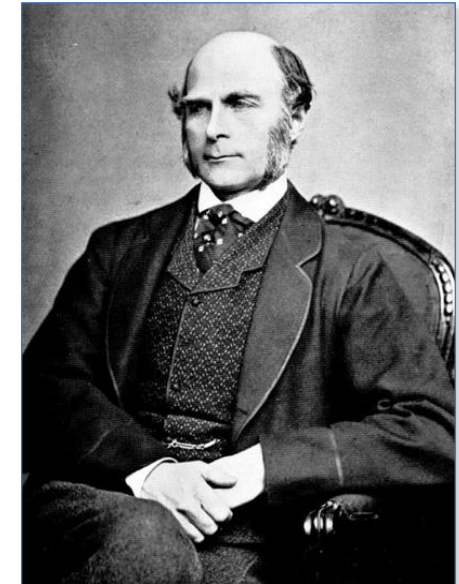


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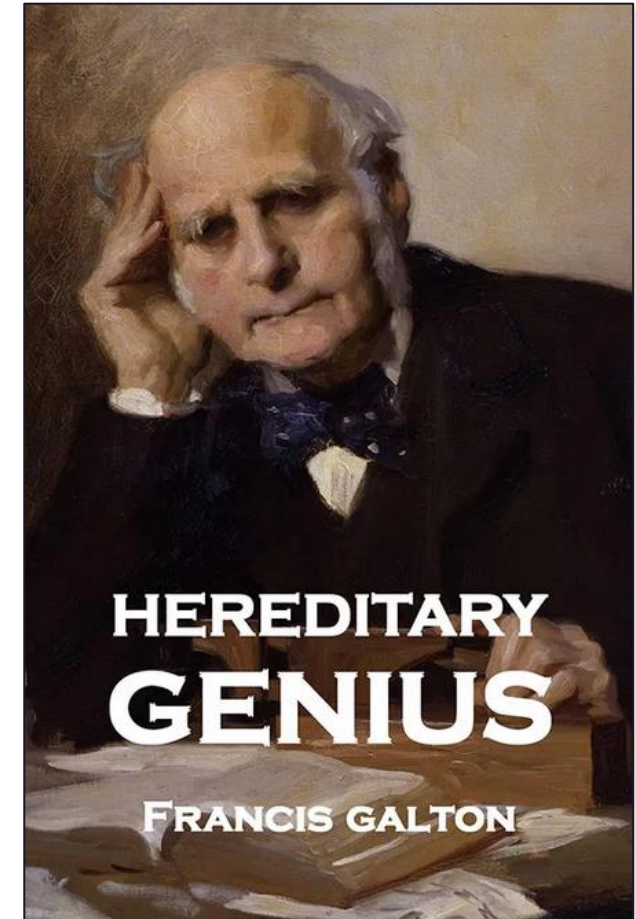
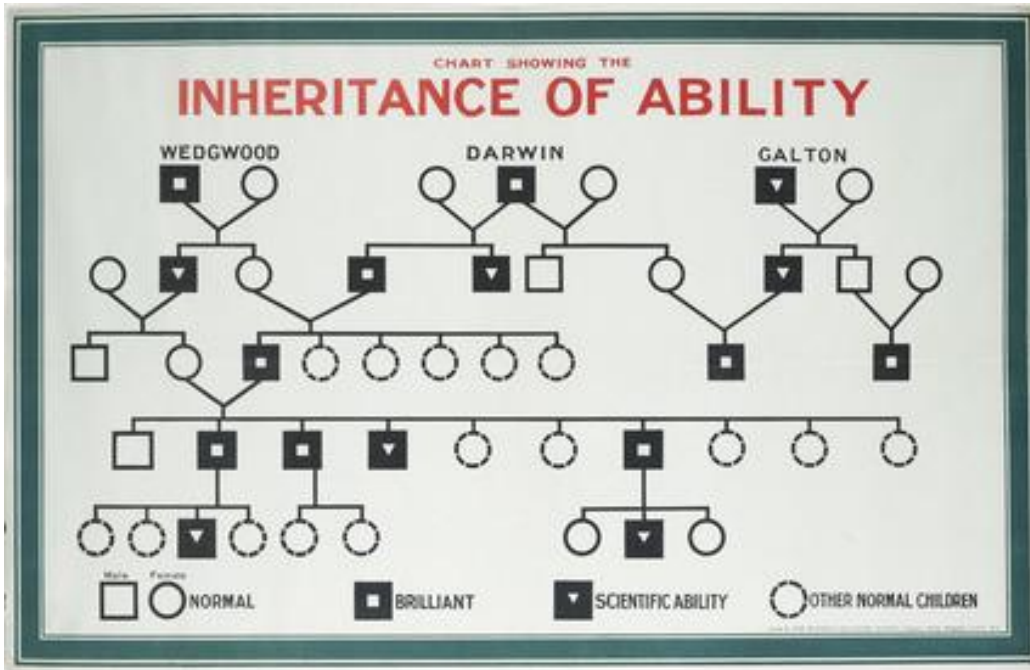
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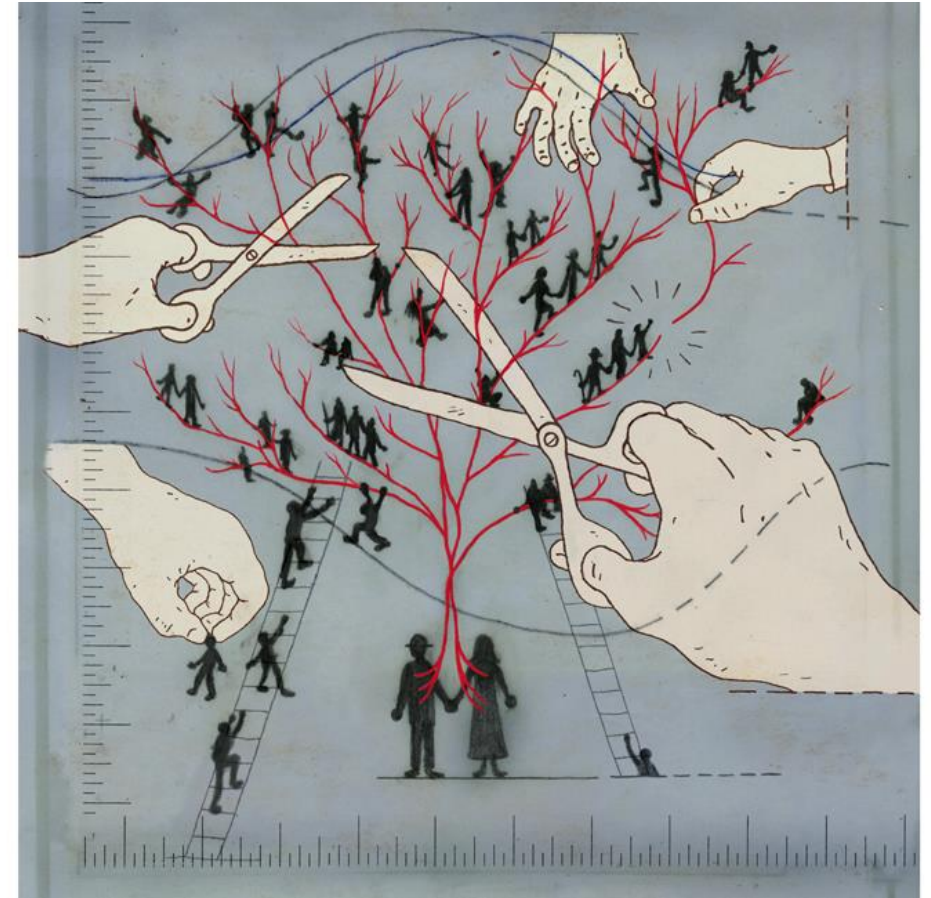
“There are twins of the same sex so alike in body and mind that not even their own mothers can distinguish them. Their features, voice, and expressions are similar; they see things in the same light, and their ideas follow the same laws of association.”



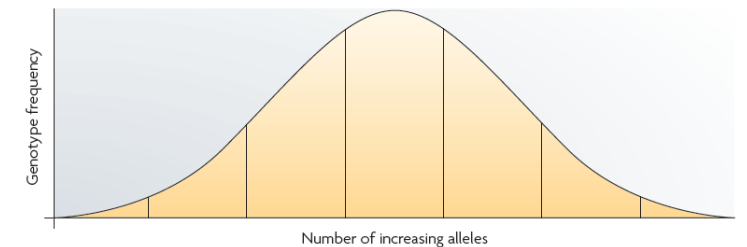
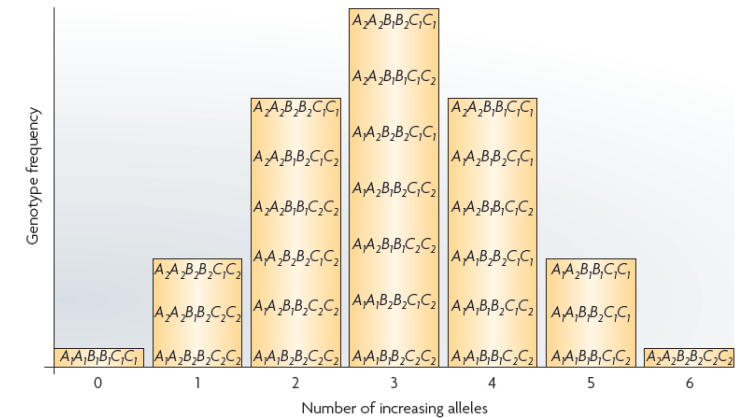
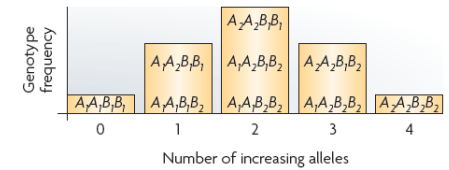
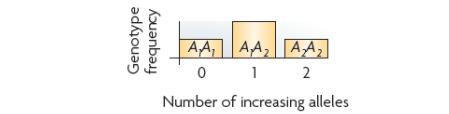
In *Hereditary Genius* (1869), Francis Galton applied statistics to show that offspring of “eminent” figures were more likely to succeed in high-profile professions.



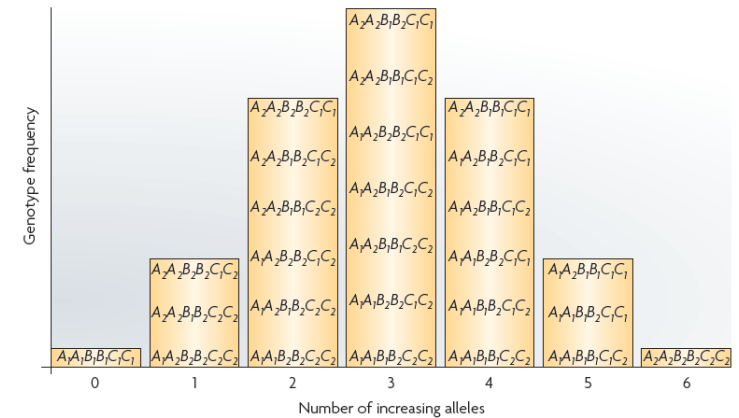
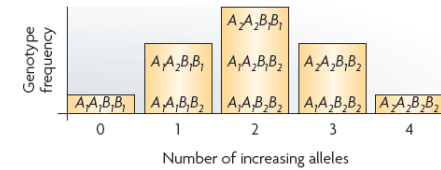
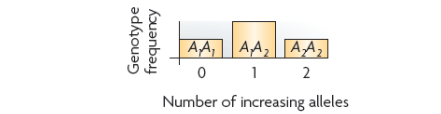
Galton also invented **Eugenics**:
Improving the “genetic quality” of the
population through selective parenthood.



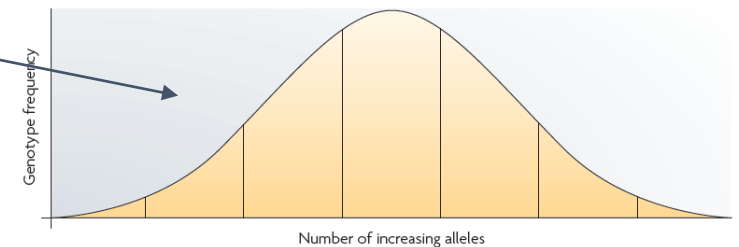
Ronald Fisher reconciles Mendel's laws & quantitative traits



Ronald Fisher reconciles Mendel's laws & quantitative traits



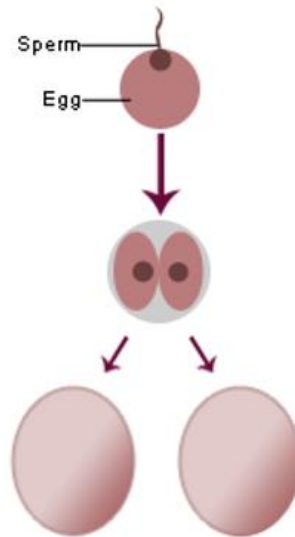
Complex trait =
many genes + environment



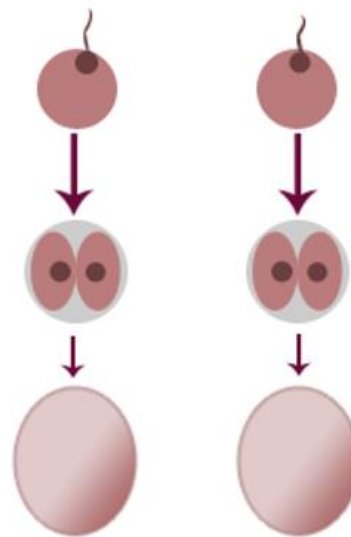
First classical twin studies (monozygotic [MZ] vs dizygotic [DZ] twins) were done in the late 1920s on intelligence.

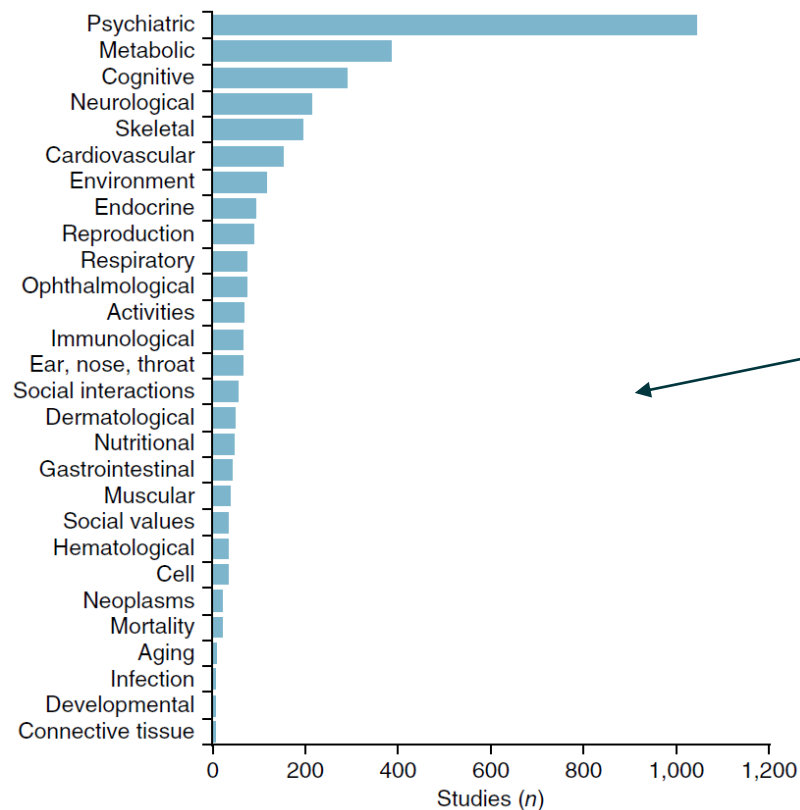


Identical (Monozygotic) Twins

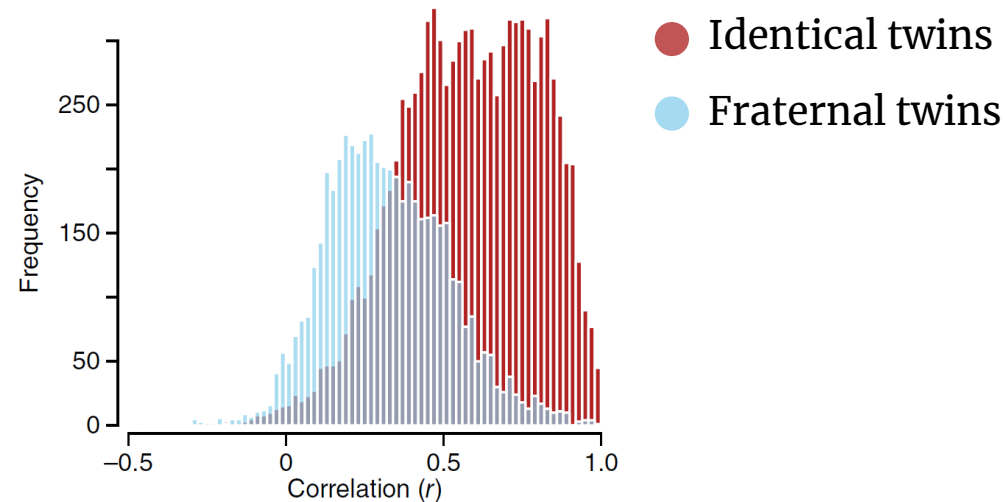


Fraternal (Dizygotic) Twins





All twin studies
between 1958
& 2012



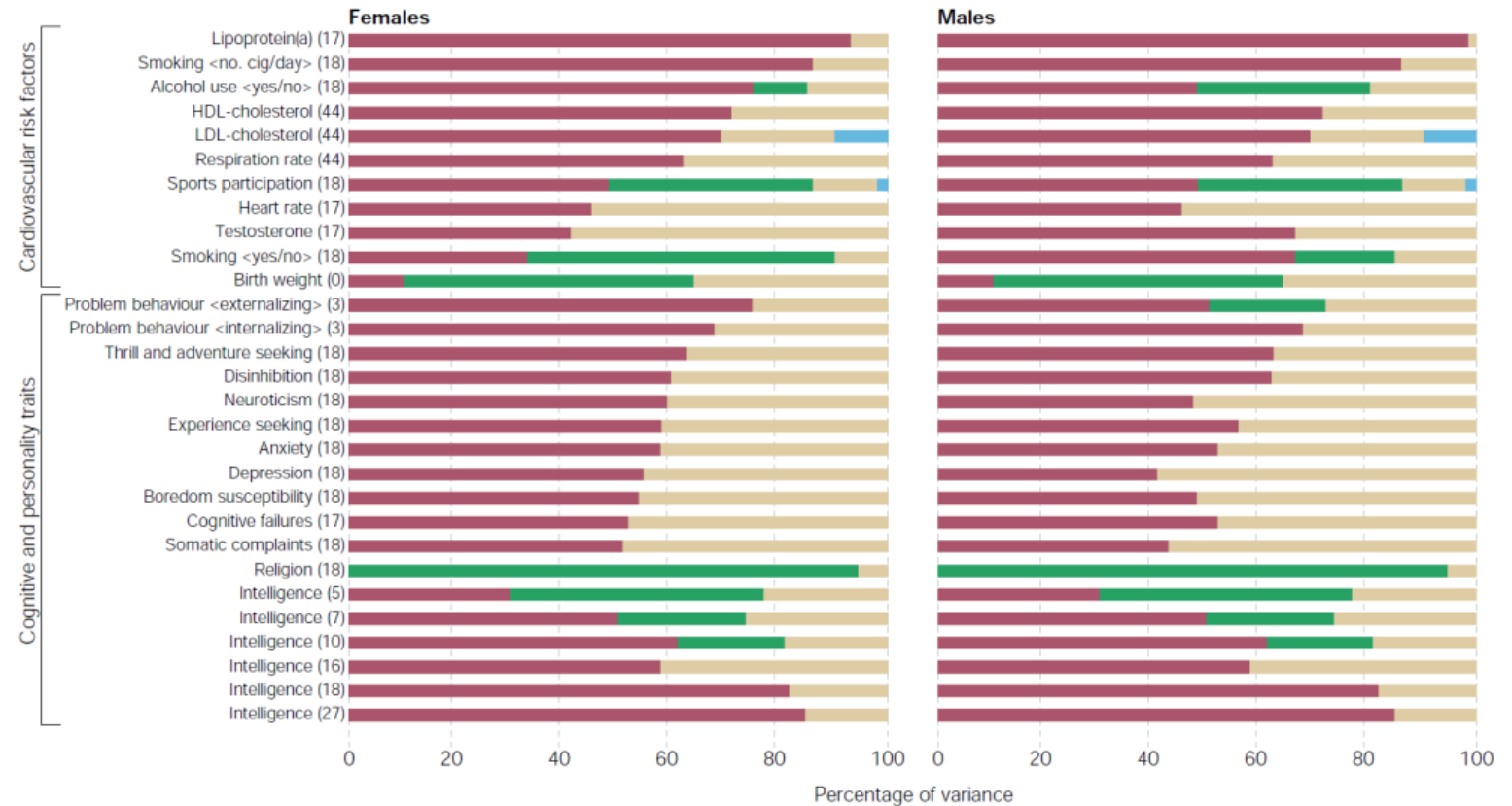
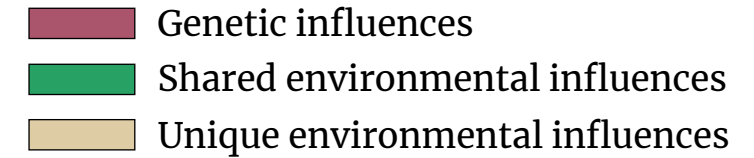
nature genetics

Meta-analysis of the heritability of human traits based on fifty years of twin studies

Tinca J C Polderman^{1,10}, Beben Benyamin^{2,10}, Christiaan A de Leeuw^{1,3}, Patrick F Sullivan⁴⁻⁶, Arjen van Bochoven⁷, Peter M Visscher^{2,8,11} & Danielle Posthuma^{1,9,11}



“First law of behavior genetics”: All human behavioral traits are heritable.



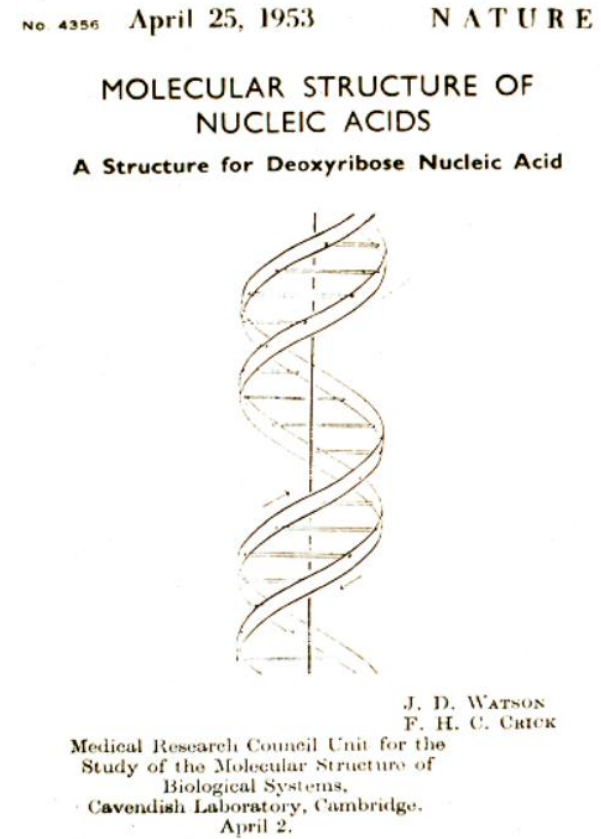
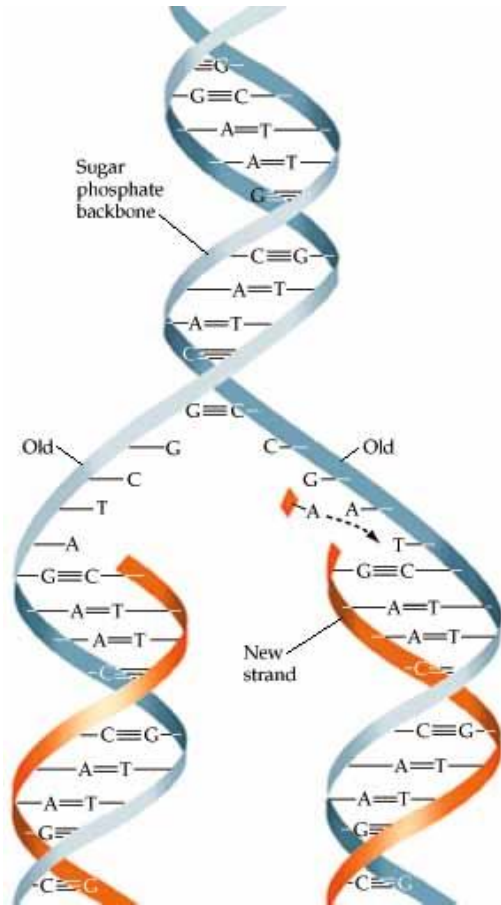
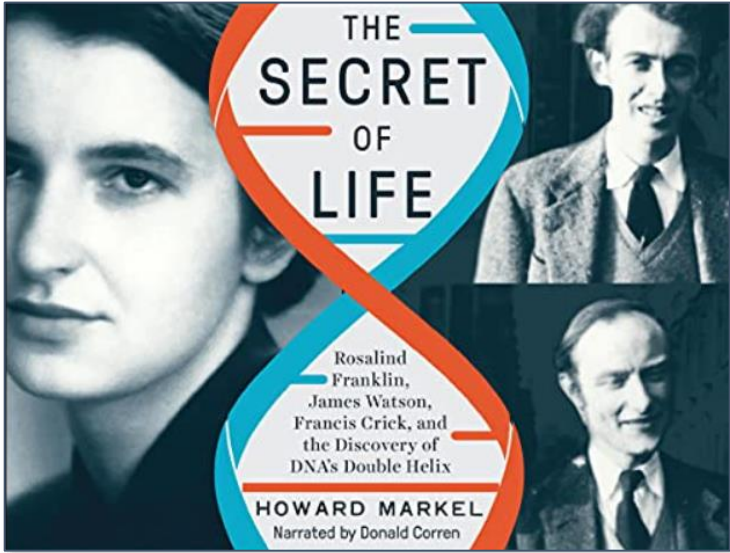
NATURE REVIEWS | GENETICS

CLASSICAL TWIN STUDIES
AND BEYOND

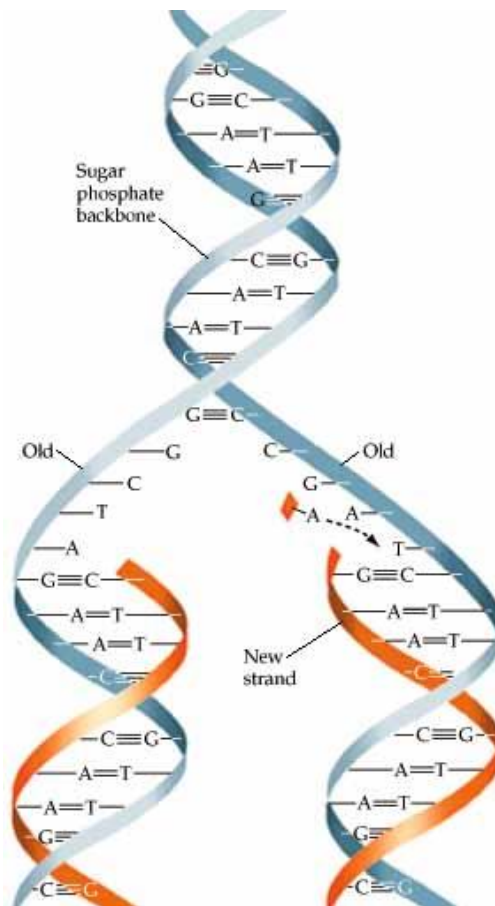
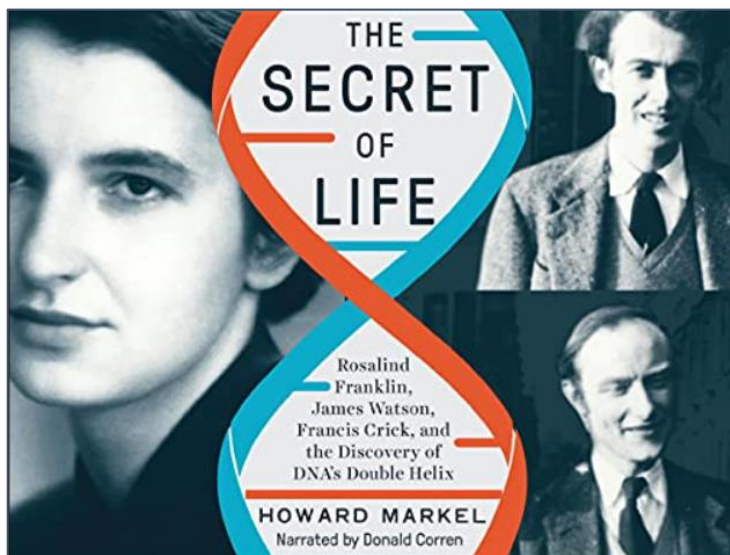
Dorret Boomsma*, Andreas Busjahn* and Leena Peltonen*



DNA = double helix!



DNA = double helix!



		second base in codon				
		T	C	A	G	
T		TTT Phe	TCT Ser	TAT Tyr	TGT Cys	T
		TTC Phe	TCC Ser	TAC Tyr	TGC Cys	C
		TTA Leu	TCA Ser	TAA stop	TGA stop	A
		TTG Leu	TCG Ser	TAG stop	TGG Trp	G
C		CTT Leu	CCT Pro	CAT His	CGT Arg	T
		CTC Leu	CCC Pro	CAC His	CGC Arg	C
		CTA Leu	CCA Pro	CAA Gln	CGA Arg	A
		CTG Leu	CCG Pro	CAG Gln	CGG Arg	G
A		ATT Ile	ACT Thr	AAT Asn	AGT Ser	T
		ATC Ile	ACC Thr	AAC Asn	AGC Ser	C
		ATA Ile	ACA Thr	AAA Lys	AGA Arg	A
		ATG Met	ACG Thr	AAG Lys	AGG Arg	G
G		GTT Val	GCT Ala	GAT Asp	GGT Gly	T
		GTC Val	GCC Ala	GAC Asp	GGC Gly	C
		GTA Val	GCA Ala	GAA Glu	GGA Gly	A
		GTG Val	GCG Ala	GAG Glu	GGG Gly	G

There are 20 amino-acids coded for in three letter words called “codons”



Linkage studies

Only work for very big effects

29 NOVEMBER 1985

SCIENCE, VOL. 230

Cystic Fibrosis Locus Defined by a Genetically Linked Polymorphic DNA Marker

Abstract. A polymorphic DNA marker has been found genetically linked, in a set of 39 human families, to an autosomal recessive gene that causes cystic fibrosis (CF), a disease affecting one in 2000 Caucasian children. The DNA marker (called D0CR1-917) is also linked to the PON locus, which by independent evidence is linked to the CF locus. The best estimates of the genetic distances are 5 centimorgans between the DNA marker and PON and 15 centimorgans between the DNA marker and the CF locus, meaning that the location of the disease gene has been narrowed to about 1 percent of the human genome (about 30 million base pairs). Although the data are consistent with the interpretation that a single locus causes cystic fibrosis, the possibility of genetic heterogeneity remains. The discovery of a linked DNA polymorphism is the first step in molecular analysis of the CF gene and its causative role in the disease.

NATURE VOL. 306 17 NOVEMBER 1983

A polymorphic DNA marker genetically linked to Huntington's disease

James F. Gusella^{*}, Nancy S. Wexler^{†||}, P. Michael Conneally[‡], Susan L. Naylor[§], Mary Anne Anderson^{*}, Rudolph E. Tanzi^{*}, Paul C. Watkins^{†||}, Kathleen Ottina[‡], Margaret R. Wallace[‡], Alan Y. Sakaguchi[§], Anne B. Young^{||}, Ira Shoulson^{||}, Ernesto Bonilla^{||} & Joseph B. Martin^{*}

^{*}Neurology Department and Genetics Unit, Massachusetts General Hospital and Harvard Medical School, Boston, Massachusetts 02114, USA

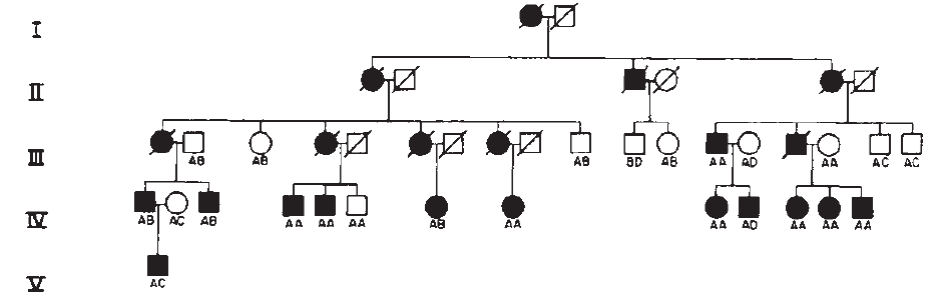
[†]Hereditary Disease Foundation, 9701 Wilshire Blvd, Beverly Hills, California 90212, USA

[‡]Department of Medical Genetics, Indiana University Medical Center, Indianapolis, Indiana 46223, USA

[§]Department of Human Genetics, Roswell Park Memorial Institute, Buffalo, New York 14263, USA

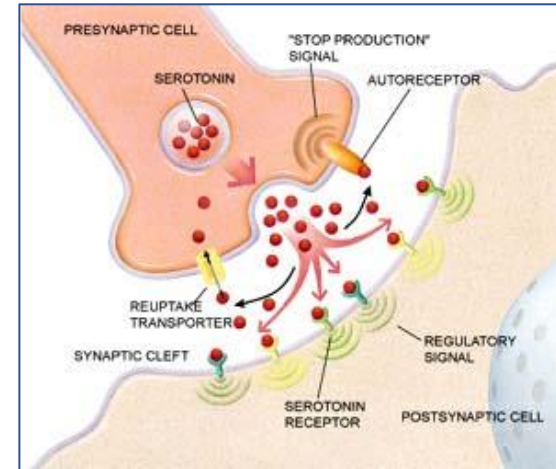
^{||}Venezuela Collaborative Huntington's Disease Project^{*}

Family studies show that the Huntington's disease gene is linked to a polymorphic DNA marker that maps to human chromosome 4. The chromosomal localization of the Huntington's disease gene is the first step in using recombinant DNA technology to identify the primary genetic defect in this disorder.

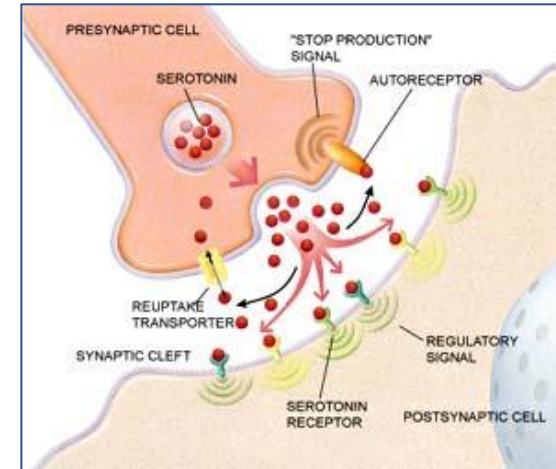
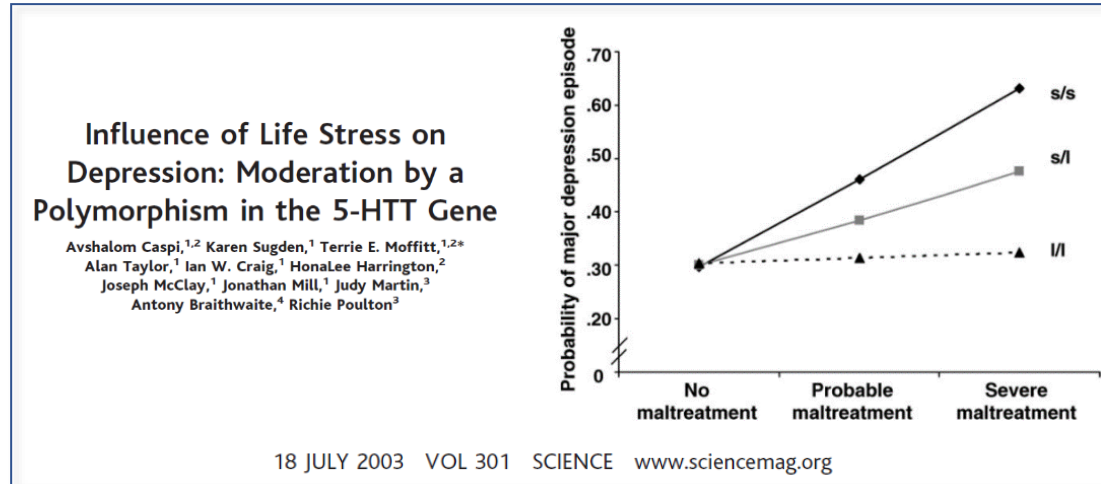


Candidate Gene Studies

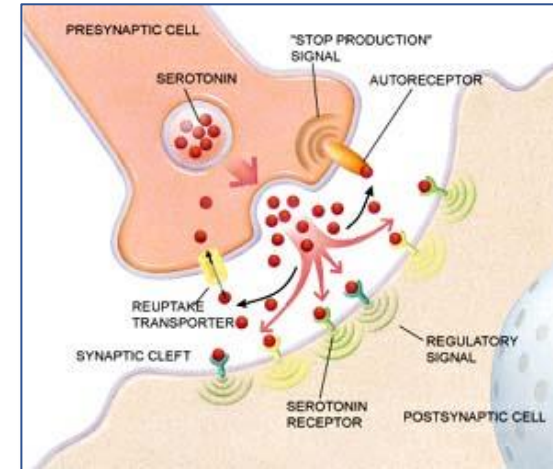
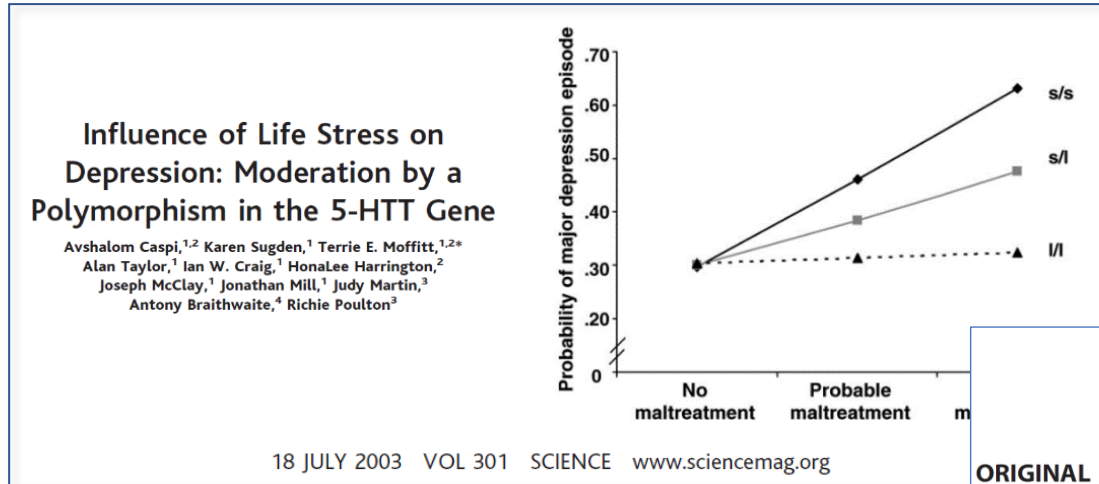
- Serotonin transporter transports serotonin from synaptic cleft to presynaptic neuron
- Serotonin affects mood, sleep, appetite, memory, and more



Candidate Gene Studies



Candidate Gene Studies



Molecular Psychiatry (2017) 00, 1–10
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www.nature.com/mp

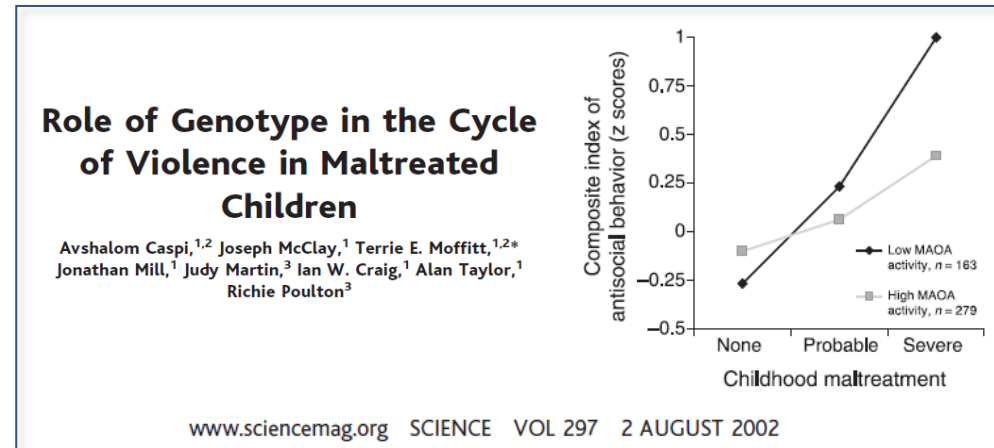
ORIGINAL ARTICLE

Collaborative meta-analysis finds no evidence of a strong interaction between stress and 5-HTTLPR genotype contributing to the development of depression



Candidate Gene Studies

Mono-amine oxidase (MAO-A): an enzyme that degrades noradrenaline, adrenaline, serotonin, and dopamine.



Published online 30 October 2009 | Nature |
doi:10.1038/news.2009.1050

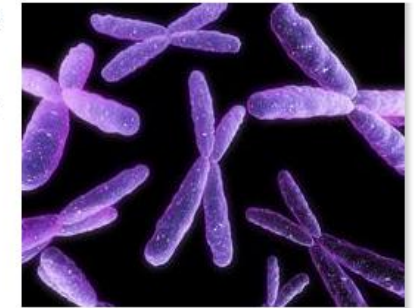
News

Lighter sentence for murderer with 'bad genes'

Italian court reduces jail term after tests identify genes linked to violent behaviour.

Emiliano Feresin

An Italian court has cut the sentence given to a convicted murderer by a year because he has genes linked to violent behaviour — the first time that behavioural genetics has affected a sentence passed by a European court. But researchers contacted by *Nature* have questioned whether the decision was based on sound science.



A court in Italy has cut a prisoner's jail term because he has genes associated with aggressive behaviour.

Ingram Publishing



Human Genome Project

- Planning in 1984, launch in 1990, completion in 2003
- Goal: map all 3 billion nucleotides of the human genome
- Costs: 3 billion dollars



Human Genome Project



“We are here to celebrate the completion of the first survey of the entire human genome. Without a doubt, this is the most important, most wondrous map ever produced by humankind.”

– President Bill Clinton, 26-06-2000, the White House

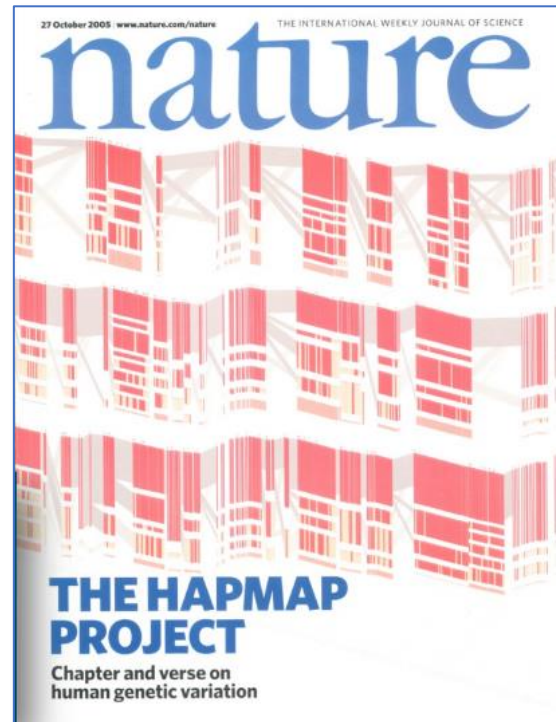


Make *haplotype* maps

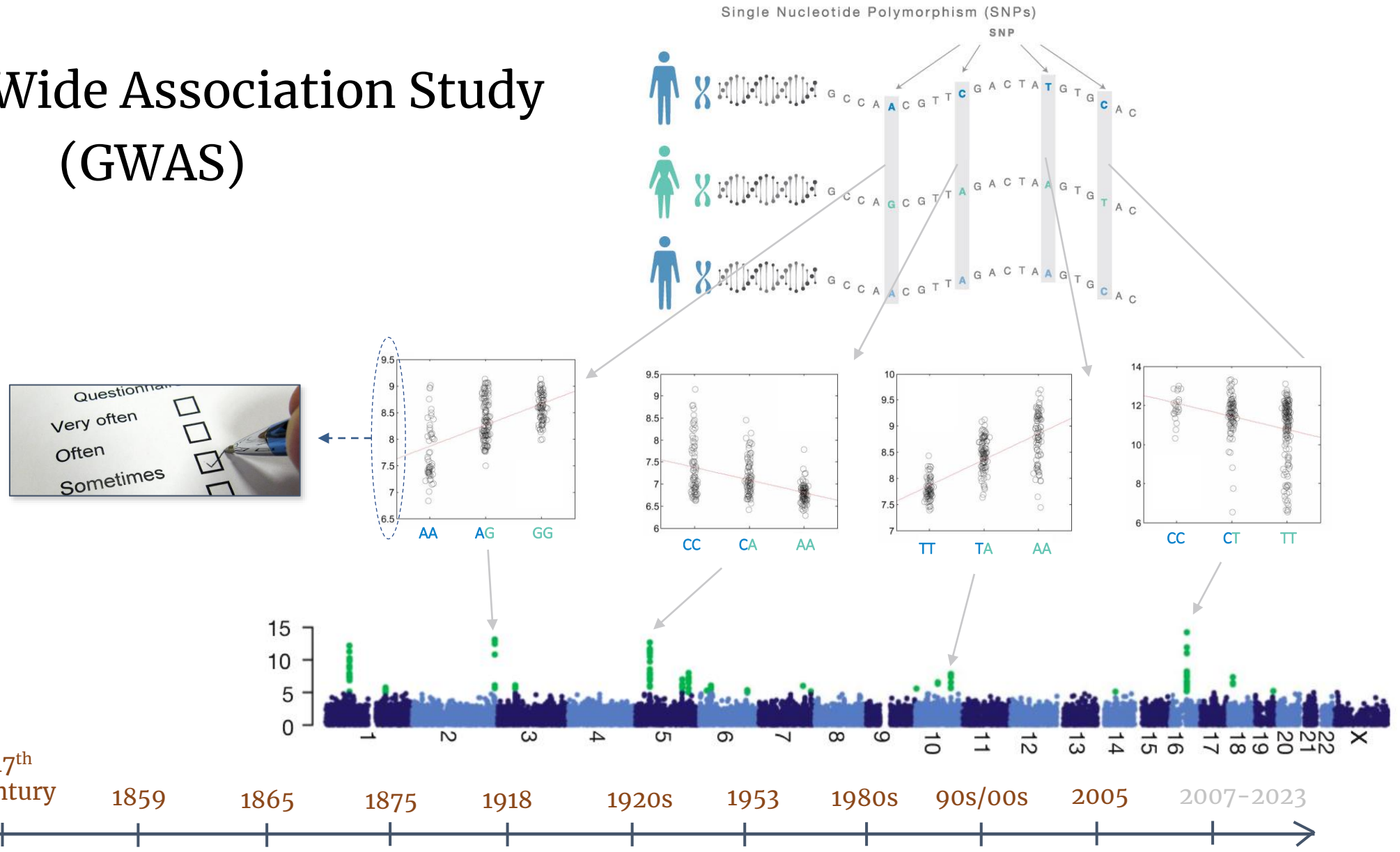


Next step:

Make *haplotype* maps

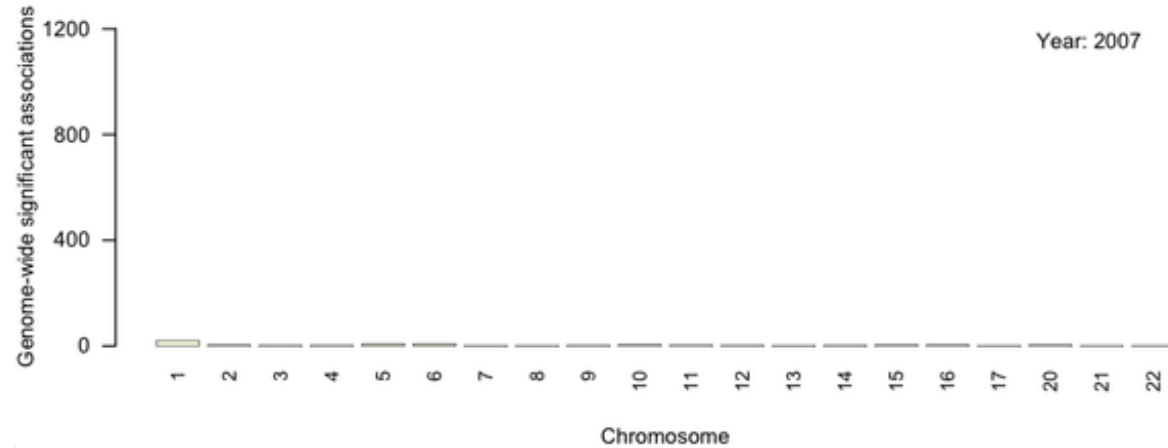


Genome-Wide Association Study (GWAS)



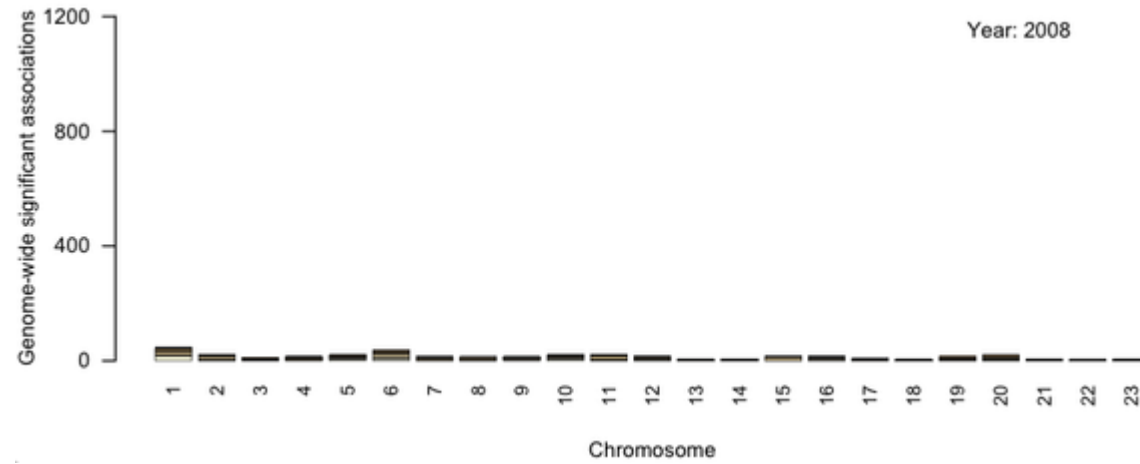
Diseases and traits

- | | | |
|----------------------|------------------------|------------------------|
| Autoimmune/immune | Nephrological | Tissue |
| Hematological | Neurological | Vascular |
| Cancer | Neuropsychiatric | Vitamin/mineral levels |
| Cardiovascular | Ocular | |
| Therapeutic response | Other | |
| Physical traits | Protein/peptide levels | |
| Infectious | Pulmonary | |
| Lipid measures | Reproductive | |
| Metabolic | Skeletal | |



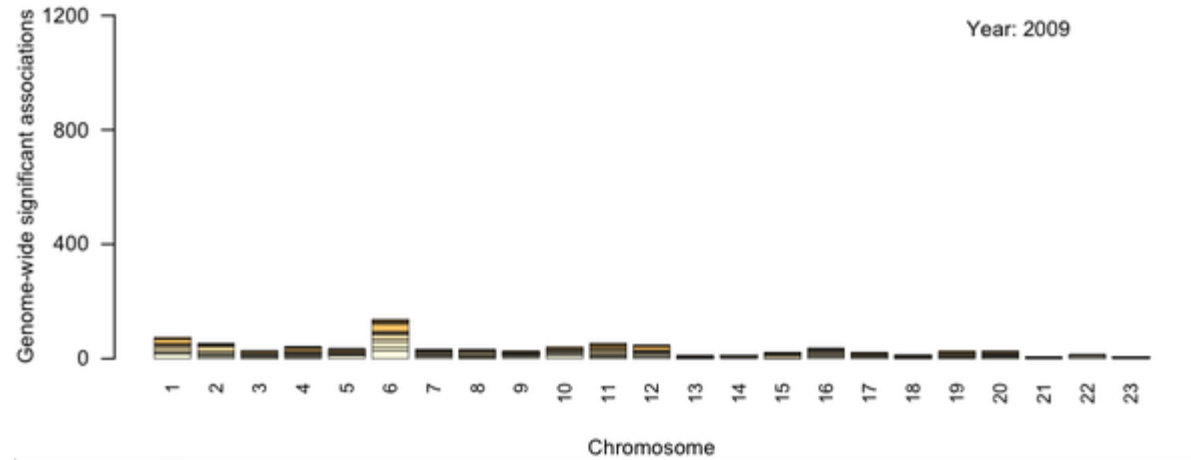
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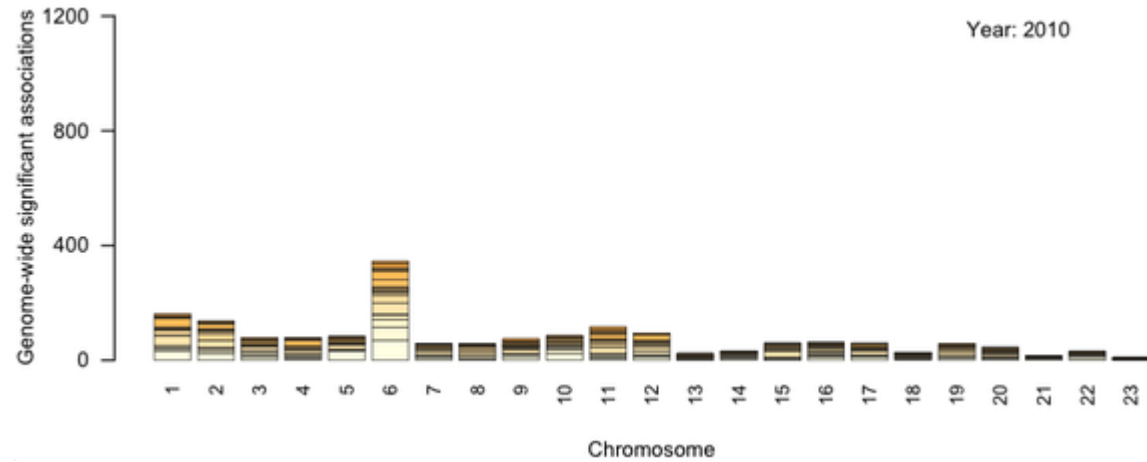
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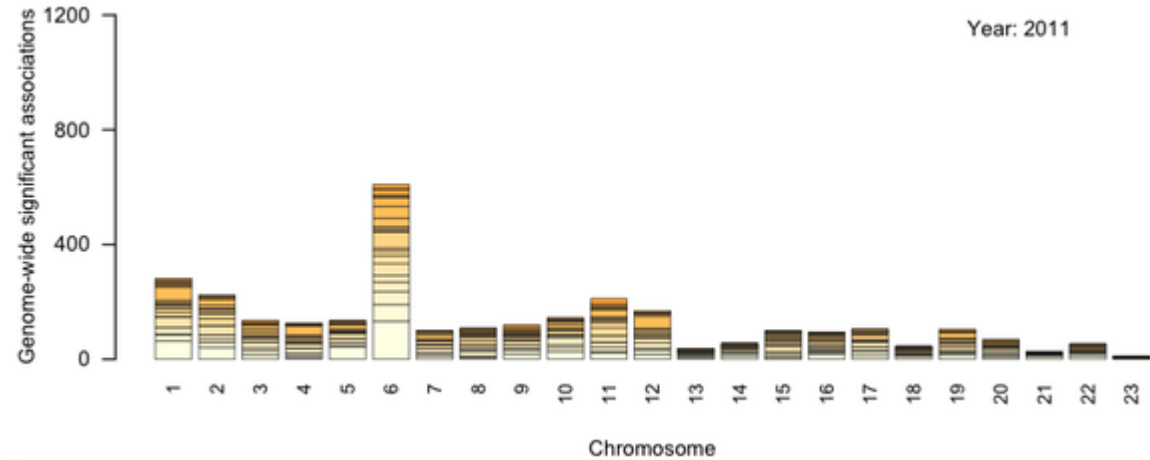
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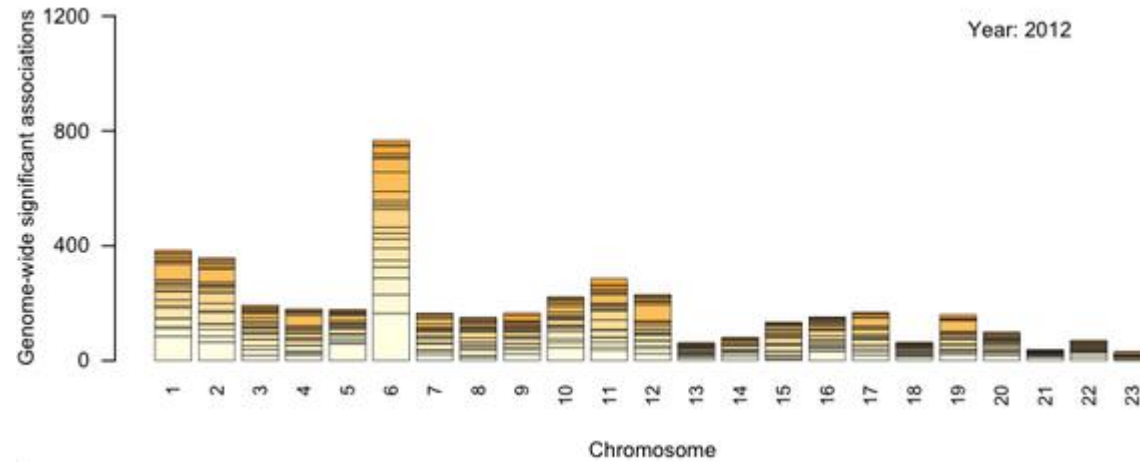
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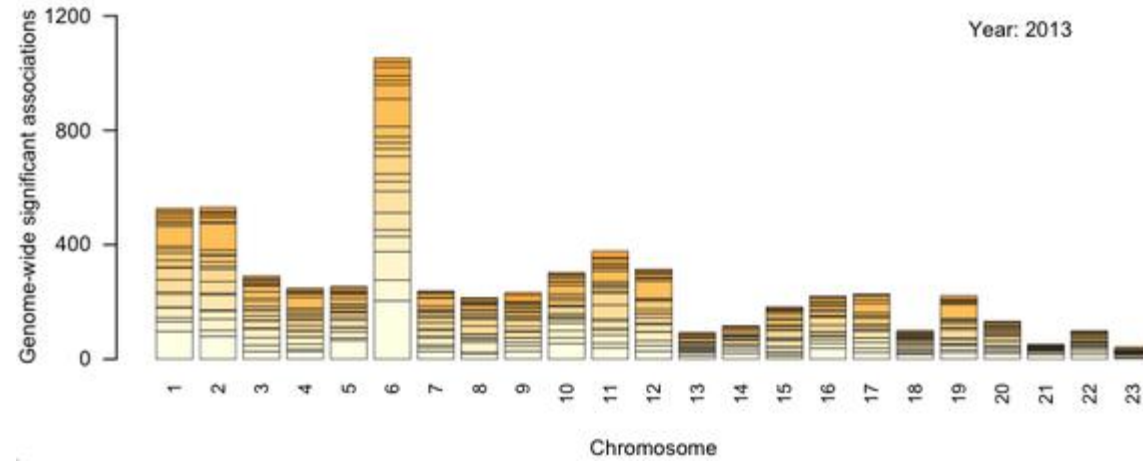
Diseases and traits

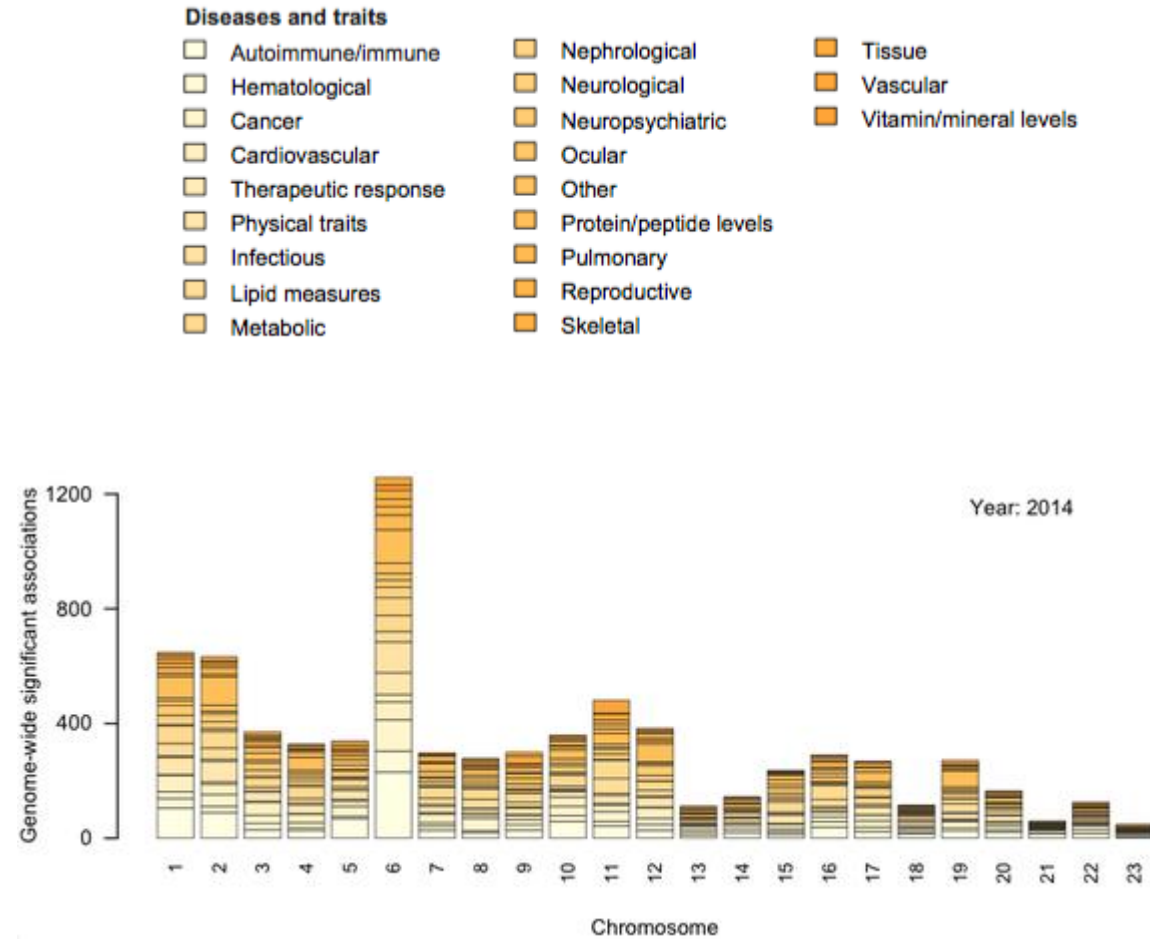
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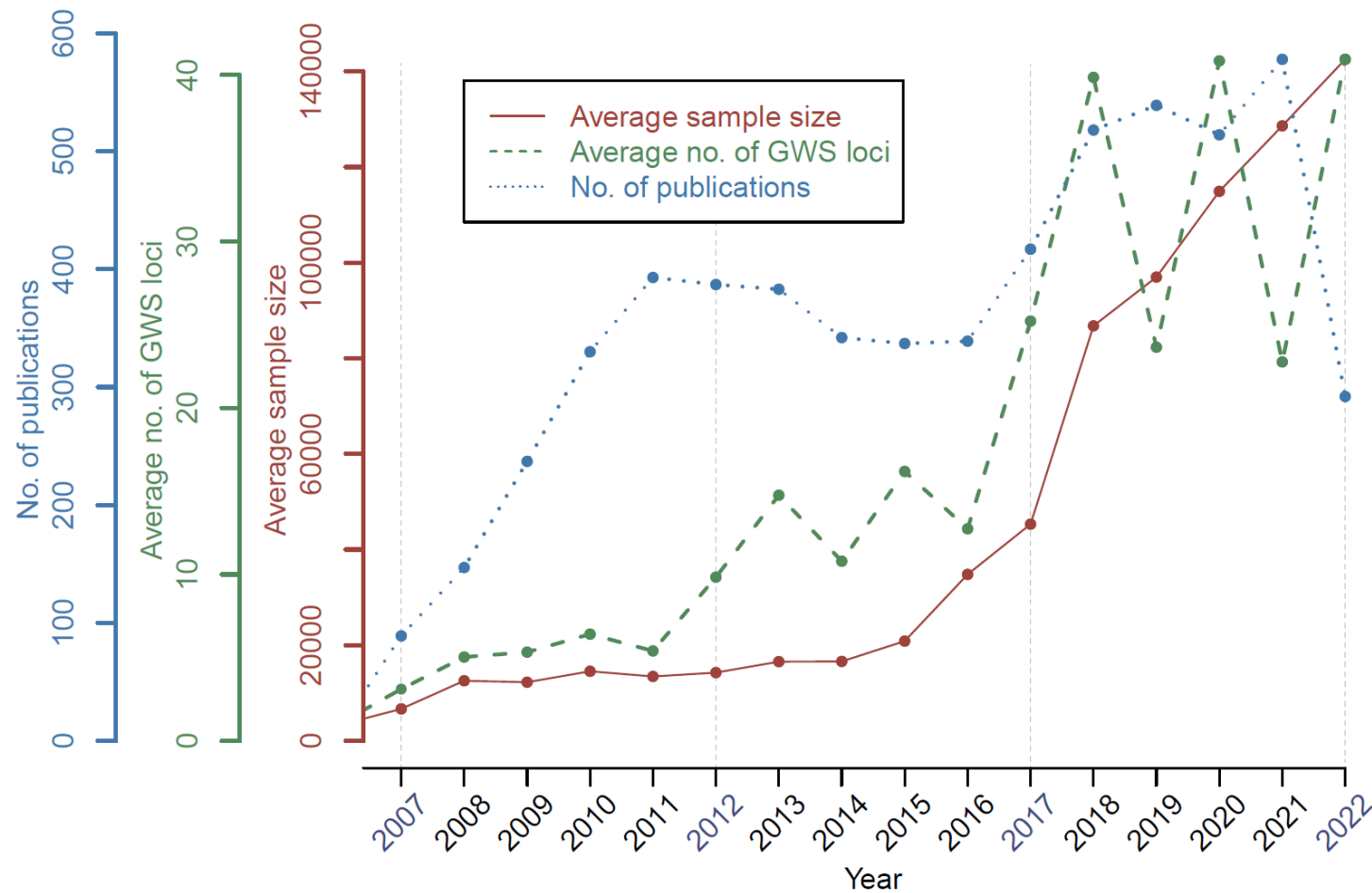


Diseases and traits

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The American Journal of Human Genetics

REVIEW

15 years of GWAS discovery: Realizing the promise

Abdel Abdellaoui,^{1,*} Loic Yengo,² Karin J.H. Verweij,¹ and Peter M. Visscher²



PRESS RELEASES / 01.26.16

Genetic study provides first-ever insight into biological origin of schizophrenia



2016

ARTICLE

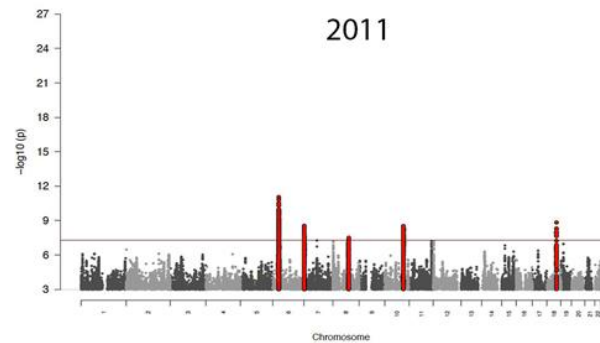
doi:10.1038/nature16549

Schizophrenia risk from complex variation of complement component 4

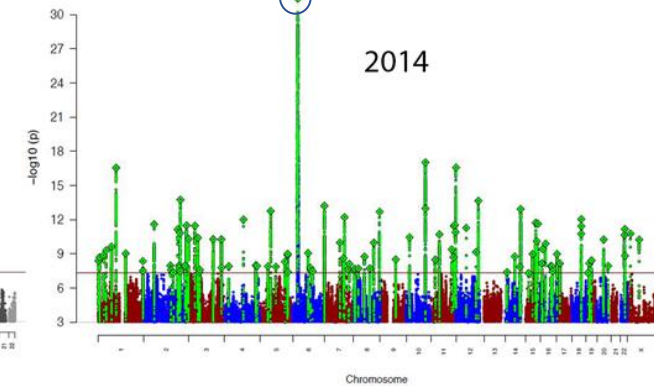
Aswin Sekar^{1,2,3}, Allison R. Bialas^{4,5}, Heather de River^{1,2}, Avery Davis^{1,2}, Timothy R. Hammond¹, Nolan Kamitaki^{1,2}, Katherine Tooley^{1,2}, Jessy Presumey³, Matthew Baum^{1,2,3,4}, Vanessa Van Doren¹, Giulio Genovese^{1,2}, Samuel A. Rose³, Robert E. Handsaker^{1,2}, Schizophrenia Working Group of the Psychiatric Genomics Consortium^{*}, Mark J. Daly^{1,2}, Michael C. Carroll¹, Beth Stevens^{2,4} & Steven A. McCarroll^{1,2}

Schizophrenia is a heritable brain illness with unknown pathogenic mechanisms. Schizophrenia's strongest genetic association at a population level involves variation in the major histocompatibility complex (MHC) locus, but the genes and molecular mechanisms accounting for this have been challenging to identify. Here we show that this association arises in part from many structurally diverse alleles of the complement component 4 (*C4*) genes. We found that these alleles generated widely varying levels of *C4A* and *C4B* expression in the brain, with each common *C4* allele associating with schizophrenia in proportion to its tendency to generate greater expression of *C4A*. Human *C4* protein localized to neuronal synapses, dendrites, axons, and cell bodies. In mice, *C4* mediated synapse elimination during postnatal development. These results implicate excessive complement activity in the development of schizophrenia and may help explain the reduced numbers of synapses in the brains of individuals with schizophrenia.

Influences “synaptic pruning” — the elimination of connections between neurons



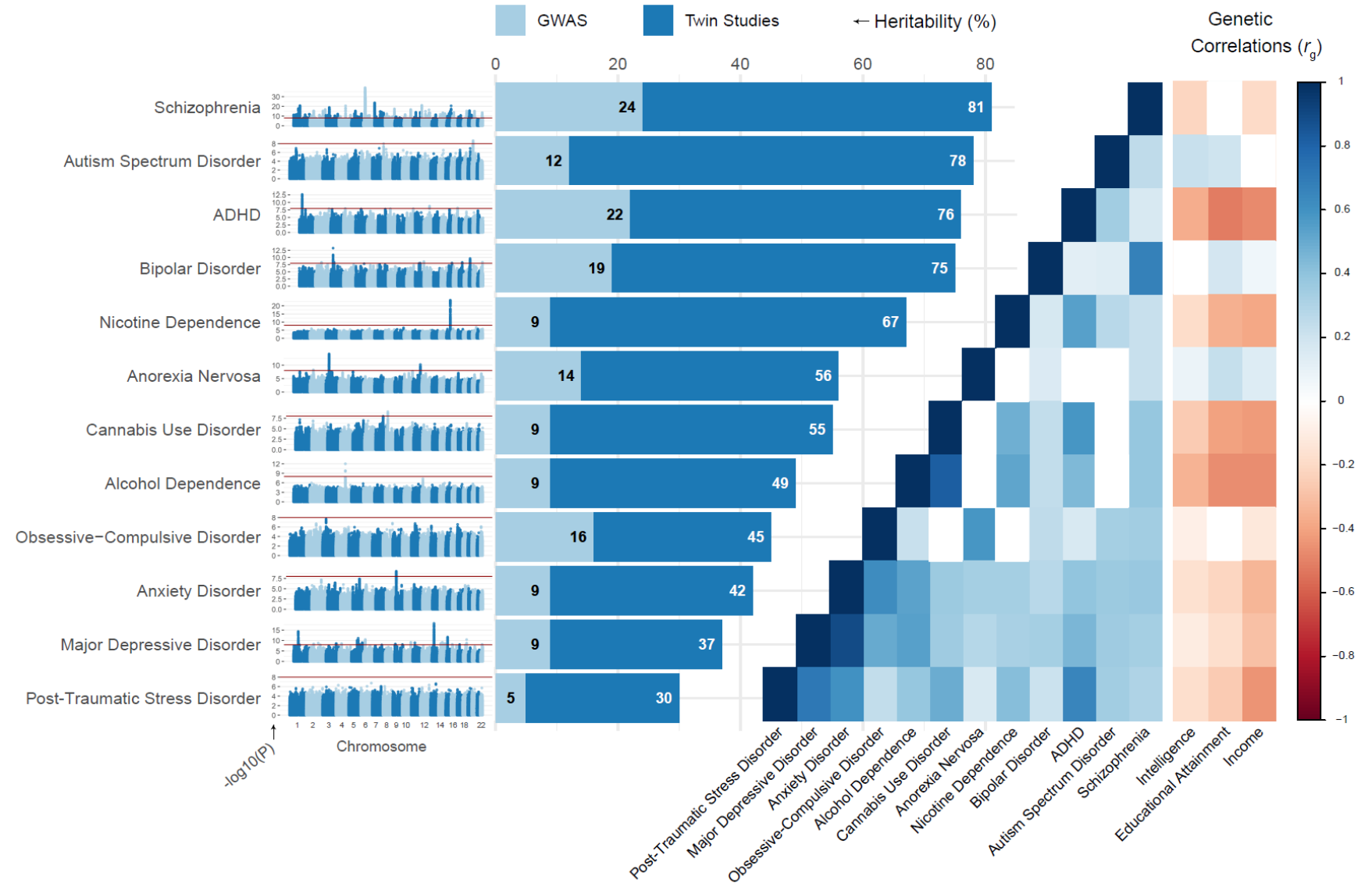
N ~ 50,000



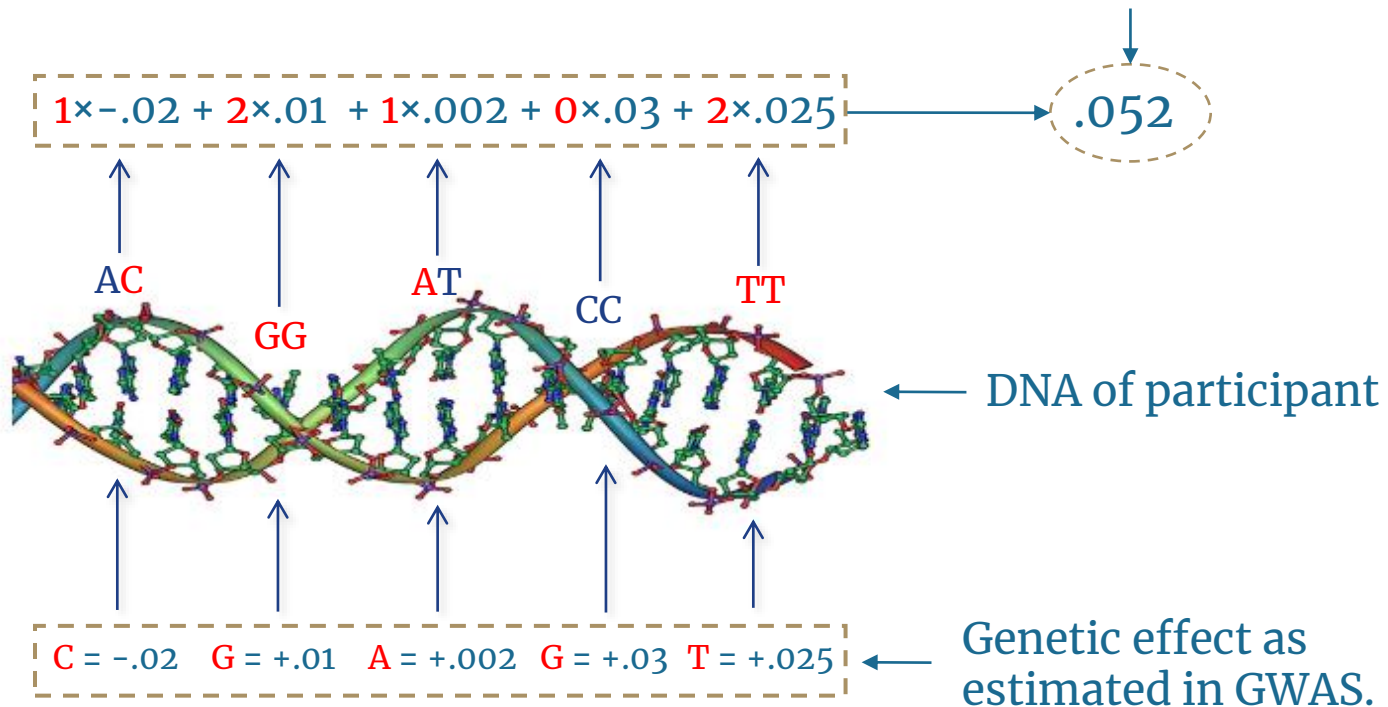
N ~ 150,000

Genetica en psychiatrie

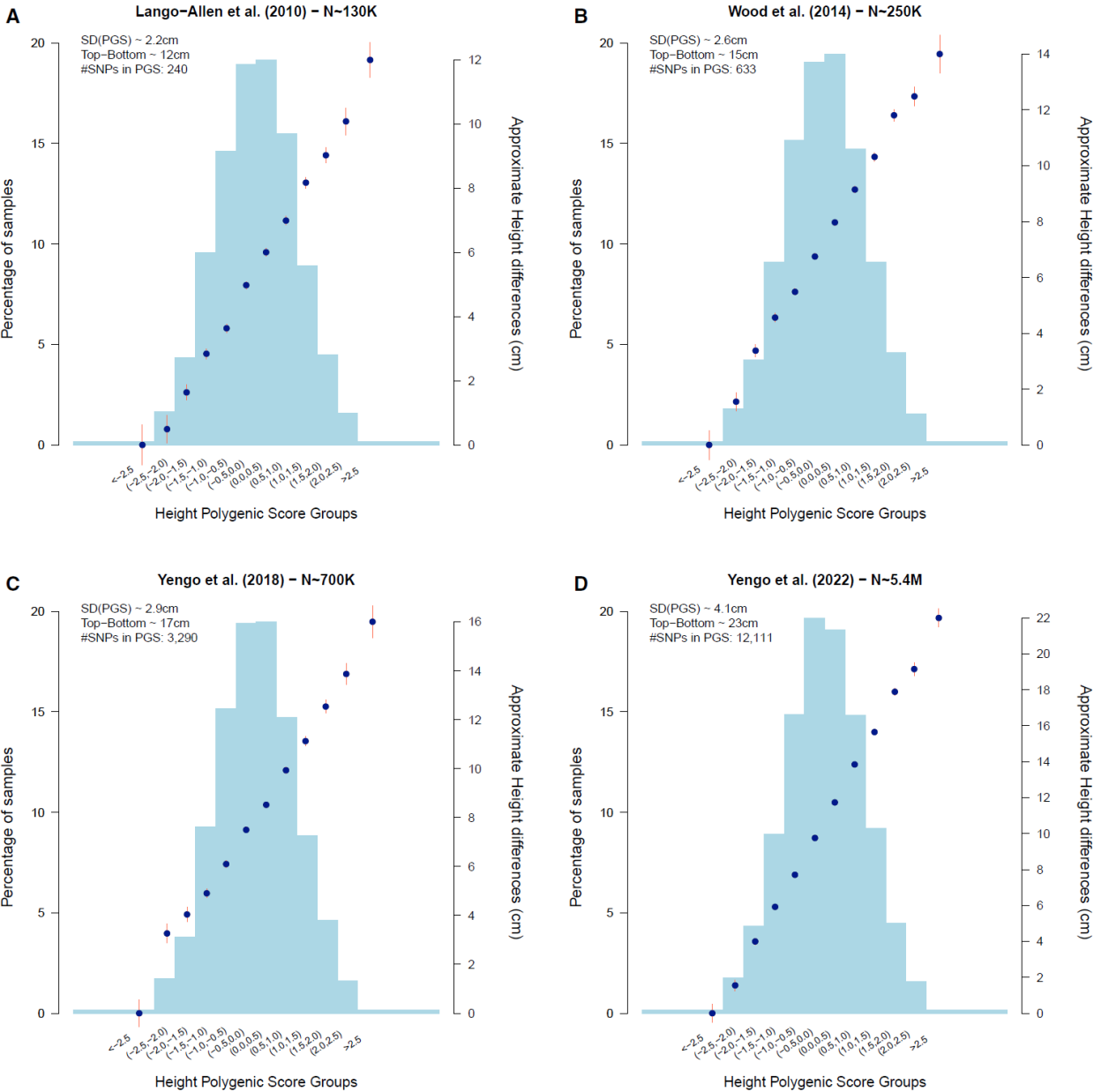
A. Abdellaoui, K.J.H. Verweij



Polygenic Score / Polygenic Index



Polygenic Score Prediction



The American Journal of Human Genetics

REVIEW

15 years of GWAS discovery: Realizing the promise

Abdel Abdellaoui,^{1,*} Loic Yengo,² Karin J.H. Verweij,¹ and Peter M. Visscher²

Polygenic Score Prediction

SD of outcome around the prediction:

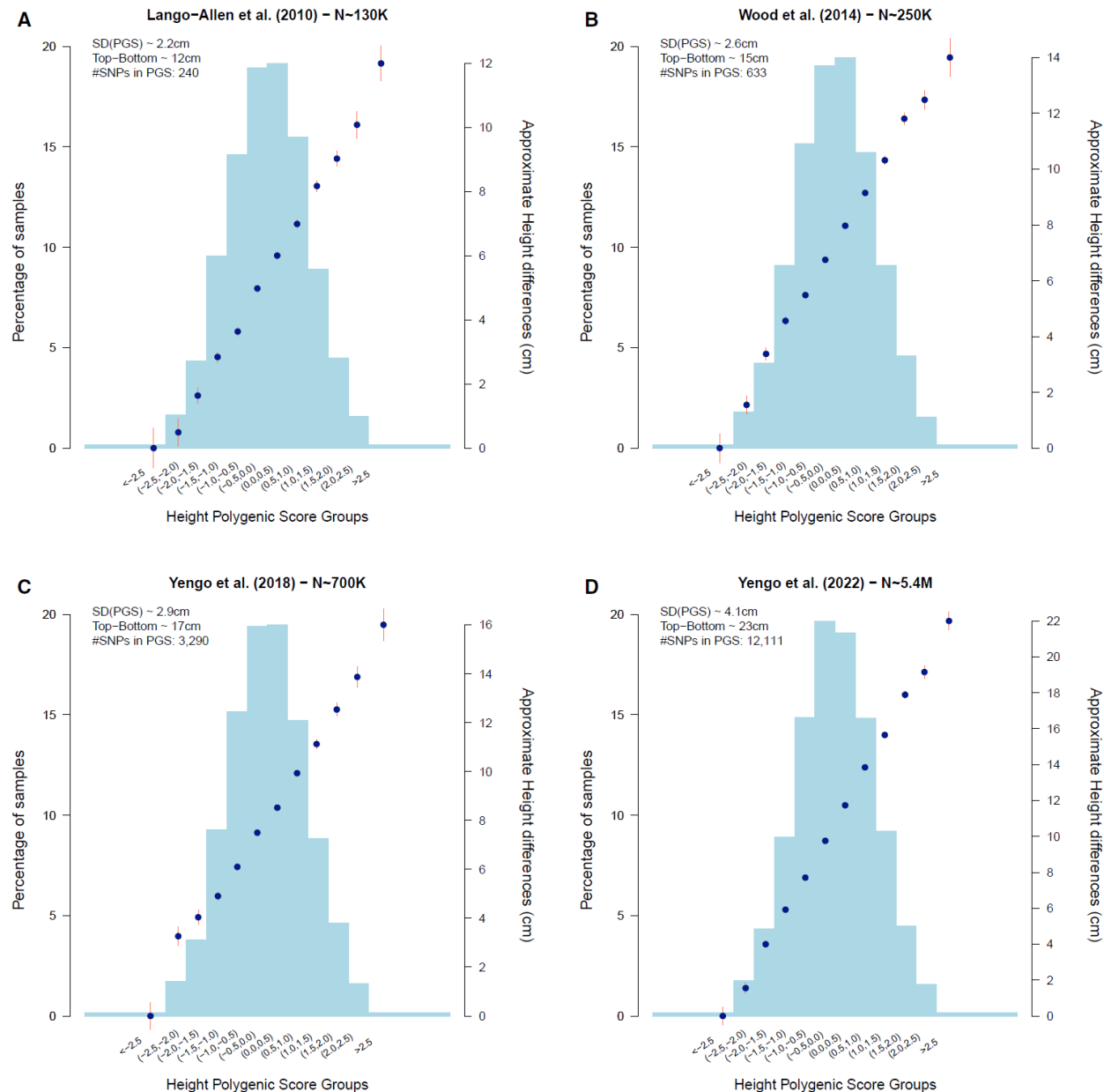
$$\sigma_Y \sqrt{1 - R^2}$$

The American Journal of Human Genetics

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Polygenic Score Prediction

SD of outcome around the prediction:

$$\sigma_Y \sqrt{1 - R^2}$$

Upper bound (maximum predictive power):

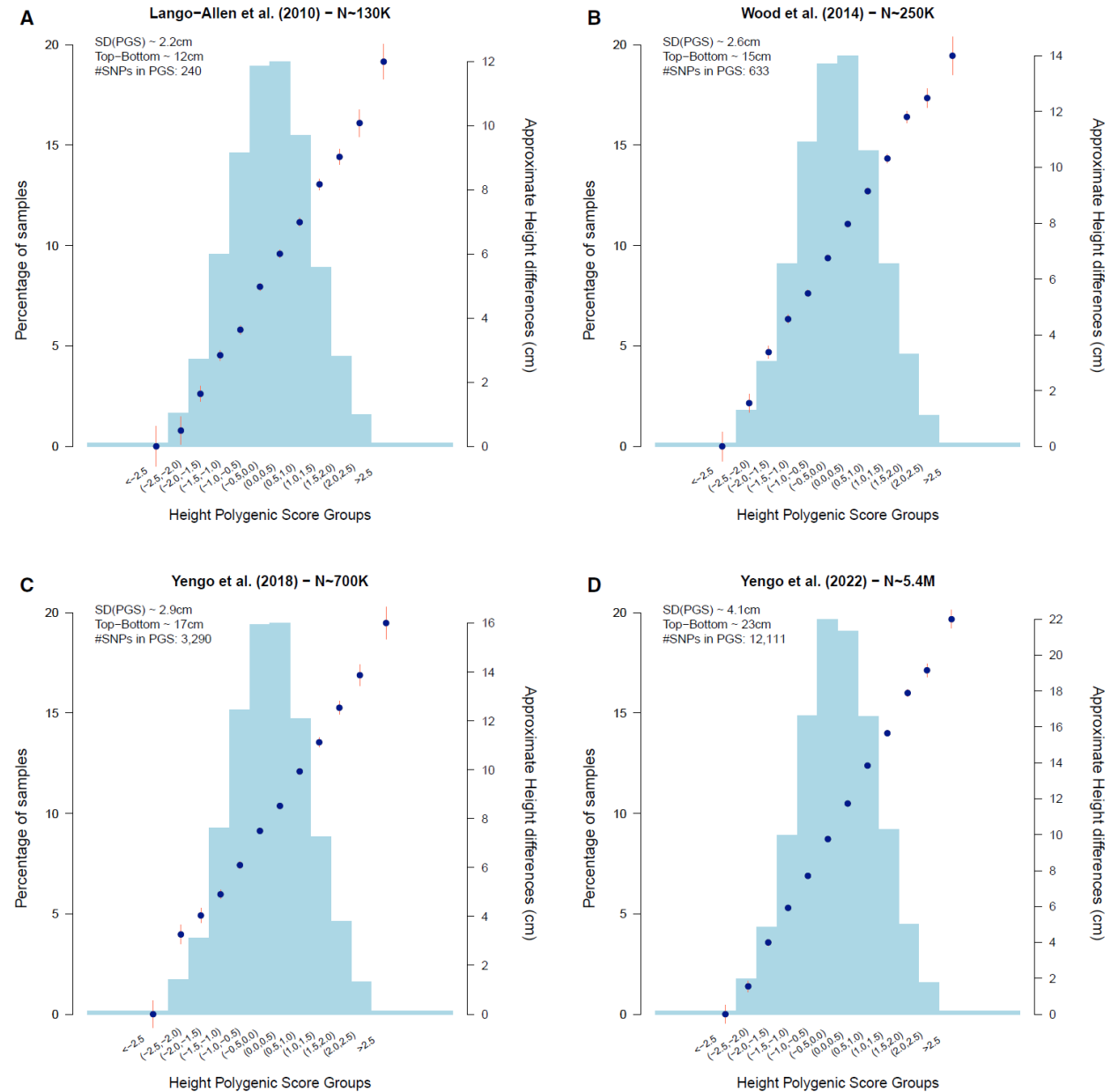
$$\sigma_Y \sqrt{1 - h^2}$$

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Polygenic Score Prediction

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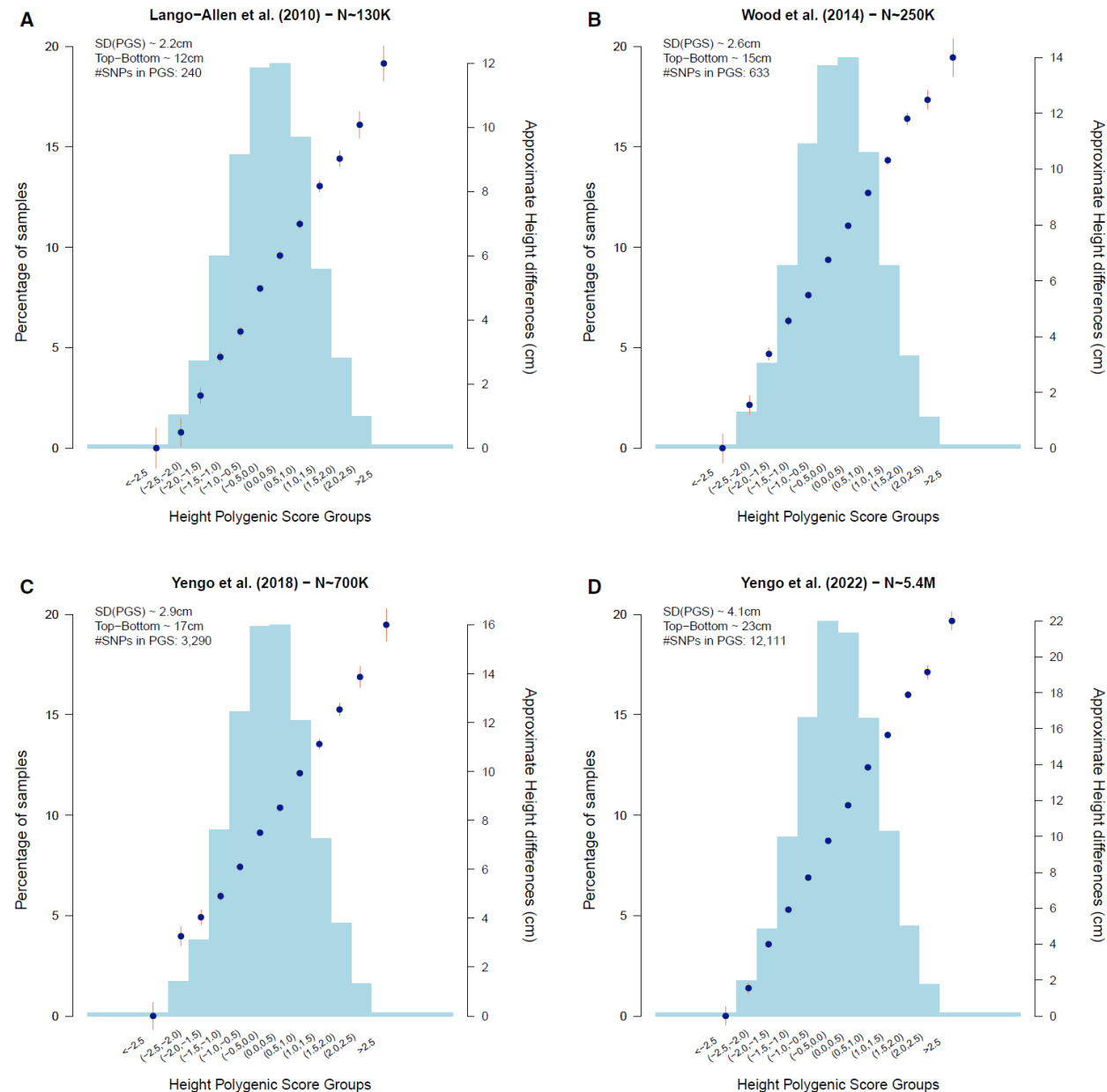
Upper bound (maximum predictive power):

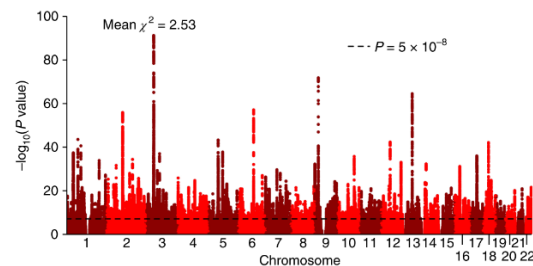
$$\sigma_Y \sqrt{1 - h^2}$$

Height has heritability of ~0.8 and standard deviation of ~6.5 cm

$$6.5\text{cm} \times \sqrt{1 - 0.8} \approx 3\text{cm}$$

Equivalent to 95% confidence interval of ~12cm

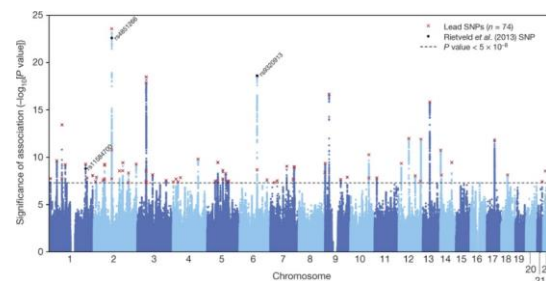




2018 – N = 1,131,881

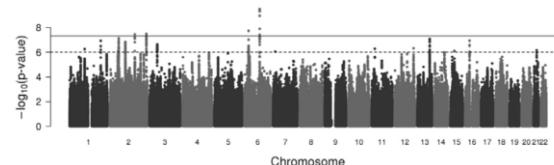
ARTICLES
nature genetics
<https://doi.org/10.1038/s41588-018-0147-3>

Gene discovery and polygenic prediction from a genome-wide association study of educational attainment in 1.1 million individuals



2016 – N = 293,723

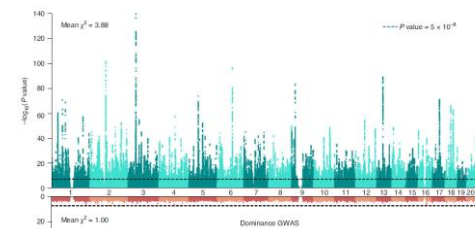
LETTER
doi:10.1038/nature17671
Genome-wide association study identifies 74 loci associated with educational attainment
26 MAY 2016 | VOL 533 | NATURE



2013 – N = 126,559

SCIENCE VOL 340 21 JUNE 2013
GWAS of 126,559 Individuals Identifies Genetic Variants Associated with Educational Attainment

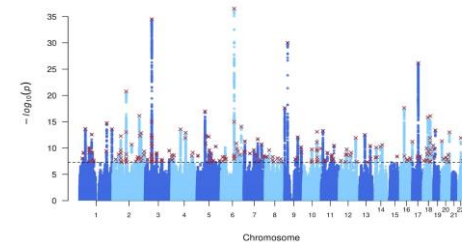
Educational Attainment



2022 – N = 3,037,499

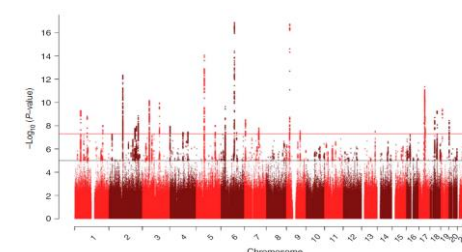
nature genetics
ARTICLES
<https://doi.org/10.1038/s41588-022-01016-z>
Check for updates

OPEN
Polygenic prediction of educational attainment within and between families from genome-wide association analyses in 3 million individuals



2023 – N = 668,288

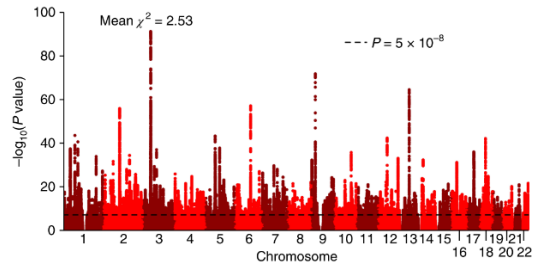
Manuscript in preparation...



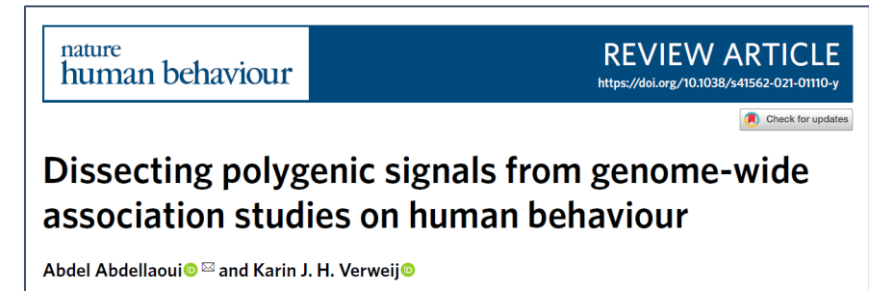
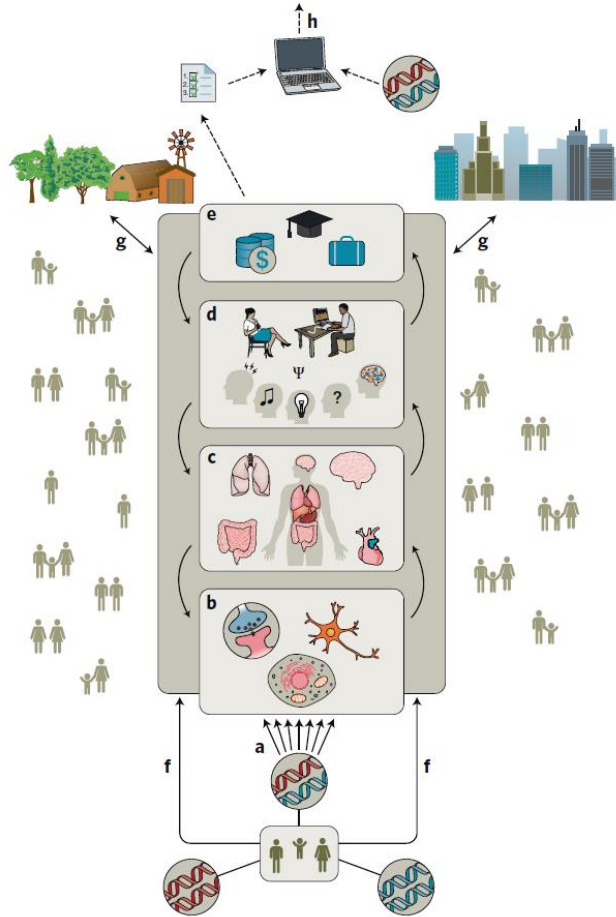
2019 – N = 286,301

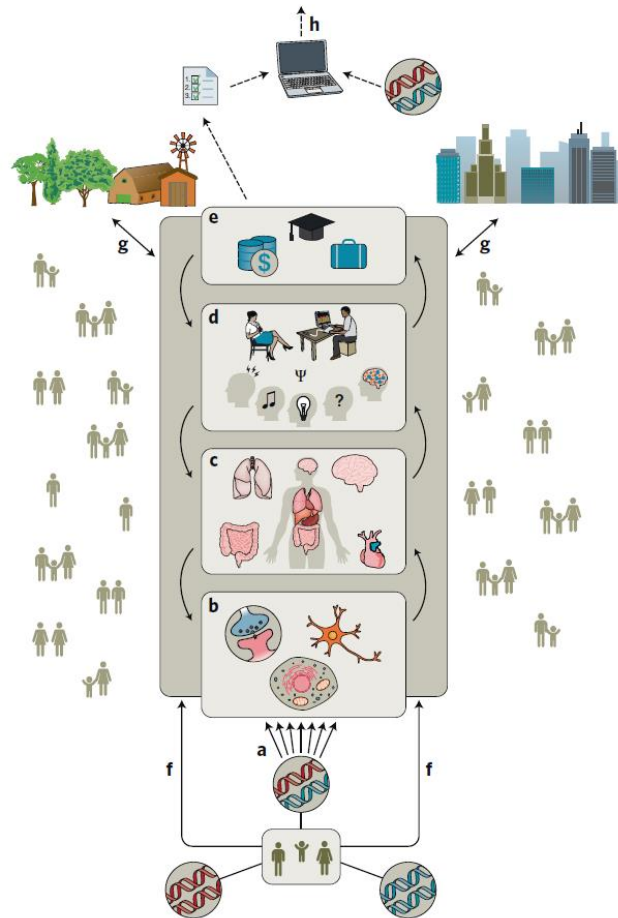
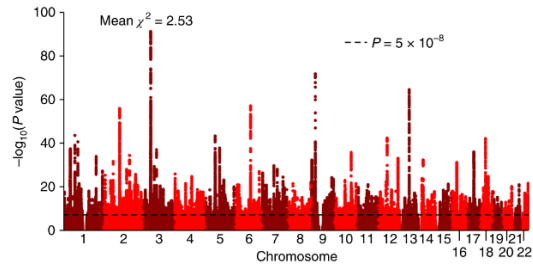
nature COMMUNICATIONS
ARTICLE
<https://doi.org/10.1038/s41467-019-13585-5> OPEN
Genome-wide analysis identifies molecular systems and 149 genetic loci associated with income

Income

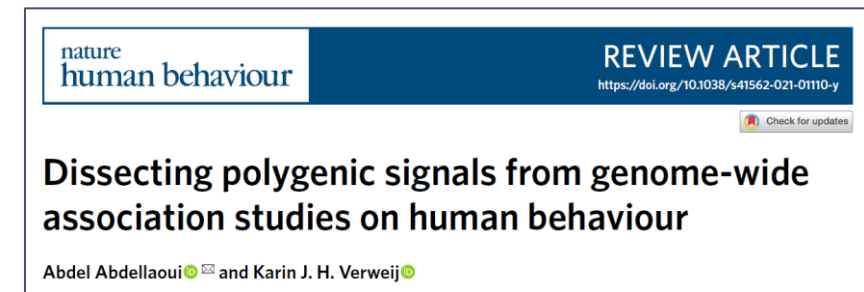


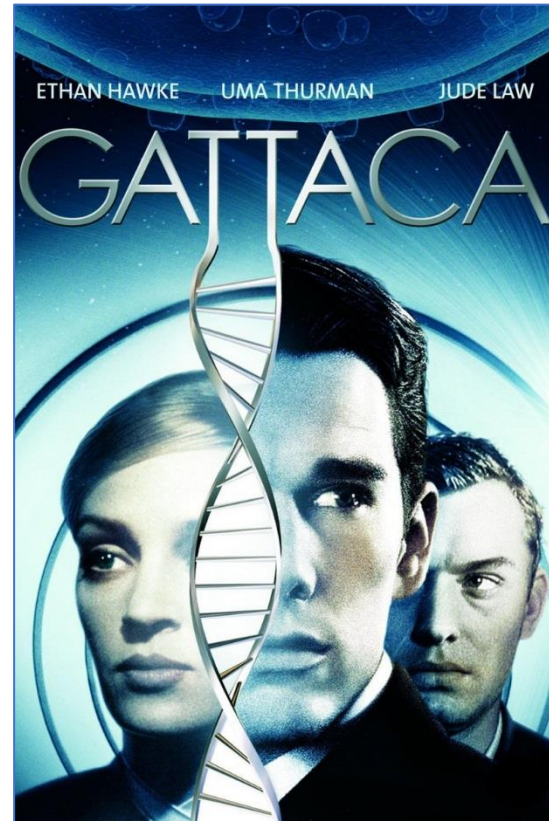
GWASs on behavioural traits contain signals from correlated traits and the environment

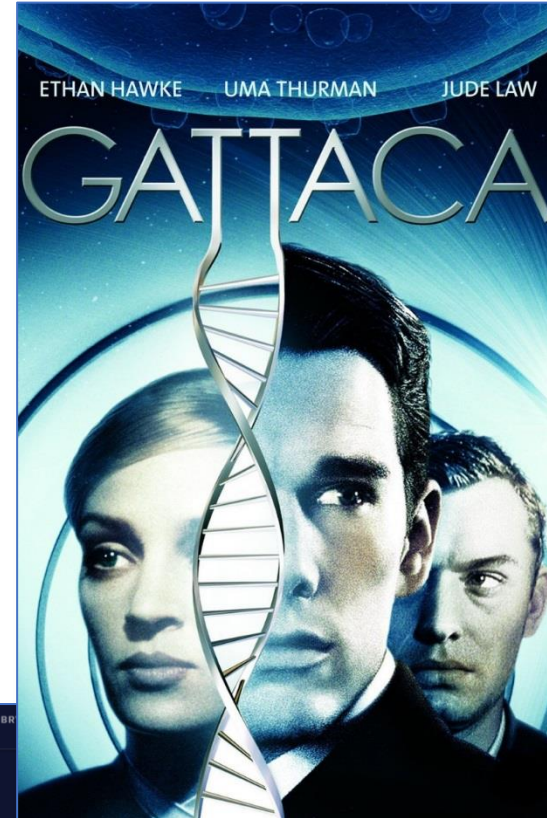
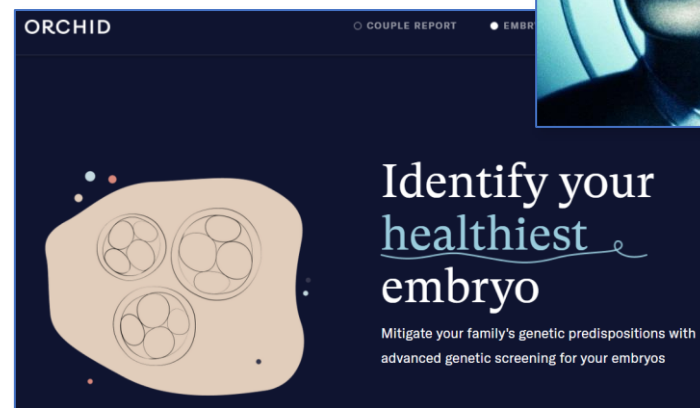
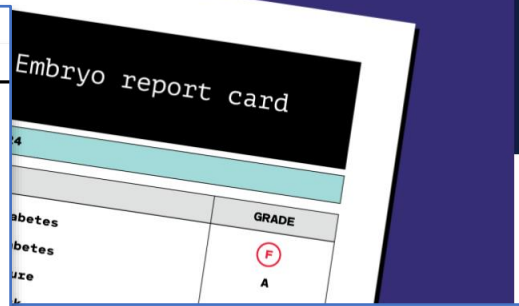
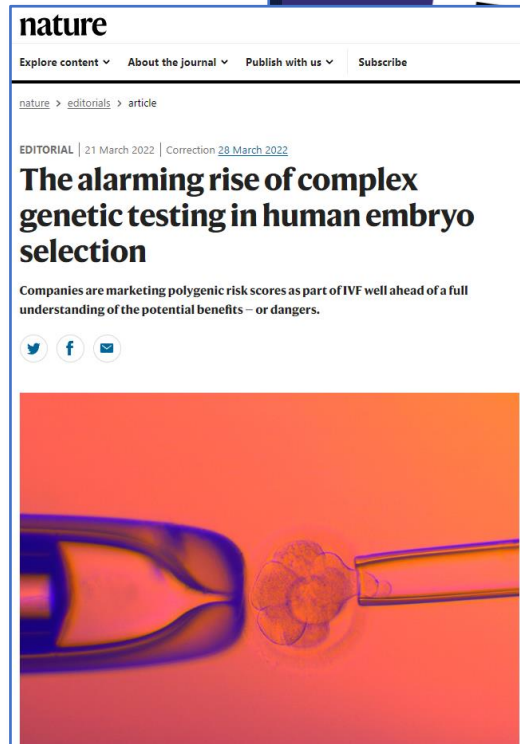
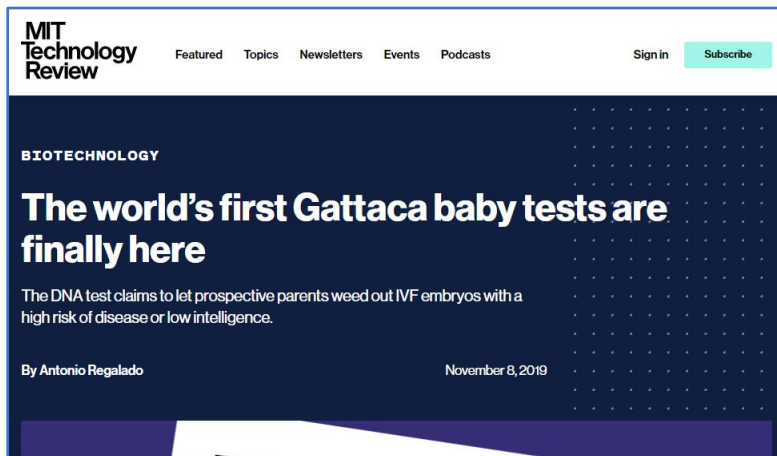




“When the nature of the predictive ability of polygenic scores for behavioural traits is not fully understood, applying them in either scientific research or the clinic can lead to incorrect interpretations and conclusions.”









Genetic Screening Now Lets Parents Pick the Healthiest Embryos

AT 18 MONTHS old, Aurea Yenmai Smigrodzki is inquisitive like any other toddler. She likes peanut butter, the beach, and mobile phones—or any toys that look like phones. She likes to copy her mum and dad, Thuy and Rafal, when they are using theirs. Aurea doesn't know it yet, but her birth was very special: She is the world's first PGT-P baby, meaning she is statistically less likely than the rest of us to develop a genetic disease or disorder throughout her life.



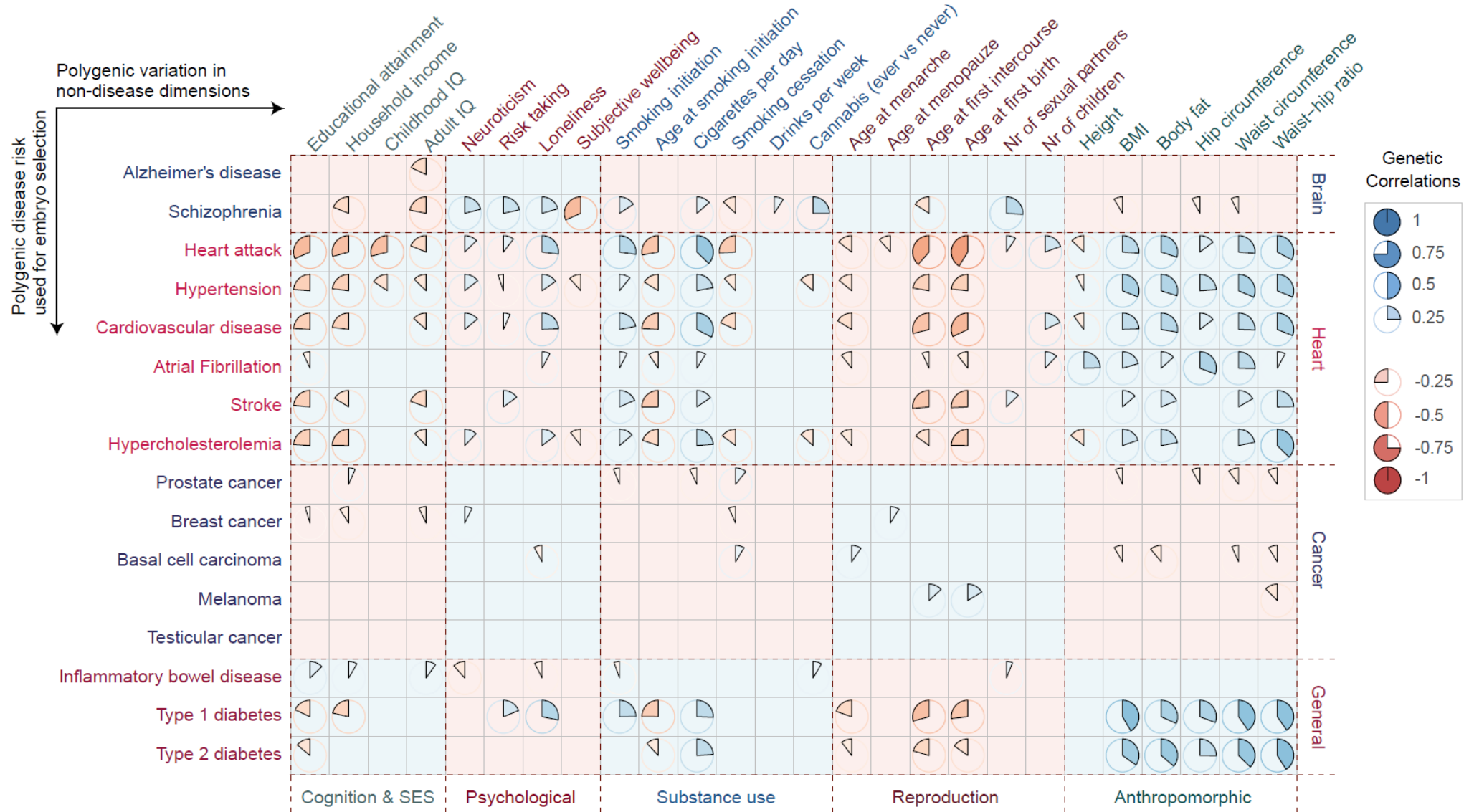


4.2 Does Genomic Prediction screen purely cosmetic traits? ^

No, we only provide risk scores for polygenic traits related to diseases, not for purely cosmetic traits such as hair color and eye color. Our goal is to provide improved health to IVF families.

4.3 Does Genomic Prediction Clinical Laboratory screen embryos for increased intelligence i.e. high IQ? ^

No.



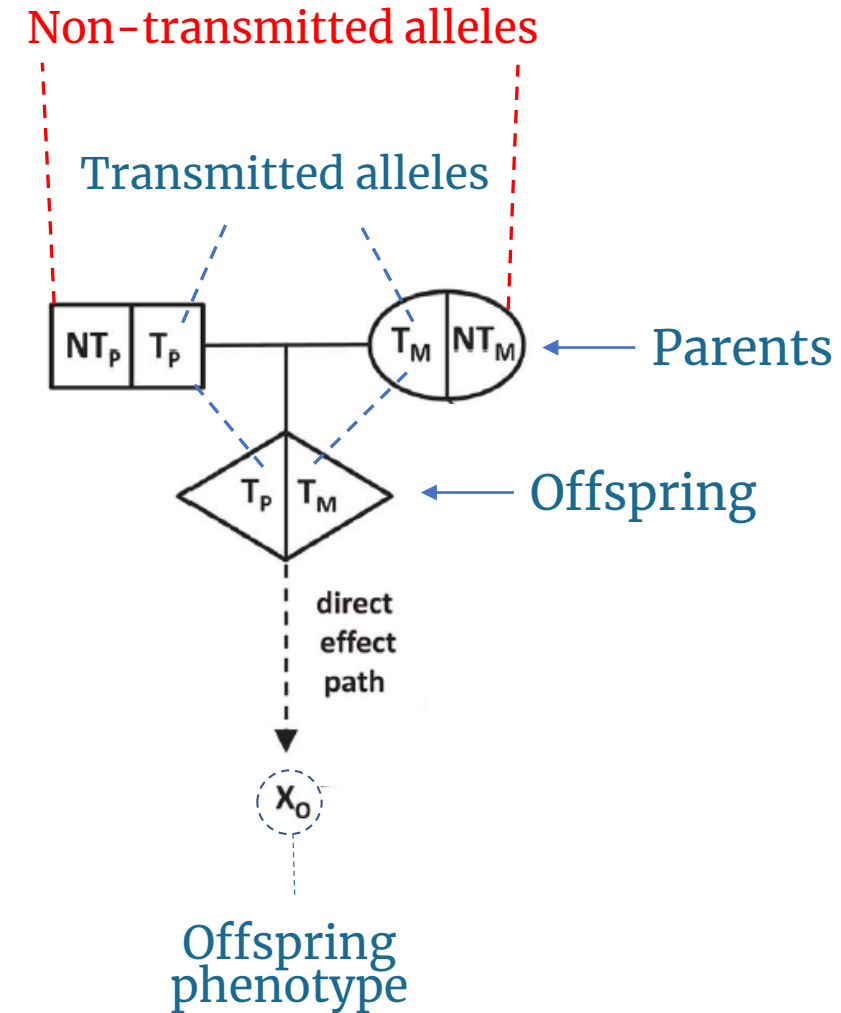
Unpublished results

Gene-Environment Correlations - Families

HUMAN GENOMICS

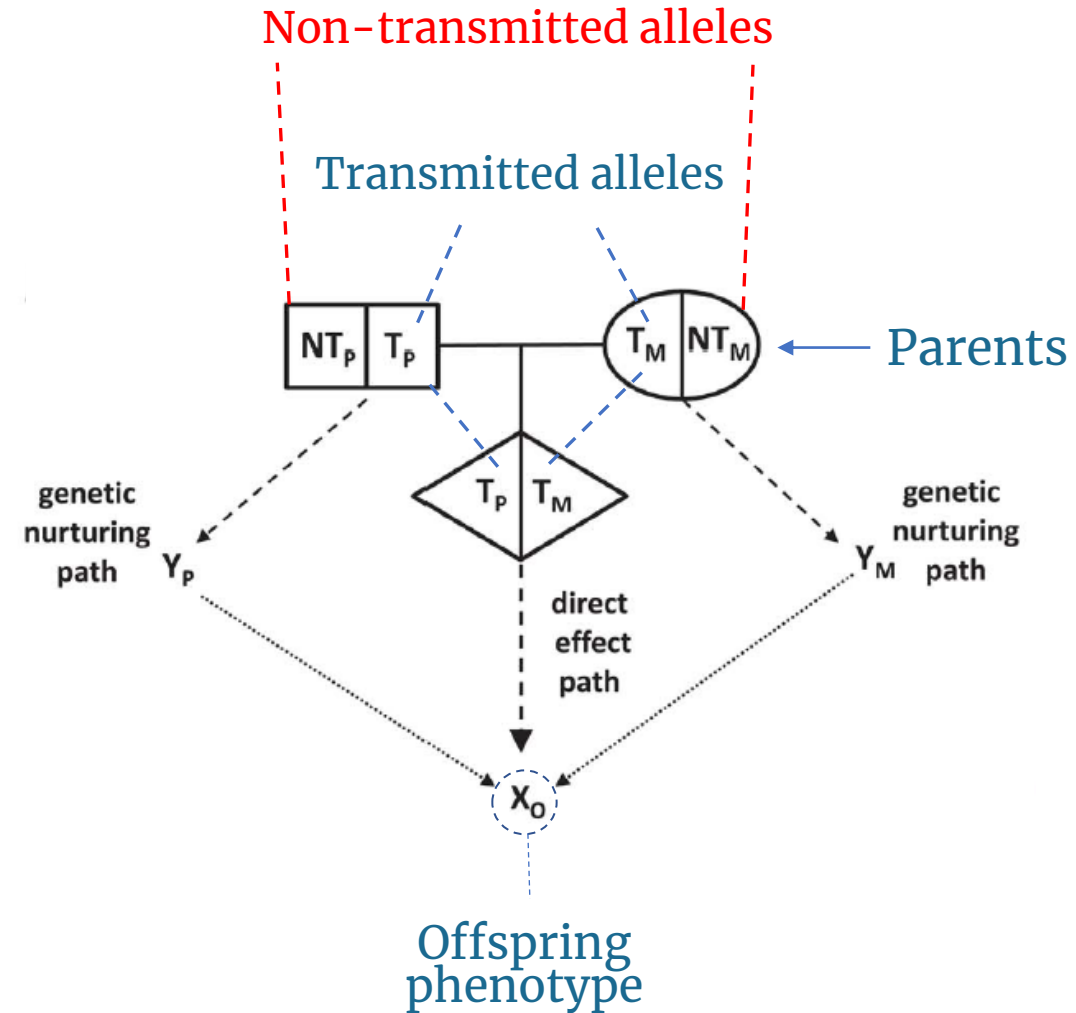
The nature of nurture: Effects of parental genotypes

Augustine Kong,^{1,2,3*} Gudmar Thorleifsson,¹ Michael L. Frigge,¹
Bjarni J. Vilhjalmsen,^{4,5} Alexander I. Young,^{1,2,6} Thorgeir E. Thorgeirsson,¹
Stefania Benonisdottir,¹ Asmundur Oddsson,¹ Bjarni V. Halldorsson,¹ Gisli Masson,¹
Daniel F. Gudbjartsson,^{1,2} Agnar Helgason,^{1,7} Gyda Bjornsdottir,¹
Unnur Thorsteinsdottir,^{1,8} Kari Stefansson^{1,8*}



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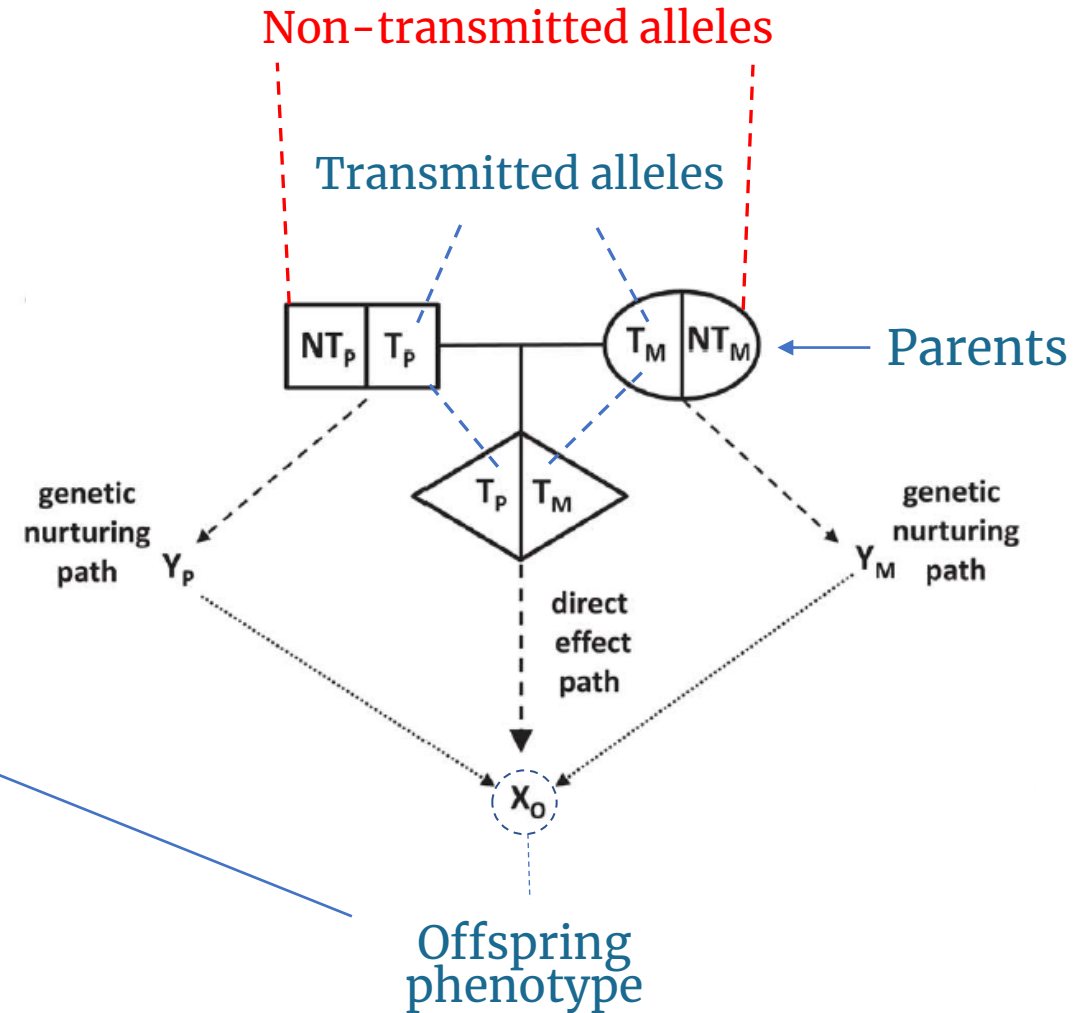


The nature of nurture: Effects of parental genotypes

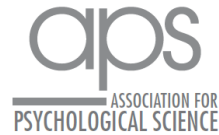
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Non-transmitted educational attainment alleles are associated with:

- Educational attainment
- Age at first child
- High-density lipoprotein (HDL)
- BMI
- Fasting glucose level
- Height
- Cigarettes per day
- Overall health



Research Article



Comparison of Adopted and Nonadopted Individuals Reveals Gene–Environment Interplay for Education in the UK Biobank

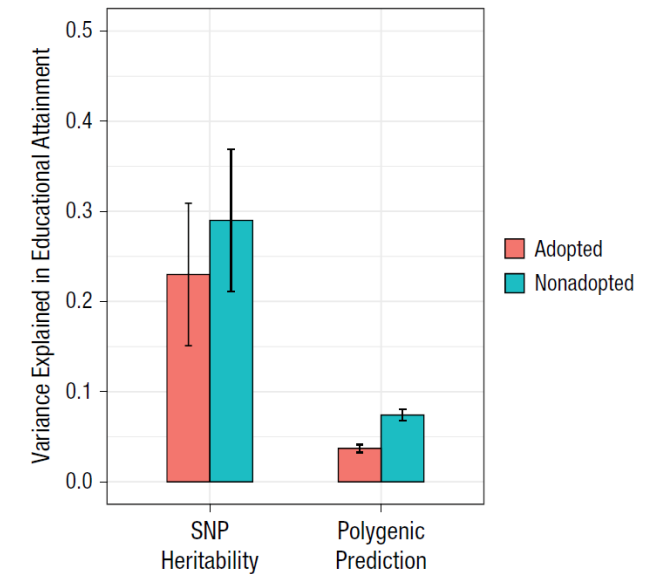
Rosa Cheesman¹ , Avina Hunjan^{1,2}, Jonathan R. I. Coleman^{1,2}, Yasmin Ahmadzadeh¹, Robert Plomin¹, Tom A. McAdams¹, Thalia C. Eley^{1,2}, and Gerome Breen^{1,2}

Psychological Science
2020, Vol. 31(5) 582–591

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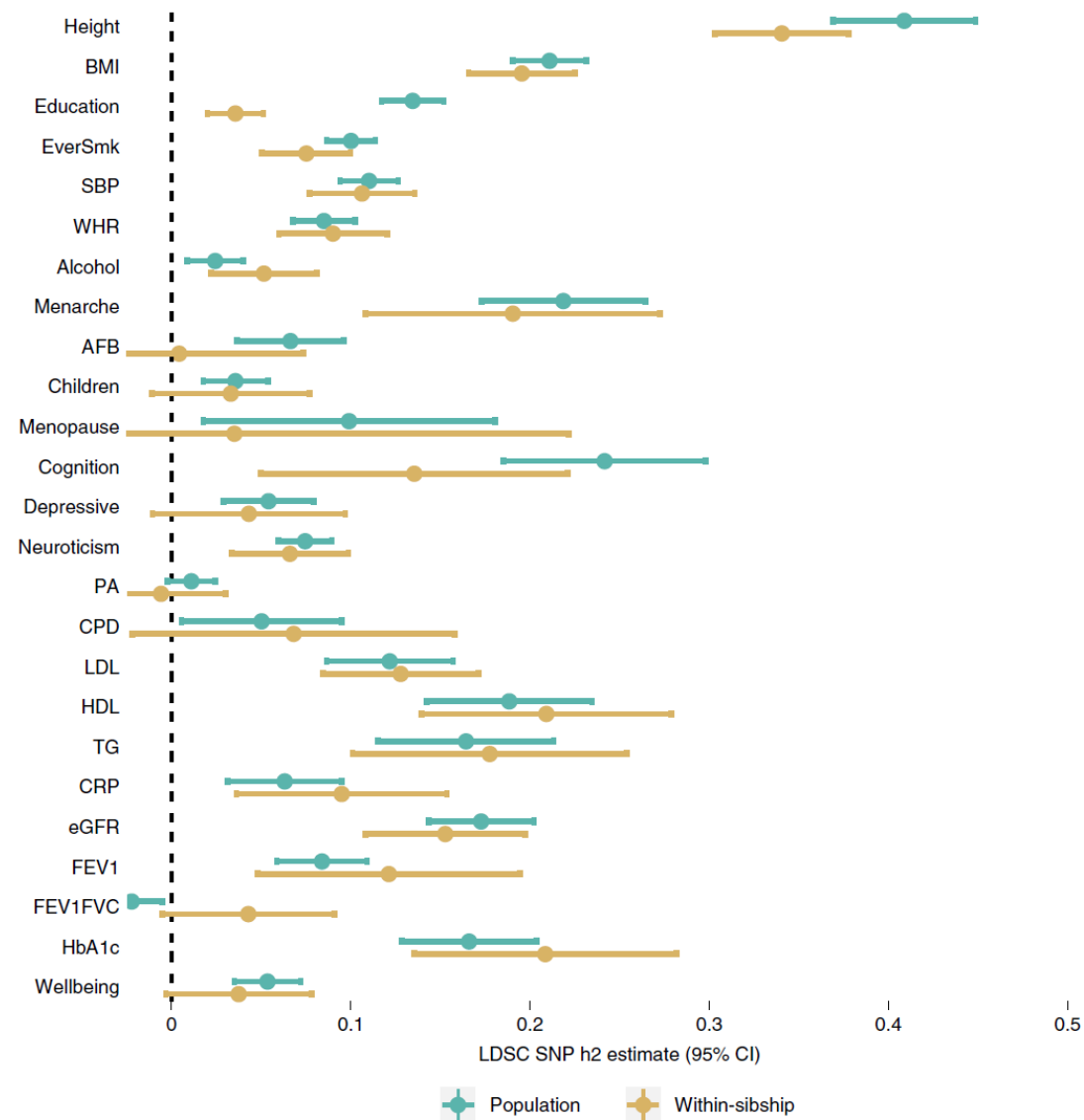


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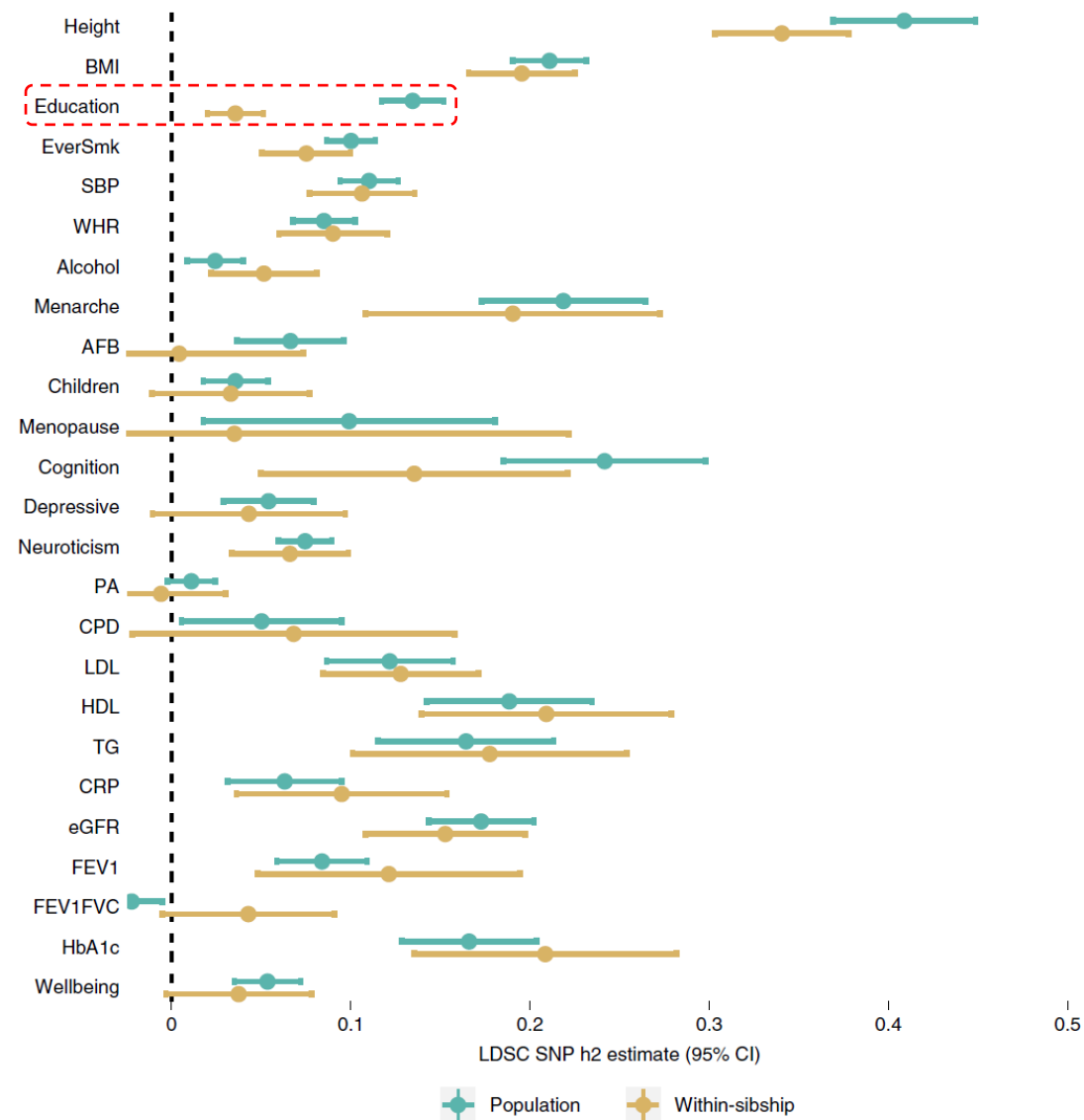
OPEN

Within-sibship genome-wide association analyses decrease bias in estimates of direct genetic effects



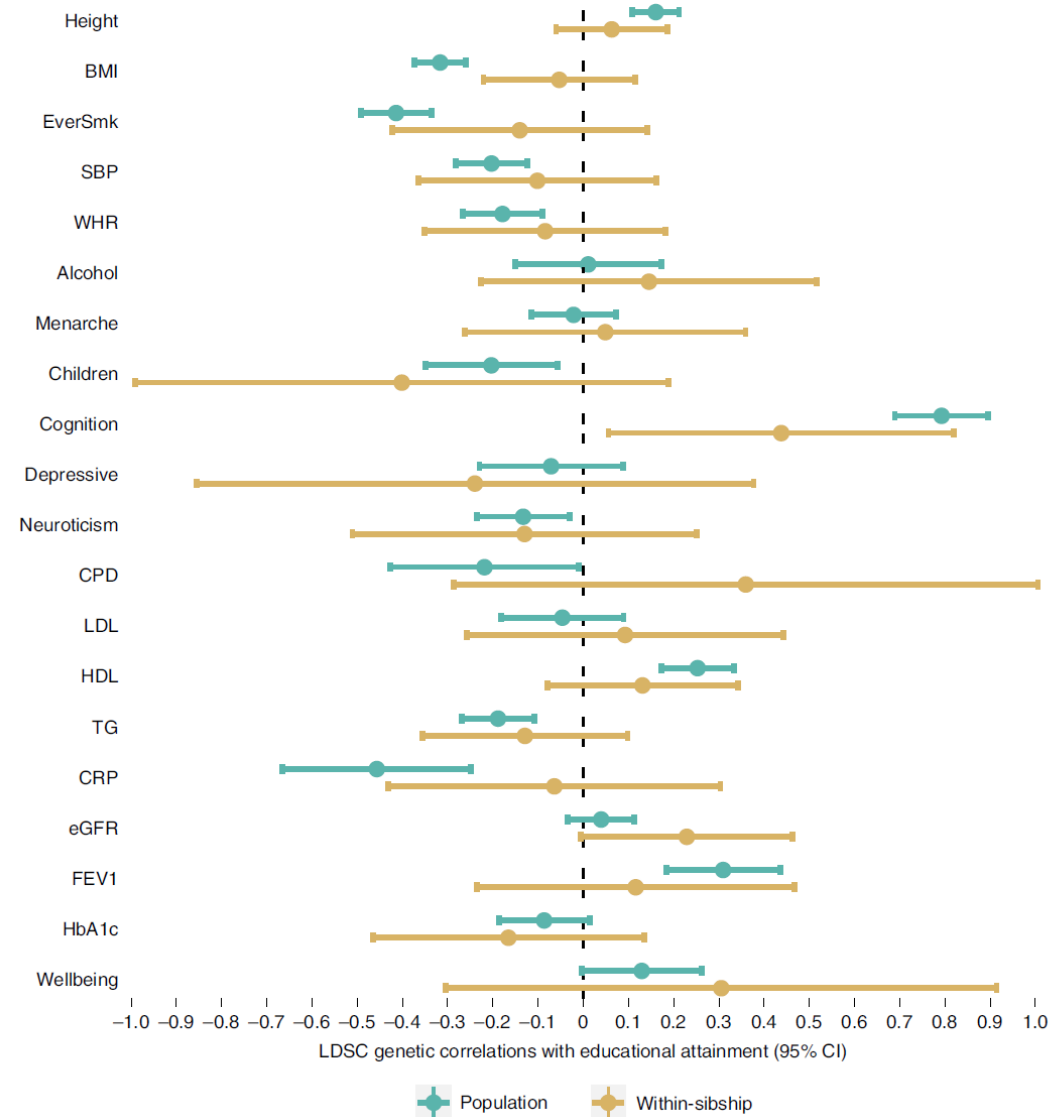
OPEN

Within-sibship genome-wide association analyses decrease bias in estimates of direct genetic effects



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Within-sibship genome-wide association analyses decrease bias in estimates of direct genetic effects



Gene-Environment Correlations – Geographic

Geography & Polygenic Scores

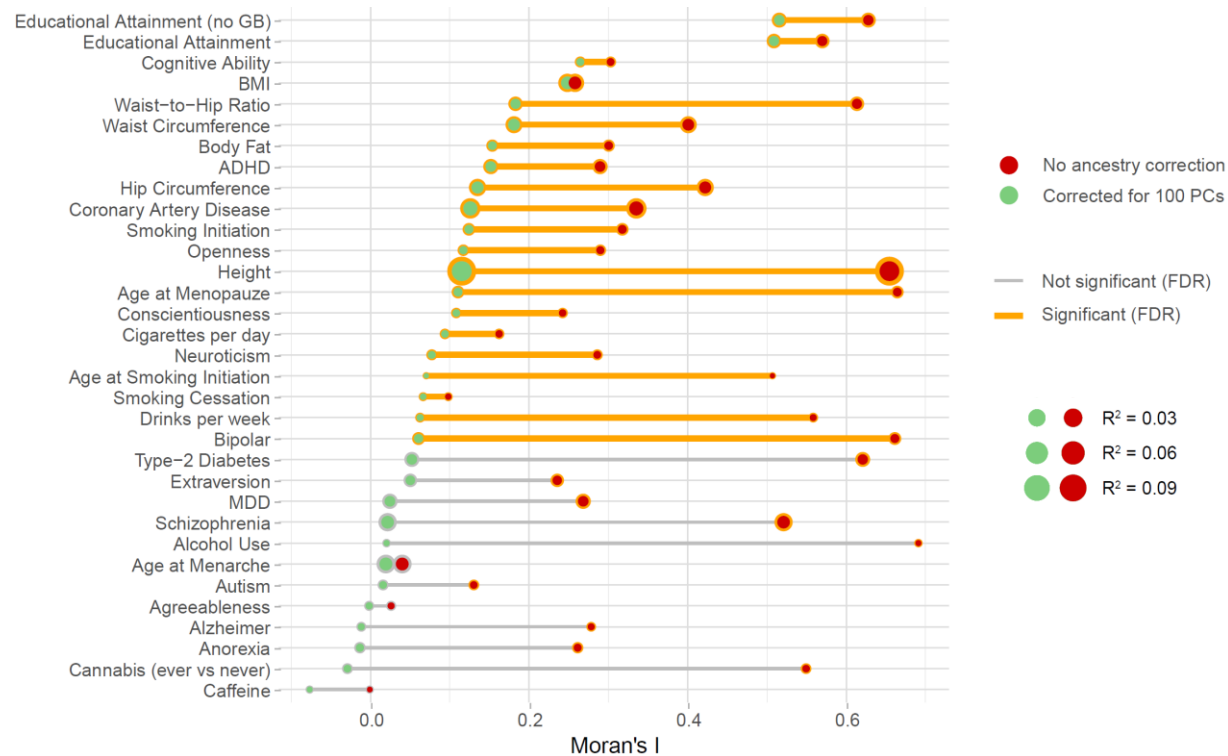
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<https://doi.org/10.1038/s41562-019-0757-5>

nature
human behaviour

Genetic correlates of social stratification in Great Britain

Abdel Abdellaoui^{1*}, David Hugh-Jones², Loic Yengo³, Kathryn E. Kemper³, Michel G. Nivard⁴, Laura Veul¹, Yan Holtz³, Brendan P. Zietsch⁵, Timothy M. Frayling⁶, Naomi R. Wray^{3,7}, Jian Yang^{3,7}, Karin J. H. Verweij¹ and Peter M. Visscher^{3,7*}



Moran's I = measure for geographic clustering

Geography & Polygenic Scores

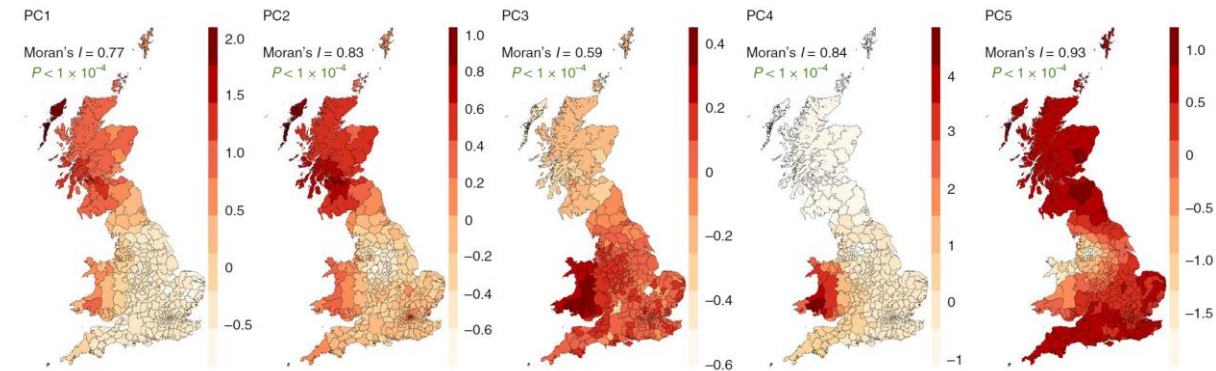
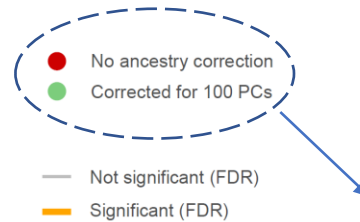
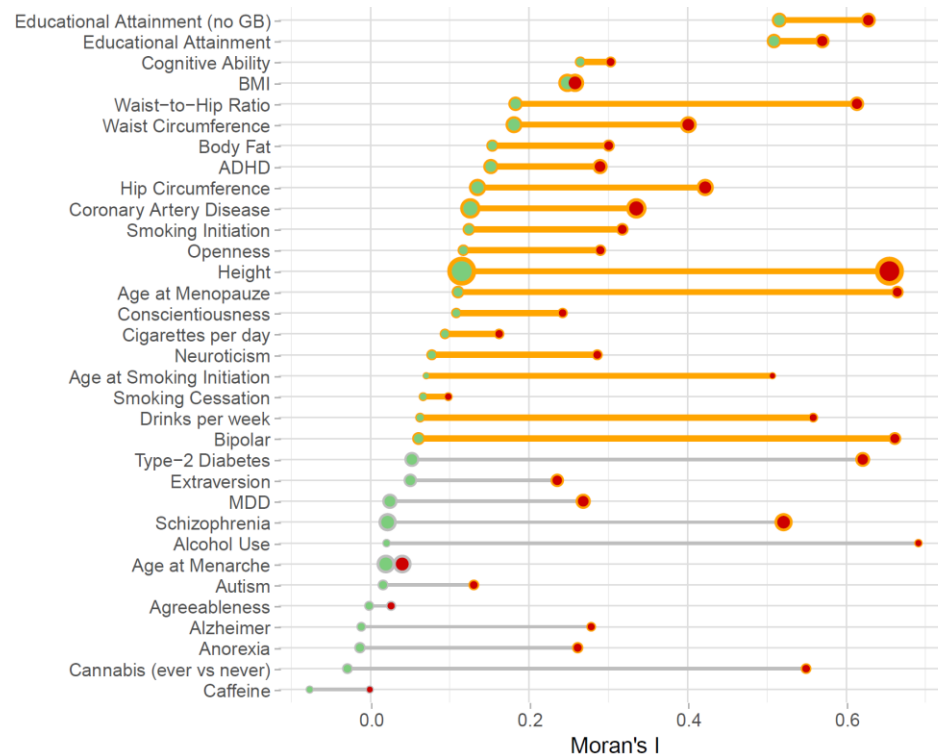
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Geography & Polygenic Scores

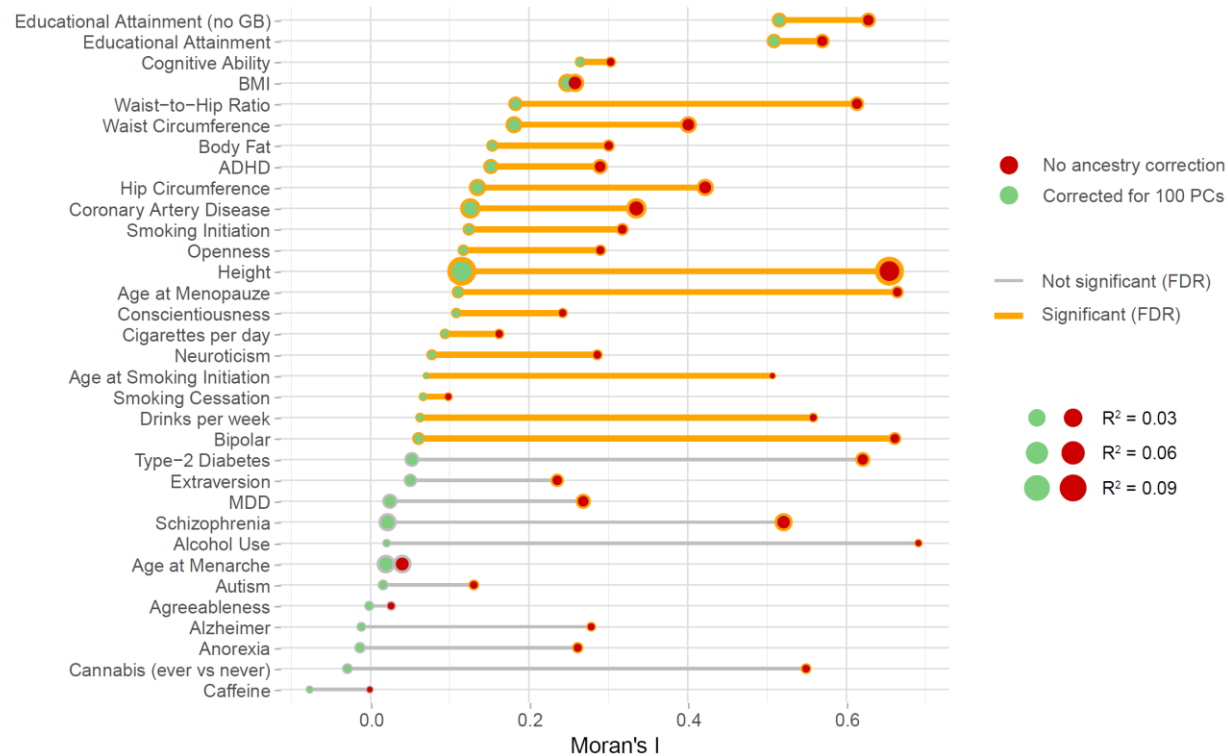
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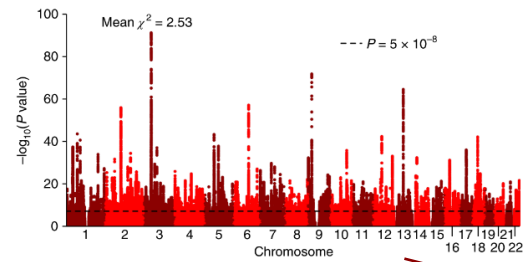
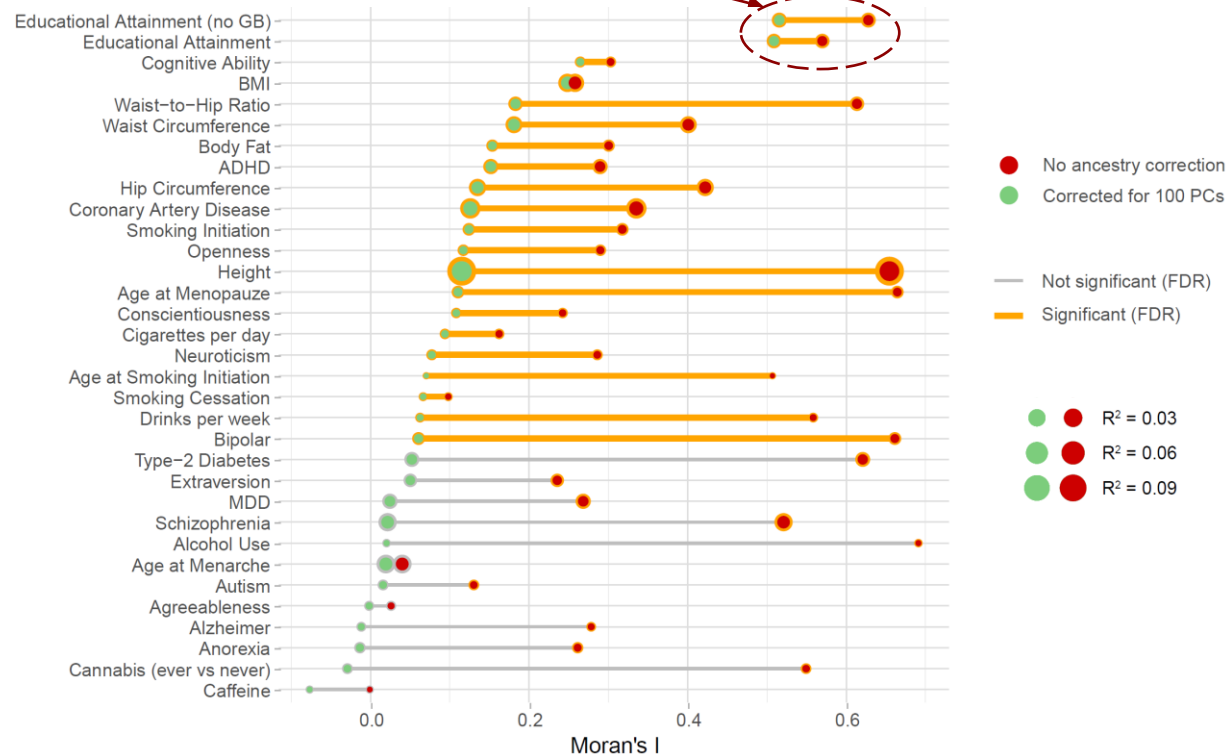
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Genetic correlates of social stratification
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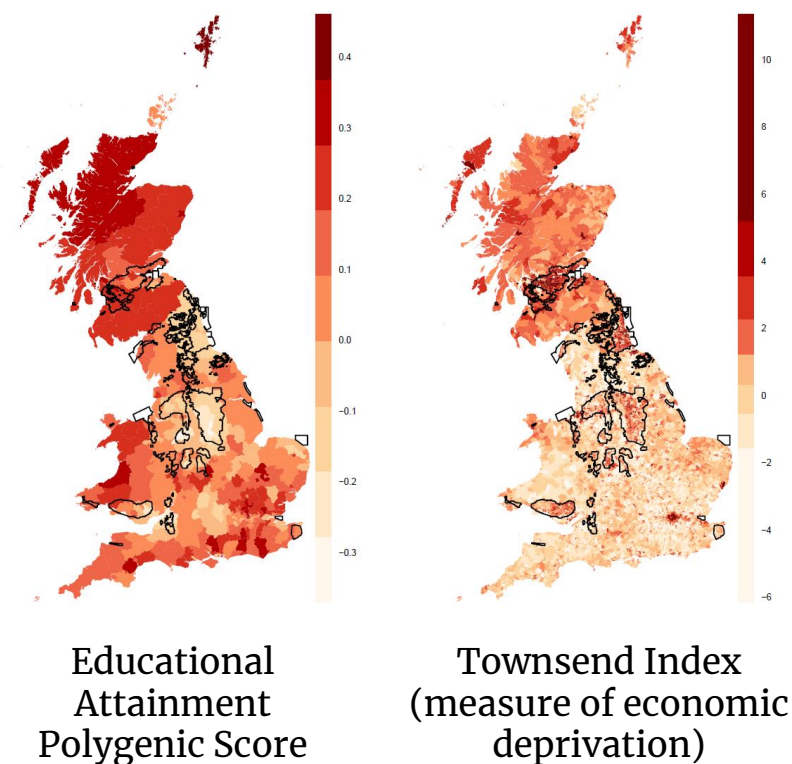
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Geography &
Polygenic Scores

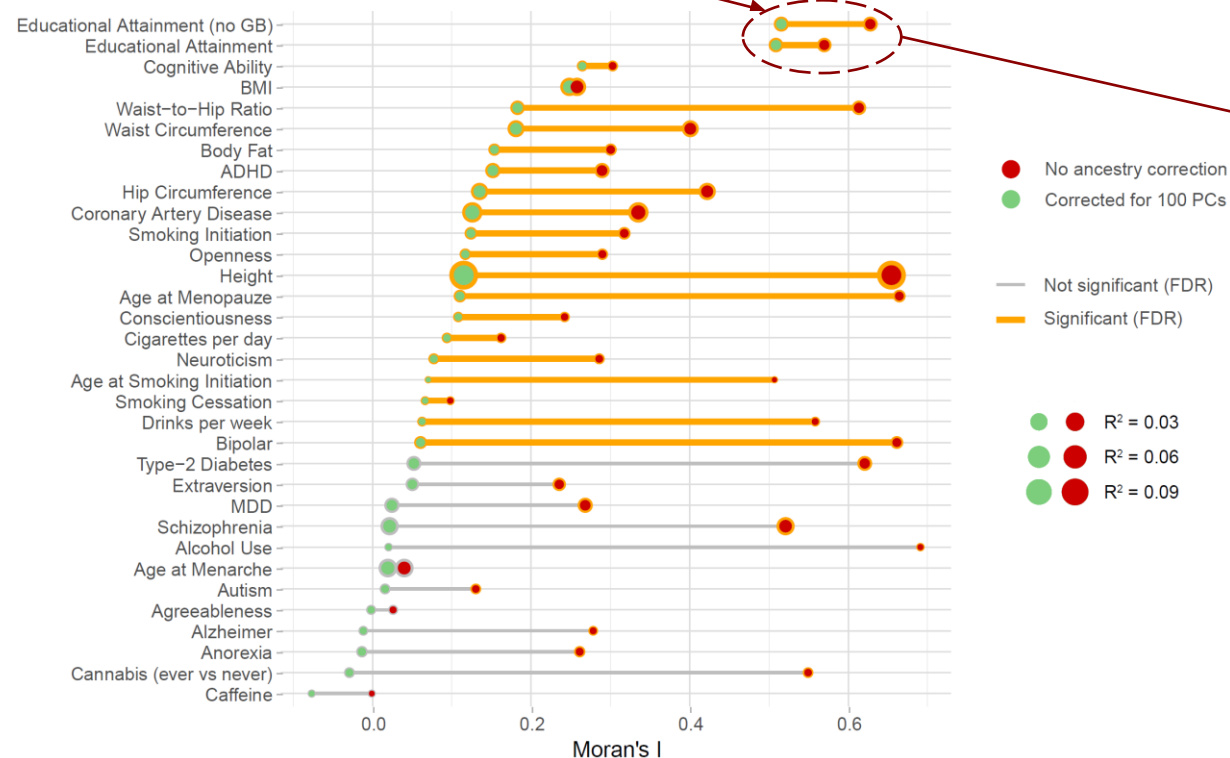
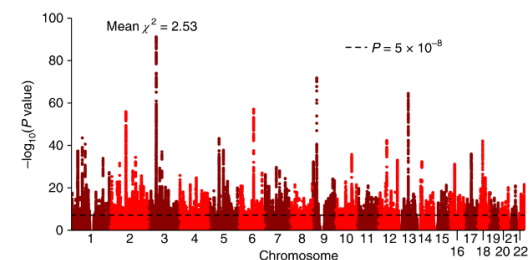
Moran's I = measure for geographic clustering

Genetic correlates of social stratification
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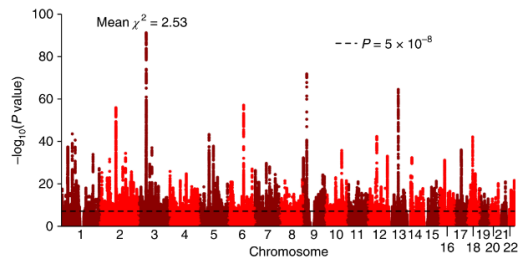
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 Jian Yang^{3,7}, Karin J. H. Verweij¹ and Peter M. Visscher^{3,7*}



black lines = coal regions

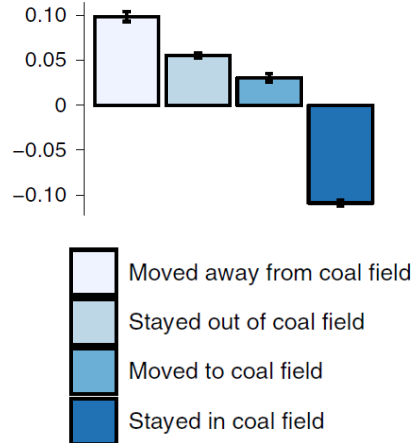
Geography &
Polygenic Scores

Moran's I = measure for geographic clustering



↓

Educational
Attainment
Polygenic Score



Migration & SES

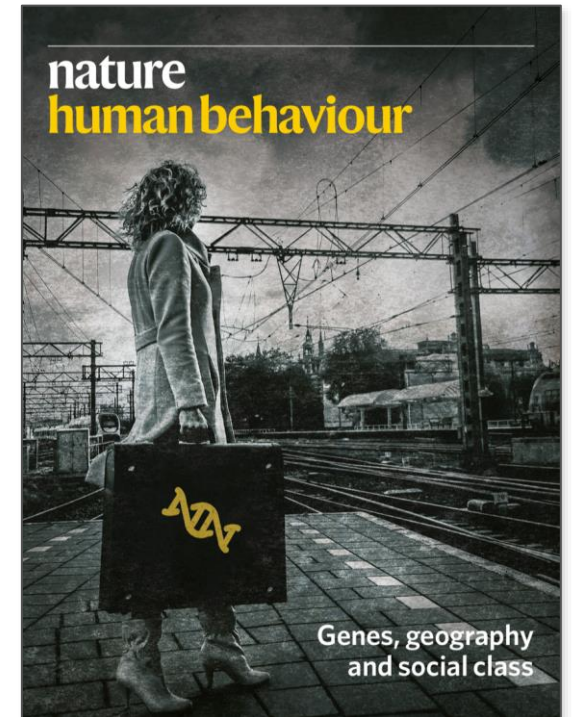
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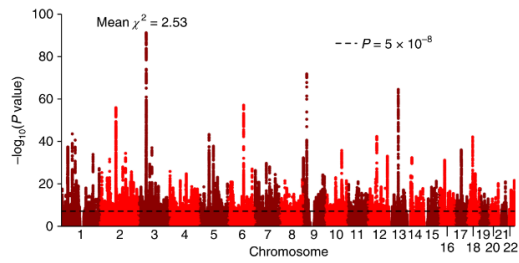
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nature
human behaviour

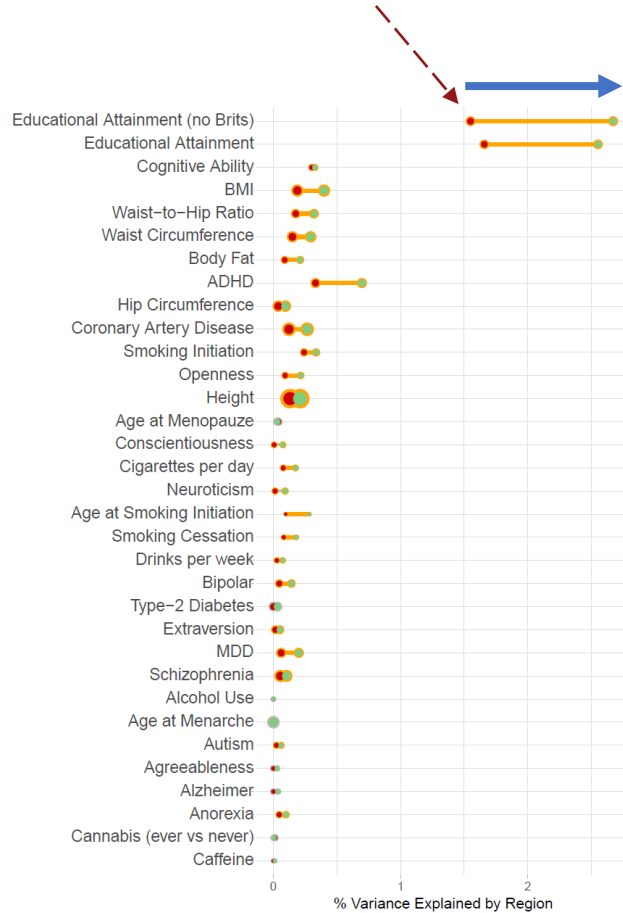
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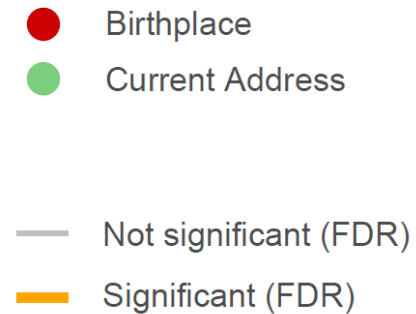




Migration & SES



← Polygenic Scores



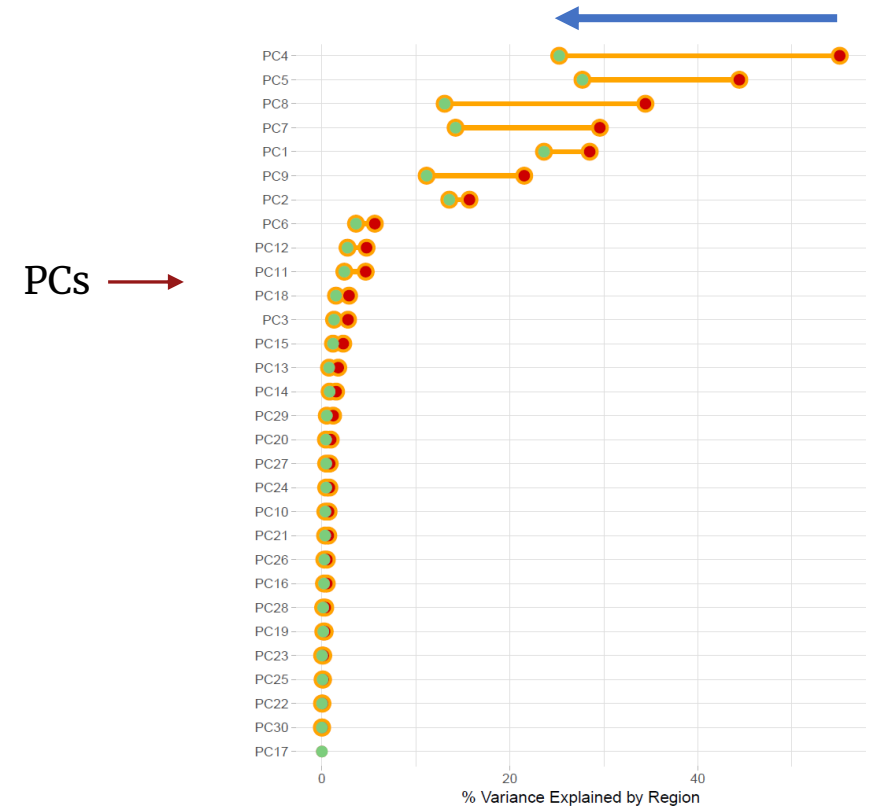
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Genetic correlates of social stratification in Great Britain

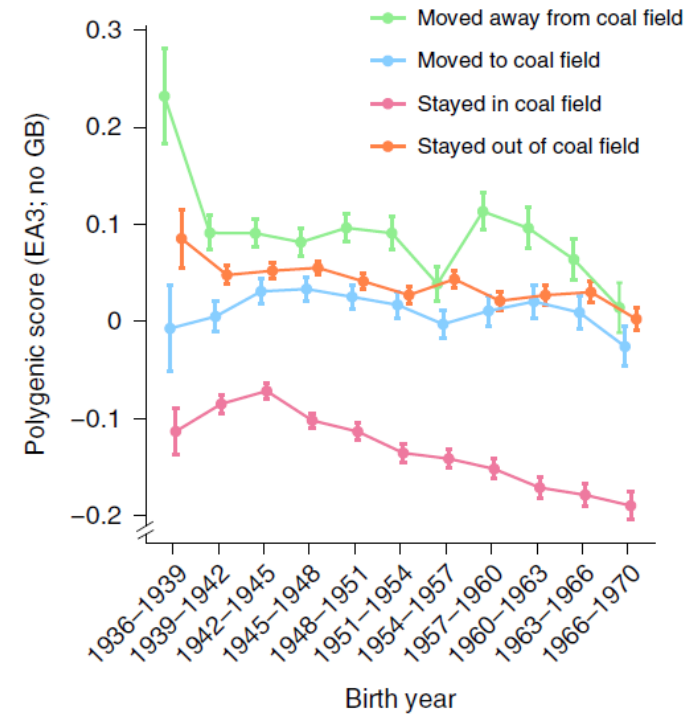
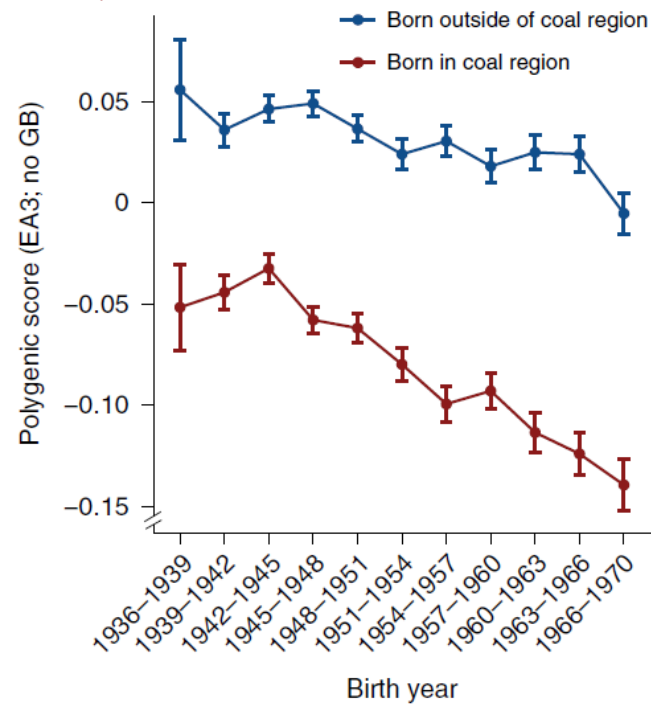
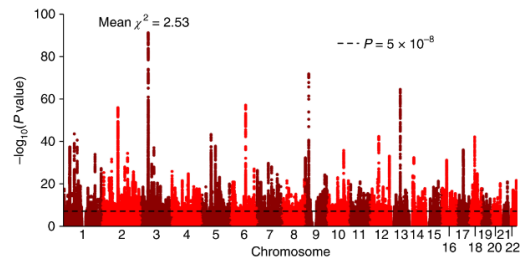
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Migration & SES

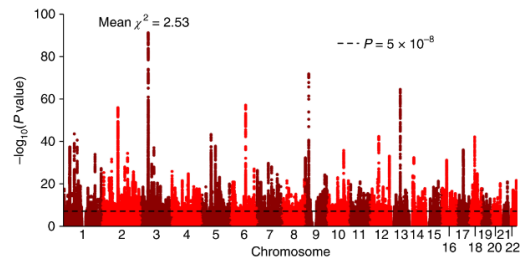
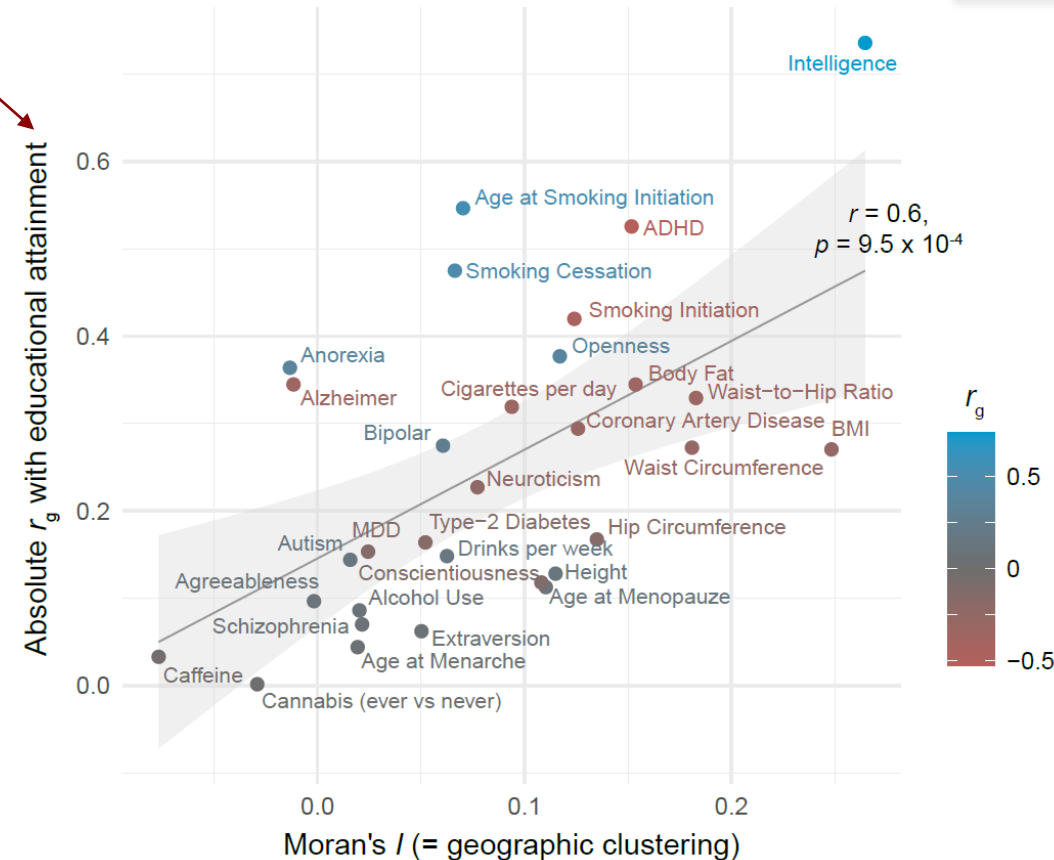
Genetic correlates of social stratification in Great Britain

Abdel Abdellaoui^{1*}, David Hugh-Jones², Loic Yengo³, Kathryn E. Kemper³, Michel G. Nivard⁴, Laura Veul¹, Yan Holtz³, Brendan P. Zietsch⁵, Timothy M. Frayling⁶, Naomi R. Wray^{3,7}, Jian Yang^{3,7}, Karin J. H. Verweij¹ and Peter M. Visscher^{3,7*}



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Sharing more genetic effects
with EA = stronger geographic
clustering

Obesity and the environment

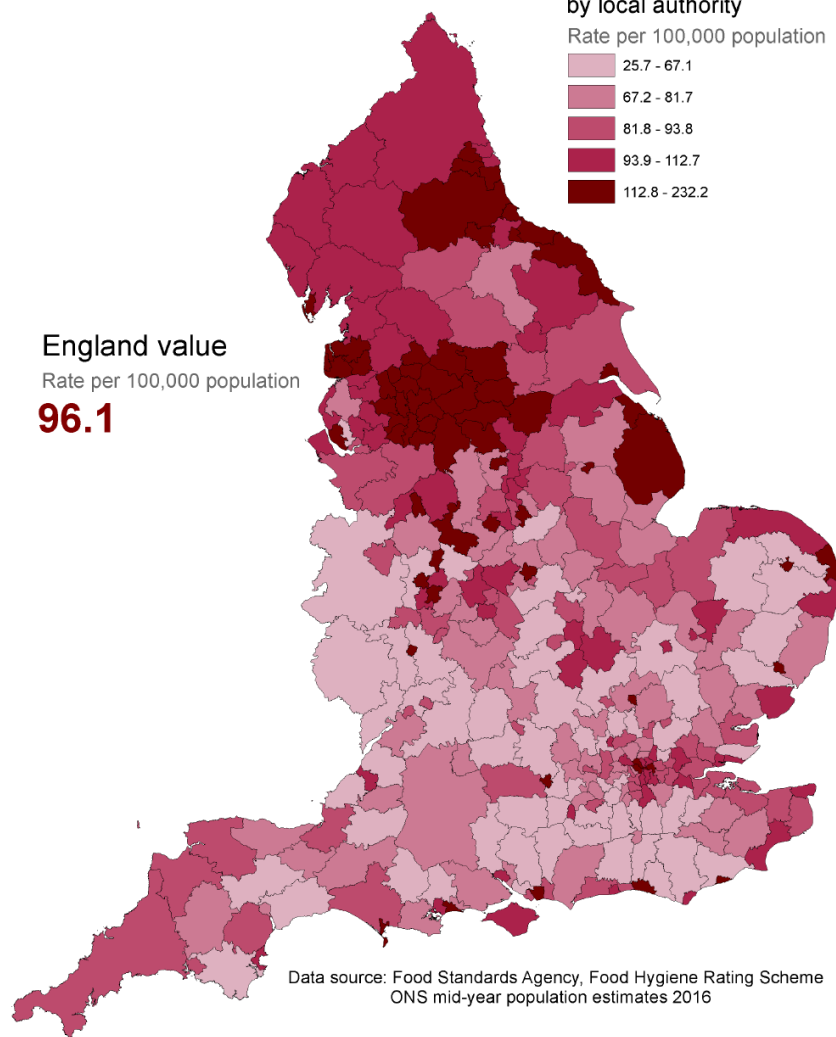
Density of fast food outlets at 31/12/2017

Fast food outlets
by local authority

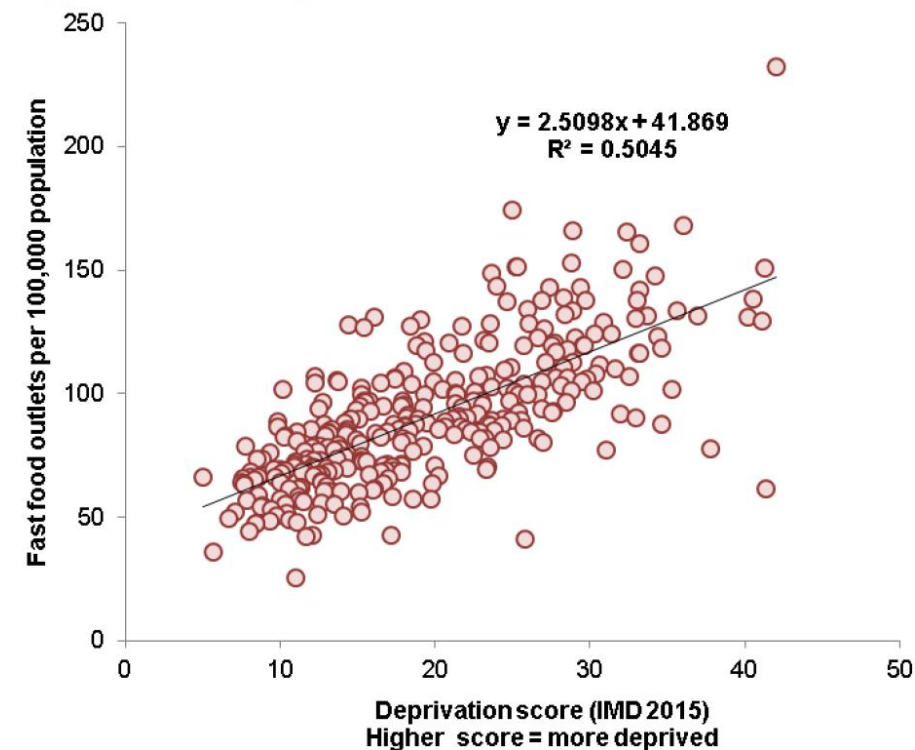
Rate per 100,000 population

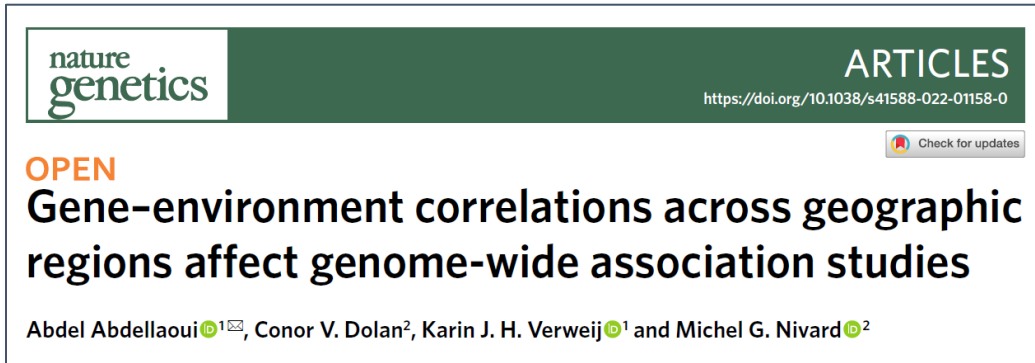
- 25.7 - 67.1
- 67.2 - 81.7
- 81.8 - 93.8
- 93.9 - 112.7
- 112.8 - 232.2

England value
Rate per 100,000 population
96.1



Relationship between density of fast food outlets and deprivation by local authority*



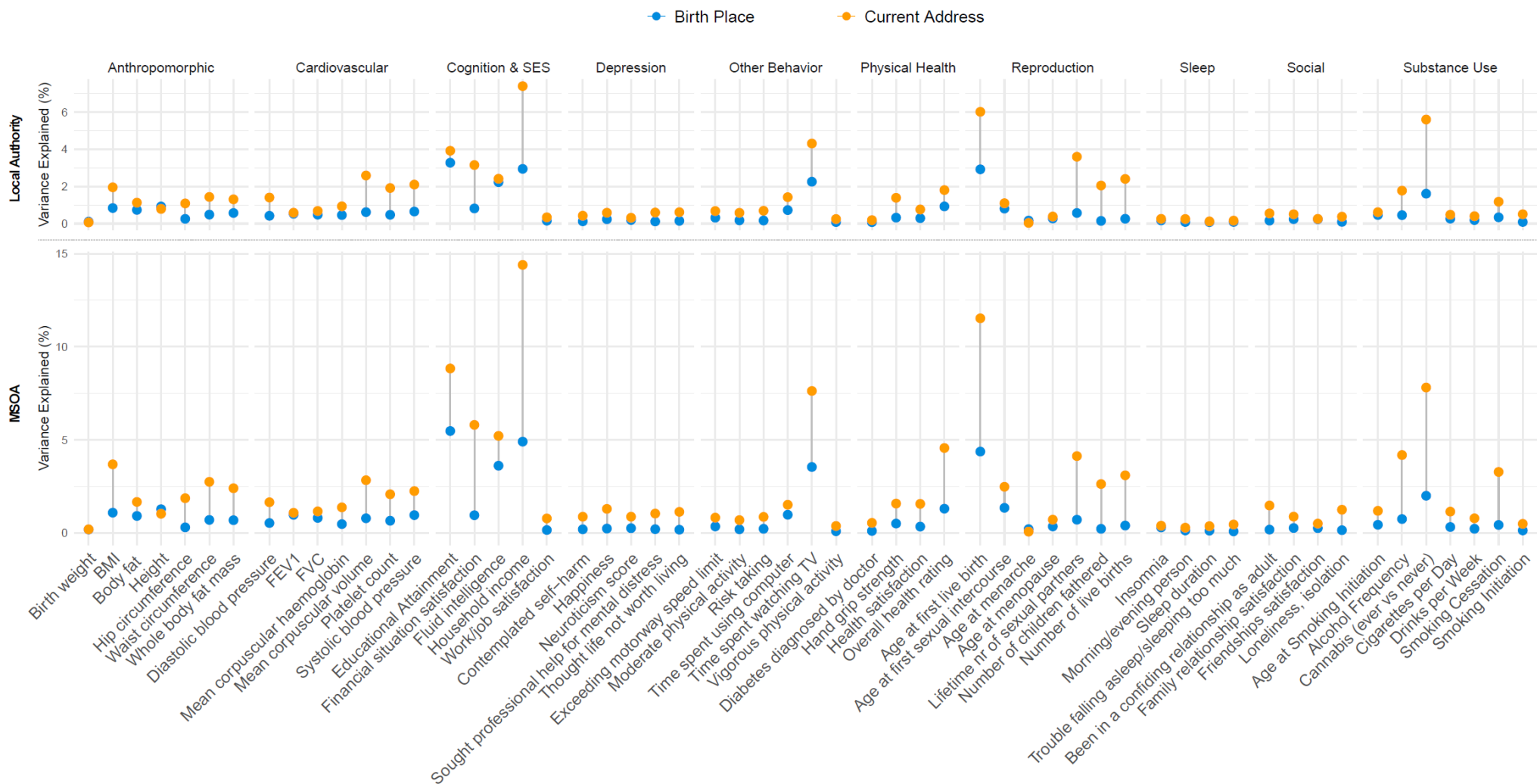


The paper consists of two parts:

- **Part 1:** detecting gene–environment correlations using polygenic scores in up to 43,516 siblings
- **Part 2:** controlling for gene–environment correlations in GWASs in up to 254,387 participants

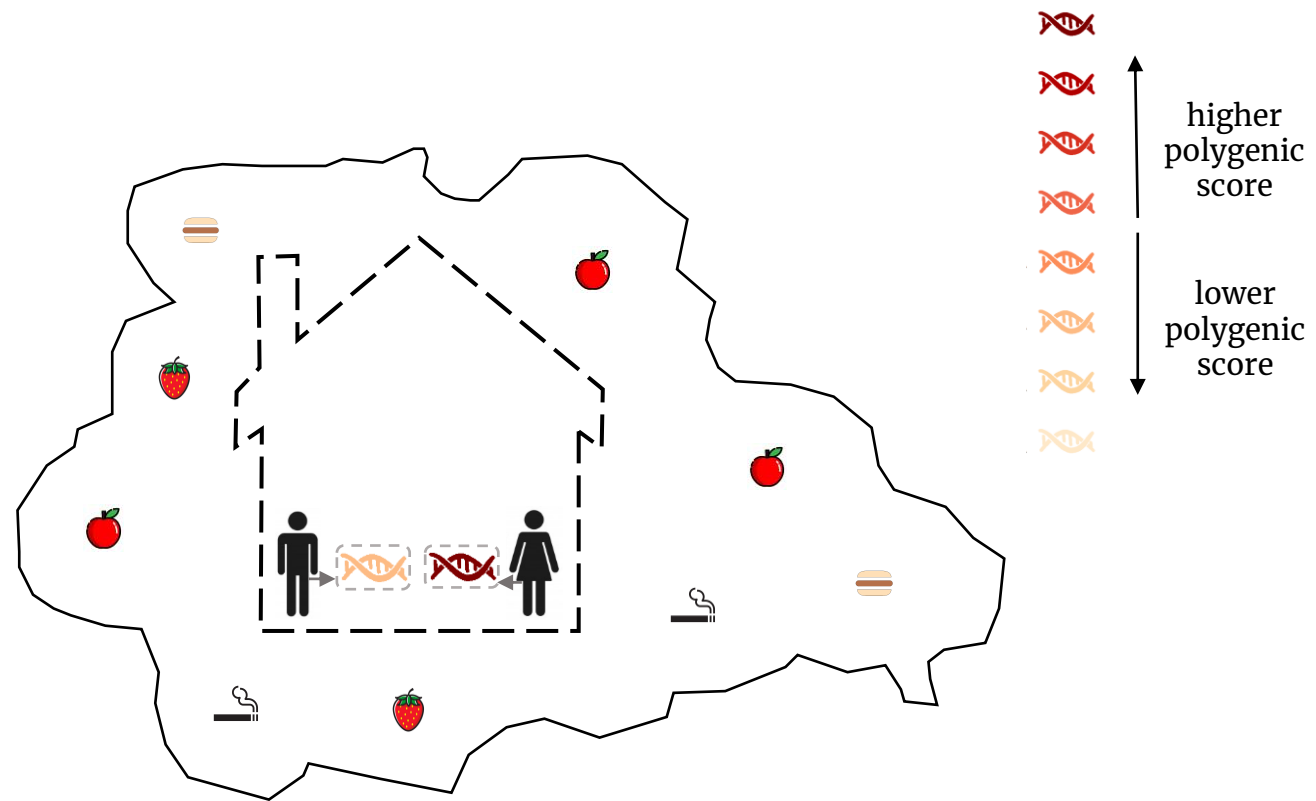


Variance explained by region:



Polygenic Scores in Siblings

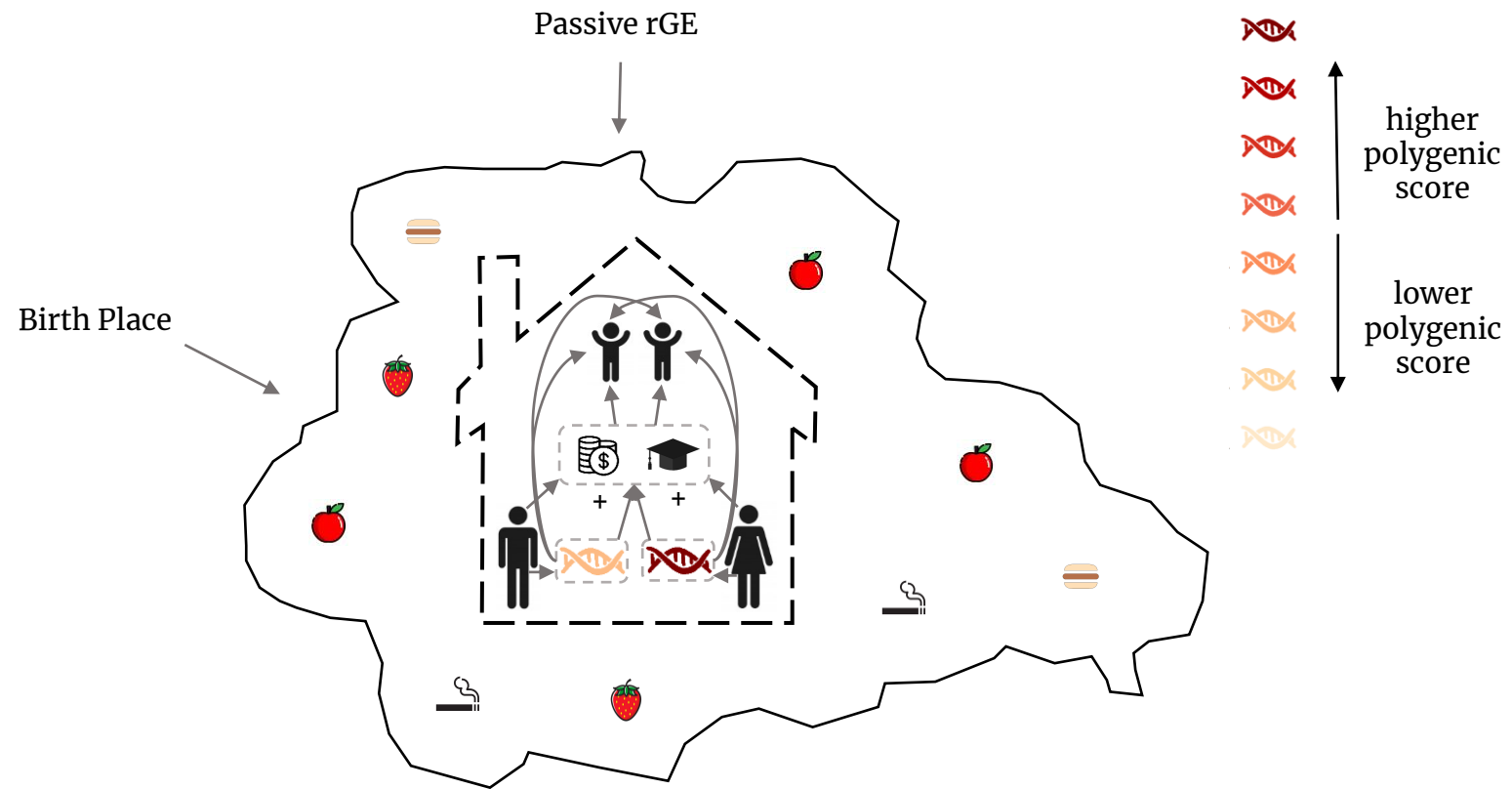
🍓 🍎 = healthy environmental influences
🚬 🍔 = unhealthy environmental influences

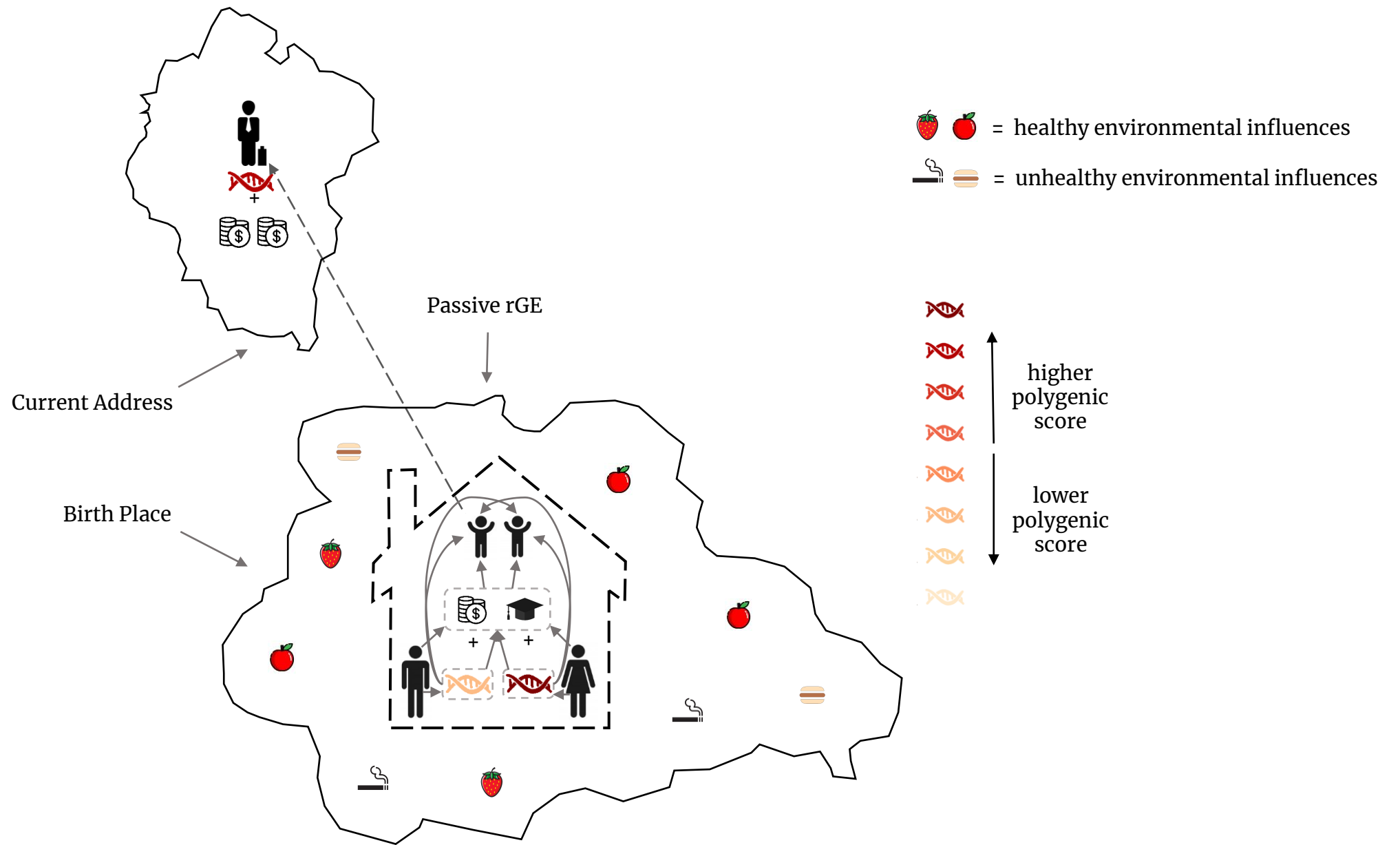


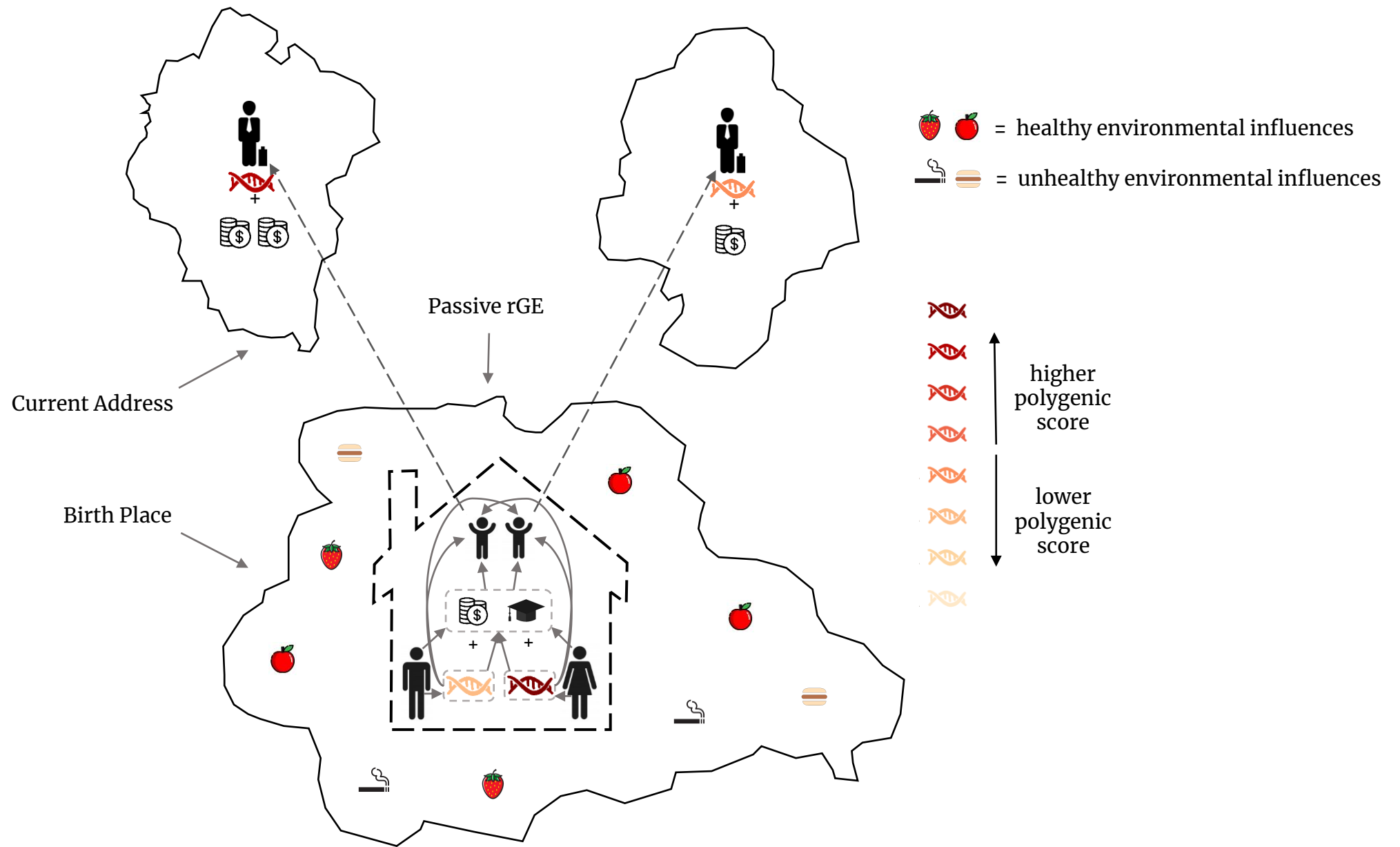


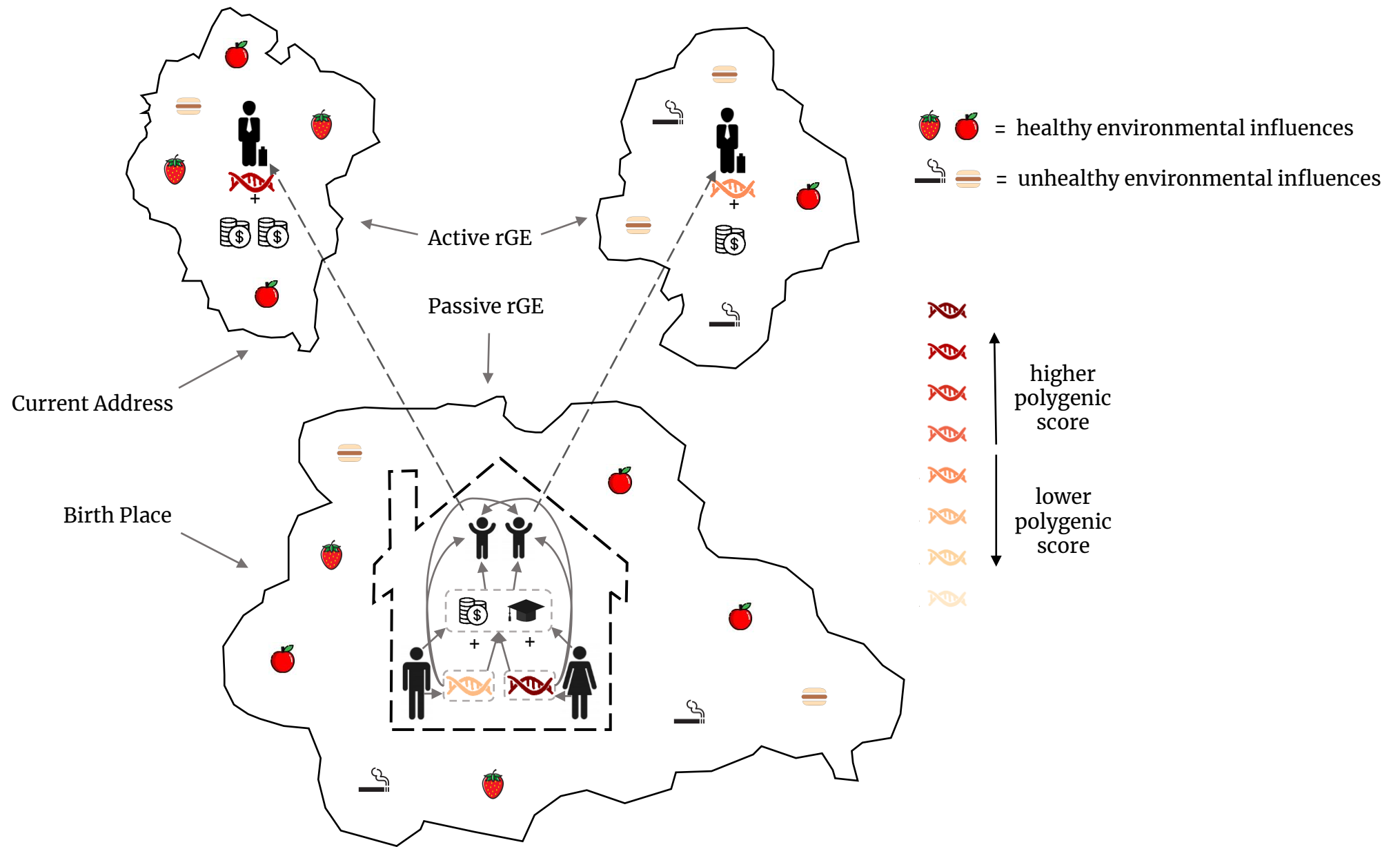


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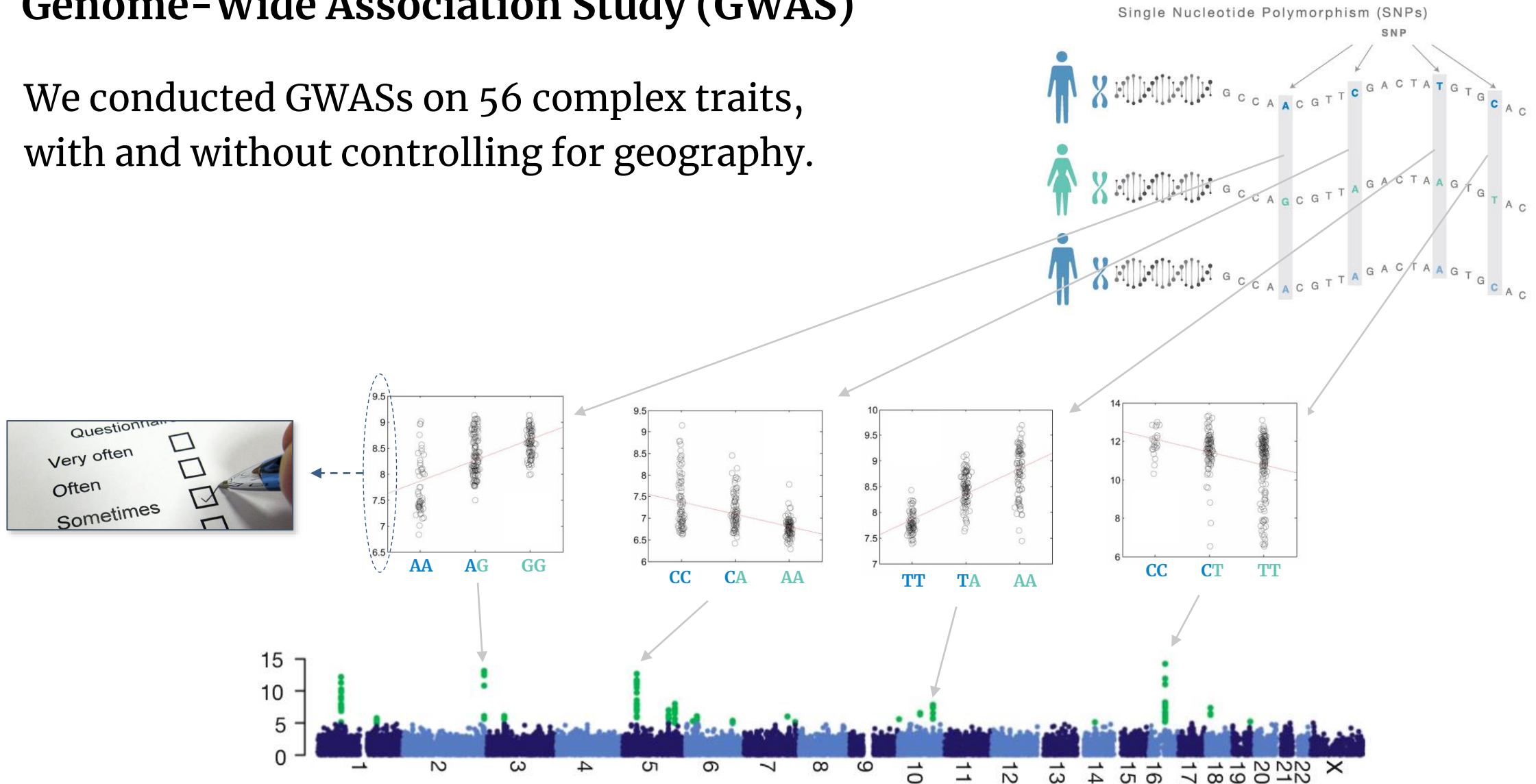




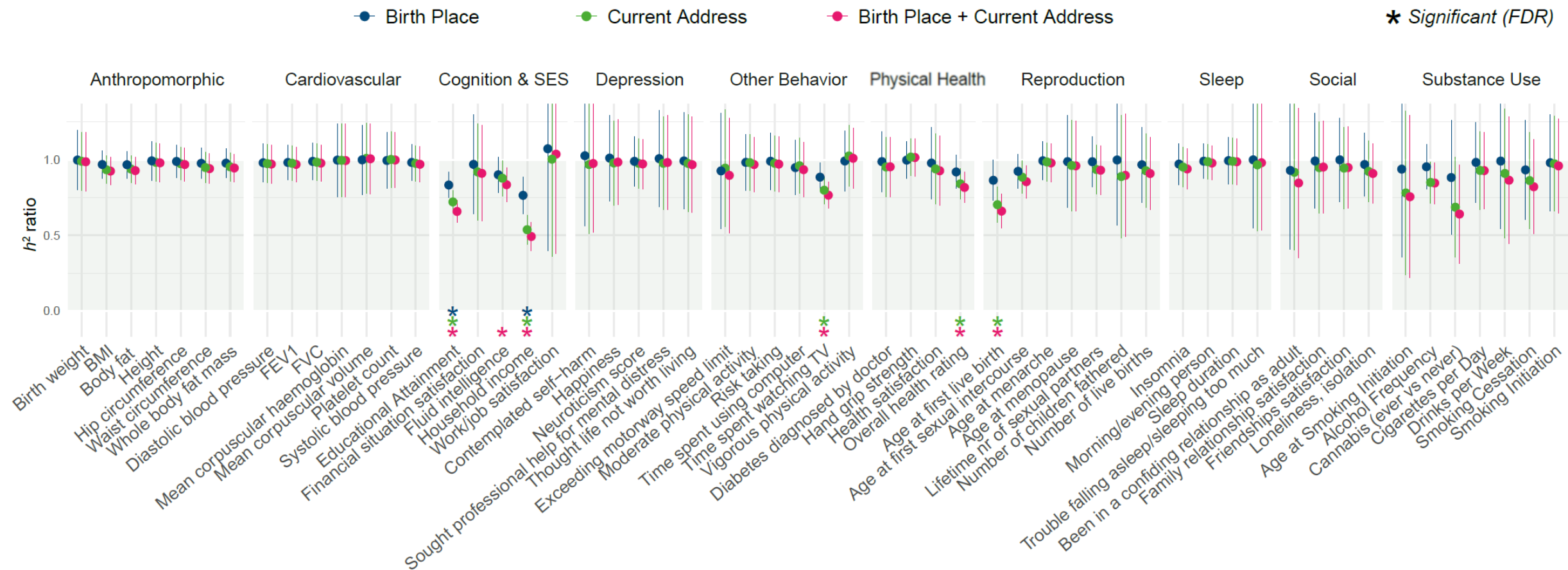
GWASs Controlled for Geography

Genome-Wide Association Study (GWAS)

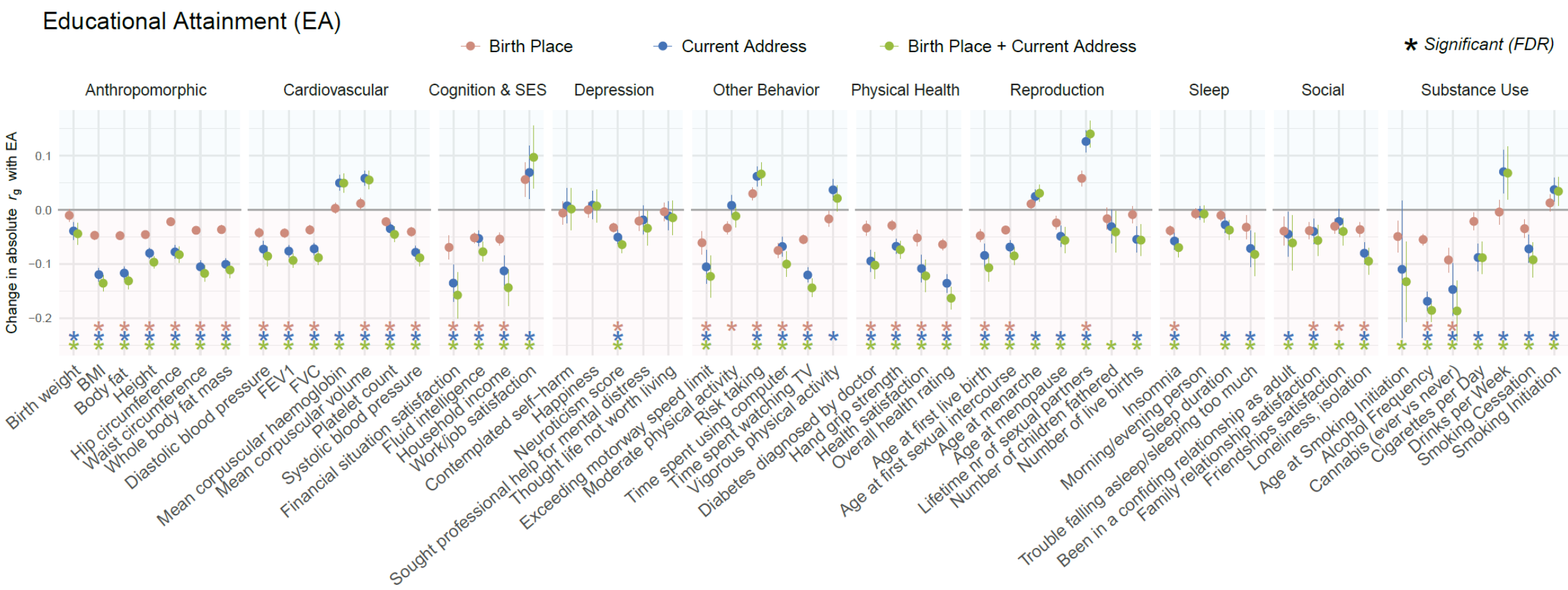
- We conducted GWASs on 56 complex traits, with and without controlling for geography.



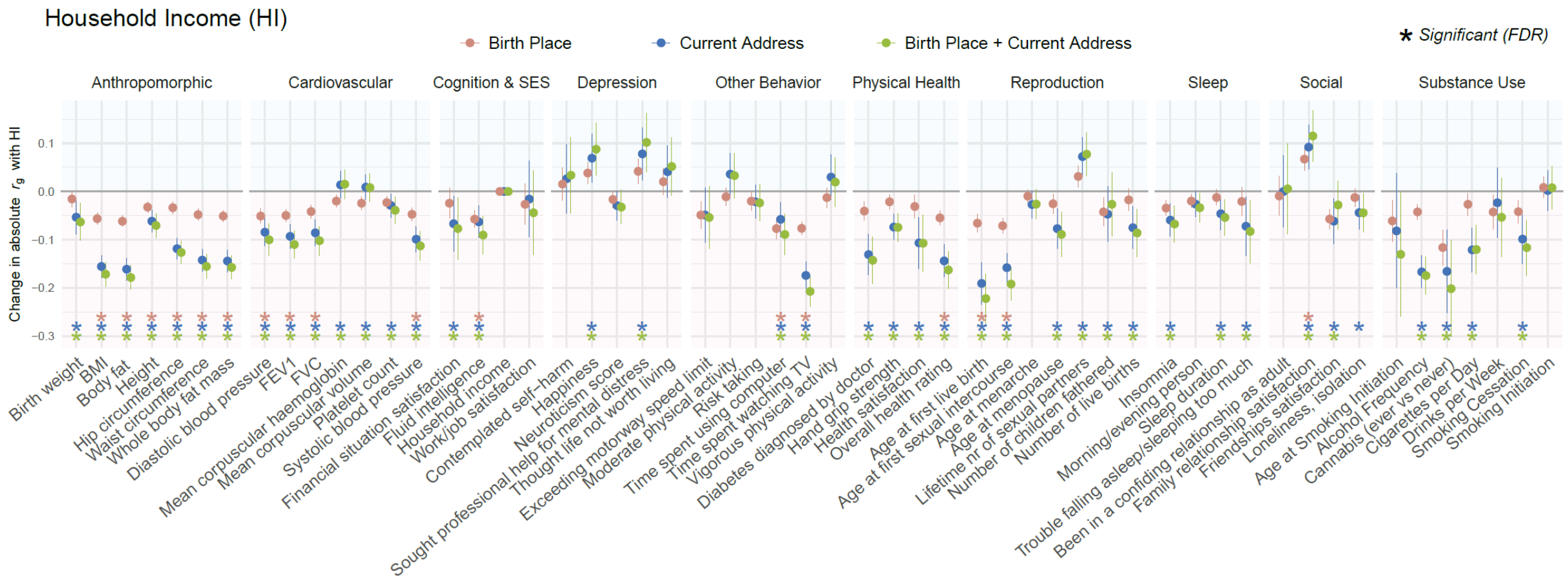
Changes in SNP-based heritability



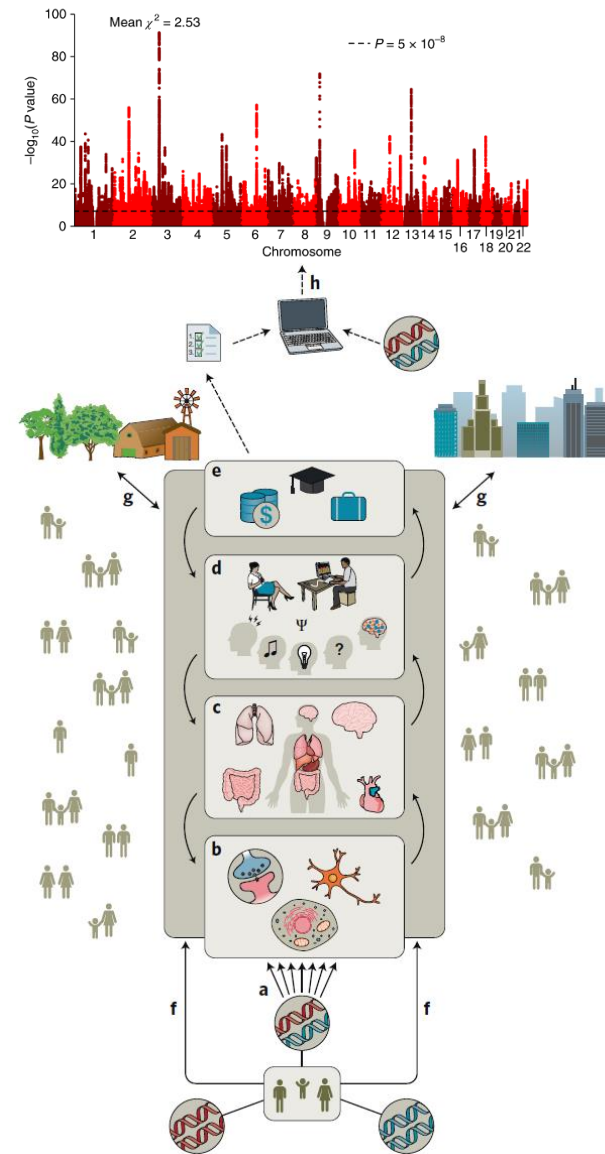
Changes in genetic correlation with SES – Educational Attainment



Changes in genetic correlation with SES - Household Income

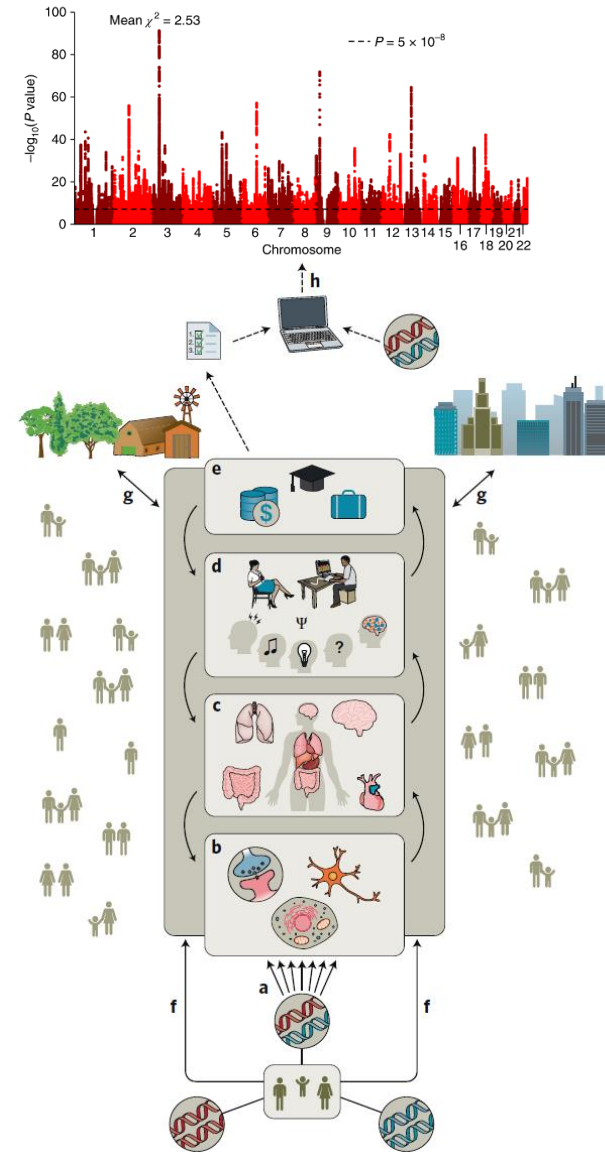


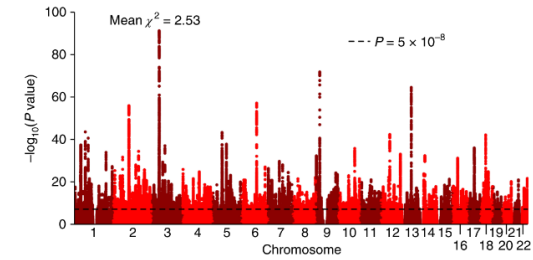
Society makes genetic effects stronger.



Society makes genetic effects stronger.

We reward certain genetic propensities with a better environment, and “punish” the lack of those propensities with a worse environment.



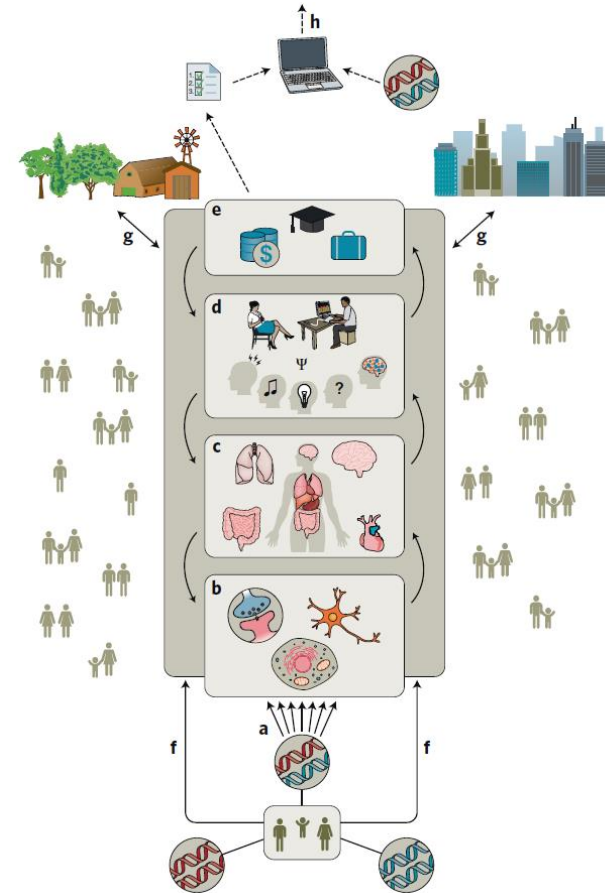


Society makes genetic effects stronger.

We reward certain genetic propensities with a better environment, and “punish” the lack of those propensities with a worse environment.

This makes society more unequal.

This makes studying genetics more difficult.



Thank you!